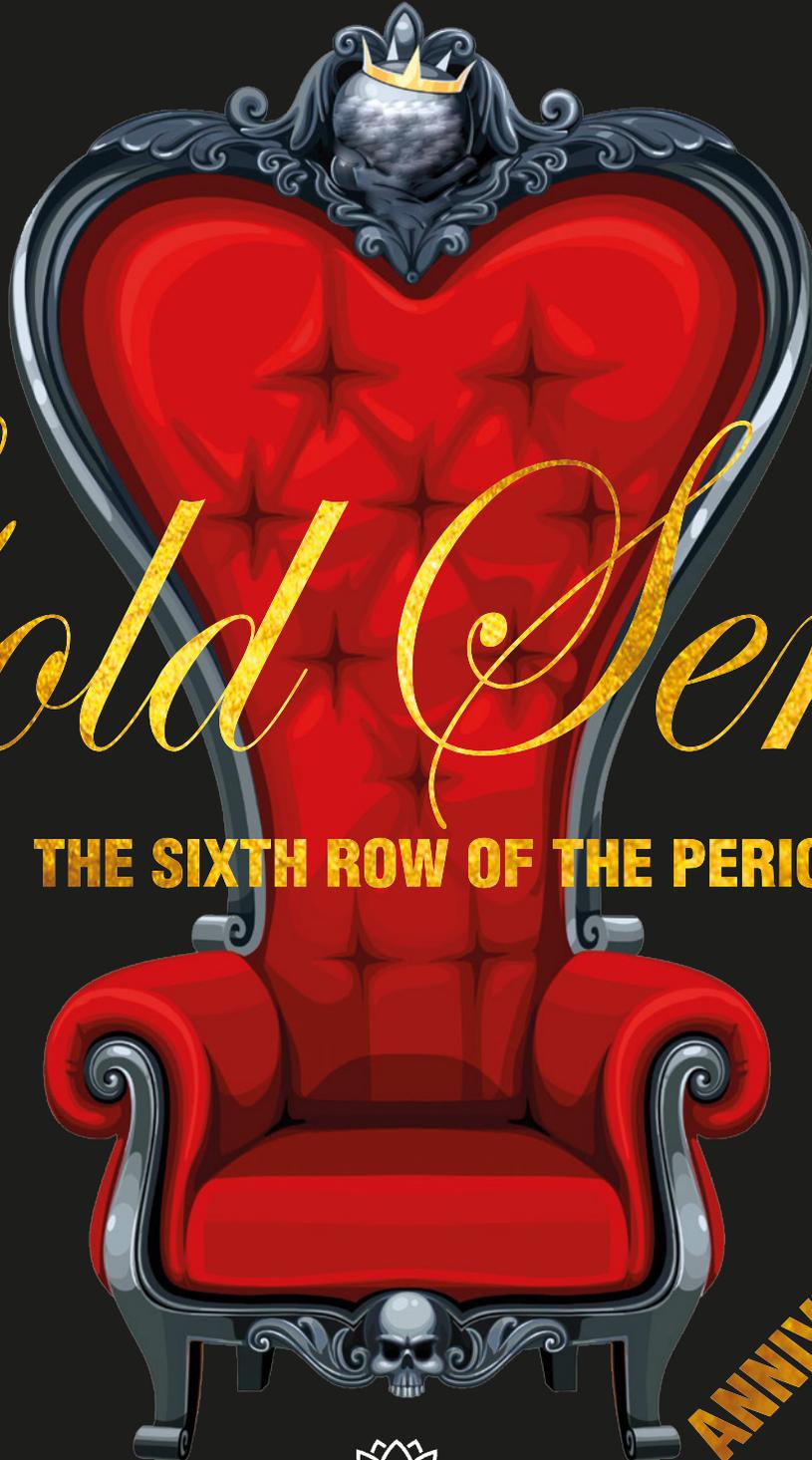


SPECTRUM OF HOMEOPATHY

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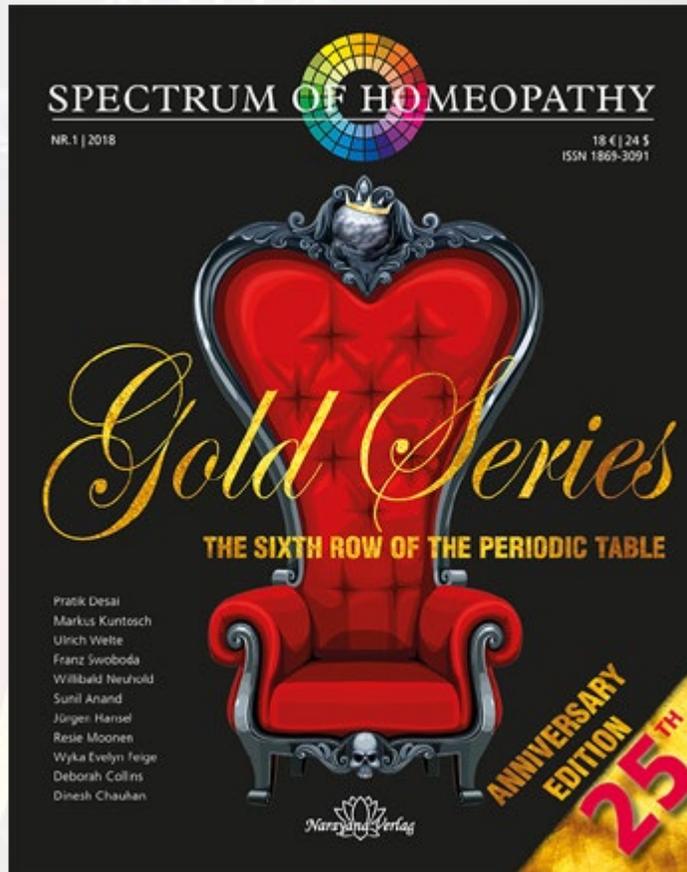
Gold Series

THE SIXTH ROW OF THE PERIODIC TABLE

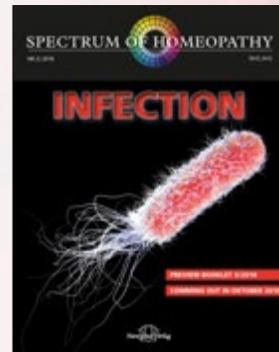
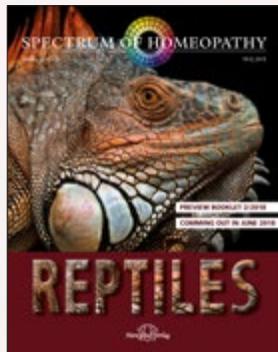
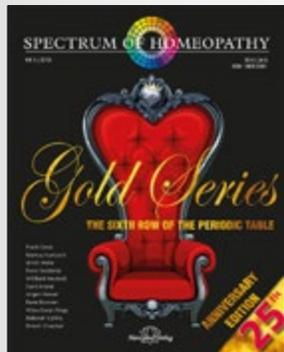
Pratik Desai
Markus Kuntosch
Ulrich Welte
Franz Swoboda
Willibald Neuhold
Sunil Anand
Jürgen Hansel
Resie Moonen
Wyka Evelyn Feige
Deborah Collins
Dinesh Chauhan

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ANNIVERSARY
EDITION
25TH



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EDITORIAL

Dear readers,

Gold is both our current theme and a measure of the pride with which we now present our 25th issue of SPECTRUM OF HOMEOPATHY. Six of our issues have covered the mineral remedies from the “Elements of Life” at the very beginning of the periodic table through to the death and transformation of the final row. We have left a gap in the fifth row which is, however, plugged by Ulrich Welte’s tremendous book on the Silver series. Welte is working on further volumes covering the other rows of the periodic table. We offer you a taste of his work in progress with his contributions here on Hafnium, Thallium and the rarer Bismuth salts.

As in the entire periodic table, in the Gold series we find a mixture of familiar remedies such as Barium, Aurum and Mercury plus thoroughly new ones such as Hafnium, Tantalum and Tungsten. There is also progress with the well-known polychrests when, as Markus Kuntosch demonstrates, we go the extra mile to unfamiliar salts such as Barium fluoricum or Barium phosphoricum. His contribution on the Caesium and Barium compounds throws open the rondel of remedies covering the themes of responsibility and power. Pratik Desai offers us an overview of the development of this topic and describes how – as the elements progressively develop from left to right across the row – the pressure increases to take on responsibility and a leadership role as well as the ability to do this. On the left there is a complete lack of readiness for this whereas in the middle there is success and on the right side a gradual loss.

With the differential diagnosis of Barium and Tantalum, Desai ventures off the beaten path into uncharted territory, only so far defined by its place in the periodic table. Many homeopaths hesitate to take this path and use unproved remedies. Remedy selection is facilitated, as in the Franz Swoboda’s case, by an unusual symptom from the Tungsten proving. It can also be helpful to use the clinical indications and typical personality characteristics that Sunil Anand lists for every single element of the Gold series. He demonstrates the practical value of such classifications with severe pathology and the heavy metals Iridium and Plumbum.

