

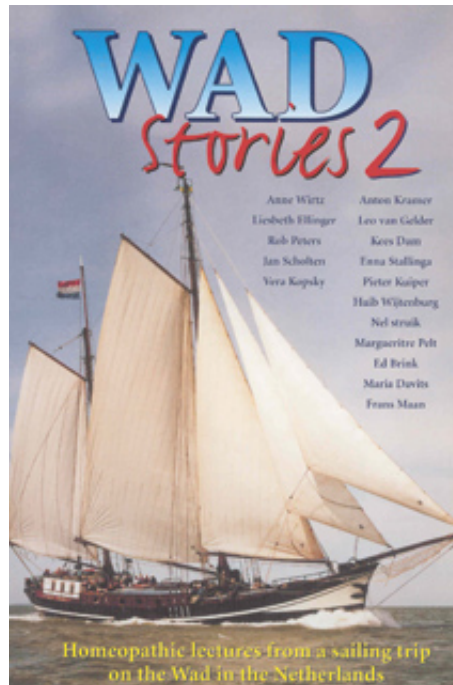
Jan Scholten Wad Stories 2

Reading excerpt

[Wad Stories 2](#)

of [Jan Scholten](#)

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Aqua Curata

The remedy we are sailing on

Margueritre Pelt

Case

A blonde, blue eyed, forty-six year old woman consulted me because she was fed up taking tranquilizers. She felt overactive and too impulsive without them, and also experienced a loss of concentration. Her psychiatrist could not go along with the diagnosis A.D.H.D., but was thinking that a mild form of manic depression troubled her.

Quite early in the consultation she started crying about her having no children, contrary to her wishes. For this she had consulted a gynecologist who found no reason for her infertility. She tried I.V.F, seven times. She had been married for ten years, but her husband was unfaithful to her and suddenly one day left her. She was always understanding his point of view and untrue to her own self.

She talked and talked relentlessly as I observed her restlessness and drive. She liked to run and skate and do all the things that keep a person skinny and fit. She was always in a hurry and quite impatient. She was open, friendly, and enthusiastic and had swinging moods.

She was an afterthought, born when her father was 48, and an unwanted child. Her father always grumbled and was a negative person. Her mother was warm and loving. Her greatest fear was to be left alone, to be forsaken. She was afraid people would leave her, for example that her boyfriend would stop their relationship. She claimed him so much, that now he wanted to leave her: a self-fulfilling fear. Jealousy is 'a green-eyed monster' she stated. She was always comparing herself to others and felt disqualified. This low self-esteem had been an issue in her psychotherapy, but she still didn't claim enough room for herself. Fortunately she was no quitter and went on and on.

Generals

Temperature	cold, desire fresh air
Aversion	fat (2)
Desire	bread, salt, everything (1)
Thirst	thistles
Menses	cycle 14 to 21 days
Agg.	< p.m.s.
Headache	> open air
Face	eruption corner mouth

She had recurrent cystitis, low back pain and a spastic colon.

This seemed to me to be a clear-cut Pulsatilla case: forsaken feeling, jealousy, disturbed menstrual cycle and infertility, weeping during consultation, aversion fat, desire open air, thirstlessness are keynotes of this remedy.

Pulsatilla LM6 three days a week ameliorated her a little, Pulsatilla 200K given six weeks later was followed by one very good day, the day after the remedy. But after that she slid into a dip that went deeper and deeper into a depression. The repetition of Pulsatilla had no effect.



So I listened to her story more carefully.

She explained that people often are mistaken about her. She seems open and spontaneous, but she has a lot of pain and fears. She is afraid of everything. It is better now, but as a child she was scared of the dark, undertaking something, failing, not belonging too. She felt lonely, forsaken by her parents (too old), her siblings (older than she) and because she had no children of her own. She felt forsaken by her boyfriend who was in the process of leaving her. As a four-year-old she was left alone with her older brother who had Down's syndrome. He would throw her down the stairs, chase her with a knife and had lain in her bed where she had to play with his penis. This was probably the reason why she felt so bad about herself and thought she was incapable of doing anything right. She even had suicidal thoughts.

She had a problem receiving, receiving love from her boyfriend for example. And she had a problem making boundaries in her relationships.

