

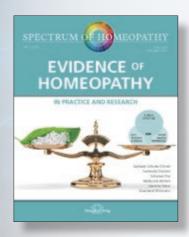
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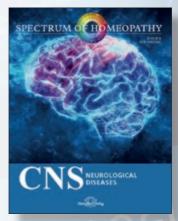




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EDITORIAL

Dear readers,

are you afraid of spiders? Are you disgusted by touching a spider's web? If so, you aren't alone. Arachnophobia is by far the most common fear of animals. This exaggerated aversion cannot be explained in terms of the real danger posed by spiders. As Massimo Mangialavori emphasizes in his contribution on mythology, the archetype of the spider has been associated since ancient times with the devious exercise of power, violence, and an aggressive dark sexuality. We reacted to many contributions in this SPECTRUM with consternation and revulsion but also with great compassion. Common themes are vicious attacks, sexual abuse, lack of empathy, and asocial behavior.

The case histories of scorpion and spider remedies clarify how this highly toxic mixture is handed down from generation to generation so that victims repeatedly become aggressors. An example of this is Pratik Desai's case of an Indian girl who was severely abused in her family, going on to become shameless and violent in puberty. Her poor school marks prompted the parents to seek homeopathic help. The pediatrician Andreas Richter describes how the typically impulsive, provocative and aggressive behavior arises from severely disturbed bonding in early childhood. Wim Roukema's appalling cases of Androctonus and other scorpion remedies confirm this finding.

The negative picture in our collective unconscious obscures the special abilities and natural talents of the arachnids. Scientists envy the construction, resilience, and durability of their webs, without which we would be overwhelmed with insects. Tara Cicchetti presents the remedy picture of Tela araneae, in which the main feeling is being excluded. All spider remedies have to fight for recognition and appreciation, which is often pursued with unfair methods. This can be seen in an unadulterated form in children. Their spider nature is expressed directly in their behavior, drawing, or fantasies. Climbing ropes, building traps, knitting, wangling, teasing, and provoking can lead directly to the remedy group Arachnida if hectic restlessness, tics, ADHD, or behavioral disturbances are also present – especially if their hero is Spider-Man.

Jonathan Hardy describes the variants of the typical spider themes. His brief casetaking clips familiarize us with how these patients think and speak. This makes it easier to recognize the remedy class in the contributions of the other authors. Yet the identification of the precise species is less easy. This problem is well known to homeopathic pharmacists, as noted by Jörg Wichmann in his contribution on classification. So Hering's description "large, brown and not very poisonous" is hardly enough to clarify the identity of Tarentula cubensis.

The difficulty of making a definitive remedy selection is described by Bhawisha Joshi in a case of Mygale lasiodora prescribed as

a follow-on to Aranea diadema. For Joshi and most other authors, the physical symptoms that can be repertorized lead to the optimal spider remedy. This is especially true of well-known remedies, as shown in the cases by Deborah Collins on Mygale lasiodora and Theridion. With new remedies like the silk spider proved by Olga Fatula, the signature can provide a remedy idea, which must then be confirmed by proving symptoms.

In this issue mental disorders definitely take priority. The spectrum ranges from ADHD, autism, and asocial behavior in children and teenagers through panic attacks, borderline personality, and depression with suicidal ideation in adults. It is astonishing what homeopathic treatment can achieve even in cases of severe attachment disorders or extreme psychopathology. Even if we cannot heal those affected of their trauma, we can give them a scorpion or spider remedy to make them calmer, less aggressive, and more approachable, so helping them to integrate better in social life. With children there is often an improvement in social behavior and school marks. We wish you success with the spiders and scorpions!