No SPECTRUM issue on the Gold series would be complete without Aurum. Our authors elaborate some of the special aspects of this well-known remedy. Wyka Feige sees the connection of Aurum and Natrium muriaticum in a lost soul from Africa. And Resie Moonen differentiates Aurum muriaticum natronatum from Aurum muriaticum. With Mercury we also go beyond the usual remedy picture to examine its Sulphur salts. Dinesh

Chauhan combines Mercury and Sulphur for a pretty poisonous mixture, Mercurius sulphuricus. This sulphate should not be confused with the sulphide, which is the Cinnabaris from the case by Deborah Collins.

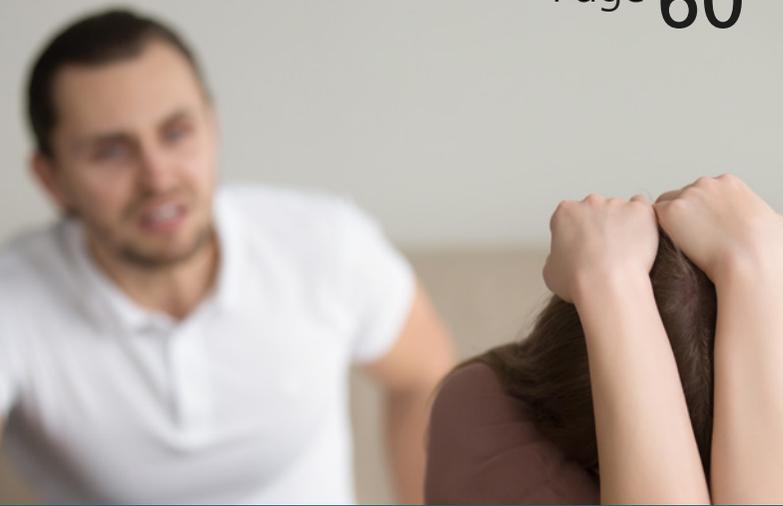
According to the conventional understanding of the Gold series and its stages, Platinum is at the zenith of power and radiates self-confidence. Yet in practice we tend to encounter the decompensated state. Jürgen Hansel presents a lonely old Platinum patient who feels excluded from the hurly-burly of life. In Willi Neuhold’s case of Osmium we also see an emphasis on the shadow side of the remedy. A one-time assertive director has lost his willpower and decisiveness, withdrawing from life. Withdrawal from power is in fact a characteristic of the right side, such as Thallium, Plumbum or Bismuth. Ulrich Welte likes to use Thallium when there are problems with the transfer of authority, power, and responsibility. Still further to the right in the periodic table, Bismuth has already lost everything – Ulrich Welte’s contribution therefore concerns the last resort of suicide. Beyond Bismuth the radioactive elements start as of atomic number 84, which we have already covered in the Actinides issue of SPECTRUM. The Gold series is of course supplemented by the subgroup of the Lanthanides, which we have also covered in a separate issue of our journal. Our six issues on the rows of the periodic table offer you a modern, up-to-date materia medica of the elements and we are particularly proud that Jan Scholten considers SPECTRUM OF HOMEOPATHY to be the best homeopathy journal in the world.

During our last 25 issues we have been delighted to receive feedback from both novice and experienced homeopaths from around the world. So we would like to say a big thank you to every one of our tremendous authors, Narayana Publishers, and last but not least you all, our dear readers, for your faithful support on our 25th anniversary.

Christa Gebhardt & Dr Jürgen Hansel

Chief editors





Jan Scholten's group analysis of Cinnabaris includes "anger at my spouse".



The shyness of Baryta is seen in both children and adults.



Bismuthum subsalicylicum (check spelling) contains acetylic acid from the willow.



The dream of an indomitable white stage provides a clue in a Tungsten case.

Stage 9, one is on one's toes and cannot relax, like a fire-fighter waiting for the next fire: Iridium.



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DIFFICULT LEGACY

Thallium – relinquishing power

Old and unkempt with patchy fur: the aged lion must withdraw, relinquishing power to the younger successor. He is covered in battle scars and his weakened position has become undeniable. It would be wise to make way for the potent heir apparent. The noble thing to do would be to take him under one's wing, if it were not for old-age obstinacy. A case for Thallium.

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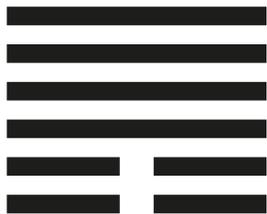


AUTHOR | Ulrich Welte

SUMMARY: Four cases with differing clinical pictures all feature similar problems of withdrawal from authority with the transfer of power in positions of leadership. Depending on the area where such problems occur, various Thallium salts are indicated. These can work both for those who have to relinquish power and those who have difficulty taking it over.