Analysis

I got quite a different feeling, sensing her very low self-confidence, her hurt, grief, and her infinity, as if she had no boundaries.

An enormous ocean of tears and no boundaries.

An ocean =Aqua marina.

I quickly looked for my notes on Aqua marina and found a summary of the seminar Massimo Mangialavori gave at the S.H.O. in November 1995.

My patient confirmed the following symptoms:

- o no self confidence
- o sensation of being laughed at
- o silent grief
- o reserved (in her true feelings)
- o restlessness
- o bulimia (she has had anorexia)
- o sexual problems
- o sensitive
- o contradiction of will (she was full of irresolution)
- o repudiated relatives (synthesis)
- o leucorrhoea
- o cystitis
- o desire farinaceous and salt
- o desire sea
- o amel: motion
- o < riding in a car
- o and the amelioration in fresh air was really a desire for wind which is a typical symptom of Aqua marina.

Reaction

After the remedy Aqua marina 200K she felt less depressive, less tired and grew softer. She could accept her boyfriend leaving her, and could keep seeing him without experiencing the pain she had before. She has been able to let go of pain and anger.



Comparing homeopathic literature

Wesselhoeft was the first to prove Aqua marina in 1871.

Allen and Clarke refer to this proving in their *Materia Medica*, According to Clarke: 'Aqua marina has been principally used for the effects of residence near the sea (such as biliousness, constipation and headache). Symptoms worth noting are:

- O sensation of fishbone in throat
- O neuralgic pain
- O cold water was intolerable
- O sea-sickness

Picture

W, Boericke calls it a 'great blood purifier and vitalizer'. He emphasizes indications such as gastro-enteritis, tuberculosis and scrofulous affections of children. Weakness and lack of reaction, as well as lymphadenitis and goiter are indications. The remedy detoxifies cancer cases.

P. Sankaran proved Aqua marina more recently in 1978 in 30K potency. He was specific that the water be taken in the Bay of Biscay at a depth of 100 fathoms.

I took his most important proving symptoms along with the ideas of Vermeulen and Murphy to make the following overview.

Mind

- o Delusion being watched, or impression being spied upon
- o Sensation as if all organs are swallowed
- o Restlessness
- o Tormented by lascivious thoughts which forced him to be religious
- o Sluggish, unrefreshed, concentration difficult, does not want to work

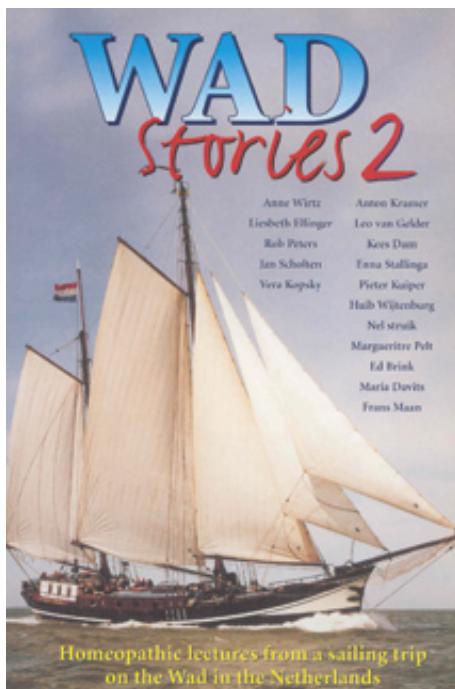
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Physical

- | | |
|-------------|--|
| Head | vacant feeling (d.d. Sulph.) |
| Face | cracks centre lower lip {d.d. Nat.m., Sep.) |
| Nose | coryza better tea |
| Throat | pain, swelling cervical glands and tonsils
constant hawking and raising of phlegm tough and white like cotton |
| Stomach | appetite increased 11 a.m. |
| Urine | unable to pass urine in presence of others (dd Nat.m.) |
| Genitalia | weakness of sexual organ with intense sexual desire |
| Extremities | offensive perspiration of palms and feet |
- Besnier Boeck disease

Generals

- o Amel.: fast motion, riding in carriage, perspiration, cold drinks, cool open air, talking, company, salt, eating and rest
- o Agg.: 2 to 4 p.m., pressure, hot weather, seaside, motion, salt, company, evening and afternoon o Morning weakness.



Jan Scholten
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