

Eileen Nauman Medical Astrology

Reading excerpt

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of [Eileen Nauman](#)

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CHAPTER ONE

The Planets, Uranian Planets, Fixed Stars and Health

THE PLANETS

In medical astrology the planets indicate the functions or malfunctions of specific organs or systems in the body, depending on what sign the planet is posited in at birth. For instance, Mars always implies a potential area of acute inflammation, a flaring up of a specific condition. If Mars is in Gemini, there could be an acute ailment involving any of the Gemini-ruled areas such as the tubes of the body. Which tube is affected would have to be discerned by careful analysis of the entire chart and the person's past and present medical data: if a woman has experienced uterine complaints, there could be an infection involving one of the Fallopian tubes; or if the person has a past history of lung trouble, there could be a flare-up of bronchial irritation or pleurisy. The planets, then, indicate how a specific organ or function of the body will be affected.

The Sun

Vitamins: A and D.

Minerals: Iodine and Magnesium.

No number of words can express the Sun's importance to everyday bodily functioning. The Sun should never be overlooked in a natal chart because of its vital importance and energy to a person's entire well-being. All inherent vitality, energy or prana flows through the Sun. The sign it is found in will tell us how the energies are being dispensed within the given lifetime.

Metaphysically, the Sun is our Heart Chakra through which all emotions flow. As Dr. William Davidson has said, it is "the fire of life," ruling the etheric body, a very fine, weblike filament that encases the physical body—the container for the energy that flows into the physical body and keeps it functioning steadily on a daily basis.

This presence of an etheric body is why X-rays, radium or electrical burns do so much damage to the physical body. If the etheric is burned by the invisible, high-frequency rays, the container surrounding the physical shell develops a hole and a leak appears. Taking vitamins, minerals, cell salts, herbs or other internal or external aids can sometimes help this condition. Davidson implies that goose grease applied externally will help to seal the etheric so that the vitality of the Sun's energy is not allowed to dissipate. Sunshine as well as vitamin A, is also healthy in moderation.

There may also be a leak in the etheric web when a person contracts an ailment, although this is not always the case. A medical astrologer who can see auras will notice that the organ or part of the body that is diseased, disabled or not functioning up to par will be pulling in the aura in that area of the egg shell oval surrounding the body. This phenomenon results from more energy being diverted from other areas and pumped into the hole to sustain its minimal functioning. A diseased organ will also appear yellowish-green to the person who can look through the physical shell. But medical astrologers, unless clairvoyant, should stick to the indications of the chart and lab tests to get their answers.

On the physical plane the Sun is the center of life—the life-giver to our physical bodies. Its zodiacal sign in Leo, which medically rules the heart. If the heart is sluggish or impaired, the entire body suffers.

We might think of the Sun as an engine. A faulty diet may cause the engine to falter or sputter. And without a good engine the energy provided by Mars becomes wasted. On the other hand, if we have regular tune-ups by watching our diets and getting physical checkups, we can stay in top running form.

To have a strong, pulsing life force—the heart—we need sufficient vitamin A. If a person is not getting enough of this important vitamin, there will be a short somewhere in the circuitry, and he or she will possibly develop a heart ailment (even though most heart problems are Fixed Cross in origin). Insufficient vitamin A can cause a variety of heart ailments, such as angina pectoris, arteriosclerosis, atherosclerosis, myocardial infarction and congestive heart failure.

The Sun also rules magnesium, found in abundance in most green plants. The Sun, chlorophyll and magnesium have a direct chemical relationship: without the Sun, no chlorophyll and no magnesium. And magnesium is found in such quantity within the body that we cannot live long without it. With insufficient magnesium a long list of ailments can manifest: in fact, with too little magnesium death is inevitable.

The Moon

Vitamins: Riboflavin (vitamin B-2).

Minerals: Potassium.

Whereas the Sun, by sign and aspect, shows the

constitutional quality of the body, the Moon tells the conditions of health. Because of this sensitivity, the Moon is a good indicator of when to undergo operation or not. For example, a person should probably not have surgery on a void of course Moon day. Void of course days usually mean that the surgery won't be done correctly, further complications will be found or a second operation will become necessary. I once had a client who, against my advice, underwent a nose operation on a void of course day, and she had to return two more times. For her fourth operation she came back to me and asked for a good date.

The sign position of the transiting Moon may also indicate favorable or unfavorable times for operations. In general, the transiting Moon should be in a fixed sign (Taurus, Leo, Scorpio, Aquarius). The transiting Moon in fixed signs helps insure that the operation will go as planned and helps keep the hands of the surgeon steady, with no extra complications. Possibly the worst time for surgery is when the Moon is in a mutable sign (Virgo, Gemini, Pisces, Sagittarius). Those are times of too much flexibility: who wants to go in for a gallbladder operation and then have the surgeon decide to also remove the appendix?

A person should probably also not have an operation on that part of the body ruled by the sign in which the Moon is transiting. In other words, for a gallbladder operation (ruled by Capricorn), an individual should not undergo surgery as the Moon transits through Capricorn. A gallbladder operation should also probably not be performed when the Moon transits Cancer, Capricorn's polarity: I usually avoid the opposite sign when possible because there is a definite reflex action involved.

The amount of fluids within the body will also determine the best periods for surgery. In general, the Moon is responsible for the fluid tides in our bodies (the levels of serum, water, blood, etc). Just as the tides of the ocean draw in and out from shore, the body fluids do about the same thing within our physical shells. When the Moon phases, these levels tend to drop or rise. At new Moon time, our fluids are at their lowest points, and there is a resultant weight loss. Thus, the best time for an operation is five days before or after the new Moon, when there is least chance of swelling, bruising or bleeding. In contrast, one should never undergo surgery five days before or after a full Moon, when the body fluids are at their highest and can cause excessive swelling, hemorrhaging or seepage from wounds.