KEYWORDS: alopecia areata, carpal tunnel syndrome, colour preference, depression, Gold series, hair loss, handwriting, hydrocele, I Ching, retinal thrombosis, sciatica, *Thallium*, *Thallium carbonicum*, *Thallium oxydatum*, *Thallium sulphuricum*, weak eyesight

Thallium as stage 13 of the Gold series: Thallium is the controlled withdrawal from power. Responsibility is partially relinquished, mostly to a younger successor. The powerful person is restrained or they voluntarily limit themselves as they withdraw, which naturally occurs at an advanced age. Mostly it concerns withdrawal from a leadership role requiring experience. The will to power has already been crowned with success, and the pressing issue is to hand on to someone else because now the time has come. The person who procrastinates too long loses their position of strength, which is already in question. The rapid over-reaction of stage 12 no longer leads to the desired success. A certain flexibility is required. But there is a tendency to obstinacy, which is very unhelpful at this point.



Thallium and the I Ching: This situation is very precisely represented by the 33rd hexagram of the I Ching, dun: 'retreat'. 'Dun' also contains some characteristics of stage 14, Lead, but the emphasis is on stage 13, Thallium.

The I Ching, with its archaic form of expression, is primarily directed at responsible people who prefer to determine their fate themselves rather than put it in the hands of others. It addresses 'the noble' in every person and therefore resonates especially strongly with the striking features of the Gold series.

'Dun' or retreat does not mean fleeing but is rather a considered making way, and the crucial aspect is the timing. One still has enough power to have a say in determining how and when one withdraws. Yet the enemies or successors are advancing, accordingly exerting pressure. One can no longer so easily assert one's former position of power since the zenith has already been passed and one's strength is gradually failing. The first signs of weakness and aging are becoming apparent and now is truly the time to go. The important thing is to recognize the right moment and to act accordingly, so that one can make way voluntarily without bad blood. Whoever succeeds in this can free themselves benevolently from the apparent predicament.

THE FOLLOWING CASES SHOW HOW THE SITUATION OF THALLIUM CAN MANIFEST IN PRACTICE

CASE 1: *Thallium metallicum*: the son inherits the father's company and will no longer talk to him or the brother.

An old man, an entrepreneur with a pilot's licence, very independent, comes to the practice due to problems with his sons. He had a metalworking company which he earlier inherited from his father, and which he handed on voluntarily at an appropriate time to his eldest son. But since then there has been nothing but strife in the family. In particular his two sons have stopped talking to one another because the eldest son was the sole inheritor of the company and he has ignored his brother, who was given a different form of inheritance. The eldest son has also stopped talking to his father, which causes the patient great heartache. He thinks his son has become really ruthless: power has corrupted his character.

Analysis: Due to the themes of the handover of power and retreat, the father is given *Thallium* 30C. But astonishingly he does not take it himself but decides on his own to secretly give it to his eldest son! This rather unorthodox manoeuvre turns out to be thoroughly beneficial for all concerned: since the son unknowingly took the remedy, peace has returned. The son behaves in a far friendlier manner, both to his father and to his brother. After 18 months the son again becomes awkward, treating his brother and father in a contemptuous and condescending way, ignoring them and no longer talking to them. The father does the same thing again, with renewed success. Three years have now passed and they are still getting on well with one another.

CASE 2: *Thallium metallicum*: weak eyesight following retinal thrombosis

The patient is a withdrawn man with a very striking face – a Jack Nicholson doppelganger. He seems sharp and tense. He comes for vision problems since he can no longer see clearly. He cannot

focus and only recognizes things with a delay. Almost ten years ago he had retinal thrombosis, helped by oxygen treatment but he has never since fully regained his eyesight. Initially that is all there is – casetaking remains limited to the external facts. Just once he commented that one is so often lied to.

He grew up in a rural area of northern Germany and used to tend the cattle on the farm. Then he worked his way up and became rich with a financial firm. He plays a lot of golf and has not worked for many years now. His colour preference, as he sneeringly notes, was always blue, 15C in the colour table. His main complaint is his sight, which also frequently changes. That is all he is worried about, that's all. So do something about it, that's all you're getting – I won't say more.

