Harbaris Singh Khaneja
Illustrated Guide to the Homoeopathic Treatment

Reading excerpt
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of Harbaris Singh Khaneja
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Narayana Verlag GmbH, Blumenplatz 2, D-79400 Kandern, Germany
Tel. +49 7626 9749 700
Email info@narayana-verlag.com
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Sarsaparilla Q (bd)
10 drops in 1/4 cup of water
Tamus (tds)

CHEAPS—CHEATING—CHEST

CHEATING

Coca (tds)
Pulsatilla nig. 1000 (hs)
Repeat after 15 days

CHEST

Acalypha bid. (tds)
Aconitum nap. (tds)

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### CHEST

<table>
<thead>
<tr>
<th>Medicine</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td>Arnica mont. (qid)</td>
<td>Pleurisy resulting from injury inflicted by a broken rib yields to its use. Bryonia and Kalium carb. work as supplements if needed for removal of pain.</td>
</tr>
<tr>
<td>Bryonia alba (qid)</td>
<td>Stitches in the chest, in region of the heart.</td>
</tr>
<tr>
<td>Cimicifuga (tds) Cocculus ind (tds)</td>
<td>Pain in the right side of chest. Cramps in the chest.</td>
</tr>
<tr>
<td>Conium mac. 1000 (hs) Repeat after 15 days</td>
<td>Gynecomastia. Abnormally large mammary glands in males making the breasts look like that of a woman and sometimes may secrete milk. Give a dose every 15 days till cured.</td>
</tr>
<tr>
<td>Gaultheria Q (bd) 10 drops in ½ cup of water</td>
<td>Pleurodynia and severe pain in the epigastrium are cured by the use of this remedy.</td>
</tr>
<tr>
<td>Illicium (tds)</td>
<td>It has a special indication in every disease i.e., there is a pain in the region of the third rib about an inch or two from the sternum, generally on the right side and occasionally on the left side.</td>
</tr>
<tr>
<td>Kalium carb. (tds)</td>
<td>Pain in the lower right chest through to back. Very characteristic stitching pains.</td>
</tr>
<tr>
<td>Mercurius sol. (tds)</td>
<td>Pain in the right side of the chest. Sweating without relief and peculiar Mercurial tongue (with imprint of teeth) and mouth.</td>
</tr>
<tr>
<td>Naja tri. (tds)</td>
<td>Oppression of the chest causing suffocation and choking. Inability to lie on the left side of chest. Stitches in the chest in the region of the heart.</td>
</tr>
<tr>
<td>Phosphorus (tds)</td>
<td>The chest is shaped like that of a pigeon chest. This remedy in 30 potency, given three times a day for a period of three months, makes the chest appear normal.</td>
</tr>
<tr>
<td>Ranunculus bulb. (tds)</td>
<td>Rheumatic pains in the chest. Bruised pain in the ribs. Muscular pains in the chest as if bruised. Pleurodynia. Pains worse inspiring, moving, in the evening and in cold air.</td>
</tr>
<tr>
<td>Rhustox. (tds)</td>
<td>Oppression of the chest. Cannot get breath due to sticking pains.</td>
</tr>
</tbody>
</table>
Rumex crispus (tds) : Raw pain under the collar bones and sometimes behind the sternum.


**CHICKEN POX**

Antimonium tart 
Every 2 hours : After 24 hours of the use of Variolinum, if the fever is left, give it every two hours till the fever lasts. It generally takes two days.

Calcarea phos. 6x (tds) : After the patient has been completely cured, weakness always remains. Give this remedy every two hours to remove weakness.

Rhus tox. 
Bryonia alba 3 hourly, in alteration every three hours for removal of the residual symptoms like fever, cough, etc.

Variolinum 200 (hs) : Give one dose at the start of the treatment to cut short the disease and averting its further dangers. It should be given at the end of the treatment when the disease has been cured and the weakness has been removed. It will remove the ugly scars left. When chicken pox is prevalent in a locality, all children not affected by the disease, should be given one dose in the morning and one dose in the evening for two days as a preventive to the disease.

NOTE: Chicken pox occurs in children between ages 1 to 15. It is seldom a life threatening disease. It is caused by Varicella zoster virus which remains in the infected person's sensory nerve roots for life. Sometimes in adulthood, it is reactivated and results in shingles. It is a communicable disease.
CHILBLAINS (FROSTBITE)

Chilblains: Erythema, itching and burning especially of fingers, toes, heels, nose and ears caused by vascular constriction on exposure to extreme cold; lesions can be single or multiple, and can become blistered and ulcerated. Skin very white, waxy and the surface feels hard.

**Agaricus mus.** (tds) : Chilblains have a sensation as if cold needles were pricking. Itching is present along with the swelling. The affected skin is red and prickly.

**Fragaria vesca** (tds) : Chilblains worse in summer.

**Hepar sulphuris** (tds), **Silicea** (tds) : Chilblains with pus in the cracks of the skin.

**Nitricum aciduni** (tds) : Ulcerated chilblains in toes.

**Petroleum** 200 (od) : Fingers and toes become deep red and bluish with swelling, burning and itching due to cold or by taking out the hands from gloves or feet from socks and immediately placing them in cold water or on a cold floor when these are still hot. Chilblains every winter.

**Psorinum** 200 (hs) Repeat once a week : Rough and chapped skin worse in winter.

**Pulsatilla nig.** (tds) : Chilblains with swollen veins. Burning and throbbing pains cause crying. Bluish inflamed swellings and desire for sympathy.

**Rhus v. Q** (bd) : Applied locally gives immediate relief to itching and burning of chilblains.

**Tamus Q** (bd) : Chilblains with discoloration of the skin with chaps. Takes away pain of chilblains speedly when it is painted on the affected part.

**Terebinthinae** (tds) : Chilblains where the skin is not cracked.

**NOTE** : In such cases, the patient should be kept in a cold place, but should not be exposed to a current of air. He should be washed with ice cold water in the parts affected. This process may last for hours. During the intervening period, any of the above remedies may be given according to symptoms.
NOTE 2: The patient should be warned against putting the affected skin against something hot or immersing in a pail of hot water as it will further damage the skin. Body warmth is the best application for the affected area like putting the hands in the armpits.

CHILD - ABNORMAL (SEE ALSO 'HYPERACTIVITY')

**Aethusa cyn.** (tds)  : Children get up in sleep, appearing frightened and start crying without any apparent cause.

**Agaricus mus.** (tds)  : Children are late in learning to talk and walk due to some mental defect.

**Alumina** (tds)  : Delicate due to feeding on artificial baby foods.

**Anacardium ori.** (tds)  : Laughs on serious matters and serious on unimportant matters.

**Argentum nit.** (tds)  : Child looks withered up and dried; looks like an old person. Does not want to go to school.

**Baryta carb.** (tds)  : Children are backward mentally and do not grow and develop. Take cold easily. Aversion to strangers.

**Calcarea carb.** (tds)  : Children are late in learning to walk due to some defect in bones.

**Causticum** (tds)  : Underdeveloped child - late in learning to walk and talk. Child does not want to go to bed alone.

**Chamomilla** (tds)  : Ask for things and refuses to accept them when offered. Impatient and restless child. Cannot tolerate little pain. Girls have very sensitive breasts and an inadvertent touch of the breast, though not developed, causes sensation or pain.

**Cypripedium pub.** (tds)  : Child cries out at night, is wakeful and begins to laugh and play.

**Graphites** (od)  : Children who are impudent, disrespectful, teasing and who laugh at reprimands.

**Hepar sulphuris** (tds)  : Beats other children; wicked; slightest cause irritates him.
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