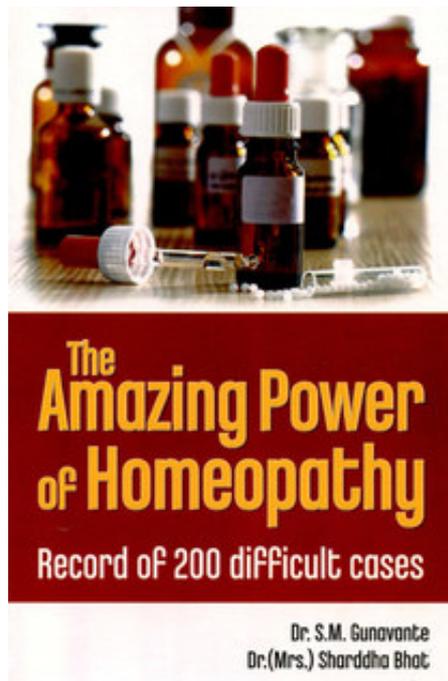


S.M. Gunavante

The Amazing Power of Homeopathy

Reading excerpt
[The Amazing Power of Homeopathy](#)
of [S.M. Gunavante](#)
Publisher: B. Jain



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FROM PRINCIPLES TO PRACTICE

Before we go into the question of putting the principles into practice, a brief summary of the principles would be in order. The essential points to remember are:

1. Disease is a result of morbidly deranged vital force.
2. This morbid derangement differs from individual to individual.
3. The affection of the diseased vital force and the disease symptoms thereby produced constitute an inseparable whole - they are one and the same. (15)
4. The totality of the symptoms of the individual sufferer is the only guide to the selection of the remedy.
5. We do not therefore select the remedy from the symptoms of the disease, whatever be the diagnostic name, but only from the totality of symptoms of the individual who is suffering. In short, we **treat the individual, not the disease.**
6. The diseases can be cured only by those medicines which have the power of producing alterations in man's health similar to those of the sick individual (*similia similibus curantur*).
7. The disease curing power of medicines can only be learned from the morbid symptoms that medicines have produced in healthy individuals in provings.
8. By opposite medicinal symptoms (**antipathic treatment**) persisting disease symptoms are not cured. (23)

9. **The homoeopathic** method of treatment (by means of medicines with similar symptoms) is the only one that experience shows to be always salutary.
10. Every medicinal agent must be carefully proved to ascertain the peculiarity of its special effects. (120)
The materia medica which guides the homoeopaths today consists of nearly 3000 medicines, which have been proved in this way.
11. Since the materia medica is drawn up on the basis of medicines which have been proved **singly only, one, single simple** medicine should be given to the patient at one time. It is impermissible to give medicines combined or in alternation (272 - 274).
12. While searching for the homoeopathic specific remedy the **more striking, singular, uncommon and peculiar** (characteristic) signs and symptoms of the case of illness are chiefly and almost solely to be kept in view, (153) The physician cannot promise himself an immediate favourable result from the employment of the unhomoeopathic medicine if the symptoms of the remedy administered do not accurately resemble the distinctive (characteristic), peculiar, uncommon symptoms of the case of disease. (105)
13. The dose of the homoeopathic remedy can scarcely ever be made so small that it shall not be able to relieve, overpower, indeed completely cure and annihilate the uncomplicated natural disease.(160)

Readers are advised to study each of the following cases, as if it is presented to them for treatment -, finding the curative remedy - by referring to the Repertory as well as the Materia Medica. Thorough search for the remedy in each case, if need be taking a day or two for it, will greatly enhance your knowledge of the 'genius' or the "essence" of the various remedies in the materia medica and will help you to become a more efficient, accurate and speedy prescriber than you have ever been.

It is only after you have done your best as described above, that you may turn to part II viz "Complaints/ Diseases treated — Guiding Symptoms", which discusses the "indications which guided the prescriber" in each case to come to the curative remedy.

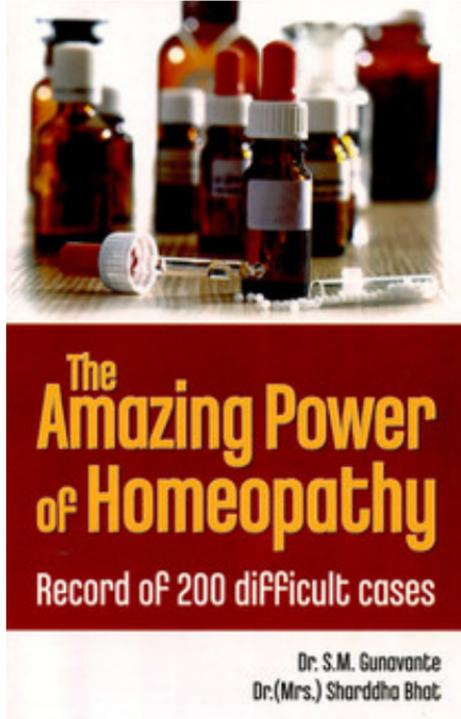
CASE: 1. Chronic Diarrhoea — Mrs. E.G. aged 30 years had been suffering from chronic diarrhoea since many years, and as she was not helped by various types of treatment, she despaired of ever regaining her health; she became emaciated on this account. The diarrhoea generally occurred from the slightest indiscretion in diet. The stool was offensive. The husband told me in confidence that she had become very quarrelsome because of ill-health. She was fair and slim (emaciated) and it struck me as peculiar that her face was greasy, as if covered with oil. After the administration of the remedy her diarrhoea stopped in a couple of days. It has not recurred for over a year now without any restriction on diet.

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CASE: 2. Delusion of being murdered — Mrs. S., aged 40, timid and of quiet disposition, who was frightened easily, had a number of disappointments in life, such as late marriage, death of the first child. She became subject to peculiar fears. She felt that she was being pursued by enemies, and that they are planning to kill her. She was so afraid of being alone when her husband had gone to his office, she called in her neighbour to be with her. She passed sleepless nights with fearful thoughts passing through her mind. As a result, her face was flushed and she looked confused. The remedy which was confirmed by repertorisation, IM one dose, at once sent her to sleep from which she awoke an hour later looking fresh and cheerful.

CASE: 3. Lumbo sacral osteophytes — Mrs. Z. a muslim woman aged 65 was discharged from a Hospital with the diagnosis of lumbo - sacral osteophytes. On account of her severe suffering, I was called to see her. She complained of a sensation of heat all over her back. Her gait was tottering, unsteady and she could not stand. Had rheumatic pains in both her upper and lower extremities. She had the peculiar sensation as if the legs were not her own. Given twice a day the remedy relieved her entirely in a few days.

CASE: 4. Mrs. V.P. aged 50, came with a complaint of **sleeplessness for several months.** Whatever sleep she had was restless. Her daughter who accompanied her said that she sometimes cries in sleep and has to be woken up. She was afraid of death and was anxious about her daughter's welfare in the event of her death. When asked about the reason which led to this condition, she said that one night she was working in the kitchen till late at night preparing sweets for the family. Her husband told her that she could do the remaining work the next day. She accordingly went to sleep but within an hour she was startled out of sleep by a feeling that her hair were being



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Record of 201 difficult cases

254 pages, pb
publication 2017



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