Analysis: The chief complaint of poor eyesight indicates the Gold series. The mistrust indicates above all stages 12 and 13. Not quite recovering something is rather stage 13. The thrombosis, stagnating flow, could be interpreted as stage 13 but especially the large, pointed, scrawly handwriting with a steep rightwards slant indicates *Thallium*. On the other hand, *Mercury* loves dark green and writes in a smaller way with more swing and mercurial flexibility. The stage 13 Lanthanide *Holmium* might also be a good fit since, as a self-made man,

he is not keen on doctors, which fits the Lanthanides – but he writes differently from our *Holmium* patients.

So on the spur of the moment he is given *Thallium* LM1, 5 drops a day. Three days after the first dose he gets herpes of the lip, which he has never had before. At the same time his sight improves, becoming clearer. He seems happy and surprised, and speaks more openly, expressing hope that the remedy will help him. After two months he is feeling a lot better. His sight is good and other things – most of which he did not initially mention – have improved. His carpal tunnel syndrome is better, his otherwise constantly cold feet have warmed up and, surprisingly, his golf has improved, as he is not so tense. A year later he is doing really well. The carpal tunnel syndrome has disappeared and the old hip pain has gone. Yet a few days ago he had slight retinal bleeding. He has not taken the remedy for some time – should he resume now? Yes. I have heard nothing more from him since. So maybe it should have been *Holmium* after all? Because the Lanthanides do not return to the doctor when they are well – what's the point?

On the other hand, another patient, also an entrepreneur and the president of a golf club, never reported back after recovering from deep depression thanks to *Thallium oxydatum* – although

ADVERT

Heiner Frei

Homeopathy and Attention Deficit Hyperactivity Disorder

A new Treatment Concept with Polarity Analysis

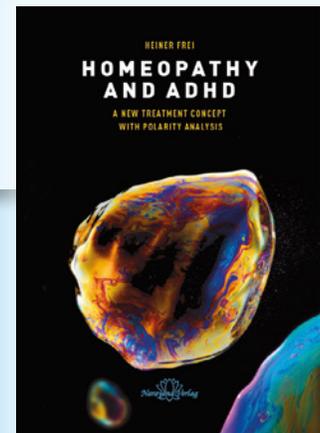
Attention deficit hyperactivity disorder (ADHD) constitutes one of the major challenges of our time. The experienced Swiss paediatrician Heiner Frei has developed Polarity analysis – a highly efficient and systematic approach for the treatment of hyperactive children.

This new method is based on Boenninghausen's Therapeutic Pocket Book, using polar symptoms such as amelioration or aggravation as cornerstones of the prescription. Heiner Frei was able to demonstrate the efficacy of this specific homeopathic treatment in ADHD children in a controlled five-year clinical study, which is documented in this book.

According to Dr Frei's approach, the disturbances of perception (e.g. visual or tactile) are the most reliable symptoms for case analysis. Their modalities are crucial for the evaluation of the case and they also rule out contraindicated remedies.

Heiner Frei is a born teacher. His method is easy to understand and each chapter is followed by concise quizzes with answers. The book contains questionnaires developed for polarity analysis and uses the Conners' Global Index (CGI) as an efficient means to evaluate case progress. There is also a unique materia medica that highlights perception symptoms and their grades with accompanying notes from Hering, Guernsey, Lippe and Hahnemann.

Polarity analysis has remarkably quickly become a valuable tool for many practitioners. It shortens the time needed to find the simillimum, achieving an astonishing hit-rate of 75% in children with ADHD.



