

D.S. Vohra

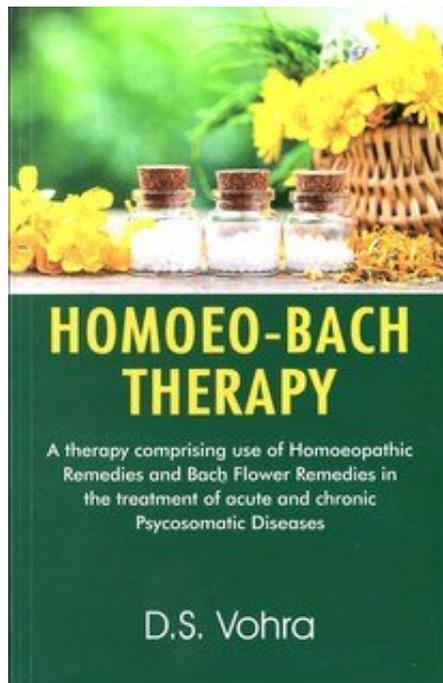
Homoeo-Bach Therapy

Reading excerpt

[Homoeo-Bach Therapy](#)

of [D.S. Vohra](#)

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PREFACE

In the various books written by me on Homoeopathy and Bach Flower Remedies, I have tried to share my experiences of the last thirty years in alternative modes of treatment of various diseases by Homoeopathy or Bach Flower Therapy. Some friends have asked me why I do not stick to only Homoeopathy or Bach Flower Remedies when I have said that both therapies are perfect. To such friends my submission is that both therapies are perfect, true, but I am not perfect in any of the therapies. I have acquired some knowledge of both. My aim is to relieve the trouble of my patient with any means at hand.

These two therapies are my weapons with which I beat the enemy (disease). So I use one or both of these weapons, which I have found most effective during my long practice.

It is usually said that Bach Flower Therapy is complementary to Homoeopathy but my assertion is that either of these therapies is supplementary or complementary to the other.

In these 244 cases, both acute and chronic, one can hardly make out which is the main remedy and which is the complementary remedy.

If I find that a child has stepped on a nail, I immediately give a dose of *Ledum pal* and follow it up with a few doses of

Arnica to relieve the pain. I do not have to wait to find out which of the Bach Flower Remedies would prevent tetanus or relieve pain. I can supplement the above treatment with a few doses of CHERRY PLUM if the pain is unbearable. Similarly, if an infant is crying, I put a few globules charged with RESCUE Remedy in his mouth and do not have to seek Homoeopathic medicine that would suit the case.

In my humble way I have been able to give substantial relief to the patients in the most difficult chronic cases referred to me by specialist in various fields, particularly so in the case of psychosomatic diseases. In the preparation of this book, I am indebted to Dr. Ishwar Chand Mittal who has for the past several years assisted me in taking case histories of patients and give valuable suggestions in the preparation of prescription. The cases given in this book are quite different from the cases given in any of the books written by me and would be found interesting by any practitioner of Homoeopathy or Bach Flower Remedies.

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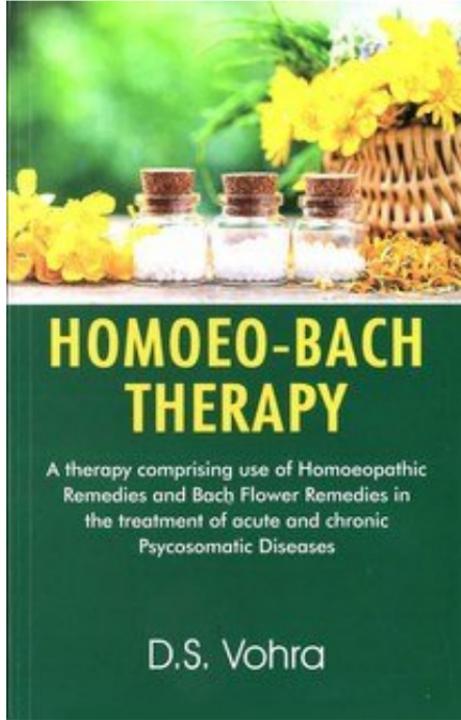
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