Since the Moon regulates the bodily fluids, its transiting position may also determine whether or not there is a need for riboflavin. For instance, the fluid in the skull is at its highest at full Moon, exer-

ting pressure on the brain and potentially making a person in need of riboflavin more irritable, more easily upset or more sensitive. So, if a person is suffering from a deficiency of riboflavin symptoms may be more severe about five days before the full Moon, and the deficiency may lessen toward the new Moon.

In addition, the amount of potassium a person needs may be determined by the bodily tides. The fluids surrounding the cells as well as our weight losses or gains of water are dependent upon potassium. A woman who has planets in Cancer or a strongly accented Moon in her natal chart can especially incur weight gains and losses of five pounds a month dependent solely upon the fluid distribution in her body. If the fluid is retained and not sloughed off through its various eliminative channels, a weight gain is noticed about five days before the full Moon each month. Toward the new Moon the weight gain will lessen and the body will be at low tide. Much of this problem can be controlled by proper amounts of potassium being available in the body to keep the fluids in balance.

A prominent Moon in the natal chart also generally indicates a drug-sensitive individual. In particular, if the Moon is the singleton of a chart or if it is conjunct the First or Tenth House cusp within eight degrees, the patient should receive a lower dosage of any medication (about 1/2 the usual dose).

Finally, the position of the Moon in a natal chart will help establish a person's emotional needs. Good health is not just a matter of eating the correct foods; it is a interweaving of diet, emotions and mental attitudes. If emotions are misdirected, suppressed or repressed, they can build up and fester in the subconscious mind. Such festering is the equivalent to a viral microbe entering the body and hibernating until the time that it erupts into an ailment. If emotions such as guilt, anger and jealousy are not properly dealt with, they too can cause illnesses.

Mercury

Vitamins: Thiamine (vitamin B-1).

Since Mercury rules the nervous system, its placement in a natal chart can indicate mental attitudes, and inflexible attitudes can stress the body. Although mental exhaustion is not normally manifested with an afflicted Mercury, the nervous system may take a severe buffeting, perhaps resulting in nervousness, tension and the inability to relax. Such people need to control their worrying, allowing themselves to worry only when they haven't done everything within their powers to change the outcome. The proper attitudes are important for well-being, and if we mishandle our emotions we can become sick.

We might also view the planet Mercury as a kind of traffic director influencing various movements within our bodies. The messenger of the gods, it is also the messenger of the nervous system, relaying split second commands throughout the body. Furthermore, in ruling Gemini, Mercury has dominion over all the tubing in the body, the channels through which blood, hormones, enzymes and oxygen move. Finally, Mercury may partially rule the hormones dispensed by the glands in the body: hormones are themselves messengers sent out to gather certain cells together to initiate enzymic functions in the body so that the metabolism can continue on a stable course.

Mercury rules Virgo as well. Thus the planet is involved with the splitting up action and the pancreatic breakdown of sugar into glucose—a process that may be affected when there is insufficient thiamine because of a faulty diet or a predisposition toward too many processed foods. A thiamine deficiency also lowers the amount of hydrochloric acid (HCl) in the stomach; in turn, the food is only semidigested so that when the bile is poured into the duodenum (the first 11 inches of the small intestine) it cannot properly break down the fats. This malfunction causes further problems, such as colitis, diverticulosis, flatulence, heartburn and diarrhea—many of which come under Virgo's rulership.

Mercury is also closely associated with the thyroid, and it seems to have significance in thyroid problems with or without the influence of Taurus, coruler of the thyroid. However, in thiamine-related deficiencies, the thyroid usually presents a second or third symptom and is not a chronic indicator of a thiamine deficiency.

When transiting Mercury is retrograde, it is probably a poor time to schedule an operation. Signals can get crossed: a woman might go in for a simple appendectomy and come out without a uterus! During Mercury retrograde the wrong drugs might be given or the dosage may be wrong for the individual. Misunderstandings may occur between doctors, doctor and nurses, nurses and patient or doctor and patient. Such a transit might even mean a second operation will be necessary.

Venus

Vitamins: Niacin (vitamin B-3) and E.

Minerals: Copper.

Too many students of medical astrology tend to overlook "sweet, I'll ol' Venus" because it has a reputation of being harmless, a "soft" planet, incapable of any foul play. But Venus can be interfered with to such an extent that what it does rule becomes diseased and ailing. Ruling over Taurus and Libra,

Venus helps regulate the throat, thyroid and kidneys. The planet also has dominion over half the circulatory system — the venous supply. And it is concerned with skin texture, its beauty and flawless character.

Venus can play a part in diseases of the blood. It rules the venous circulatory system—an intricate series of minute venules of blood vessels that start out as being barely visible and then branch out. The veins differ from the arteries in that they are larger, there are more of them, and they have thinner walls, with valves to prevent the backward wash of blood circulation. Veins, along with the kidneys (Libra) and the heart (Leo), are especially important to blood pressure in general, partially regulated by niacin. Weak artery or vein walls as well as aneurysms under proper configurations, are also Venus phenomena. And in some instances Venus seems to have a secondary effect on red blood cells, partially formed by copper. Venus-ruled vitamin E is also valuable in circulatory ailments, such as phlebitis, embolisms, thrombosis and dilation of the vessels of the arterial and venous systems: it keeps the body supplied with a pure source of oxygen that in sufficient amounts gives the outer body a Venusian radiance or attractiveness and health.