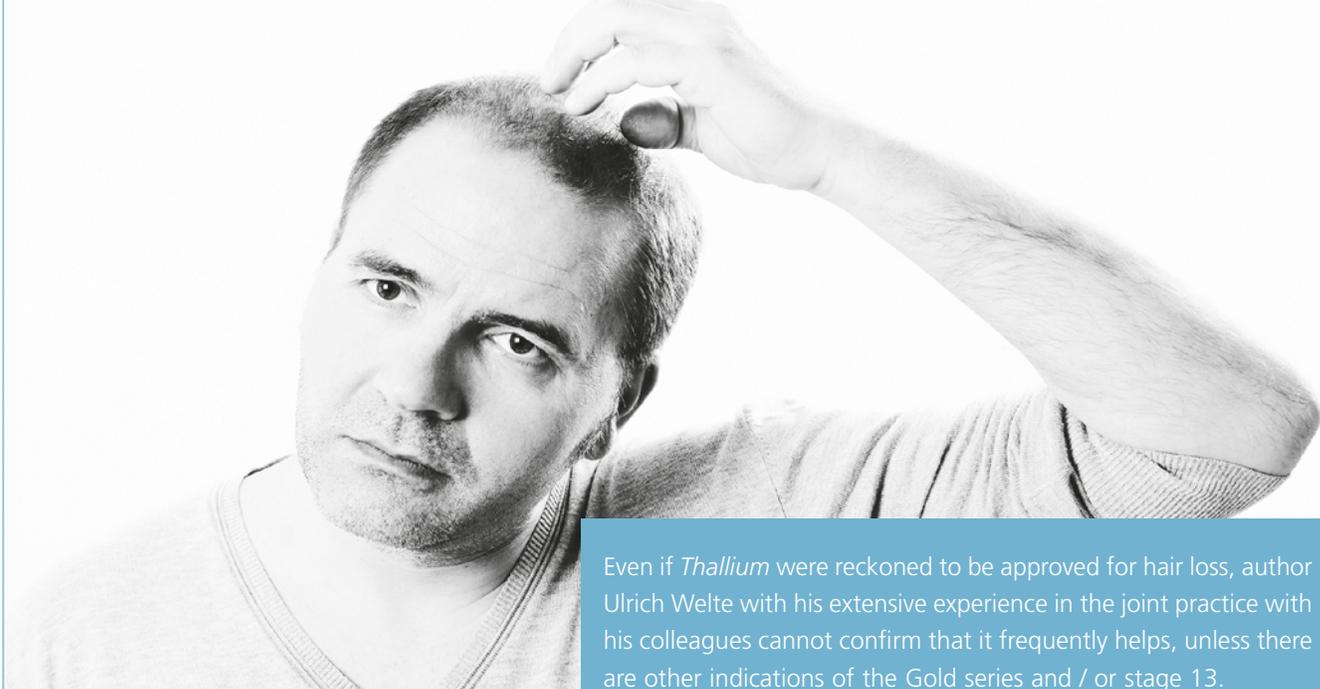
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Even if *Thallium* were reckoned to be approved for hair loss, author Ulrich Welte with his extensive experience in the joint practice with his colleagues cannot confirm that it frequently helps, unless there are other indications of the Gold series and / or stage 13.

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THALLIUM

Thallium is a bluish, lustrous, soft, base heavy metal that chemically and physically resembles lead. Thallium compounds are highly toxic. Thallium occurs naturally together with lead and zinc. It and its compounds are used in low-temperature thermometers and to produce optics transparent to infrared light.

Thallium toxicity: Thallium is always converted to the toxic monovalent form in the organism, causing extremely severe damage to the nervous system and the kidneys and liver. The progress of acute Thallium toxicity is very characteristic. After initial nausea with vomiting and mild diarrhoea, there is a symptom-free interval of two to three days. This is followed by generalised gastroenteritis with heavy diarrhoea and vomiting with cramps. In addition toxic polyneuropathy develops, which can lead to paraesthesia, hyperaesthesia, and irreversible paralysis as well as emotional disturbances. There is frequently blindness and / or hearing loss. Due to damage to the epithelium, poisoning very often leads to loss of hair on the scalp.

Murder by poisoning: Thallium is the most common poison nowadays. It is close to Polonium in the periodic table. It was initially suspected to have been used in the London attack on the Russian ex-secret service agent Alexander Litvinenko. Since the metal powder has no smell or taste, it can be easily mixed with food, without attracting attention. A gram of Thallium is sufficient to kill an adult. (Alexander Litvinenko died on November 23, 2006 at the age of 43 after being poisoned with radioactive Polonium-210.)

he was very patient for years while a series of previous remedies failed to work. Only when *Thal-o* helped him a lot did he take control of the treatment, ordering fresh supplies of the remedy himself and not returning to see me. So this 'doctor-averse' behaviour is evidently not limited to the Lanthanides.

CASE 3: *Thallium carbonicum*: the father and former boss still meddles in the decision-making of the family firm. A case of sciatica and hydrocele.

A middle-aged man comes to the practice for sciatica and hydrocele. He says his complaints are due to the fact that his father is still interfering in the family firm that he sold him several years ago. The patient runs the firm successfully, continually expanding it, so there is no reason for complaint. He finds it unbearable that his father acts as if he knows best and cannot keep out of the decision-making. After *Thallium carbonicum* 1M the sciatica rapidly improves and after three months can

