

Christiane Maute

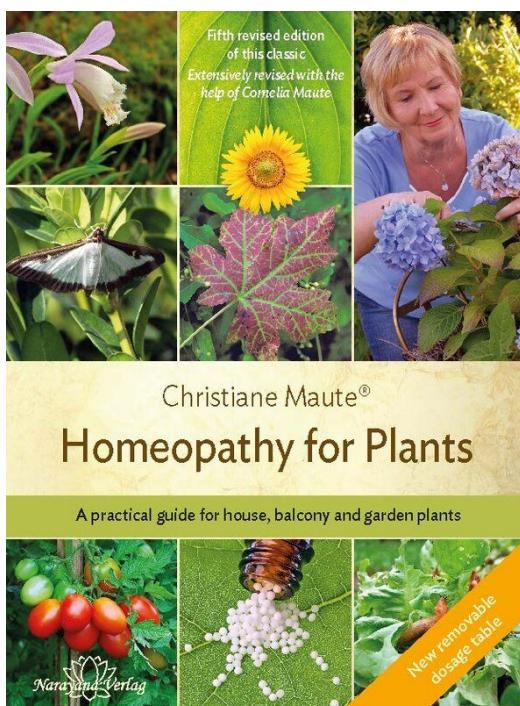
Homeopathy for Plants - 6th revised edition of this classic

Sample text

[Homeopathy for Plants - 6th revised edition of this classic](#)

from [Christiane Maute](#)

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Contents



1 The basics

1.1 How it all began	2
Injured plants	3
Diseased plants	4
1.2 The principles of homeopathy – in brief	5
Remedy proving and the law of similars.....	5
Energised remedies, or the law of potentisation	6
1.3 Homeopathic compass for your garden	8
Choosing the right remedy	9
How to proceed.....	9
Dosage and administration of C potencies	10
Remedy given – what next?.....	12
Dosage and application in special cases	15
Storing homeopathic preparations.....	16
Preventive treatment	16
1.4 Repotting houseplants step by step	18

2 Pests and damage

2.1 Effects of the decline in the bee population	25
2.2 Insects	30
Ants	30
Aphids	32
Box tree moth	35
Black vine weevil.....	37
Colorado potato beetle.....	38
Scarlet lily beetle	39
Scale insects.....	41
Butterfly and moth caterpillars.....	42
Owlet moth larvae.....	43
Diamondback moth	45
Caterpillars (cabbage whites).....	46
Leek moth	52
Spider mites	53
Whitefly.....	54
Mealybugs	55
2.3 Slugs	56



3 Pathogens and diseases

3.1 Fungal diseases 60

Pear rust.....	62
Blight (rust disease).....	64
Boxwood blight.....	67
Leaf curl.....	69
Cancer.....	70
Mildew.....	71
Powdery mildew.....	72
Downy mildew.....	73
Monilia fruit rot and Monilia tip burn.....	75
Black spot.....	78
Tips for roses.....	80
Common leaf spot and leaf scorch.....	81

3.2 Bacterial diseases 82

Leaf spot.....	82
Fire blight on fruit trees.....	84

3.3 Viral diseases 87

4 Treating special signs of disease

4.1 Externally visible symptoms 92

Excessive growth.....	92
Weakness.....	93
Leaf discolouration.....	94
Deformity.....	97
Weak root growth.....	98
Stunted growth.....	99

4.2 Climatic damage 101

Frost, frost damage, frostbite.....	103
Hail.....	105
Cold, cold damage.....	106
Mobile communications.....	107
Waterlogging.....	108
Rain, constant.....	112
Sea air, too much salt in air and soil.....	113
Direct exposure to sun, sunburn.....	113
Intense sunshine.....	115
Contamination with acids.....	118
Injuries and consequences of stress.....	120
Heat damage.....	121

4.3 Damage incurred during cultivation 122

Lacerations (pruning trees and bushes).....	122
Repotting.....	124
Contamination with chemical pesticides	126
Injuries.....	127
Neglected plants	128

4.4 Special measures to promote tomato growth 130



5 Houseplants

5.1	Homeopathic treatment.....	136
	Dosage and application of C potencies	137
	Dosage and application of X potencies	137
5.2	Pests.....	138
5.3	Diseases of houseplants	139
5.4	Temperature damage	140
5.5	Water supply.....	141
	Waterlogging.....	141
	Drying out / heating air	142
	Neglect	143

