

V.B. Athavale

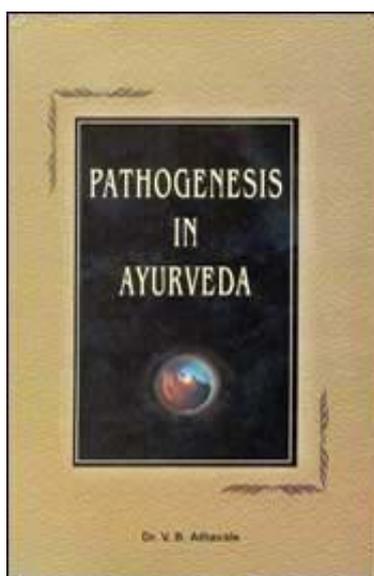
Pathogenesis in Ayurveda: Samprapti

Reading excerpt

[Pathogenesis in Ayurveda: Samprapti](#)

of [V.B. Athavale](#)

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PREFACE

Pathogenesis deals with evolution of disease. It deals with, (i) various aetiological factors, (ii) how the aetiological factors bring about changes in the structural and functional units of the body, i.e. *Vata*, *Pitta* and *Kapha*, (iii) how these molecular changes bring about structural derangement in various tissues and organs, (iv) how these structural changes derange the function of organs, and (v) how the deranged function of one organ leads to derangement of other organs, i.e. complications.

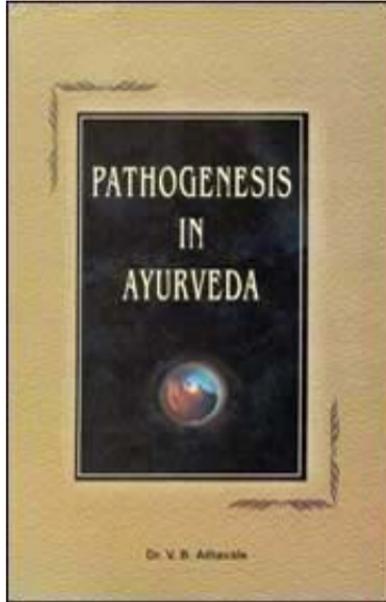
Ayurveda describes in detail the various stages of evolution of disease as (i) *Chaya*, i.e. accumulation of *doshas* because of action of aetiological factors, (ii) *Prakopa*, i.e. further increase in the *doshas*, (iii) *Prasara*, i.e. dissemination of *doshas* which correspond to the stage of septicemia, viremia or toxemia, (iv) *Sthanasanshraya*, i.e. localisation of *dosha* in a particular tissue or organ, (v) *Vyakti*, i.e. manifestation of disease because of functional derangement, and (vi) *Bheda*, i.e. further differentiation into the sub-type of the disease.

Ayurveda emphasises that the physician should not allow the disease to evolve further by recognising manifestations of the disease in its incubation period and guiding the patient appropriately. It is surprising that even 5,000 years ago, Ayurvedic physicians could visualise the derangement at molecular level as the root cause of the disease. Ayurveda has rightly emphasised on the importance of understanding the pathogenesis, i.e. evolution of disease. Unless the physician gets insight into the pathogenesis of the diseases, he cannot treat the patient appropriately. A physician who does not bother to go to the root cause of the disease suppresses the symptoms but is unable to eradicate the disease. This book describes in detail the basic principles of pathogenesis which will help the reader to understand the pathogenesis of any symptom or disease.

(x)

One can't but appreciate the wisdom of our ancient physicians, when one realises that our understanding of disease process and its evolution has not altered significantly even today, inspite of all the modern research. I am sure that not only Ayurvedic physicians but also students, teachers and research workers of modern medicine also will be benefited by this book.

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