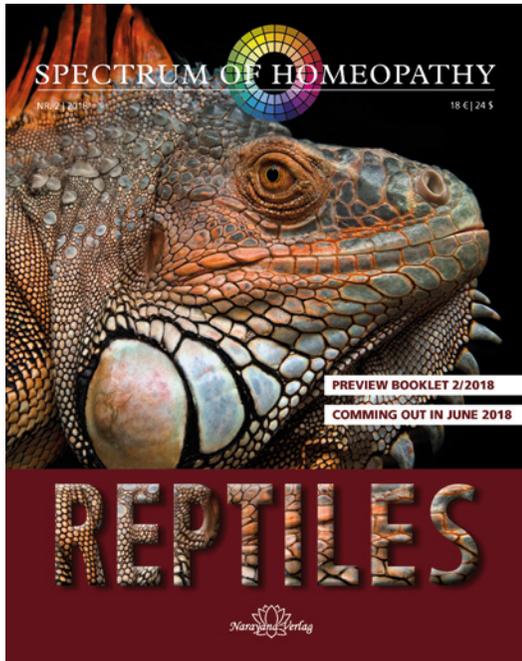
hardly be felt any longer. The hydrocele has also improved by about 30%.

CASE 4: *Thallium sulphuricum*: circular loss of hair in a woman whose boss wants to hand on power to her but does not actually relinquish it

Alopecia areata is often said to be an 'approved indication' for *Thallium* but it works best only when it coincides with a *Thallium* situation.

Roughly speaking the remedy works in a maximum of a quarter of cases. So here I will briefly describe a woman who was indeed helped by *Thallium sulphuricum* because it fitted her overall dilemma.

A powerful, strong-willed, earthy woman of about 30 comes to the practice due to alopecia areata during her first pregnancy. She stresses contemptuously how sceptical she is of homeopathy but during her pregnancy she does not want to take any chem-



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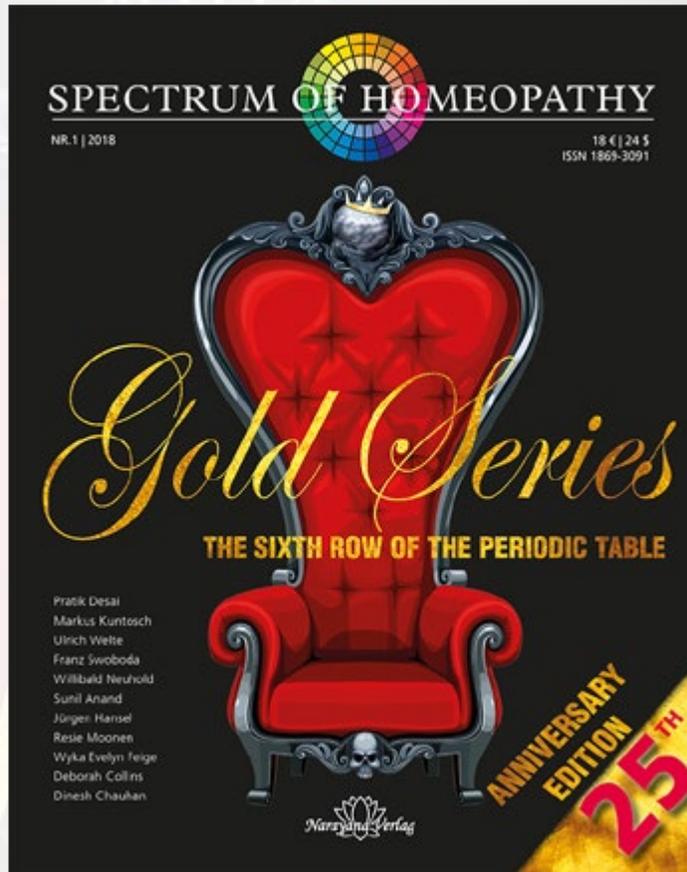
REPTILES

Since Constantin Hering spectacularly experimented on himself in 1828, the snake has exerted a particular fascination on homeopaths. James Tyler Kent stated in his lectures on the Bushmaster: "*Lachesis is a frequently indicated remedy, and one that you will need to study much in order to know how to use. Lachesis seems to*

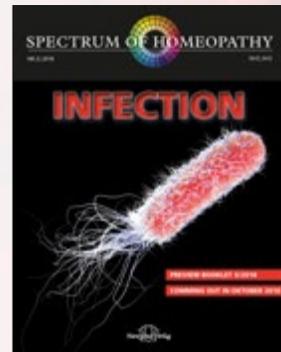
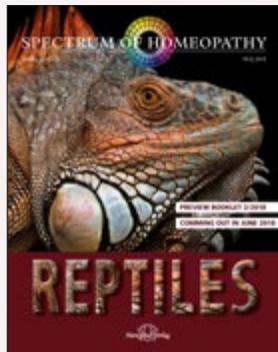
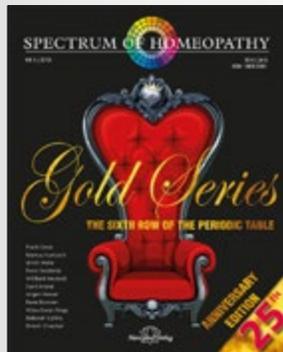
fit the whole human race, for the race is pretty well filled up with snake as to disposition and character and this venom only causes to appear that which is in man."