6 Practical tips

6.1	Treatment examples for spring	146
	Pruning trees and bushes	146
	Frost and frost damage	147
	Fortifying and strengthening plants	147
	Warmth and heat damage / sunburn.....	147
	Rain, long-lasting.....	148
	sheep wool.....	149
6.2	Treatment examples for cancer in woody plants	150
6.3	Reports and cases of treatment.....	151
	Potatoes.....	152
	Lettuce	153
	Tomatoes.....	154
	Hibiscus.....	155
	Lawn	156
	Kohlrabi	157
	Raspberries	158
	Broom.....	159
	Palms.....	160
	Japanese pagoda tree	161
	Raps.....	162
	Cherry laurel	164
	Almond tree	166
	Vegetable growing	167
	Winegrowing	168
	Fruit growing: apples	171
6.4	For owners of ponds and aquariums and plant lovers who like to experiment.....	173



7 Remedy descriptions (Materia medica)

7.1 Homeopathic remedies for your garden.....	176
7.2 Remedies for special circumstances	188

Appendix

I Table of modalities.....	192
II Practical example	194
III Basic homeopathic remedy kits for your garden.....	195
IV Template for your own treatments ...	198
V Bibliography	200
VI Supplies and forum	200
VII List of illustrations	201
VIII Repertory	202
IX List of abbreviations	208
X Index	209
About the Author	213
About the Co-Author	214
Imprint	215

Foreword by Christiane Maute®

Samuel Hahnemann, the father of classical homeopathy, opened up a whole new line of thought for me. 200 years ago, he wrote: “Heal as gently and safely as possible”. I take this motto to heart every day. And I am grateful that my teachers taught me to heal in this way. They triggered immense curiosity in me.

Treating people with classical homeopathy is something which fascinates me every day of my life. It seems logical to use this treatment method on plants, as plants are living entities – they are just as much a part of creation as we are. However, logic isn’t always easy, and it took a while for me to understand that homeopathy can work just as well on plants as on people.

I’m a homeopath, but not a gardener – which is why I’m adding a word of encouragement for all future “homeopathic gardeners”. I have a private garden, and am neither a gardener nor a botanist. Forty years ago, I could barely tell the difference between a young kohlrabi plant and a rose. As you can see, no one is born a master of his art. However, over time all that changed. Gardening is a pleasure for most people, including me (and does away with the need to traipse to the gym).



Samuel Hahnemann
(1755–1843)

If you manage to heal your plants with the help of homeopathy, you will find it twice as enjoyable. You may not succeed overnight, but every time it will be a bit better – and it’s so exciting!

Another source of motivation for me is that homeopathic plant treatment clearly reduces the need for chemical pesticides and compounds – you may even be able to do away with them altogether. If we can put just a fraction of this into practice, we will be helping to protect our environment.

The reaction to this book has been overwhelming and the proverbial snowball has turned into an avalanche, a source of great joy to me as I certainly had not anticipated it. The doubters may now be convinced by the positive effect of homeopathy since plants can surely not become healthy again due to the “placebo effect”. With the correct remedy, plants that have been battered by weather, pests or disease can rapidly recover.

In the meantime, many amateur gardeners, professional growers, farmers and winegrowers use homeopathy on their plants, with unexpectedly successful results in many cases. Starting on page 151 we describe some of these success stories. Sometimes, however, it is more difficult to achieve the hoped-for improvement since homeopathic plant treatment is

still a relatively new area and there is much still to learn.

This new edition of “Homeopathy for Plants” has been continually updated and improved based on our latest insights and experience. Those new to the treatment of plants can find a step-by-step guide to repotting. And there is a new chapter devoted specifically to houseplants. It would be wonderful if lots of people would take part in our research and give us feedback. Failures are also important and take us a step further. Many thanks in advance. I hope you will all have fun with “homeopathic gardening” and wish you the greenest of green fingers!

Friedrichshafen, autumn 2020
Christiane Maute®

1.1 How it all began

Until now, homeopathy has played only a very minor role in treating plant diseases and deterring pests: a few daring souls formerly tried out a thing or two, but without making any kind of breakthrough – and this is still the case today. The experimenters were mainly winegrowers who were fed up with the amount of chemicals they had to spray on their vines. One newspaper article, for example, reported on a winegrower in South Tyrol who treated his vines with nothing but single classical homeopathic remedies and plant-based compounds, and was producing first-rate wines for top prices as a result. The wine grower naturally lost some of his vines to diseases, despite using homeopathy – but the same would have happened even if he had been using conventional pesticides.