Venus also governs slack muscle tone in the body. Although Mars rules the muscles, Venus has an integral relationship with its sibling planet: Mars represents tight, healthy muscles, whereas Venus, its opposite, indicates a potential lack of tone or tightness, soft or weakened muscles; without sufficient niacin, there can be muscle cramping.

Finally, Venus as well as Jupiter controls what one likes in terms of food—the texture, taste and quality. Since wrong foods can damage a person just as fast in bodily terms as wrong emotions can, Venus must be carefully looked at in the natal chart. For example, its placement may indicate a person with a "sweet tooth" or one who tends towards obesity. An individual with a prominent Venus may go on binges—gorging on sweets and gaining weight. Since Venus also deals with the need for love, a person with a poorly aspected Venus may also eat an inordinate amount of sweets to achieve a sense of affection he or she feels is not supplied by others. Venus dictates how we feel about ourselves. If we like ourselves, we'll probably have a good diet; if we dislike ourselves, we tend to abuse our bodies with less than nutritious foods.

Mars

Vitamins: B-12, folic acid and fatty acids (vitamin F).

Minerals: Chlorine, cobalt, iron, molybdenum, phosphorus, selenium and sodium.

Ruling over the muscles and the adrenal glands, Mars is the energizer and stimulator of all aspects of our bodies. Whereas the Sun is our basic engine, Mars is the gas that fuels it. It is the key planet associated with our physical get up and go, our energy levels.

Depending on its placement in a natal chart, Mars can indicate how active each of us is. For instance, in a fire sign Mars may produce extraordinary athletes or aggressive people who must temper their workaholic tendencies with rest in between their furious spurts of activity. Mars in an air sign can mean great mental energies: these individuals may be cerebral, seeming to grasp scientific theories or equations with ease, but they must be on guard against mental exhaustion and nerve-related breakdowns. Mars in an earth sign often produces people who prefer the sport of sitting in overstuffed arm chairs. And Mars seems least happy in a water sign: energy tends to be in short supply with these people, and they need to monitor just how much they can do without being exhausted. Since everyone needs exercise, Mars will help the medical astrologer evaluate how much and what kind each person needs.

This planet is also very important in indicating how quickly individuals can bounce back from sickness. It seems to work best in the fire or air signs. In earth or water signs it usually indicates slow recuperation.

In terms of health problems an activated Mars can mean inflammation, rapid temperature increase and acute onset of ailments. Depending on which sign it's located in, Mars can also indicate what *may* be hyperfunctioning—in other words, that part of the body, whether it is tissue, bone or organ, that is operating fast and possibly overworking itself so that it will wear out more quickly than other parts.

Mars has dominion over blood: it can be involved in various blood disorders, such as anemia. Thus it is a natural ruler for vitamin B-12, folic acid, cobalt, copper and iron, all of which are essential in the production of red blood cells. Particularly if Mars makes a negative aspect to either Jupiter or Saturn, there may be poor absorption of vitamin B-12, which is closely linked with cobalt, copper and iron—minerals necessary for healthy red blood cells. Folic acid is also essential for red blood cell production and the proper utilization of energy for the body's management: it's a vitamin that seems to stimulate everything around it, including better liver production, hydrochloric acid secretions in the stomach, cell multiplication and healthy flora in the intestinal tract.

Mars rules acids in general. It is an active planet,

symbolizing energy, and fatty acids play a direct part in making sure that the body has the necessary get up and go when we ask for it: in many instances blood fat levels are connected with incidences of diabetes or hypoglycemia, or imbalances of insulin and, consequently, energy.

Since chlorine is involved with maintaining the acid-alkaline balance within the body, it is natural that Mars have domain over that mineral. Furthermore, chlorine usually compounds with potassium, ruled by the Moon, or with sodium, another Mars-ruled mineral that supports many bodily functions. Because chlorine is such an active element (a Marslike function in itself), it is responsible for muscle, tendon and ligament health—other Mars-ruled domains. Chlorine is a highly active mineral, befitting Mars' energy and constant movement: it makes sure that the osmotic pressure in and out of the cells is just right all the time. But too much chlorine (or too much sodium) reflects a typical negative Mars trait, unrestrained aggressiveness: too much of a good thing can destroy.

In addition, Mars rules molybdenum, iron, phosphorus and selenium. It governs phosphorus because of that mineral's engagement in so many bodily activities: the brain will not function at peak performance nor will nerve transmissions occur unless this mineral exerts its influence. Furthermore, the confidence usually attributed to Mars is lessened if there is a deficiency of this mineral—a person may cower in his or her home, afraid to move from the premises, a very unMartian reaction. Selenium's active involvement within the body also links it to Mars. And the colors produced by selenium in industry are all Martian—red, orange and yellow.

The worst indication for any type of surgery is probably when Mars is retrograde. Mars retrograde may mean heavy loss of blood, unexpected hemorrhaging or a mistake on the part of the surgeon. Since Mars is the ruler of surgeons, when this planet goes retrograde, surgeons are often not their steadiest or most reliable. There will be interference and misdirected attention. It does not mark a good time for concentration, especially when microsurgery is to be performed.

Jupiter: *Vitamins:* B-6, biotin, cholin, inositol and pangamic acid (vitamin B-15).

Minerals: Chromium, manganese and zinc.