STOP PRESS: We are also bringing you a special report on the search for epidemic remedies to treat Covid-19. We have recently been closely watching and interacting with homeopaths around the world as they discuss their cases and analyse the genus epidemicus. Our resulting report focuses on the experience of several prominent homeopaths together with their published results, focused especially on the authors who regularly publish their work here in SPECTRUM. They have been treating patients in some of the major epicenters such as Iran, Italy, Spain, UK and New York. They are unanimous in claiming that initial homeopathic treatment of the initial, moderate phase of the illness is often successful and can therefore fill the gap between general preventive measures and high-tech medical care. The Liga Medicorum Homoeopathica Internationalis (LMHI) has therefore made an official request to the WHO to take part in studies examining the efficacy of homeopathy especially in the first stages of the illness, with the aim of preventing deterioration and avoiding the need for artificial respiration, so relieving the intensive care units.

Christa Gebhardt & Dr Jürgen Hansel

Chief editors



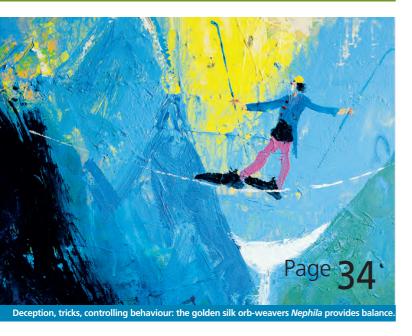
EDITORIAL SPECTRUM OF HOMEOPATHY 1



Aggression and violence: experience of abuse becomes apparent in puberty.



Thousands of species of spider and the way to the most suitable spider remedy





Lack of basic trust and secure attachment: aggression, contradictoriness, and impulsive provocation determine the reaction pattern spanning the generations.





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TIGHTROPE WALKER

Nephila and the spiders of the periodic table

AUTHOR | Olga Fatula

SUMMARY: In a depressed patient humour, tricks, cunning, deception, control, and power but also bitterness and self-pity indicate the spider remedies. The specific depression symptoms and the signature lead to the prescription of a golden silk orb-weaver spider. The classification by phase and stage of the periodic table as well as the differential diagnosis of various plant and mineral remedies is also discussed.

KEYWORDS: Araneidae, depression, golden silk orbweavers, *Nephila*, periodic table, phases, spiders, spider web, stages

CASE: 44-year-old man, depression, referred by psychologist

Initial casetaking September 2018

Initial observations: Normosthenic build, dressed in a bright yellow silk T-shirt and a knitted sweater. He sits slouching, playing with his fingers. His speech is a monologue as if learnt by heart. He uses many psychoanalytical terms. He whines and weeps a lot. His chief complaint is depression, unwillingness to get up in the morning, and no desire to work – worse in gloomy weather without sun. He sleeps badly. He tried different sleeping pills and antidepressants. Previous prescriptions by other doctors: Ars-alb, Rhus-tox, Aconite, Naja, Lucilla (a green fly), without success.

He is a lawyer inventing tax reduction schemes working from home. He lives alone after leaving his second wife, but he helps with the child and provides money for them. Patient (abbreviated): "I sink into a nostalgia that leads to idleness. The current reality does not suit me. My reality is different from the world's state of affairs. My efforts are not appreciated adequately. I would not strain myself if others do not value me, or even put me down. They don't pay any attention to me, no respect. My work results produce negation or indifference.

"I have a drive to the sublime, but have to do earthly things. I inherited my parents' complexes. I will not fly if I'm born to crawl."

History: "My parents led a cat and dog life. My father spoiled my life with his late night partying. I did not sleep, expecting sounds of another scandal upon his return. I was afraid of him and I hated him. I left my home town; and I did whatever possible to get them divorced. But they called a halt to their feud and my mother lied to me that they are at peace. I suffered all their sufferings. But she does what she wants despite everythingthing: she is cheerful and flourishing. She is happy, and I hate her, because she stole my childhood. I remember many episodes that nobody else can recall; people tend to forget the essence. Everybody hides it all from me. I recognise that I am different, but it's them who made me what I am now.

"I analyse everything to make an impeccable decision. I don't have the right to make a wrong move. Others do not hesitate to make mistakes.

"The cycle goes on. I pass yet another loop and lose heart. My second marriage lasted ten years and now it is falling apart. I left all my property to my wife and children – took nothing for myself. They do not appreciate it; they take it for granted. I will give away everything, but please relieve me from responsibilities. They use my brain, 'you are so clever, so, solve our problems, and we will make use of it, but we will not say thank you, you owe us.' I am soft and they make use of it. They manipulate and get their profit. I switch into a sabotage state.