In this guide, I make every effort to describe the use of homeopathic remedies in the garden as clearly and simply as possible. Below I describe how I started out by treating a damaged plant with *Arnica* – this motivated me to try out more. We have been using classical homeopathy in our garden ever since. We naturally also use proven, non-toxic “household remedies” and strengthen our plants with plant-based compounds such as comfrey, nettle, marigold and sage fertiliser or horsetail mash. We are constantly learning

new things and are still at the beginning as regards homeopathic plant treatment. One of my main hopes is that our beautiful world will perhaps manage with far fewer chemical pesticides in future. This will be kinder to both the environment and our bank balances.



Fig. 1.1: Ms Maute with a delphinium

The amounts stated in our dosage table are approximate. Please avoid overdosing. The energetic information is decisive, not the amount. This book was originally written for amateur gardeners so that at least people's home gardens could be chemical-free. But we have repeatedly been asked about recommended dosage protocols for large areas with large amounts of water since professional growers and farmers are now increasingly keen to try the "homeopathic path". To answer this question many factors need to be taken into account, such as the type of



Note:

Basic rule of homeopathy:

- Do not repeat the dose while the plant is getting better.
- Only repeat the dose if the plant showed signs of improvement and the disease is returning in the same way as before.

farm, the soil quality, what has been applied so far, and so on.

■ Remedy given – what next?

After giving the first dose of the remedy, you now have to wait and see if you chose the right one. Did the plant's condition improve, and if so, how long did the improvement last? Or was there no change whatsoever? Your next action will depend on the plant's reaction. In my opinion, this is the most difficult part of treating plants, and requires great sensitivity. You are sure to develop a feeling for this in time.

- Don't be put off if something doesn't go the way you expected. Just be patient and try again. Rome wasn't built in a day. Things don't always go to plan even in conventional plant cultivation.



Fig. 1.7d: Mixing the dissolved globules with water.

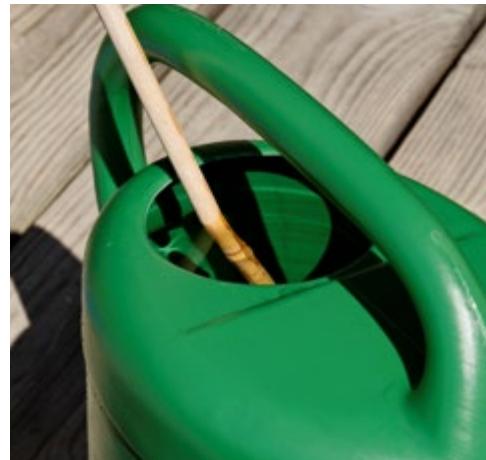


Fig. 1.7e: Stirring the water thoroughly.

Dosage table

Potency	Amount/Weight	Water (litres)
6 X	20 globules	~ 1-2 l
	1/4 teaspoons = 40 globules	~ 2-5 l
	1/2 teaspoons = 80 globules	~ 10 l
	1 teaspoons = ~ 2 g	~ 20 l
	1 1/2 teaspoons = ~ 2,5 g	~ 30 l
High potency		
30 C/ 200 C/ 1000 C	4 globules	~ 1-2 l
	5 globules	~ 2-5 l
	6 globules	~ 10-20 l
	8 globules	~ 30 l

The stated dosages are for size 3 globules (~ 2 mm diameter). For size 5 globules, use roughly half the number of globules (but with the same volume of water stated above).

- Where homeopathic plant treatment is concerned, we are still right at the beginning. It would be a good idea to share our experiences (→ Homeopathy forum "Homeoplant" at

www.homeoplant.de or www.maute-pflanzenhomöopathie.de).

Improvement with subsequent relapse

The right remedy will bring about a clear improvement in the plant's condition after a short time (often after just 2-3 days, sometimes longer depending on the disease).

If the plant recovers but you notice after a while that the disease is coming back, repeat the treatment using the same remedy. Then wait another 2-3 days and observe the plant.

If the plant's condition improves, you don't need to give it any more of the remedy. You will only have to repeat the treatment if the plant succumbs to the same disease in the same way.



