

# Jonathan Shore

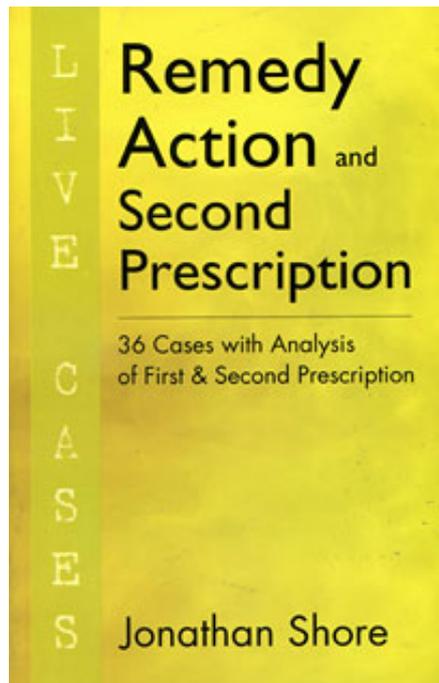
## Remedy Action and Second Prescription - Live Cases

Reading excerpt

[Remedy Action and Second Prescription - Live Cases](#)

of [Jonathan Shore](#)

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## PAPER CASE 5 AND VIDEO 6

### PAPER CASE 5

**Janet K. age 38 years**

**7 March 1990**

Infertility (2)

Endometriosis (3), fibroids (1) Menses  
painful (2), heavy (2), clotted (1). Irritable  
(2)

aggravated before menses (2)

weeps (2) with anger (2)

Usually a very mild person (1).

During menses pain is aggravated until the flow is well established.

As if her bowels are on fire (2), swollen (1) and inflamed (1).

has to lie down (1) on her back (2)

bending backwards ameliorates {!}.

Low back pain with menses (1).

Flow begins brown then becomes red with dark (1) clots (1).

Sensitive to jarring during menses (1).

Night sweats (2)

intermittent (1) five days a month

upper body (2) but not the head.

Has many moles on her skin.

Nurturing, helpful person (1). Social, friendly, gregarious (1).

Soft exterior but very strong inside (2).

This is her second marriage. She left the first. Left this husband twice, but now things are good.

Medium sex desire two to three times a week.

Was heavily involved in spiritual community. Not now.

Worries about money (1).

Serious person (1), service oriented (1).

Desires sweets (2), cookies (2), butter (1).

Unrefreshed sleep if wakes early (1).

Night person (2), mind is clear (1) in the evening till 11 or 12 p.m.

Masturbated age five (2), two to three times a week; felt it was bad (1).

People's opinions matter to her (2), really likes to look good, likes to please.

In first marriage she was a pushover (1).

Very critical of herself (2), perfectionist (1).

Likes order (1) to know where things are (1).

Discontented (1) and idealistic (1).

Feels unworthy (2), unloveable (1)

always tried to figure out how to be liked (1).

White spots on nails (2).

Very fearful of anger (2).

Treatment.

***18 APRIL 1990***

Symptoms really aggravated the first few days (2).

Ovaries and uterus very painful (2).

Menses came four to five days after the remedy. Fifty per cent less cramps. No pain medication.

Severe emotional aggravation. Angry (2), over reactive (2) now things don't bother her as much (2).

Full moon affects her sleep (1).

Night person (2).

Clumsy with menses (1).

Averse drafts (2), ears really sensitive to cold wind (2).

Desires sweets (2).

Not so needy or clinging to husband (1).

Treatment.

**30 MAY 1990**

Everything was great.

Previous to initial remedy had constant (2) pain all month.

Now no pain between menses (2).

Cramps with menses (2). Ovaries (2) and uterus (1) very sensitive to pressure (1)

lasted three days.

About one week before second menses developed severe allergies (2)

eyes swollen (2) and stuck together (2)

sinuses clogged (2)

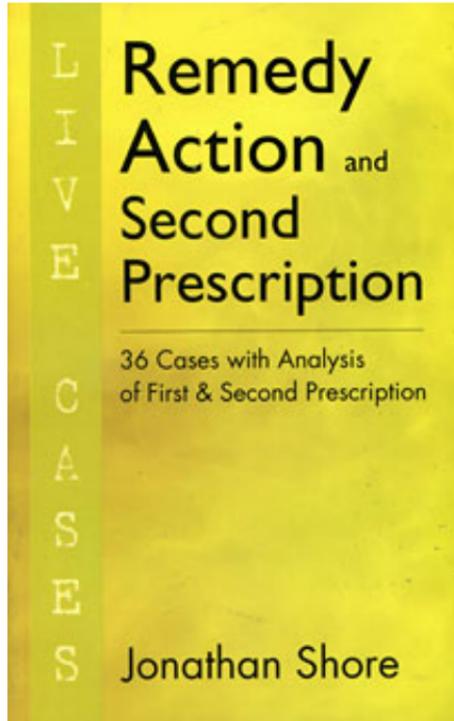
throat very itchy and dry (2).

Took over-the-counter combination homoeopathic remedy.

Within two days the allergies decreased and the pain returned in full force (2); lasted about two to three weeks, now has decreased somewhat.

Pain down back of right leg to the knee (2).

Next menses in five days.



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36 cases with Analysis of First and  
Second Prescription

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