The word *expansion* is usually applied to Jupiter. In medical terms Jupiterian expansion means overeating and lack of control. Whereas Venus rules our taste buds and how we react to certain foods, Jupiter tends to make for gluttons. Jupiter-ruled people may overeat rich foods that are usually high in acid:

sooner or later uric acid gathers in the body and gout is the result. Jupiter can also indicate swelling, abnormal expansion or too much of something.

Along with Virgo, which governs the splitting up actions within the organ, Jupiter has subdominion over the liver. When liver damage is apparent, a lack of cholin and/or inositol could be indicated since these two vitamins combine to make lecithin, which in turn breaks down the fats and dispenses with them so that they don't clog up the liver. Insufficient amounts of either cholin or inositol can cause cirrhosis of the liver. Pangamic acid may help in the alleviation of certain liver ailments, such as cirrhosis or hepatitis.

Jupiter also rules the fats of the body, their process of breaking down through enzyme reaction and their proper utilization. Cholin is integrally linked with the proper use and assimilation of fats in the body. Inositol, too, is essential for proper metabolization of fats. Another vitamin instrumental in breaking down fats for utilization within the body is B-6. And if Jupiter is found in Gemini, one must suspect a potential problem in the arterial duct work, since Gemini rules the tubing of the body: that placement of Jupiter, linked with a deficiency of vitamin B-6, could initiate atherosclerosis (fats or cholesterol clogging the arteries of the body and impairing circulation). The "new" vitamin—pangamic acid—also has much to do with prevention and treatment of atherosclerosis. Cholesterol levels, another Jupiter phenomenon, are somewhat controlled by the amount of pangamic acid in the tissue; furthermore, pangamic acid helps regulate the fat and carbohydrate metabolism. Manganese is also essential in determining how much cholesterol inhabits the body at any given time. This mineral is an essential regulator of fatty acids, cholesterol and glucose metabolisms—all Jupiter-related functions.

Jupiter is tied into the carbohydrate processes in general. Astrological-medical research indicates that people who have sugar-related problems usually exhibit a hard-aspected Jupiter, which can indicate a possible deficiency of chromium, a mineral also concerned with synthesis of fatty acids and cholesterol as well as helping to prevent arteries from hardening. Zinc, found in insulin, is also vital to proper carbohydrate metabolism, as is the vitamin biotin.

Zinc has traditionally been considered to be ruled by Uranus, but according to the functions of zinc and the characteristics of Uranus, the two don't belong together. Along with Mercury, Uranus rules the central nervous system. It can be involved medically with spasm, cramping, acute jerking or convulsive movements. Even a severe deficiency of zinc does not manifest such symptoms.

Jupiter is a more likely planet for zinc's rulership, especially since zinc plays such an important part in the carbohydrate system. Zinc is also involved with fertility, which, although a Moon-phenomenon, is still an effort of expansion on a physical basis, and expansion is Jupiter's forte. Not enough zinc can also stunt one's bone growth. Whereas dwarfism is a Saturnian affliction, Jupiter encourages growth and extension of the human frame. For now, Jupiter seems the logical choice to rule zinc, until we know more about zinc and its functions within the body; then the controversy surrounding the rulership of this mineral may be cleared up.

Saturn

Vitamins: C, K, PABA and bioflavonoids (vitamin P).

Minerals: Calcium, fluorine, sulfur and vanadium.

Saturn should be scrutinized closely in any natal chart. Most ailments that manifest are usually associated with this planet. For example, whatever sign Saturn is found in at birth might determine what organ, tissue or area of the body is potentially hypofunctioning—that is, sluggish and not working up to normal expectation. If Saturn is found retrograde, the chances of that part of the body malfunctioning are increased.

The transits of Saturn can also indicate medical problems. The planet takes 28 years to make one complete orbit about the Sun. We "feel" its presence about every seven years, when Saturn's main job seems to be to crystallize any problems or insights, particularly at the ages of 7, 14, 21, 28, 42 and 49. Medical problems, diseases and ailments of chronic duration, which are long in building and manifesting themselves and then require a long healing or convalescent period, also tend to crop up during these critical years of the Saturn cycle.

One of the events partially attributable to the transits of Saturn is the midlife crisis, usually happening between the 42nd and 49th years. During this time, at about 45, the aging process, another Saturn-ruled phenomenon, takes place: specifically, the breakdown and eventual destruction of collagen occurs. If medical ailments show up at about the same time, a person can undergo a period of great trial: the mental attitudes may be so poor that the ability to get well is impaired, and the disease may linger chronically.

Proper maintenance with vitamin C can help turn the tide of this crisis. Vitamin C does not guarantee a sickness-free life, but medical research has shown that this vitamin is as necessary as life itself. In particular, vitamin C helps form collagen to keep the cells of proper size and shape so that they may go about their business of maintaining bodily

health. Thus with proper amounts of vitamin C careful diets and nonabuse of our bodies Saturn rewards us with long and healthy lives.

Since Saturn is the ruler of vitamin C, it also has an effect on the body's amount of bioflavonoids, whose main function is to aid vitamin C in its work of keeping the collagen healthy and the capillaries elastic and permeable. It is also my belief that vitamin K works in a synergistic relationship with vitamin C. Saturn retards or inhibits, and, like its ruling planet, vitamin K acts as a coagulant, triggering the intricate process of forming a protein web with which to catch the fleeing red blood corpuscles from an open wound or an internal one: the vitamin retards the escaping flow that, if allowed to continue, would eventually cause death. And it's interesting to note that lack of vitamin C can also cause hemorrhaging because the collagen is broken down so that the cells cannot keep their shapes.