Fig. 1.7f: Watering foliage and root area.

Common leaf spot and leaf scorch

This fungus – it is usually two different sorts – affects strawberries; it is often only noticed after the harvest.

Causes: Fungal spores (two different sorts), which frequently occur together, especially in rainy spring and summer months.

Signs of damage: Round, red to brown spots appear on the leaves. With common leaf spot, the spots have a white centre (→ fig. 3.20). The result is a loss of vital leaf surface for the plant. The leaves dry up and fall off. Weakened by the loss of leaves, the plant is less productive the following year. The fungus can overwinter on affected parts of the plant.

Treatment and prevention: Remove affected leaves and dispose of them in plastic bags. Ensure the plants are not too close together and avoid applying excessive amounts of nitrogen fertiliser as both these factors can encourage the fungus. Dispose of any runners. Avoid planting the same plants in the same place in successive years. Mixed cultures and garlics or onions are beneficial.



Fig. 3.20: If the problem is common leaf spot, you will notice that the spots have a white centre – this is not found with leaf scorch.

Main homeopathic remedies for common leaf spot and leaf scorch

Arsenicum album 200C	→ Drying out of the leaves due to common leaf spot.
Belladonna 200C	→ Red-brown discolouration of leaves.
Cuprum metallicum 30C	→ Red-brown leaf colour, effects of cold rain.
Dulcamara 30C	→ Similar to Belladonna, with red-brown leaf colour. After waterlogging of roots in cold weather and waterlogging in compacted soils.
Psorinum 200C	→ After cold and rain. The earth smells mouldy, old and worn out.
Silicea 200C	→ Tonic for weak, puny plants, effects of cold wet weather and waterlogging during cold weather.
Thuja 30C/ 200C	→ Fungal infection due to cold, wet, foggy and damp weather.



Fig. 4.28: Neglected frisée lettuce

Neglected plants

By “neglected” plants, I mean plants which have been forgotten. They get too little water, then too much; they have too little soil, the soil may be washed out and not contain enough nutrients. This lack of care makes the plant vulnerable to disease.

Signs of damage: Brown leaf discolouration (→ fig. 4.28). The leaves dry out and fall off; the plant is puny and may die for lack of food and water.

Cause: Insufficient care, poor soil aeration, poor location.

Treatment and prevention: The plant should be repotted or moved to a new, better location. Don’t forget to hoe the soil around it; homeopathic remedies and plant-based fertilisers (stinging nettle or horsetail mash) may also help.

Main homeopathic remedies for neglected plants

Ignatia 30C	→ The plant wilts, seems “affronted”, takes neglect badly, is positively diseased.
Natrium muriaticum 30C	→ The plant wilts and may appear “wrinkled”. After house moves, holidays, overwintering.
Silicea 200C	→ General tonic.
Sulphur 200C	→ Dry, “thirsty” plant. After errors in watering – too little and then too much.



Fig. 6.38: Old but clearly rejuvenated almond tree one year after the first homeopathic treatment, May 2015.

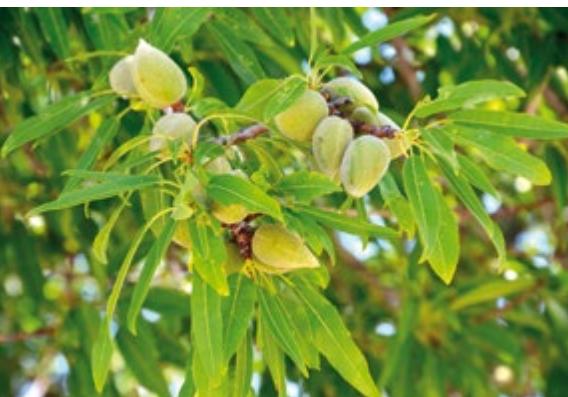


Fig. 6.39: Large bunches of almonds, May 2015.

Almond tree

May 2015: state of an old almond tree in Portugal one year after homeopathic treatment. Remedy applied 2014: *Cimicifuga* 30C due to severe aphid infestation. The aphids rapidly disappeared. To the astonishment of the owner the tree was rejuvenated, with a burst of fresh green leaves (→ fig. 6.38). The left side has died but without any impairment of the tree's vitality.

The activation of the vital force can also be seen in the large clusters of nuts (→ fig. 6.39). In previous years the old tree had only produced a few small almonds.

