

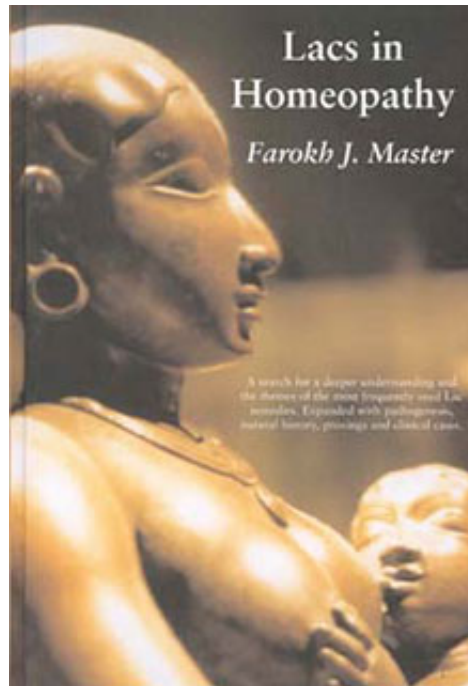
Farokh J. Master Lacs in Homeopathy

Reading excerpt

[Lacs in Homeopathy](#)

of [Farokh J. Master](#)

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Table of content

SEMINAR TEXT BELONGING TO THE POWERPOINT PRESENTATION.....	1
INTRODUCING LAC REMEDIES.....	2
HOW I WANT TO PRESENT THE LAC REMEDIES DURING THIS SEMINAR	3
THE SOURCE OF THE REMEDIES.....	3
OUTLINE OF THE SEMINAR (SEE THE POWERPOINT PRESENTATION).....	3
ORIGIN OF THE DIFFERENT LAC REMEDIES.....	4
CONCISE PHYSIOLOGY OF REPRODUCTIVE TRACT.....	5
<i>Abuse and Animal kingdom</i>	7
PHYSIOLOGY OF MAMMARY GLANDS.....	7
PSYCHOLOGY AND BEHAVIOR OF MAMMALS	9
SIGNIFICANCE OF LACTATION	11
FREUD PSYCHOSEXUAL DEVELOPMENT	11
THEMES OF LACS	13
COMMON SYMPTOMS OF LAC REMEDIES (SLIDE 157).....	15
DREAMS OF LACS	17
LACHUMANUM.....	20
LACEQUINUM	22
LACDELPHINUM	24
LACCAPRINUM.....	26
LACLEONINUM.....	29
LACCANINUM	32
LACFELINUM.....	37
LAC VACCINUM DEFLORATUM	3
9	
POWERPOINT PRESENTATION SLIDES 1 - 468	41
PART 2	121
MORE DETAILS AND PRESENTED CASES.....	121
LACHUMANUM.....	122
CASES OF LAC-HUMANUM.....	124
REMEDY RELATIONSHIP OF LAC-HUMANUM.....	124
LAC-EQUINUM.....	126
LACDELPHINUM	130
<i>The preparation of his remedy</i>	130
<i>The main themes in the proving of Lac-delphinium</i>	131
<i>Mental Symptoms</i>	131
COMPARATIVE MATERIA MEDICA.....	133
<i>DD Tungsten</i>	134
<i>DD Crotalus-cascavella</i>	134
<i>Calmness</i>	134
<i>Going around in a circle</i>	135
<i>Separation and detached</i>	135
<i>Clairvoyance</i>	735
LACCAPRINUM.....	137
PHYSICAL SYMPTOMS OF LAC-CAPRINUM	139
LACLEONINUM.....	141
THE MAIN THEME	142
COMPARATIVE MATERIA MEDICA OF LAC-LEONINUM	144

