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INTRODUCTION

The purpose of writing this book is sharing the vast experiences which I gathered during my undergraduate, post graduate and private practice.

It is impossible for one man to master all the various modalities of homoeopathy, hence, even after thorough institutional training, we find ourselves in dilemma when we start practicing the art that we have learnt. To remove this dilemma, either we try to study more, or we catch up with an experienced teacher or guru who can guide us.

Tips in homoeopathy is as old as Hahnemann. Ever since homoeopathy was introduced in 1796, the ocean of tips started forming drop by drop. I feel every homoeopathic physician in the world has his own tips to contribute which are very valuable, but unfortunately it doesn't come into existence, because, either homoeopaths are too shy or too secretive to present before the profession or it could be a lack of initiative to collect and present them in a book form.

However, I am grateful to Dr. Jahr, who for the very first time gave to the profession a book called "Forty Years of Experience" which was followed by Hering's "Domestic Physician". Subsequently, were Dr. Bhishambar Das Roy Chaudhry, followed by Clinical Tips by Sundervardhan, followed by Quick Bedside Prescriber by Dr. J. N. Shingal and Clarke's The Presoriber.

I salute to all of them for being so courageous and sincere, and helping thousands of homoeopathic doctors all over the world by their contributions.
HAZARDS OF SPECIFICS

The lay practitioners, the people who read homoeopathic articles in newspapers, young immature homoeopaths are the culprits who play havoc with the health of their friends, relatives, well wishers and neighbours etc.

WHAT ARE THE LONGTERM OUTCOMES OF SPECIFIC PRESCRIBING?

1. Suppression -

Here the symptoms travel inwards i.e. from less important organs to more important organs. E.g. Somebody who is suffering from allergic rhinitis, reads the news paper and takes Arsenic Album. After a few months this allergic rhinitis is much better but now ops frequent attacks of bronchial asthma. If this state is not become a chronic asthmatic immediately referred

2. Drug Induced Disease -

Taking homeopathic medicines one after the other, frequently happens amongst laymen who abuse specifics and create an artificial drug induced disease, e.g. A person complains of itching in the inner canthus of the eye. For this complaint he is prescribed by a quack Zincum Metallicum 30 as a specific. After a few months, his itching of the inner canthi is much better, but he still Keeps on taking the medicine for months together. When the medicine is continued for a long period, he may develop other symptoms which may belong to the remedy. Thus in certain sensitive cases you may get a proving of Zincum Metallicum.
Arthrosis

- chronic
- knee
- pain, severe

Atrophy, progressive muscular

Berger's Disease

Burning

- heat of hands and pains, with
- itching feet, and
- soles of feet, must stick the feet out of bed

Bony or growing pains

Bursitis

Calcaneal Spur

Collapse of knee while walking

Contracture

- Dupuytren's contracture
- fingers, flexors

Cool and bluish discoloration of hands and

Ammonium Phos 200C, Glandula Parathyreoidea 200C, Mandragora 200C, Strontium Carb 200C.

Manganum Metallicum 200C.

Bacillium 200C.

Chinhydron 200C.

Carboneum Sulph 200C, Plumbum Iod 200C.

Placenta Materna 200C, Secale Cor 30C.

Medorhinum 200C.

Sulphur 200C.

Sanguinaria 200C.

Concholinum 30C, Vitamin D 200C.

Succinic Acid 200C.

Concholinum 30C.

Cocculus 200C.


Bacillus Proteus 200C,

Tuberculinum Residuum 200C.

Agaricus 200C.
- inflammation, involving synovial membrane  
  Mezereum 200C.
- pain  
  Hyoscyamus 200C.

**Inflammation of the knee joints involving the synovial membrane**

**Itching**
- hands and fingers  
  Anagallis Q.

**Joints**
- cracking of  
  Natrum Sulph 200C, Petroleum 200C.
- pain  
  Ammon Phos 200C, Arg Nit 200C, Rhododendron 200C, Silicea 200C.
- stiffness in all  
  Causticum 200C, Petroleum 200C.
- twisting of the  

**Limbs going to sleep**
- hands and arms  
  Hyoscyamus 200C.
- legs  
  Fluoric Acid 200C.

**Muscular dystrophy**

**Nails**
- hang nail with inflammatory irritations of the ungual phalanges  
  Natrum Mur 200C.
- outgrowth horny, on finger nails  
  Antim Crud 200C.
- paronychia  
  Aristolochia Clematis 200C.
- paronychia, chronic  
  Asafoetida 30C.
Farokh J. Master

*Homoeopathic Bedside Clinical Tips*

160 pages, pb
publication 2004

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