"I am not sure. I accumulate knowledge but am wasting my life. Knowledge will save me from poverty. My salary has

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never been raised over the past ten years. It's a pittance, they do not value me.

"I do what others cannot do. I invent tax-free schemes and I am proud of it. My boss pretends not to notice it, and he manipulates me to do a lot for a miserable salary.

"It's as if I'm running a marathon, jumping right or left, distracting myself, snatching something, learning something interesting and forgetting how to use my legs and to run. I am a sprinter for short distances. It's a kind of a protection, my pattern."

Survival, states, characteristics: "I must survive like in the jungles, one on one with dangerous animals and trees. Legs and arms are there, but there is no power to survive. The danger is from above – anyone can jump down and swallow you, all of a sudden.

"Death is the relief from debt commitments, a way out of the dead end.

"I made up my own image of the victim, under any excuse. Emptiness, depression, life is passing by. I am in hell, my body is still here and my soul is underground. I have thoughts of a suicide, but in an unusual way."

(His main hobby is music. His favourite tune is from "Silk," an action film about combat exercises, going a long distance in a short time, bypassing danger spots, strength, and agility, avoiding being caught, and using forceful techniques. He recorded a series of sounds as an illusion of strength and fearlessness, quick movement, underwater, and on a parachute. He sings and plays violin and guitar. He tried martial arts, by himself, self-taught from books.)

"My father did not care about my interests; he did not give me anything but food. I invented a way to bring myself up by watching what others do. I dreamt of having superpowers because I'm a subtle body. You can defeat by emotions. When a child I had silly fights with my peers, I was afraid of everybody. I teased them. A victim, but still kicking.

"I have an acute sense of justice, to bring everything into fairness and balance. I was disappointed in justice. I understand that I play a game where you have to cheat, play along, to be cunning. You have to be on alert, live by their malicious emotions. You are a better one if you deceive better. Or I had thoughts that I am a great person. And that I feel and perceive the world more correctly than others."

(He likes water, shades of light shimmers, being alone. The sun is important, "a bright colourful kaleidoscope.")

"Fear to give away all the money and stay hungry. The body can stay hungry but the brain must feed."

Fears: to be scolded, humiliated, not accepted; of dogs.

Camadiae shaut exable: "Uumane siine salist I had aa

Dreams: Railway platform, no chance to jump into a train on the run. Flying up by using energy that comes from feet and hands staying in the air and looking from above that things are OK with the relatives.

Food: "I like ice-cream with coffee. I jumped off the diet – I cannot live without sweets. I hate chicken – my wife overfed me with it. I like soup but wives don't like to waste time cooking it. I am thirsty, drink lots of tea. Warm drinks replace food. Green tea causes depressions, I freak out."

Physical: BP is low, 90/60 mm in the morning. The muscle mass doesn't grow, libido low. Oedema of legs, extremities numb. Right leg cold, "as if dead and dry, I massage it out of emptiness."

Previous illnesses: pancreatitis, cholecystitis

On exertion, a sharp head pain, as if hit by a slab + vertigo, desire to lie down and do nothing. Coffee, tea amel.

First prescription: Loxosceles reclusa 200C

FOLLOW-UPS: (SUMMARY)

No significant change after *Loxosceles*. The patient basically repeats the statements from the previous casetaking with different words. A second comprehensive casetaking follows. The main results are as follows.

Balance: "I cannot find a point of balance yet. It's balancing. You walk on a rope and are afraid to fall. Let it be low, at the level of a desk. They want a show and I want a show. I cheat people and they cheat me."

Web nest: "It is dangerous to sit in the nest. The point of security is where you have an overview to see your enemies, and the land. Balancing on a liana, away from trees, to see the line-up of forces, and to fly away from danger. A normal spider hanging among trees. At a breath of wind it can fly away. The web is your framework, round, large, and strong. I cannot make a frame around things that I like. In any place I am a stranger or a guest. I don't have a home. I build nests for everyone and then fly away. Some insects die after breeding." Taking revenge: "Revenge takes energy, but I am happy despite that. You take an opponent into a stalemate and he punishes himself. It is like aikido, they catch the right moment for the opponent to lose balance, at a short distance."