EXPLANATION OF THE ABOVE DREAMS / SYMBOLS IN DREAMS:	146
<i>Positive mother aspect</i>	146
<i>Negative mother aspect</i>	147
<i>The father aspect</i>	149
<i>The positive father</i>	149
A CASE OF LAG LEONINUM	153
LACCANINUM	156
CASE 1: A CASE BY DR. E.W. BERRIDGE, LONDON	156
CASES 2: A CASE FROM MY PRACTICE	156
CASES 3: A CASE FROM MY PRACTICE	158
ACUTE CASES	159
CASES 4: AN ACUTE CASE FROM MY PRACTICE	159
CONFIRMED SYMPTOMS. AN IN DEPTH STUDY OF LAC-CANINUM	160
A CASE OF RHEUMATISM BY LIPPE AND LIPPE'S + CLINICAL HINTS	164
CLINICAL HINTS OF DR J.H. CLARKE	166
TO TREAT SOMEONE LIKE A DOG	166
DIFFERENTIAL DIAGNOSIS	168
DISCUSSION ABOUT THE SYMPTOMS CONFIRMED IN PRACTICE	169
LAC FELINUM	172
THEMES OF LAC-FELINUM	172
OTHER ASPECTS OF LAC-FELINUM	173
CASE OF CATARACT	174
CASE OF BRONCHIAL ASTHMA	174
CASE OF KERATITIS	175
CASE OF VISUAL PROBLEMS	175
LAC VACCINUM DEFLOMATUM	176
MILK CONSTITUTION	176
PROVING BY MRS. PIERSONS	177
PROVING BY LAURA MORGAN	177
CASES FROM MY PRACTICE	177
A CASE OF RECURRENT RESPIRATORY INFECTION	178
AVERSION TO MILK	178
ACHRONIC CASE	179
A CASE BY DR. SAMUEL SWAN	180
SOME MORE CASES	180
<i>Case:</i>	180
<i>Case:</i>	180
<i>Case:</i>	181
<i>Case:</i>	181
<i>Case by Dr.J.C. Boardmen:</i>	181
DIFFERENTIATION WITH A FEW OTHER REMEDIES	181
SOME HINTS	183
COMMON SYMPTOMS OF LAC-DEF, SEPIA, NAT-M	L
84	
LACLUPINUM	186
INTRODUCTION	186
THE PROVING	187
THE MIND OF LAC-LUPINUM	190
PHYSICAL SYMPTOMS	192

Lac- equinum

Horse's milk

Lac equinum is the potentized mare's milk, first introduced in Homoeopathy by Nancy Herrick. If you try to understand the core feeling of this remedy you will definitely get feelings of: hardship, difficulties, problems, confrontations and encounters.

The difficulties expressed in the provings can be easily seen in the chapter of dreams:

- Dreams - accidents with a car
- Dreams - bathroom, cannot find the
- Dreams - of being beaten
- Dreams - body parts - toes cut off
- Dreams — difficulties -journeys, on
- Dreams - fights
- Dreams - mistakes, of making
- Dreams - unsuccessful efforts

Here remedies like Ammonium-muriaticum, Magnesium-muriaticum come close for comparison. Both these remedies have dreams of horses!

Ammonium-muriaticum patients have many failures in life due to problems the person had faced in childhood. Because of their strong ego, obstinate nature, high intelligence, they feel that they are right, they invite from people a lot of conflicts, from authorities or within their own family which leads to frustrations. They are not be able to achieve much in life and that is how the grief sets in the Ammonium-muriaticum patient.

Other important remedies where we see that the life is full of frustrations are Magnesium-carbonicum, Magnesium-muriaticum, Magnesium-sulphuricum. They have dreams of difficulties, especially in a journey, transacting business, finding the right dress to attend a party, finding their own house, etc. Also in dreams of Cadmium-metallicum patients you will see lots of frustrations and difficulties. Amongst the snake remedies Crotalus-cascavella has a dream that the person is driving a car and suddenly the breaks are not working and then he feels that there is lot of effort to apply the breaks but they are not working.

Let us examine the reason of frustration in the life of Lac-Equinum patients. It chiefly comes when a person feels that he is hindered or when there are many obstacles and he is unable to achieve what he wants to do. This will ultimately produced a deep unhappy state or a sort of grief. This sense of frustration to some extent we will see in a remedy Hippomanes (it is prepared from the amniotic fluid of the mare).

Vicky Menear reported a case in which the most important thing in the case was that the patient always faces problems when he wants to do something. Here he has a strong will to do the things but the will is somehow blocked. This becomes a characteristic feeling of Lac-equinum. This feeling is further confirmed in the provings when the provers dreamt of unsuccessful efforts. So again we see that a person wants to do something and then cannot do it, so frustration sets in.