Saturn is synonymous with the frame of anything. It is involved with barriers, banks, enclosures, binds, bonds, gels or adhesives. In medical terms it rules the skin and bones that serve as our frames, the bones that hold the muscles in place and the skin that acts as walls or containers.

Because Saturn has dominion over the bone structures of our bodies, including teeth and ears, it rules the minerals calcium, fluorine and sulfur. As is well known, the bones and teeth need adequate amounts of calcium to keep our frames strong enough to carry us around. Proper amounts of fluorine are also necessary to combat tooth decay and bone damage: Saturn's ability to guard, inhibit and block out is a positive attribute in maintaining enough protective fluorine. And sulfur's influence over the skeleton, the skin, bones and cartilage of the body in general is substantial. Furthermore, lack of sulfur may create arthritis, another Saturn-ruled phenomenon, or it may damage the hair and fingernails, also under Saturn's sway. Finally, sulfur plays a part in the protein processes of the body, and proteins are under Saturn's domain as well.

The position of natal, progressed or transiting Saturn also has an effect on the quality of one's skin. Just as Saturn acts as a barrier, the skin, if properly healthy, serves as a barrier against the ultraviolet rays of the Sun, allowing us to tan instead of burning severely. If Saturn is well-aspected, particularly by Venus, which rules vitamin E and is concerned with the youthful beauty and elasticity of the skin, ample amounts of PABA should be available in the body. But when Saturn is negatively aspected, there can be a PABA depletion that allows the skin tissue to become vulnerable to the Sun's rays, and changes in pigmentation and other skin-related ailments begin

to surface. Moreover, without enough PABA the skin dries up, becomes scaly, itchy, ulcerous and infected.

Uranus

Although the nervous system is Mercury-guided, the actual impulses that leap from one nerve synapse to another are ruled by Uranus. People with strong Uranuses tend to buckle under stress or to react to it more strongly than other people. Thus they may be in continual states of nervousness, unable to relax. Such stress can cause the Uranian portion of our bodies to disintegrate. These people need to learn to unwind through exercise, meditation or some other form of biofeedback: the quieting of the mind will quiet the screaming nerves.

Depending on what sign it occupies in the natal chart, Uranus may point to possible spasm conditions within the body. In other words, the tissue or part of the body that the sign rules may undergo spasm. If Uranus is retrograde, it's even more possible that at some point in the person's life he or she can expect to have a sudden hypo- or hypercondition. This type of ailment is usually brought on by an emotional, physical or mental shock or other unexpected circumstance such as surgery or accident. Early detection of the possibility of the condition, testing, physical checkup and correction can do much to alleviate the spasm. Since Uranus indicates quick culmination and release of any situation, it offers the person hope of complete and swift recovery.

Neptune

Vitamins: Panthothenic acid and laetrile (vitamin B-17).

Neptune is an important planet to consider in a medical evaluation of the natal chart. The planet has a propensity to be everywhere yet nowhere: now you see it; now you don't. It is diffused, translucent and difficult to pin down or pinpoint. For these reasons it is important to see if the planet is centrally figured in the aspects of a natal chart. If it is, there may be initial misdiagnosis of the medical problem, misinformation about the diagnosis, masked symptoms not pointing directly to the root problem or misread lab or test results. A prominent Neptune may also indicate a potentially drug-sensitive individual, one who should be given a lower than average dosage of any medication.

Whereas Mars implies strength, virility, tone and energy, Neptune signifies the opposite. An undefined sense of tiredness or lethargy may be Neptune-based in many cases. In addition, Neptune can mean weakness and atony (flabby muscle tone). There is a chance of general weakness or laziness in

family: whenever Cupido is threatened in a person's chart, it is not that individual who may get sick but, instead, a member of his or her family.

By examining the placement of Cupido, the medical astrologer can sometimes help avert a crisis. Upon finding Cupido "under fire" by a planet such as Saturn or Hades, a medical astrologer might question the person about whether or not there is a member currently ailing within the family unit. If the individual says yes and identifies a close family member, the picture in the chart may be a forewarning that the ailing family member might experience a further health setback, and forewarned is forearmed. The astrologer should undertake the progressions of the sick member's chart to confirm this conjecture. Then a physician should take proper medical action to try either to modify or ward off the coming crisis.

On the other hand, if the answer is no, an investigation should be launched into the charts of close family members to see which one may fall ill. All that is normally done to determine the potential illness of a member is to use the 90-degree dial and progress the planets via solar arc. A progressed medical planet conjuncting a natal planet will normally point to the target. As to the question of whether or not the illness will strike a man or woman, Saturn and Kronos might indicate a man and the Moon or Venus, a woman.

Hades

Hades is the planet of sorrow, widows, orphans and grief in general. It rules disintegration, waste, bacteria, depletion, erosion, regression, withering, shriveling and decay. Above all others Hades is one planet that should be treated with all the seriousness the medical astrologer can muster. More than any other planet it hints at the threat of a worsening of a condition or death: through disintegration comes a leveling or breaking down, which left unchecked may mean death. In medical diagnosis I've never seen a time yet that Hades could be totally circumvented. That is, the person will more than likely take ill. By forewarning the person and getting him or her to a doctor for tests, we can modify the projected illness but never totally halt it.

To put it into slang, Hades is literally like "opening up a can of worms." When progressed Hades conjuncts another planet, it is as if the lid of some problem or illness is ripped off and comes into the glaring light of discovery. In death Hades, like Saturn and Pluto, will frequently be activated in mid-point structures over and over again.

