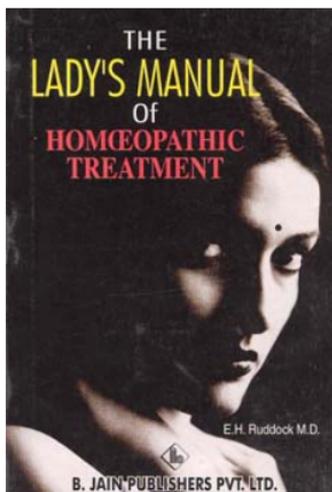


# Edwd. Harris Ruddock The Lady's Manual of Homoeopathic Treatment

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[The Lady's Manual of Homoeopathic Treatment](#)  
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# THE LADY'S HOMCEOPATHIC MANUAL

## CHAPTER I

### INTRODUCTORY

#### 1.—HOMEOPATHIC MEDICINES

The medicines prescribed in this Manual may be procured either in a case or chest complete, or in single bottles as required. For persons not having easy access to a homoeopathic chemist's shop it is very desirable that they should be provided with a full stock of the medicines. For residents in towns, who can at any moment have their medicinal wants supplied, not more than dozen or twenty-four of the more frequently indicated remedies need be obtained at first, although we would strongly urge upon all who purpose taking this book as their guide, to be prepared to meet every emergency, however sudden and urgent it may be, without incurring the delay incidental upon sending a messenger to a chemist for the necessary means of treatment. The medicines should, if possible, be procured from a person who is exclusively occupied with the manufacture and sale of homoeopathic remedies, and one whose character will afford some guarantee for their purity, and the mode and accuracy of their preparation. Unless otherwise unobtainable, they should not be bought from an allopathic chemist—at all events not from one who does not keep them in an apartment or case from which the injurious influences of the strong-smelling drugs of his shop are most carefully

excluded. When the patient's case is not an urgent one, and time is an element of no great moment, the medicine may be sent for by post to any homoeopathic chemist, who will execute the order at once. Failures in homoeopathic practice have often been traced to the improper or careless preparations relieved upon, and every precaution should therefore be taken to guard against the employment of any but the purest and the best.

The medicines used in homoeopathic practice are prepared in different forms, namely, *Globules*, *Pilules*, *Tinctures*, *Discs*, *Tablets*, and *Triturations*. Globules are now almost wholly superseded by pilules, as being less handy than the latter, but when properly prepared the one is equally efficacious with the other. In this volume all the forms are referred to except globules. A description of the various forms will be found in the "Homoeopathic Vade Mecum," p. 83 of the new and revised edition.

## 2.—DIRECTIONS FOR MIXING AND TAKING THE MEDICINES

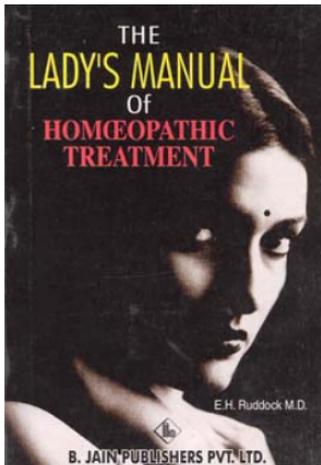
ADMINISTRATION.—Triturations are usually taken dry on the tongue. Pilules may be taken in a similar manner, or dissolved in water. Tinctures are invariably mixed with water. If the dose of the tincture has to be frequently repeated it will be found very convenient to put a certain number of doses, with the necessary quantity of water, into a glass or earthenware vessel; otherwise, each dose may be mixed with water as required. Tinctures may be readily and accurately dropped by holding the bottle in an oblique manner, with the lip resting against the middle of the wet end of the cork, and then tilting up the bottle carefully; the liquid will descend drop by drop from the lower edge of the cork.

CHAPTER III  
MENSTRUATION

6.—PUBERTY

Puberty is the period in which the general development and growth of the female have so far advanced as to render her capable of bearing children.

"The infancy of the girl does not differ essentially from that of the boy. There is, perhaps, a touch of softness, of delicacy, and of pliability in her organisation, that are half-way distinctive, but in general terms they are identical. Their looks, habits, tastes, and predispositions are the same. They grow and thrive upon the same food, in the same schoolroom or nursery, and are full of sympathetic relations, but without the passions and propensities of after life. They are subject to the same diseases, which are curable by the same treatment; and they occupy a like place in the esteem of the family, the friends, and the general community. But time works wonderful changes in the young girl. For it gives a more decided tone to the delicate and the almost imperceptible shades of difference between her and her male companion. Her individuality begins to assert itself; her tastes and inclinations are changed, and she becomes shy and taciturn, or forward and capricious. She is timid and reserved, but sensitive, confiding, and tender-hearted. The womanly traits are soon evolved and matured, and she is no longer the non-sexual creature that she was before her emotional and physical natures were so wonderfully developed."—*Ludlam*.



Edwd. Harris Ruddock

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