Rubrics:

- Mind - Delusion - hard, everything is
- Mind — Delusion - fail everything will
- Mind - Delusion - hindered he is
- Mind - Delusion - insane- became insane, he/she will
- Mind - Shrieking — anger in
- Mind - Delusion - trapped he is
- Mind - Discontented
- Dreams - Bathroom - cannot find his bathroom
- Dreams - Difficulties - journeys on
- Dreams - Unsuccessful efforts
- Dreams - Vexation

Another very important aspect, which we see in the proving and is confirmed by me, is the theme of friendship. These people consider friendship in its true sense. Friendship means so much to them that they would like to do everything for friends, they will give out everything to the opposite person without any selfish motive. If you recollect there was a movie Black Stallion (Hollywood Movie). The friendship between the horse and the boy reflects the essence of the remedy Lac-equinum. Rubrics:

- p*
- Mind — Ailments from discords between Friends - one's
 - Mind - Friendship - friends are important is close to friends than any body.
 - Dreams - Friendship
 - Dreams - Helping people

Another strong thing that I read in the proving was the aggression with desire to fight. This arises from the feeling of being hindered, and the only solution to this Situation is to fight. This can be seen in the following rubrics:

- Mind - Anger
- Mind - Biting
- Mind - Fear losing control of
- Mind - Fight wants to be

The above theme of wanting to fight comes close to Hippomanes, which is also prepared from the horse. In Hippomanes the person becomes very angry and wants to fight. So in this way these two remedies come close to each other. This confrontation will come in the form of:

- Anger
- Dreams of Anger
- Dreams of Fights
- Dreams of Killing
- Injustice, cannot tolerate any injustice
- Quarrelsome

Rage
Shrieking
Striking

Another important aspect common to both remedies Lac-equinum and Hippomanes is Confusion and Mistakes. This makes them useful remedies remedy for dementia and Alzheimer's degeneration rubrics:

- Concentration - difficult
- Confusion of mind on waking
- Delusion - insane, that he will become
- Dreams - mistakes, making
- Dullness
- Forgetful
- Forgetful - makes the purchase and the leaves
- Memory - weakness - names, for proper
- Mistakes - transposing letters
- Mistakes writing, in
- Mistakes, making - calculating, in

Another important aspect is that they are very good at creating, developing, framing or constructing things together. They are extremely meticulous and extremely particular in whatever things they do. They are very punctual, always like to be on time and this makes them one of the fastidious medicines of our homeopathic materia medica. Some rubrics are:

- Mind - Rest cannot when things are not at proper place
- Dream - Organizing (Lac-f.)

Another aspect which we see in the proving is that they are extremely impatient, they are very restless and very hurried. Rubrics:

- Anxious
- Impatience
- Anxiety - Time set in
- Hurry
- Time passes too slowly
- Restless

This feeling of restlessness is also present in the proving of Hippomanes.

Finally we will see irritability, anger and violence when things do not go the way it should. Rubric:

- Mind - Anger, touched when

- Mind - Irritability when hungry
- Mind - Shrieking - anger, in
- Dream — violence

The ego level of Lac-equinum patients is unduely high in respect to obedience from persons on whome they have obligations in the past. When denied of such respect they feel angry and may become violent.

The following three remedies are prepared from a horse, and should be studies together:

Lac-equinum = Mare's milk

Hippomanes = Amniotic fluid of Mare

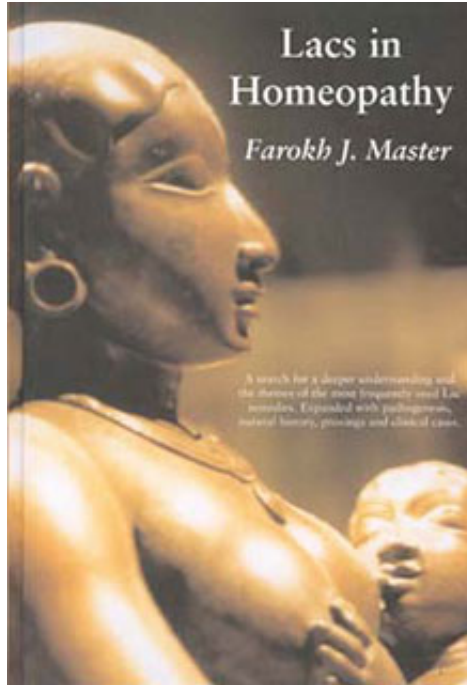
Castor-equi = Rudimentary thumbnail of horse (small flat horn quite wrinkled on surface and breaking off in scales and it is little darker and growing on the medial aspect of the foot)

Hippomanes and Castor Equi were proved by Hering.

If we study the Symptoms of these three remedies we will get many Symptoms in common, like:

- Head - Pain pressing Temples
- Mind - Anxiety
- Mind - Industrious
- Mind - Restlessness
- Sleep - restlessness

I personally have not seen a good case from Lac-equinum with a long term follow-up, but I have lots of cases in my casebook regarding Castor-equi.



Farokh J. Master

[Lacs in Homeopathy](#)

A search for a deeper understanding and the themes of the most frequently used Lac remedies. Expanded with pathogenesis, natural history, provings and clinical cases

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