Hades is somewhat like Saturn in that it implies long-term ailments, those that take a long time in building and changing and an equally long period to

cure or control. But I consider Hades' threat of devastation more serious than Saturn's. Saturn inflicts damage, but Hades seems to leave little for anyone to work with once it has wreaked its own brand of havoc. It produces vast and long-range effects on the illness it brings forth.

In passing and in fairness to this planet, Hades does have a positive side. A strong Hades may be found in the charts of many medical people—doctors in particular, as well as psychologists and therapists. Hades implies the analyzing process that is necessary to these professions: it is involved with pieces, puzzles, the breaking down of parts. A doctor can see broken bones and mutilated muscles yet have the ability to put them all back together like so many pieces in a puzzle. I would readily trust a doctor with a strong Hades to ferret out and find the root of a problem, whereas a doctor without a strong Hades might grope around a long time trying to discover the root cause. **Zeus**

Somewhat like a higher octave of Mars, Zeus seems to be involved in a number of various medical conditions, among them, the procreative urge and conception. Zeus represents leadership, the start of something—the beginning of a seed mating with the ovum to create a child or the beginning of an ailment.

In another way Zeus is almost always prominent in the charts of people who either get burned in fires or wounded by firearms; it may also be implicated in operations. From five years of observation, I have found that Zeus is not so much involved *within* the ailment as being the *cause* of it. For instance, burns may result from steam partially brought on by the influence of Zeus; explosions, fires or wounds may result from gun shots, also influenced by Zeus.

Kronos

If there is such a thing as a higher octave to Saturn, it is Kronos. In mythology Kronos was the father of the gods—the oldest, wisest and most powerful. And a well-placed Kronos in a chart usually gives a generous helping of wisdom to the lucky individual.

Kronos also represents mastery, management, rulership, teaching and positions of authority. In mundane astrology a well-placed Kronos is often in the charts of heads of states, presidents and princes. It can very often indicate a brush with the government (including the IRS), justice officials, the law and bureaucracy in general. It can also mean a lawsuit or questioning by someone in high authority.

The negative manifestation of Kronos is that it can involve a lot of ridiculous red tape or paper work typical of our governmental bureaucracy. Kronos

may also bestow a person with a smug image: he or she may be an elitist, who believes to be above the law.

At this point of research Kronos has very little to do with health conditions. Instead, with the best placement it can indicate a good doctor and can thus help insure the best medical treatment. A medical astrologer may want to examine the surgeon's chart for a strong and well-aspected Kronos to determine his or her mastery of the craft. When surgery is to be performed, if progressed Kronos is conjunct another planet, it will very often indicate that the individual will get through the operation because of the steady hands of the physician. Thus it is a good indicator of recovery because of a surgeon's skill.

Apollon

Apollo was the Greek god who rode his chariot through the skies daily to give earth sunlight. He was the golden, fair-haired boy of Zeus, a devotee of the arts and sciences. The Uranian planet Apollon rules science, commerce and industry in general.

Perhaps the most important aspect of this planet is that it usually means two or more of something. Its glyph is a combination of the symbols of Gemini and Jupiter. Thus there is a large amount of knowledge contained in this planet. A person with a strongly placed Apollon will manifest at least two distinct fields of knowledge. Moreover, surprises always seem to come in twos with this planet—either a multitude of trouble or a double dose of good news, depending upon which planets it aspects in the natal chart.

In addition, Apollon has distinct dominion over astrology. When looking for good astrology students, I invariably check out where Apollon is placed, and it's almost always prominent in the chart. It stands for a cosmopolitan knowledge of the world in general—knowledge harnessed with the practical tools of application.

Apollon also represents thinking on a grand scale. If a person with a great deal of Leo thinks big, one with a well-placed Apollon thinks even bigger—sometimes too grandly. One of Apollon's flaws is that an individual under its influence may not pay enough attention to immediate details. Such a person probably has no business working in a career that requires minute attention to details: he or she will probably hate such a job.

In medical terms Apollon always means complications. I very frequently find an active progressed Apollon in the chart of a patient who has already been diagnosed but is getting sicker. The planet often means misdiagnosis or secondary complications.

Admetos

The symbol for Admetos is the glyph for Taurus plus the cross of matter: both Taurus and Admetos suggest earth. Admetos's nature is that of a seed that is planted and watered until it bursts forth into the light of day.

In medical terms the influence of Admetos is too often like that of a seed that sows illness. A badly placed Admetos may be like a seed growing underground until bodily conditions are right for a disease to manifest itself. For example, Admetos is a frequent influence in unwanted pregnancies: a woman may become pregnant, not to discover the fact until two or three months later. In fact, there seems to be a strong connection between this planet and mothers in general: when a family member falls ill, Admetos is frequently an excellent indicator that it will be the mother.

Other medical conditions influenced by Admetos are suffocation, choking, traction (in a cast or bed), conditions simmering beneath the surface that may or may not be known to the person, suspension (in an unconscious state or coma) and many phobias.

A positive medical expression of Admetos, though not a frequent manifestation, is a person's ability to pull back from the depths to ward off or fight off a disease. A strongly placed Admetos in a chart may give an individual the fortitude and discipline needed to overcome some serious debility. A person under Admetos's influence is usually a very good fighter.

Vulcanus

Its name and symbol give a fairly good idea of this planet's innate expression. Vulcanus is like a volcano. It is a planet of great energy. In medical terms it usually represents an addition to an already existing problem or illness: Vulcanus usually makes the ailment worse or more obvious. If there is a festering condition, Vulcanus is the energy that will make it surface.