Power: "It's the control over everyone's movements. It's not a brutal force, rather a psychology, shaking one's mentality into misbalance. You make him defenceless catching his mistakes. Pride is in defeating a big power with a little one. Defeating brute force by the power of mind."

Follow-ups from February 2019 (summary): Two days after taking the remedy: "It's the first time in two years that I've had

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"There are long periods of enlightenment. I do what others want from me, I try to be useful. The list of things to do is long, many everyday plans, gigantomania. I got back into contact with my wife."

No collapse into despair and fear. "I wake up without any fears. General well-being. And my energy level is much higher. Sometimes I am flying winged. I still lack aggression, I'm too submissive. I go deep into other's needs. I forget about my own needs, and I am not afraid of it."

Prescription: Nephila sp. 1M, single dose

April 2019: "Very quiet feelings in my soul. Cheerful in the morning, waking up in a good mood. There is much positive around, I have many desires, I am enthusiastic and ready to work and to accept information. Recent talks to my wife and my child have been very nice and pleasing. I ponder a bright future."

ANALYSIS

Animal kingdom: The 'animal' language is there from the very start. "Me and others; it's their fault that I suffer; I am not a bad man but they have made me one." In addition from the very beginning we recognise the right hand side of the periodic table. We have to deal with nostalgia, bitterness, resentment, no desire to work, no perspective or sense to do anything. He gave everything away and things are falling apart.

Spider: There are tricks and cheating, inducing self-pity. His bad situation is the fault of others. Competition aside, it's more resentment to others. No desire to work. No desire to communicate and a need to be alone, refuge and retreat into grudge and alcohol, breaking relationships. A need for a long sleep. Megalomania, with weakness and resentment. Vindictive: He recalls and ponders over situations that no one else remembers. Keeps on recalling some old offence, feels self-pity and anger to others, wants revenge.

Domineering women: This is the cause of his suffering. Depression, suicidal, manipulations, cheating. Intellectual, well-educated, talented. A lawyer. Obstinate, seems to agree to everyone but does things his own way.

Teasing, humour, jokes: He offends others. Music and rhythm are an important part of life (spiders often have an absolute pitch). Sensitivity to sounds

Running, marathon or short-distance (in my statistics, spider patients love marathons, to the point of mania).

Energy: cycles, repetitions, circles (web pattern). Fear of suddenness, leading to immobility, then death. A pattern of hunting and poisoning. Numbness, coldness (poison). Balancing, equilibristic in the open space. Cheating, pre-

They may be present also in other groups, but they must prevail in poisonous animals.

Which spider? I had no doubt about a spider case. The case fits into many spiders' pictures by various criteria. However, I have never come across this kind of combination of mental and physical symptoms. Have I ever prescribed this remedy before?

A search for 'spiders weaving largest webs' gave the result of 'Golden silk orb-weavers'. Luckily, I had *Nephila* in my home collection. Even more luckily, I had proving results of it. It was an informal proving. Back in 2017 one of my students took *Nephila* in an attempt to find a remedy for herself, and I recorded her diary. So I found a lot of coincidences between her proving symptoms¹ and this patient's symptoms.

- Mental pain, feeling bitter and lonely
- No emotions or feelings, internal coldness, and emptiness
- Delusions as if she is dead
- There is no energy to get up; there is no lucidity ahead.
- Unwillingness to live, to get up and to function in any way

Golden silk orb-weavers: They are widespread in warmer regions throughout the world. Many species have a violin-shaped print on the back.

