

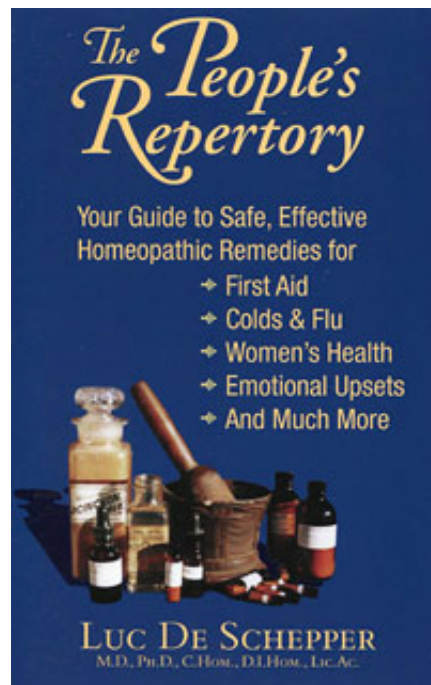
Luc De Schepper The People's Repertory

Reading excerpt

[The People's Repertory](#)

of [Luc De Schepper](#)

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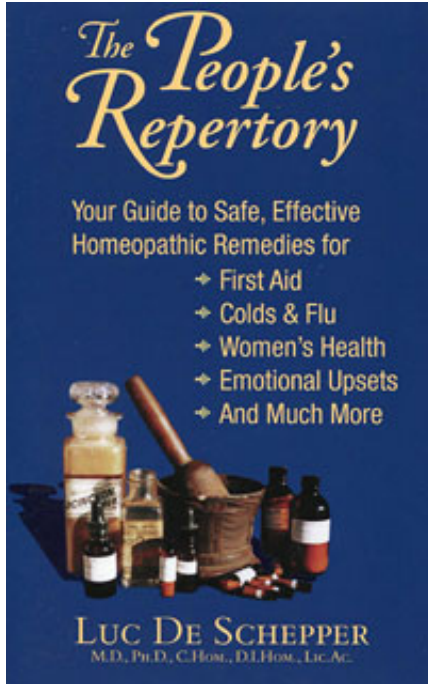
Cuprum metallicum (*the metal copper*)

Cuprum is for any spasmodic pain that **begins and ends suddenly**. It is one of the greatest **anti-spasmodic** painkillers. The convulsive spasms (anywhere in the body—stomach, abdomen, chest, or a spasmodic cough) are so strong that the person clenches his fist while the face can be blue. Cuprum is a great help for those unbearable, dry, whooping-like coughs which **improve only by drinking small sips of cold water**. It is also a great help for severe **cramps in the calves** (charley horses) in elderly people at night.

Drosera rotundifolia (*sundew plant*)

Drosera was the main remedy Hahnemann used for **whooping cough**. Indeed a **dry, barking, croupy cough** responds well to Drosera. There is an oppression in the chest and the pain is only relieved by exerting great pressure on the chest with both hands. The bouts of coughing occur close to each other so that the person hardly has the time to take a breath. At the end of such an attack, there is often **vomiting**. The cough is **worse after midnight**, worse when lying down, and worse from the heat of the bed.

Drosera also helps to relieve speaker's sore throat (as do Rhus tox. and Arnica).



Luc De Schepper

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Your Guide to Safe, Effective
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