Vulcanus is also like a chameleon in that it tends to take on the personality of the planet or planets it aspects. For instance, Vulcanus conjunct Neptune would mean more of Neptune's tendencies and expressions; Vulcanus conjunct Mars would indicate more Marslike functions, etc.

On the positive side, if Vulcanus is well-placed in a chart, it may indicate a person who has a tremendous reserve of energy and strength, one who will fight back against illness. Excellent recuperative powers are associated with this planet.

Poseidon

In many ways this planet has little to do with medical astrology. Poseidon has more to do with spiritualization and mental activities than any physical problems. I've encountered it very seldom in health axis problems. But, still, Poseidon may have some influence on illness.

To me Poseidon is the higher octave of Neptune, but without most of the negative traits of Neptune. More than anything else a well-placed Poseidon seems like "guardian angel." It may provide spiritual protection during a time of surgery or perhaps a hope that health can be maintained or an illness overcome with the proper attitude.

At its worst, I suppose, it can point to the possibility of a person having to fill out a lot of governmental and hospital forms—a very minor consideration to a medical astrologer in the overall analysis of a person's health. I also believe it may be somewhat active in the charts of people with mental illnesses, although this conjecture needs to be borne out in research.

TRANSPLUTO

Charles Emerson, a prominent medical and Uranian astrologer, brought Transpluto to national attention several years ago. It was felt by many to be the planet beyond Pluto, hence the name. Other astrologers have redubbed it Bacchus and even assigned it rulership of the sign Taurus.

According to Emerson, Transpluto is a planet of uprooting trauma: anything that Transpluto touches is further changed and transformed. It is a kind of higher octave of Pluto. Emerson believes it influences the psychological ramifications of birth.

Michael Munkasey, another highly respected astrologer, reports that Transpluto is associated with hypoglycemia. I've checked out the transits of Transpluto in several charts and have found that Munkasey is 100 per cent accurate.

From personal experience, using this planet only in progressions and with solar arc, I've sometimes seen it quite active in relation to medical ailments; at other times, when I felt it should have been active, there was no indication of its power. I don't have an explanation for such on-again, off-again manifestation. My only observation is that when it is active in a 90-degree wheel via progression, it is *very* active—literally a pulverizer or equalizer in any situation.

Indeed, I believe this planet is a formidable enemy to health conditions; however, its influence may be more on the psychological level than the physical. I have noted that mental breakdowns tend to occur when Transpluto is badly placed. It could be that this planet's vibrations are so high that most of us can't respond to them as yet or that when we do respond it is on a mental plane. At any rate,

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Excerpt from Eileen Naumann: Medical Astrology

Transpluto should be thoroughly studied and researched by medical astrologers.

THE FIXED STARS

Thousands of years ago astrologers placed great stock by the constellations and certain stars within them, so-called "fixed" stars (which are not truly fixed). Because medical astrology is in its infancy, there is very little adequate information on these stars and their effects in natal charts. To date the only scientific study has been conducted by Reinhold Ebertin, of Germany, in a small book called *Fixed Stars and their Interpretation* — an excellent study *uide and jumping off point for investigating fixed stars in terms of medical astrology. Since so much research needs to be done on these stars in relation to illness, it is my hope that by making notes on the pertinent stars, medical astrologers will begin to determine their actions and influences.

A fixed star in and of itself is not a primary indicator of health conditions; the entire chart must lean in a certain direction for the fixed star to exert any influence. For example, when a natal Saturn has three or four hard aspects to it as well as a conjunction with a fixed star then the medical astrologer has reason to suspect that the star may influence a health situation at some point in the person's life.

In addition, a fixed star must be conjunct a planet or angle to influence the individual. It should ideally be exactly conjunct the position, although a 30-minute conjunction will probably also cause the star to influence the individual. Because of the distance between the earth and the stars, the fixed star should also be in exact orb to activate potential ailments: the tighter the orb, the more influence it will have. The declination of a fixed star does not affect its influence, no matter how close or how far from the ecliptic it may range.

Since an exact conjunction or opposition is usually necessary to activate a star's influence, a fixed-star sitting in an empty house without a conjunction can be ignored except when the fixed star is in the Sixth or Twelfth Houses and is triggered by transits or progressions. Then the star should be noted and the progressed chart examined to see if midpoint structures, conjunctions, etc., are taking place at the same time that there are indications of poor health. If there are, then the fixed star is probably tied into the vibration. Eclipses may also affect a fixed star's power in a chart. And fixed stars on the Midheaven or Ascendant should be carefully noted, since they seem to exert a fairly consistent influence. Finally, a fixed star conjunct any

"malefic" planets, such as natal Mars, Saturn, Uranus or Neptune, should be especially noted.

It seems that some fixed stars have characteristics of certain planets, and these stars tend to be the most dangerous in terms of bodily impairment. For instance, a star that has the traits of Venus might influence blood disorders in general, including blood poisoning. A star with the qualities of Mars might bring on hasty or impulsive actions, accidents injuries that may or may not involve operations and animal bites. A star that is like Saturn might induce chronic, long-termed illnesses or weakening or wasting away kinds of disease. A Uranian kind or star might help bring about accidents caused by haste, operations and mental problems. And a star with the features of Neptune might influence the bites of insects that cause severe allergic reactions, drug habits or proclivities for the overuse of drugs and poisons in the body.

Based upon Ebertin's observations, the following stars seem to have direct tie-ins with medical problems. (All positions are as of 1950.)

Deneb Kaitos (1 Aries 51)

This star has Saturnian characteristics. It may bring on bodily and mental inhibition.

