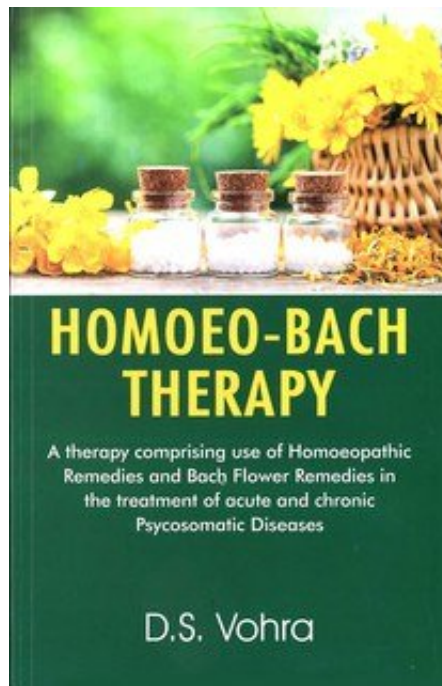


# D.S. Vohra

## Homoeo-Bach Therapy

Reading excerpt  
[Homoeo-Bach Therapy](#)  
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**045 Violent sneezing in the morning.**

06.08.2000 Mrs. Santosh Grover, 42 years, came from Mandi Adam Pur to Delhi for treatment of chronic sneezing trouble which could not be relieved by allopathic treatment in the last 5 years. Even nasal puncture gave only a month's respite.

Soon after getting up in the morning she would start sneezing and 50-60 violent sneezes at a time.

The trouble aggravated from any smell in the atmosphere or any change of season. She used to have headache and pain in the back sometimes.

03.08.2000 R Silicea 1M single dose with S.L. 1 dose daily for 3 days.

06.08.2000 She reported complete relief of her 5 year old chronic sneezing trouble in the last 4 days. She was happy but had fear of the trouble recurring and wanted to get rid of this trouble once and for all.

R 1 dose of Silicea and a combination of (W.C. + WN + CA + MIM) 3 doses a day for 30 days in the first instance and repeat it there-after as and when necessary.

**046 Depression aggravated by loneliness.**

17.10.2001 Mrs. Santosh Thakar, age 60 years, has been suffering from depression for a long time.

Allopathic treatment for 4 months had only dulled her senses and homoeopathic treatment for the last 3 months had given some relief. Her son and son-in-law are both away in England. The old couple are alone in house. Fear and apprehension prevents her from leaving the house. Alone and without any social life she feels depressed. Looking out in the street she apprehends that the hawker will kill her. She repeats the same word again and again. Her real trouble started 10 years ago when her husband was arrested during emergency days and son-in-law was involved in a serious road accident. After her operation of gall bladder in April 2001 she became very weak with low B.P. and her depression has much increased.

About 40 years ago, she was down with hysteria and had to be given electric shocks.

(Star of Beth + MIM + ASP + WC + IMP)  
T.D.S.

- 02.11.2001 Very anxious about her son and terribly afraid.  
R Ignatia 1M one dose. Opium 1M one dose and R.C. repeat.
- 26.11.2001 R Repeat RC and (Star of Beth + MIM + ASP + WC + IMP) T.D.S.

**047                   Hormone injections for increasing height landed him in asthma.**

- 07.11.2001 Arun Keswani, *age 19 years, is* suffering from asthma for the last 5 years

The trouble started after he was given some injection (Hormones?) to increase his height at the age of 14 years.

Stammering is another fault which he wants to cure.

There is swelling on his face before he gets Asthmatic attack.

Cough with breathing trouble aggravates between 1-2 a.m. and is also worse on any change of season.

- R (a) Ars-IM one dose.  
(b) (WC + WN + CA + MIM) T.D.S.

27.11.2001 >> Said he felt 75% better, cough at 8 p.m. at night.

- R (a) Ipecac one dose.  
(b) Continue (WC + WN + CA + MIM) T.D.S.

#### **048 Frustrated after love affair.**

05.08.2000 Mr. Samir Suri, 27 years, bachelor, complained of loss of appetite and sleeplessness.

He could get some sleep by resorting to daily use of sleeping pill. Years ago, he had some love affair which failed to fructify. He became frustrated and started drinking to overcome his depression.

Over-drinking led to the damage of his liver. Endoscopy and other clinical tests confirmed the

enlargement of liver and he was prescribed allopathic medicines to be taken regularly.

By sheer will power, he left drinking and did not take allopathic medicines. Negative thoughts regarding his failing health and fear of future keep rotating in his mind. He feels so weak physically. Tired from slight exertion. Has no appetite and still eats to maintain his energy, but it causes acidity. He wants to get rid of all these troubles.

05.08.2000 He was given one dose of Natrum phos 200 to relieve burning in the food pipe, and was strictly prohibited to take any food (Solid or liquid) without appetite. All drinks except plain water are liquied foods.

R (WC + MIM + CA + GENT + OLI) T.D.S.

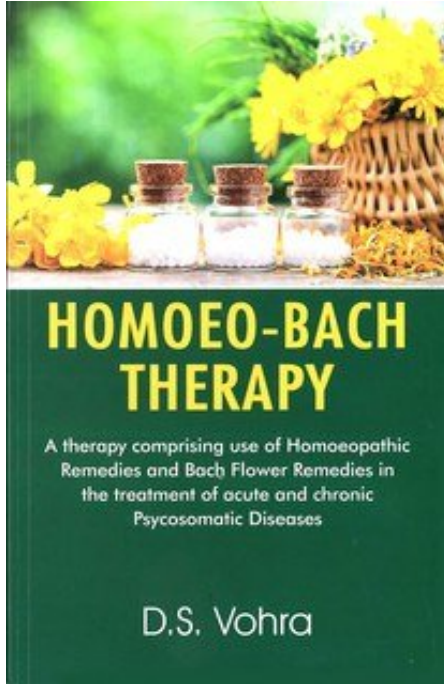
#### **049 Pain, swelling of legs etc.**

06.08.2000 Mrs. Kalapria Aggarwal, 44 years, complained of pain in lower legs with swelling near the ankles for the last 8 years.

Pain < standing, < light touch, but > by pressure  
Menses still regular.

Insomnia. She admits to being very nervous from early childhood. Says her nerves are prone to tension and is regularly taking Vitamin E and pain killers off and on.

Mental weakness, no inclination to work



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