

# Susan Curtis

## Homoeopathy, Immunity and Infectious Diseases

Reading excerpt

[Homoeopathy, Immunity and Infectious Diseases](#)

of [Susan Curtis](#)

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Homœopathy, Immunity  
and Infectious Diseases

A practical guide for travellers and parents



Susan Curtis



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# INTRODUCTION

As a homoeopathic practitioner I was frequently asked what someone could do rather than be immunised when travelling abroad. In response I would write out a couple of pages of remedies and hand them over with an explanation of where to get them and how to take them. Many other homoeopaths do the same, and several of them have mentioned how much they would like a book they could recommend to their patients that would contain practical advice.

There are several books available that detail the arguments against immunisation, (see the Suggested Reading section in the Appendices) and for this reason this book only briefly outlines the key issues, and concentrates rather on what individuals can do for themselves and their families having chosen to not be inoculated.

In 1986 I went to India for three months and had the opportunity to try out several of the remedies for myself. I did not have any inoculations. Other than a brief head cold as I adjusted to the formidable pollution of the Calcutta air, and a short but dramatic episode of food poisoning thanks to food being stored for three days at oven temperature in a ship's galley, I thoroughly enjoyed myself and stayed in good health.

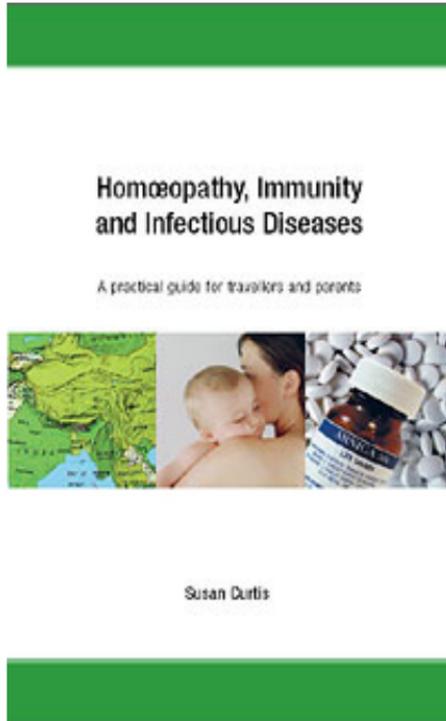
I drank boiled water and took *Echinacea* tincture for a couple of weeks until I felt more confident about my body's ability to adjust to new conditions and took homoeopathic remedies for the food poisoning and as a prophylactic for malaria during a boat trip along the Ganges. I was also very pleased to have access to a number of homoeopathic suppliers in case I felt the need for any further remedies. Throughout India homoeopathic remedies are widely available, in other areas of the world such as Africa and South America it will be necessary to take a reasonable stock of the most appropriate remedies with you.

Since having children I have been able to observe first hand the incredible vitality of an unvaccinated child. I have also come to understand the importance of parents having a basic knowledge of natural remedies so that they can step in at the

early stages of a child's illness and prevent anything more frightening developing.

Many parents instinctively feel that pumping toxins into their children in the form of immunisations is wrong. It is the same process as dumping toxic waste into the rivers and oceans and expecting them to be healthy, life-supporting environments. As more and more parents choose not to immunise their children, so a knowledge of the alternative needs to become more widely available. This book has been written as a practical guide with this aim in mind.

Natural medicine has a great deal to offer both in the prevention and treatment of infectious diseases. I would encourage you to get a basic knowledge of the remedies, make contact with natural practitioners in your area and have confidence in your body's innate ability to heal itself when encouraged in the right direction.



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85 pages, pb



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