H-Scheratain (3 Taurus 17)

This star has the traits of Saturn and Mars. It may cause impulsiveness that results in injury.

EI-Nath (6 Taurus 59)

This star has characteristics of Mars and Saturn. It may bring on severe injury at some time in the life of the individual, particularly falls.

Menkar (13 Taurus 38)

This star has Saturnian qualities. Throat or larynx problems are possible if it is conjunct malefic planets.

Zanrak (22 Taurus 50)

This star is also Saturnian. It may bring about chronic illnesses or possible suicidal tendencies.

Algol (25 Taurus 28)

This is a double star: one star is said to have Saturnian characteristics; the other has a Mars/Uranus/Pluto personality. Probably most deadly of all the fixed stars, Algol may exert a tragic influence that could affect individuals. It may bring on chronic illnesses, dental problems or arthritis.

Alcyone (26 Taurus 19)

Alcyone is part of the star cluster known as the Pleiades. It has Moon/Mars characteristics. It may help cause eyesight ailments, including blindness or poor vision in general.

Praesepe (6 Leo 34)

This star has the qualities of Moon/Mars/Neptune. Sitting extremely close to the North and South Aselli, Praesepe is believed to bestow poor eyesight, especially weak eyesight at an early age.

North Aselli (6 Leo 50)

This star has Sun/Mars characteristics.

South Aselli (8 Leo 01)

South Aselli also has Sun/Mars characteristics. Both these stars are linked with poor eyesight. South Aselli may also produce rashness or impulsiveness that can cause injury.

Kochab (12 Leo 24)

This star has the traits of Mars/Saturn. A person under its influence may be extremely tense or nervous, suffering mental anguish.

Alphard (26 Leo 36)

This star is like Saturn/Venus/Neptune. Alphard may cause an individual to be extremely sensitive to any sort of drug or drug habit. It may also influence the outcome of bites by animals or insects, blood poisoning, possible poisoning from toxins and poor eating habits.

Alioth (8 Virgo 09)

Alioth has the traits of Mars. It may cause problems during delivery as well as birth complications.

Zosma (10 Virgo 35)

With the characteristics of Venus/Saturn, Zosma may cause buildup in the body, resulting in disease. It also seems to influence melancholia.

Denebola (20 Virgo 57)

This star has Uranian characteristics. Mental gyrations may occur if Denebola is conjunct Mercury or Uranus in the natal chart.

Algorab (13 Libra 12)

With the traits of Mars and Saturn, Algorab may cause various illnesses, ranging from mental to organic and chronic problems.

The Southern Scales (14 Scorpio 23)

This double star is like Mars and Saturn. If conjunct a malefic planet, it may present health problems.

Unuk (21 Scorpio 23)

This is a Mars/Saturn star. It may induce chronic illnesses, which may not be diagnosed for a long time if the star is conjunct natal Neptune. It also appears to rule operations.

Antares (9 Sagittarius 04)

With the characteristics of Mars/Mercury/Jupiter, Antares may influence various health problems, including eye troubles. It may induce impulsiveness that could account for bodily injury.

Ras Alhagiie (21 Sagittarius 42)

This star has the traits of Venus/Saturn/Neptune. It may produce toxic conditions that affect the body. It might also affect the results of animal and insect bites and other infectious states.

Fomalhaut (3 Pisces 09)

With the characteristics of Mercury/Venus/Neptune, this star may help bring on problems with drugs, including addiction.

THE PLANETS AND OPERATIONS

The positions of the planets and luminaries often determine the best and worst times for a person to undergo surgery. Following are guidelines for planning operations astrologically:

1. Try to plan an operation five days before or after the new Moon. At this time, fluids are at their lowest ebb; consequently, there is less chance of swelling.

2. Avoid operations five days before or after a full Moon. At this time bodily fluids are at their highest and can cause excessive swelling, hemorrhaging or seepage from wounds.

3. A day in which the Moon is void of course is a bad one for surgery. On such a day there is a good

possibility that the operation won't be performed correctly, that complications will arise or that a second operation will become necessary.

4. Avoid an operation on that part of the body ruled by the sign in which the Moon or the Sun is transiting. (See Chapter Two for a discussion of the signs and parts of the body they rule.)

5. Avoid surgery when the Moon is in a mutable sign—Virgo, Gemini, Pisces or Sagittarius.

6. Try to plan an operation when the transiting Moon is in a fixed sign—Taurus, Leo, Scorpio or Aquarius. With such a placement the operation should go as planned, the surgeon's hands should be steady, and no further complications should arise.

7. Avoid surgery when the transiting Moon is combust or within 17 degrees of the natal Sun, Moon or Mars.

8. Avoid surgery when the transiting Moon is square, opposite or inconjunct the natal or transiting Sun, Mars, Saturn, Neptune, Uranus or Pluto. Mars in a tension aspect with the transiting Moon can mean excessive bleeding or inflammation after surgery. Saturn can mean chronic or very serious complications.

9. Try to plan an operation when the transiting Moon is sextile or trine to natal, progressed or transiting Venus, Mars or Jupiter. Such an aspect will help the surgery go smoothly. The transiting Moon sextile or trine Mars will also help insure that the surgeon will have a quick, clean cutting hand and will know what he or she is doing.

10. Avoid surgery when Mercury or Mars is retrograde. Mercury retrograde can mean misunderstandings, mistakes and confusion. Since Mars is the planet of surgeons, when it goes retrograde surgeons tend not to be at their steadiest or most reliable: they may not be able to concentrate well. Furthermore, Mars retrograde can mean heavy loss of blood.



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