The difference in the size of the almonds before and after homeopathic treatment is clear (→ fig. 6.40).



Fig. 6.40: Left: almonds from an untreated tree.
Right: harvest from a treated tree.

7.1 Homeopathic remedies for your garden

Aconitum (Aconite, Monkshood)

- **Characteristics:**
 - Sudden symptoms are typical of *Aconitum*. The plant reacts very suddenly, wilts extremely quickly and dries out
- **Weather damage:**
 - Result of cold, dry north wind
 - Result of sudden cold storm or wind
 - Result of hot days (intense sunshine) and very cold nights



Arnica montana (Leopard's bane)

- **General effect:**
 - Consequences of blows, impact, being dropped
 - Excellent tonic for all plants
 - Improves circulation in the plant's capillary system; *Arnica* ensures that the plant is properly supplied right through to the tips
 - Problem-free repotting of sensitive plants or replanting of large trees in summer
- **Damage caused by errors in cultivation:**
 - Injuries from pruning
 - Injuries from repotting or relocation
- **Weather damage:**
 - After plant injuries from hail, storm and wind (e.g. breakage)



Anthracinum (Anthrax nosode)

- **Characteristics:**
 - Plant appears burnt
 - Leaves turn dark or black, wither and rot; damage spreads rapidly, "like wildfire"
 - Bark turns brown, cracks or sinks; reddish-brown wood under the infected bark
 - Infectious orange-brown slime on the bark
 - Shoots curl up like a "shepherd's crook"
- **Special diseases:**
 - May be helpful in cases of fire blight

Arsenicum album (White arsenic oxide)

- **General effect:**
 - Indicated when plant growth is weak
 - Weak plants
 - Plants stay small and look puny
 - Plants dry out quickly
- **Damage caused by errors in cultivation:**
 - Contamination, e.g. by chemical pesticides
- **Weather damage:**

X Index

A

ABC method 107, 145
Acid rain 102
Aconitum 95, 104-106, 116, 120, 122, 124, 127, 145-146, 166
Algal limestone 49
Anthracinum 86, 166
Ants 30-32, 168
– Ant nests 31
– Black garden ant 30
– Red wood ant 30
– Yellow meadow ant 30
Aphids 32, 172
Apis mellifica 50
Arnica 2-3, 67, 70, 95, 97-98, 100, 105, 120, 123-125, 127, 144, 146-147, 165-167, 182, 185, 187-188
Arsenicum album 40, 52, 81, 93, 95, 97-98, 100, 122, 126, 165-166, 185

B

Bacterial diseases 82
Bee population, decline in the 24-29
Bees 24-29, 49-50, 102, 173, 175
Belladonna 6, 95, 104, 106, 110, 112, 114, 116, 120, 122, 145-146, 167, 184
Bentonite 49
Black spot 78
Black vine weevil 37
Blight (rust disease) 64
Box tree moth 35-36
Boxwood blight 66-67

Bright-line brown-eye moth 43
Brown rot 168, 170, 173

C

Cabbage moth 43-44
Calcarea carbonica 33, 41, 93, 95, 97-98, 100, 133, 167
Calendula 70, 93, 95, 99, 105, 120, 123-124, 127, 144, 146, 167
Camphora 32, 40, 42, 52, 165, 168, 182
cancer 143, 147
Cancer 70, 168, 177
Cantharis 86, 114, 168
Carbo vegetabilis 61, 65, 70, 73, 77, 79, 93, 95, 104, 119, 133, 147, 168
Carcinosinum 70-71, 77, 93, 147, 168
Caterpillar 42
Caterpillars (Cabbage whites) 46, 48-50
Causticum 86, 114, 119, 169, 178
Changes in the weather 168, 170, 173, 176
China officinalis 55, 94-95, 122, 165, 169, 182, 184, 186
Cimicifuga 32-33, 169
Climate and weather conditions 101
Climatic damage 101-102
Cold 106, 166-168, 170, 172-175, 177
Colorado potato beetle 38

Common leaf spot 81
Consequences of stress 120
Contamination 168, 171, 173, 175, 179

– with acids 118, 168, 175
– with car exhaust fumes 171, 179
– with chemical pesticides 126, 166, 175, 179
– with copper and sulphur in steam 175, 179
– with hydrogen sulphide 171, 178
– with lead 169, 178-179
C potencies 7, 10
Crippled growth 174
Cultivation protection net 49
Cuprum metallicum 37-38, 41, 61, 64-65, 67, 72-74, 79, 81, 92, 95, 112, 133, 165, 169, 186
Cutworm pests 42

