

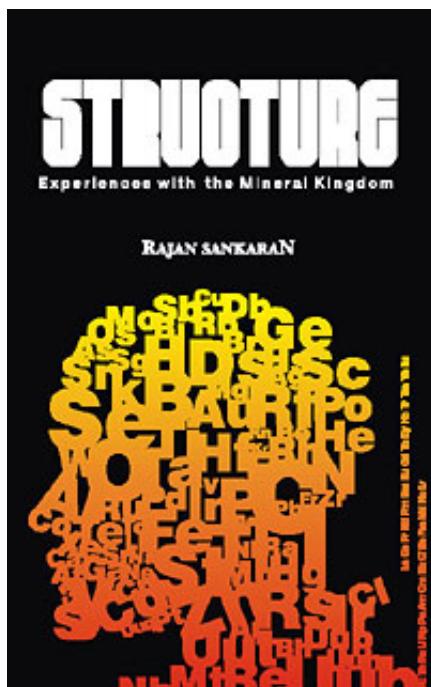
# Rajan Sankaran

## Structure (Experiences with the Mineral Kingdom)

### Reading excerpt

[Structure \(Experiences with the Mineral Kingdom\)](#)  
[of Rajan Sankaran](#)

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### **Stage 2: Beryllium**

Beryllium is the stage when the fetus is complete at nine months; it is ready to be born. The labor process has begun. The baby is still in the womb but is separating. And Starts having a slightly separate existence; it is heavy but it can still move around. It is extremely scared to be separated. It is the stage where the head of the fetus is still floating before engagement.

#### **From Materia medica:**

- \* There are no Symptoms yet of labor or labor-like pains.
- \* Worse heat, cough, jar, motion, rising, light, excitement. (BJH)

### **Stage 3: Boron**

Boron is the stage where there is further descent of the head in the womb. The baby is now descending in the womb.

One can hypothetically imagine that the baby is losing its stable position which it does not want to. So the baby would like to hold on to this stable position.

#### **Borax from Materia medica:**

- \* Labor pains dart upwards.
- \* Fear of downward motion, holds on to the nurse. (Complete repertory)
- \* Fear of downward and upward motion. (Complete repertory)
- \* Labor pains dart upward, head of child goes back. (Lilienthal)

### **Stage 4: Carbon**

Carbon is the stage where the head of the baby engages itself. Now there is no going back. It is the first sign of T. '*I have to take control.*'

I understood this stage by studying a commonly known remedy, Carbo veg.

#### **Carbo veg from Materia medica:**

- \* A genuine lack of vital reaction. (Farrington)
- \* Congestion to head, with spasmodic constriction, nausea and pressure over eyes, feeling of coryza, from overheated rooms. (Hering)
- \* Parturition: labor pains, absent, os dilated, membranes protruding: ceasing. (Knerr)

- \* Labor pains are ceasing completely. (Complete repertory)
- \* Labor-like pains extending to the bladder and to the sacrum. (Complete repertory)
- \* Constriction; hat; pressure of, agg. (Complete repertory)
- \* Constriction; heated, when. (Complete repertory)
- \* Constriction; uncovering head amel. (Complete repertory)
- \* Constriction; armor, as if in. (Complete repertory)
  - o (Also in Nitric acid)
- \* Constriction; band or hoop. (Complete repertory)
- \* Head pain; pressing; armor, as if in. (Complete repertory)
  - o (Also in Argentum nitricum, Graphites and Nitric acid)
- \* Walls falling inward in Argentum nitricum and Carbo veg. (Reference works)
- \* Starting, Startled: night: noise, on account of. (Complete repertory) (single remedy)
- \* Starting, startled: easily. (Complete repertory)
- \* Starting, startled: fright, from and as from. (Complete repertory)

We understand that Carbo veg on one hand is completely lifeless and on the other hand has easy Starting. And interestingly in Carbon we see many signs of the labor process (from the above rubrics).

Here I also observed the occurrence of salts of nitrogen/nitrates which is the next stage after the engagement of the head.

#### **Stage 5: Nitrogen**

Nitrogen is the stage where the baby is still connected to the mother and now has to be released. It is the stage of the movement of the fetus through the birth canal to get out of the womb as soon as possible. The baby now wants to be released or be free, like gas. And the feeling is, '*I don't want to be bound, I want to be released and free, nothing should bind me.*'

#### **Symptoms of Nitric acid:**

- \* Head, pain; band; bound, as if, by. (Complete repertory)
- \* Pain: labor-like: pelvic contents would issue through vulva, as if. (Complete repertory)

**Nitrates:**

- \* These contain Oxygen as well as Nitrogen and so will have the qualities of both together i.e. bound and suffocated, released and free.
- \* This is best represented by claustrophobia.

