Dr. V.K. Chauhan
Homoeopathic Spotlight on Clinical Aspects of Asthma

Reading excerpt
Homoeopathic Spotlight on Clinical Aspects of Asthma
of Dr. V.K. Chauhan
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• Removes temporary obstruction to oxidation of blood by stimulating respiratory centre, increasing oxidation and excretion of carbonic acid.

**BELLADONA**

*Acute inflammatory or congestive affections, sudden bronchospasm.*

**Symptomatic Indications**

• Respiration oppressed, quick.
• Violent tickling, short, dry cough.
• Stitching pain in chest when coughing.
• Sensation of foreign body or dust in throat.
• Moaning at every breath.
• Child begins to cry immediately before cough.

**Characteristics**

• Plethoric and vigorous subject.
• Lively when well, violent when sick.
• Onset sudden, violent.
• Precipitated by exposure to cold.
• Dryness of mouth, with aversion to water.
• Face flushed, hot red skin, glaring eyes, throbbing headache.
• Inflammation; with throbbing, redness, local heat and burning.
• Hypersensitivity to touch, motion, jar, light, noise, extremes of heat and cold.

**Modalities**

• Aggravation:
  - Cold wind, draught of air, sun, heat, touch, jar, noise, after 3 p.m., night, lying down, bending head forward, stooping.
• Amelioration:
  - Rest, dark room, semi-erect posture, warm room.
BLATTA ORIENTALIS

Used as an expectorant and supportive remedy during acute attack of asthma, status asthmaticus or bronchitis to relieve bronchospasm and expectorant.

Symptomatic Indications

• Dyspnoea, oppression of breathing.
• Cough, with thick and purulent sputum.
• Wheezing.

Characteristics

• Suited to subjects with stout and corpulent constitution.
• Restlessness.
• Profuse perspiration.

Modalities

• Aggravation during rainy season, on lying down.

BROMIUM

Sailors who suffer from asthma as soon as they go ashore; amelioration on sea.
Allergy to dust, asthma from handling old books from shelf.

Symptomatic Indications

• Attack comes in hot and humid season.
• Dry spasmodic cough.
• Hoarseness and burning behind sternum.
• Difficult and painful breathing.
• Difficulty in inspiring, as if breathing through a sponge.
• Sensation of coldness during inspiration.
• Airway feels filled with smoke.

Characteristics

• Susceptibility to heat; complaints from being over-heated.
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