D

Damage
– bacterial 82
– climatic 101-102
– diseases, by 4
– fungal 60
– incorrect cultivation, by 122
– injuries, by 3
– insects, by 30
– slugs, by 56-57
– viral 87-89
Dark-winged fungus gnats 137
Death 27, 31, 102

Deformity 97
 Diamondback moth 45
 Diseases 4
 – bacterial 82
 – fungal 60-61, 168-169, 176-177
 – viral 87-89
 Dosage 10
 – cancer, in cases of 14
 – cold, damage caused by 14
 – fungal disease 14
 – in rainy periods 14
 – pest infestation, damage caused by 14
 – wet conditions, damage caused by 14
 – wounds 14
 Downy mildew 73
 Drainage remedy 176, 179
 Dryness 167, 169
 Dulcamara 67, 81, 106, 110, 112, 146, 165, 170, 182, 187
 Dwarfism 99, 167, 174-175

E
 Eaten bare 48
 Ecosystem 24, 46
 Emissions 102

F
 Fire blight 84, 166, 169, 173
 Fire blight nosode 86
 Flea beetle 158
 Fortifying and strengthening 143, 145
 Frost 143, 145
 Frostbite 103
 Frost damage 103, 168, 174

G
 Gelsemium 88, 114, 116, 120, 122, 127, 170
 Glue rings 76
 Growth
 – excessive 92
 – stunted 99, 174-175
 – weak 166, 179
 – weak root growth 98
 Growth enhancement 13, 130-133

H
 Hahnemann, Samuel 6
 Hail 105, 166, 173
 Heaps of earth 31
 heat damage 143, 145
 Heat damage 121, 167, 169, 172, 175, 177
 Helix tosta 15-16, 56, 170
 Homeopathy
 – choosing the right remedy 9
 – how to proceed 9
 – plant's reaction to remedy 12
 – storing homeopathic preparations 15
 Hydrogen sulphide 102

I
 Ignatia 55, 96, 116, 120, 122, 128-129, 165, 170, 172, 182, 186-188
 Incorrect crop management 49
 Injuries 3, 14, 120, 127, 166-167, 169, 176, 179

K
 Kali iodatum 96, 99, 108, 112, 170, 178

Kali phosphoricum 94, 96, 111, 119, 171, 178
 Kalium iodatum 146

L
 Lacerations 122, 167, 174
 Large Cabbage White 46
 Law of similars 5
 Leaf curl 68, 177
 Leaf discolouration 94
 Leaf scorch 81
 Leaf spot 82, 175-176
 Leek moth 52
 Light 101
 Lightning strikes 173-174
 long-lasting 143, 146
 Lycopodium 61, 83, 94, 96-97, 99-100, 108, 171

M
 Magnesium carbonicum 171
 Magnesium chloratum 113, 171, 178
 Magnesium phosphoricum 96, 133, 172
 Mealybugs 55
 Metamorphosis 46
 Mildew 71, 170, 172, 176-177
 Mixed crops 49
 Mobile communications 24, 102, 107, 171
 Monilia fruit rot 75, 168
 Monilia tip burn 75, 177
 Monocultures 28, 46, 49

N
 Natrium sulphuricum 61, 64, 66, 68-69, 72, 74, 76, 79, 110-112, 133, 146, 165, 172, 186, 188

Natrum carbonicum 96, 114, 116, 122, 172
Natrum muriaticum 33, 96, 113, 116, 121-122, 128-129, 172, 178
Natrum sulphuricum 61, 66, 69, 72, 74, 79, 110, 112, 133, 172
Neglected plants 128
Non-parasitic factors 24
Nosodes 173
Nutrient deficiencies 24
Nux vomica 26, 55, 88, 105-106, 121, 124, 126-127, 165, 170, 173-174, 177, 183, 186