Nowadays we can repertorise *Lachesis* and several other snake toxins but many other reptile remedies can only be found after we have mastered the typical reaction patterns and group characteristics of the reptiles. In this issue of SPECTRUM we aim to bridge the gap between the well-known remedies such as *Lachesis*, *Crotalus*, or *Elaps* and the more exotic remedies, not just from snakes but also lizards, crocodiles, or tortoises. To this end Jörg Wichmann first clarifies the taxonomy of the highly variable reptiles and Bhawisha Joshi summarises the common homeopathic characteristics of this heterogeneous remedy group. This makes it easier to comprehend the classification of the reptiles in the numerous case histories that follow.

This issue gives us a fascinating view into the world of reptiles as seen in cases of snakes, lizards, alligator, tortoise and salamander (the last one, though not officially a reptile, being simply too interesting to pass up!): Usually the Sensation method has been used to understand the patient's core problem and determine the most accurate remedy. Since this path to the simile for animal remedies seems especially straightforward to follow and comprehend, it is particularly important to proceed with great care. Hence the motto of this issue of SPECTRUM: "*Imitate, but precisely and carefully!*"



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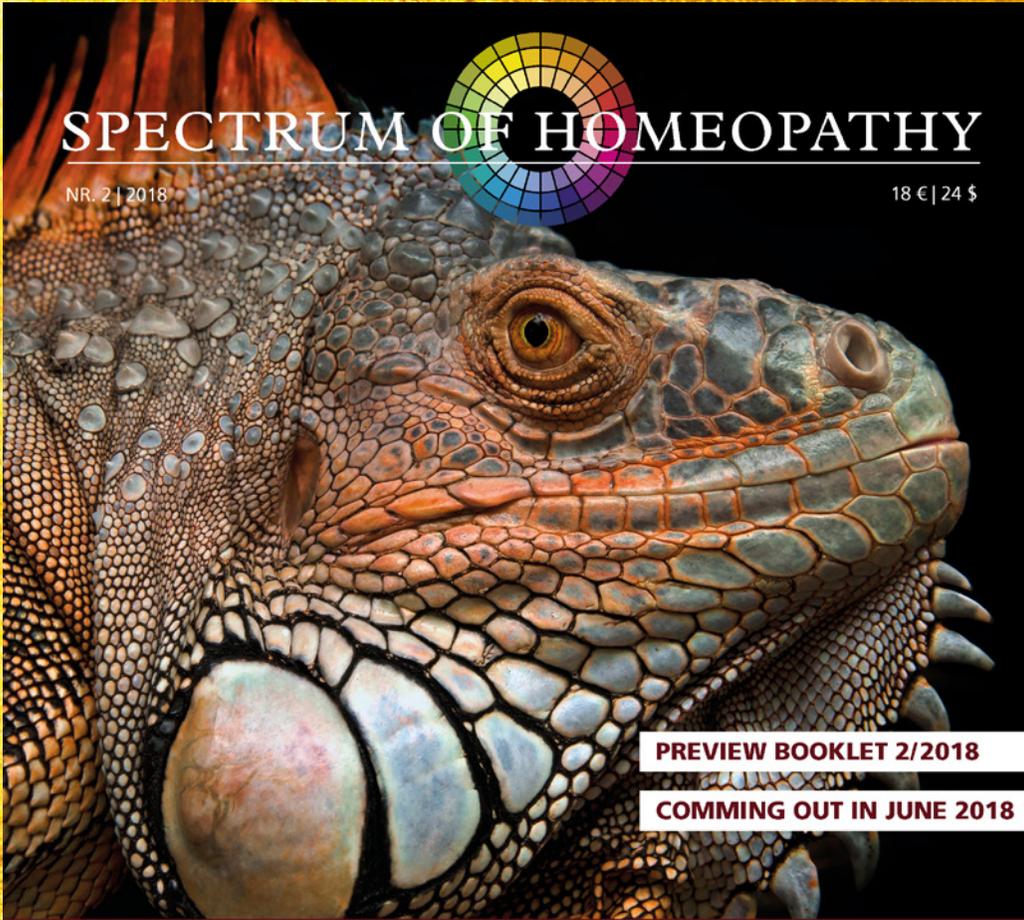
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