

# Shiv Dua

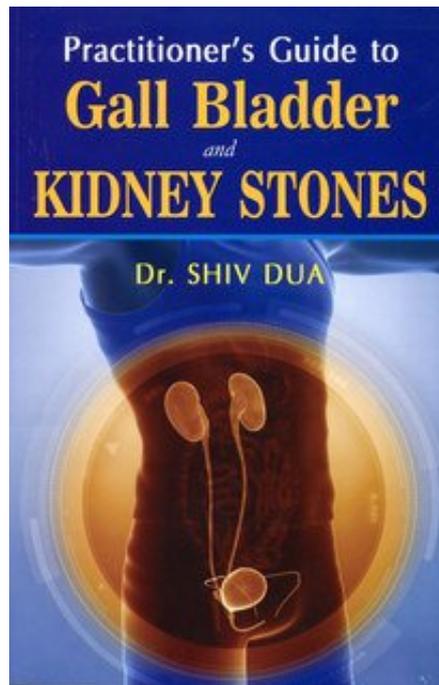
## Practitioner's Guide to Gall Bladder- and Kidney Stones

Reading excerpt

[Practitioner's Guide to Gall Bladder- and Kidney Stones](#)

of [Shiv Dua](#)

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## FOREWORD

Each experience of success leads to a new set of decisions. When the first print of this book was published, my well-wishers and friends sent me many letters of applause and encomium. It was a morale enlistment for me to write my second book on 'Oral Diseases.' Mr. Kuldeep Jain of M/s B. Jain Publishers then encouraged me to write two more books on 'Thyroid' and 'Cervical Spondylosis', which are already published.

It is a greater challenge to prove better when the opportunities knock the door. You will find these forthcoming books more useful to the suffering humanity. During the last three years, I encountered more of patients on gall bladder and renal stones in the OPD of Arya Samaj Homeopathic Hospital, Sector-19, Faridabad where I work on charitable basis. I find patients returning from the allopathic doctors with depressed outlook apprehending a possible surgical operation. Here lies a 'quantitative' and 'abstract' choice for them. Not only this, they are advised to get the gall bladder removed soon nor otherwise, there is possibility of cancer. What a state of demoralizing? Concept of cancer is doubtful. If the patient is prone to cancer, any part of the body can fall pray to cancer, why only gall bladder or kidneys? It should be the duty of a homeopath to convince the patient about the possibility of treatment in homeopathy. The present dominant culture of medicines is reluctant to admit the existence of equilateral status of homeopathy. There are very homeopathic medicines. Majority of the doctors advise operation. Sometimes, it becomes difficult to stimulate the patients and convince them about a cure without operation. To my patients, I give the copy of this book for reading who understand English. Believe it, this convinces more than fifty percent of patients but what about those who do not want to read, get information on stones from a literate person or are not convinced? They obviously go for operation.

It is fortunate that majority of people have understood about competency of homeopathy to expel kidney stones but this confidence has not come to the masses in the case of gall bladder stones. Many people do not know about treatment of gallstones and silent or sleeping gallstones. It is the duty of homeopaths to make their patients understand all this. (Please refer to page 36, treatment of gall-stones and page 64 on silent gall-stones.)

Now I quote the case of a patient, who suffered from frequent expulsion of renal calculi. I have not detailed treatment mode of such cases in the book and hence take this opportunity to explain it. A thirty-five-year old salesman, mostly on tour, was passing small stones from urine every two to three months since last 6 years. The complaint started at the age of 28 years when he married and after one year of marriage, he got this problem. He used to experience slight pain and discomfort in the right kidney region and then passed stones without much of difficulty, initially. After a year or so, he started to drink lot of water during those days of pain and was also given some diuretics. This helped. Whenever he felt uneasiness and pain, he followed this routine and got rid of stones. After six years, he thought of taking help of homeopathy. He was having this pain now. He was given a dose of *Berberis vulg.* 200 and he passed a stone the very next day. We were not surprised as this remedy is almost specific for the purpose. On the other hand, this was also not a surprise for the patient since he was in the habit of getting such fruitful result with the help of allopathic medicine.