Nephila spiders produce large asymmetric orb webs of 1.5m or more in diameter. They stay in their webs permanently, so they have a higher predation risk. Yellow threads of their web shine like gold in sunlight. The colour may serve a dual purpose: sunlit webs ensnare bees that are attracted to the bright yellow strands, whereas in shady spots, the yellow blends in with background foliage to act as a camouflage. Nephila spiders display large sexual dimorphism in size, with females being greatly larger than males. The venom of the golden silk orb-weaver is effective against prey, but no danger has been reported to humans. The web is very tough and strong. Fishermen of the Indo-Pacific region pick *Nephila* webs, and form them into a ball, and throw it into the water. There it unfolds and firmly catches bait fish. Aboriginal natives even 'milk' Nephila to obtain its firm silk threads

Spiders and the periodic table: Spider remedies have the qualities of every series of the periodic table, as defined in Jan Scholten's elements theory and plant theory. However, their greatest pain lies in the Silica series. They want to be valued in relationships with the mother and, later, their partners. This strikes a chord with *Sulphur* and *Chlorum* (phases 6 and 7) dictating their patterns. They quarrel with their partners; they destroy relationships. Resentment and bitterness is accompanied by a loss of motivation to do anything. There are



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The golden silk orb-weaver spiders (Nephila) are a genus of tropical and sub-tropical spiders from the family of orb-weavers, Araneidae, with 23 species. The name is due to the fine but stable threads, which are the subject of research.

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alcohol. There is an obsession with bad recollections, etc., going round in circles.

In many cases I have seen also phase 3 qualities, which are embarrassment, confusion, a desire to fit into the environment, vertigo. Some other cases demonstrated phase 4 with its rigidity, domineering and idealising. Most often, there was a combination of phases 6 and 3 or 7 and 4.

The likely stages are 12 to 15 where the aggression and weakness peak. In my opinion, the most evident stages of the spiders are: 13 (irritation, retreat, stubbornness) and 14



OLGA FATULA

finished her university education in 1993 at the Moscow Academy of Medicine. She worked as a general therapist in hospitals while studying various alternative disciplines such as Ayurveda, phytotherapy, astrology, numerology, and mainly homeopathy. She studied homeopathy in many international

schools, starting her homeopathic practice in 1998. Olga is the founder of the Scienzia Homeopathic Club and Jan Scholten School in Russia. She is the author of many books and publications in Russia and internationally. In the past 15 years she conducted over 50 provings of new substances. She follows Jan Scholten's approach to homeopathy as a system and a science. Her current special area of scientific interest is the universe of insects, as well as fish.

OLGA FATULA ; NEPHILA SPECTRUM OF HOMEOPATHY 39

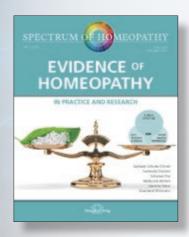
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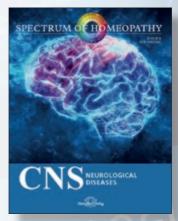




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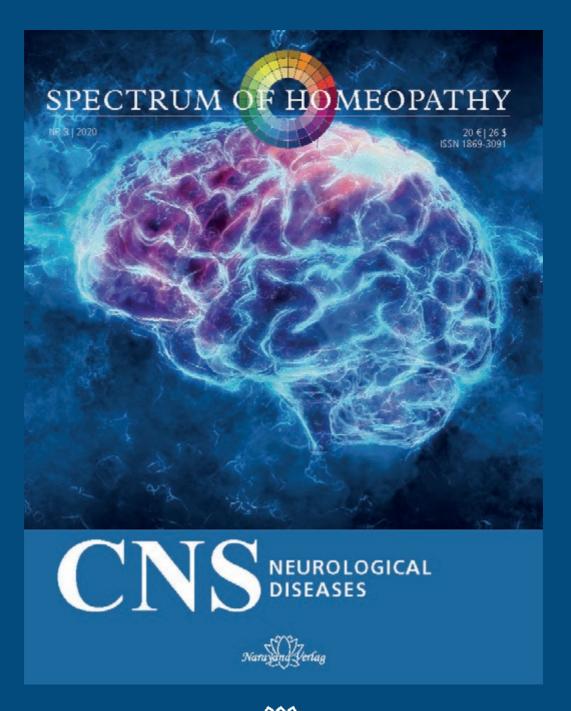








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