

# H.C. Malhotra

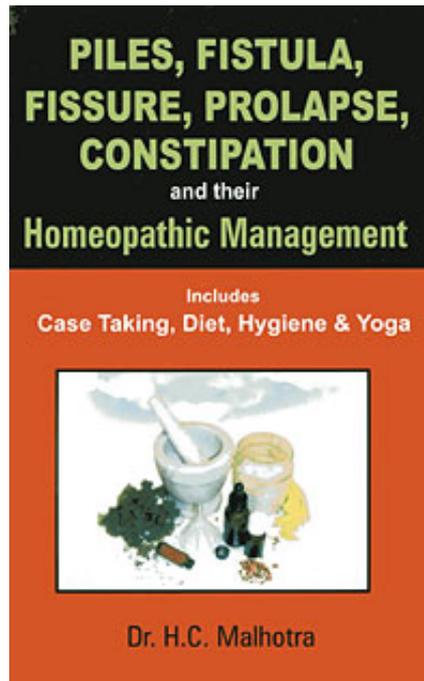
## Piles, Fistula, Fissure, Prolapse, Constipation and their Homeopathic Management

Reading excerpt

[Piles, Fistula, Fissure, Prolapse, Constipation and their Homeopathic Management](#)

of [H.C. Malhotra](#)

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## PREFACE

**T**HE title of this book indicates its scope and usefulness. The practical way of dealing with the constriction of anus or rectum before, during or after stool, obstruction of piles to *complete* evacuation of bowels and maintenance of *perfect personal hygiene in relation to bowels movement* has the merit of *great worth* for the reader.

I have found that even use of 'glycerine rectal syringe' or hot water enema necessitate mechanical aid to Nature to remove; abnormal constriction in most of these cases. After passage of stool, glycerine or water spasmodic contraction of anus or rectum occurs closing upon the remaining stool matter, water etc. which it is essential to be

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Excerpt from H. C. Malhotra:  
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drained off for observing perfect cleanliness. I have given the fundamentals and their application for average person and patients of piles and fistula, the knowledge and use of which is *indispensible* to them.

Information given in this work should be possessed by every member of families in which these diseases occur or are a hereditary factor. Everyday observance of these rules can give them wiser attitude towards cleanliness of bowles.

On basis of vast knowledge and practical experience I may say that from 75 per cent to 85 per cent dependence should be made on the *mode of life* advised in these pages. Fifteen to twentyfive per cent aid may be had from the Homoeopathic medicines. Full dietetic and hygienic measures having been adopted by them *cent per cent* effort be made to avail of a *qualified* and *painstaking experienced Hahnemannian Homoeopath* who knows his *job* well. *There lies solution of*

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*their health problems. Here is the secret of their true happiness and welfare in life.*

It has been sought to provide here minimum *health standards* in respect of necessary bowels hygiene. These are to be maintained by a common man and persons born with constitutional tendency to develop piles or its complications. This would serve *preventive as well as curative*.

To the patient suffering from these disorders the manuscript should prove a very helpful guide. To a student of Homoeopathy and junior practitioners these deliberations should be of excellent clinical value. Even a physician in advanced practice, of any school of medicine, will find some useful information of great benefit for his patients. The treatise is expected to win favours from a *poet, philosopher* or a *thinker* alike as it contains sufficient thought - provoking suggestions to *put in efforts to improve human nature and achieve personal internal cleanliness* to have

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sound body and *healthy* mind by *natural living*. It is hoped that these pages will help people in raising their standard of health.

It is my voluntary contribution to country's Development Plans to educate masses for having better health and happiness. I trust my humble quota towards national march for progress and prosperity will be appreciated by the Government and public both.

Ansari Market,

DELHI.

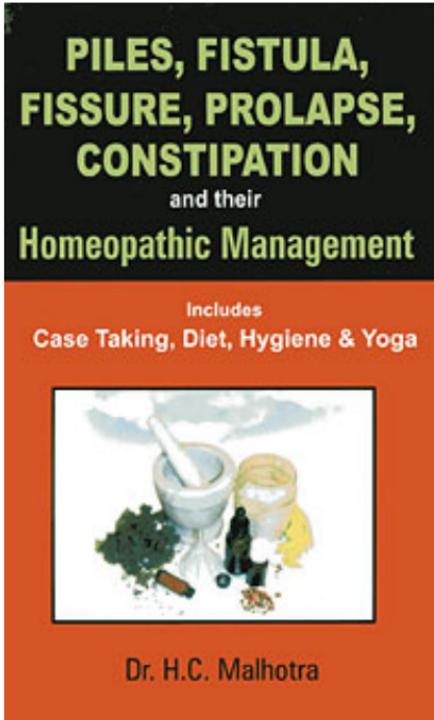
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