O
Overfertilisation 24, 172
Owlet moth larvae 43

P
Parasitic factors 24
Pathogens 24
Pear rust 62, 64
Pest infestation 14, 176
Pests 18, 24
Petroleum 37-38, 40-41, 53, 55, 94, 104, 106, 127, 165, 174, 183, 186-188
Pheromone traps 30
Phosphorus 88, 94, 96, 113-114, 121, 127, 174, 178
Placebo 7
Pollutants 24
Potentisation 6
Powdery mildew 72
Precipitation 101
Pruning 143-144, 166, 168-169
Psorinum 5, 33, 41-42, 52-54, 81, 94, 96-97, 99-100, 104, 106, 145, 165, 174, 183, 186-188
R
Radioactive contamination 170
Rain 143, 146
Rain, constant 112, 167, 170-171, 173, 177
Reactions
– improvement and no response to repeat treatment 14
– improvement with subsequent relapse 13
– no significant improvement 14
Remedy descriptions 165
Remedy proving 5
Repertorisation 9
Repotting 124, 166, 170, 173
Rhus toxicodendron 14, 64, 68, 79, 83, 165, 175, 186, 188

S
Salinisation 24
Salt content in the soil 113
– too high 176
Salty air 102
Scale insects 41, 174
Scarlet lily beetle 39-40
Sea air 113
Silicea 33, 38, 40-41, 52, 61, 72, 74, 81, 94, 96, 98-100, 106, 110, 119, 121-123, 126-129, 145-146, 165, 175, 183, 186-188
Slugs 56-57
– infestation 170
Small Cabbage White 47-50
Soil
– clay soil 108
– magnesium-deficient 171-172
– phosphorus-deficient 174, 178
– salty 99, 172, 178
Soil consistency 102
Solidago 61, 96, 113, 146, 176, 179
Sooty mould fungi, black 31, 54
Spider mites 53
Staphisagria 5, 33, 68, 121, 123-124, 127, 144, 146-147, 165, 176, 183, 186, 188
Stone dust 49
Sulphur 33, 36-38, 40-42, 50-55, 61-62, 68, 71-72, 74, 110, 121-122, 126, 128-129, 146-147, 165, 176, 179, 183-188
Sulphuricum acidum 179
Sulphuricum iodatum 179
Sunburn 113, 143, 145, 167, 172
Sunlight
– direct 113
– intense 115
– too much 170

T
Table of modalities 182
Tansy 49
Temperature 101

Thrips 137
Thuja 4, 36, 55, 62, 64, 66, 68-72, 74, 76-77, 79, 81, 83, 88, 106, 110, 112, 133, 146-147, 165, 170, 173-174, 176, 183, 186-188
Thunderstorms 174
Tomatoes, promote growth 130-133
Tonics and strengtheners 166-172, 174-179
Turnip moth 44

V

Varroa mite 28
Vespa crabro 50

Vespa vulgaris 50
Viral diseases 87-89, 170, 173-174, 177

W

Wasps 49-50
Water deficiency 24
waterlogging 146
Waterlogging 108, 170, 175-177
Weakness 93
Weather conditions 24
Wetness 14, 173, 175-177
Whitefly 54
White fungal spores 31
Wind 101

– breakage 166
– cold 172
– dry 166, 170
– warm 170

X

X potencies 7, 15, 136
X-Ray 96, 98, 108, 177, 179

Z

Zincum metallicum 94, 96, 104, 177

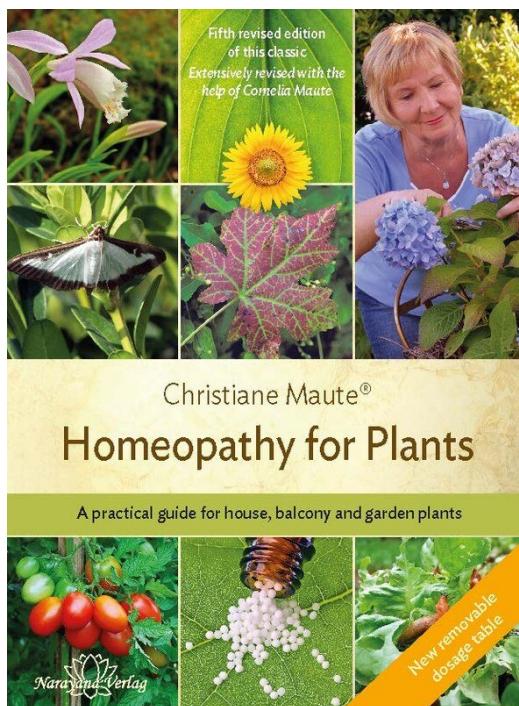
Christiane Maute

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