The problem was to stop those frequent episodes of stone-expulsion from the body. The patient had come for this treatment and not for facilitating expulsion of stones. His history was taken and found that he craved for beer, alcoholic beverages, desired cold food, pickles, sour and bitter things. He was thirstless. He did not like bread, milk and fatty food and felt suffocation in closed room. This was a specific case of *Pulsatilla*. He was given a single dose of *Pulsatilla* 1M. Since last five months, he had not passed any stone and had no pain or irritation. His thirst had also increased.

*Pulsatilla* is not a subjective or prime remedy for curing renal colic or calculi (except a reference by Jahr - page 97) but it did work. When the condition of a patient is interpreted upon symptom layouts and the derived medicinal agent is similar to the disease-trait, the results are bound to be fruitful. Ultimate is to believe in law of similars.

This book is compact and complete in itself. I do not find any reason to modify or add any more chapter in it.

I thank the readers for trust in homeopathic literature.

May this humble contribution help the suffering humanity.

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## PREFACE

A radical change in the learning and teaching techniques has already come in the field of homoeopathy in view of computerised facilities. Better equipment and materials are now available for a deeper study of homoeopathy. New dimensions, approaches and ideas now stimulate the students and practitioners while the old values keep on growing.

In the case of gall bladder and kidney stones, the average preference of the patient is to go for surgery although many patients seek the help of homoeopathy as a last resort. At this juncture, homoeopaths have to show their excellence and learn management of these diseases. This book is written for learners and practitioners to combine and integrate their concept and skill into practical objectives of success. The book is also designed to sufficiently educate students on the functioning of the concerned organs. The book also depicts a realistic approach experienced by reputed physicians and authors of books to allow readers to consider remedies adopted by them.

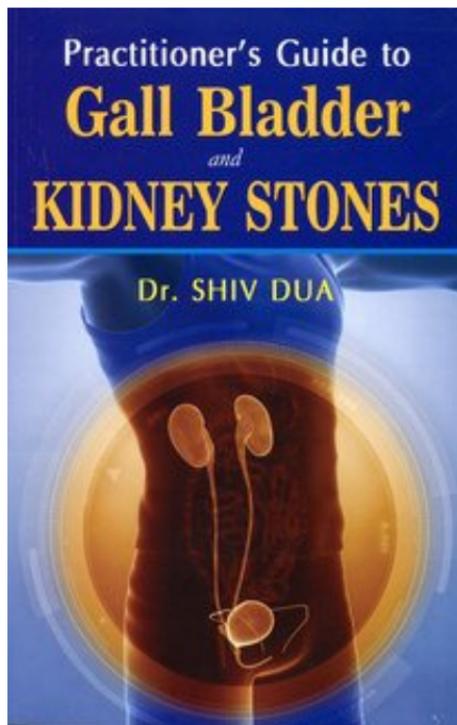
Added to the homoeopathic approach of curing stones, a birds-eye view has been spelled in the book on alternative medicines (desi), for which our ancients were particular of. Such 'desi' and dietic remedies will not harm our body since these have been tested by time. Such alternative remedies

have medicinal values in tune with homoeopathy. For instance, the 'Jamun' fruit has been long considered beneficial for diabetes. We too use it in homoeopathy (*Syzygium jambolanum*) although in a different form. Rectifying and modifying the diet in a particular disease is common in all pathies.

Homoeopathy as a profession, carries a challenge for our fraternity. The challenge becomes more important at the point of curing stones. Generally, during the treatment of stones, the patients become impatient due to the so called 'slow' action of our remedies. Actually, it is not slow; the method of our selection is slow. Besides learning how to select a better remedy, we have to install a spiritual convincing into our patients that healing is very much possible in homoeopathy for gall stones and kidney stones. The patient is mostly afraid of the severe pain which he experiences during attacks. Allow him the freedom of using allopathic pain killers. These are not going to harm homoeopathy. Homoeopathy will steer towards Success if the selection of the remedy is correct. In treating the stone cases, one must remind the patients about the diet he has to take and avoid. This will help the patient to get cured sooner. 'Similia similibus curentur' is the master-key to cure all diseases including stone affections.

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