**Stage 6: Oxygen**

The baby is now released, delivered and takes its first independent breath.

**Symptoms of Ozone:**

- \* Generalities; breathing, inspiration, expiration; desire to breath deep. (Complete repertory)
- \* Dreams: childbirth, of. (Complete repertory)
- \* Dreams: breath under water, she can. (Schadde)

**Stage 7: Fluorine**

Fluorine is the stage where the baby is out and there is complete Separation. The baby and mother are now separate and are two distinct individuals.

Fluorine is the snapping or the cutting of the umbilical cord.

**Symptoms of Fluoric acid:**

- \* He is capable to destroy a relation, a takes him to Separation. (Leroux)
- \* Separated, parts of body feel. (Complete repertory)

**Pictorial Representation of the Birth Process and Separation**

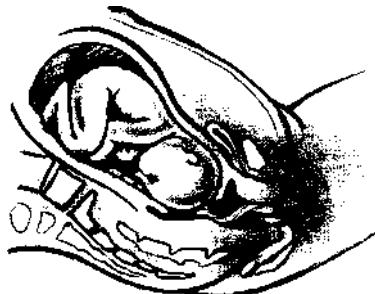


Lithium

Like a foetus, still in the womb and no sign of separating, no thought of it, totally dependent, feeling completely in need of everything from the other. Total helplessness is the key feature.

**Beryllium**

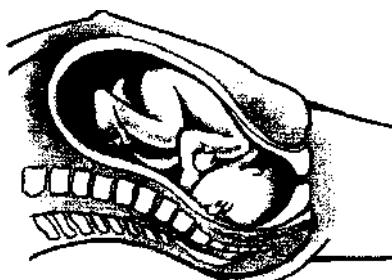
No signs of labor or labor like pains



Head floating before engagement

**Boron**

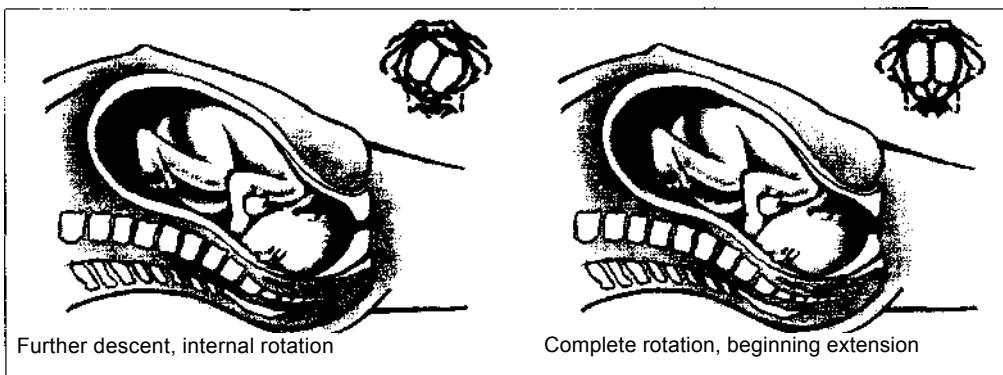
Further descent



Engagement; flexion descent

**Carbon**

Further descent and engagement



Further descent, internal rotation

Complete rotation, beginning extension

**Nitrogen**

Baby still bound to mother



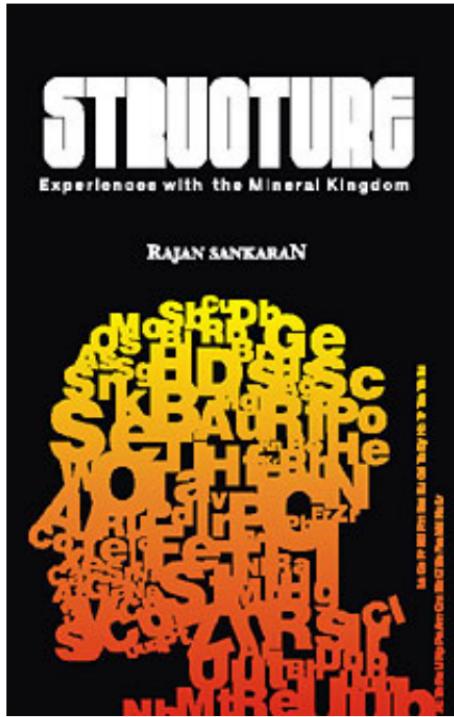
Complete extension



Restitution (external rotation)



Delivery of anterior shoulder



Rajan Sankaran

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