

K.P. Muzumdar

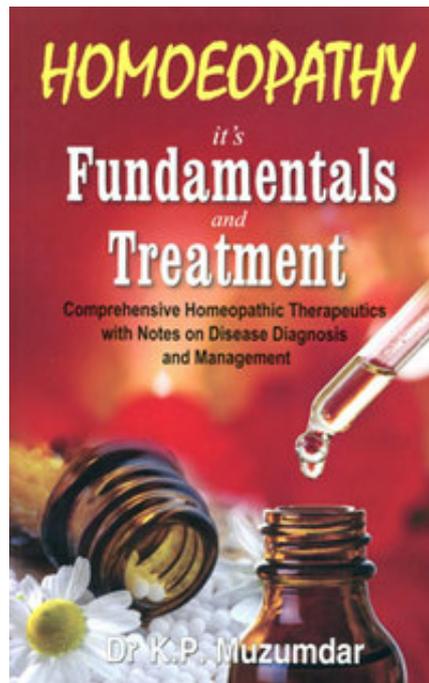
Homeopathy it's Fundamentals and Treatment

Reading excerpt

[Homeopathy it's Fundamentals and Treatment](#)

of [K.P. Muzumdar](#)

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Histaminum muriaticum is an allergic remedy for psoric and tubercular personalities. Often bronchial symptoms accompany skin symptoms. This can be used where the patient has received large doses of antihistaminics during the treatment of asthma or for any other ailment.

Beryllium metallicum was an accidental find. Workers working in the beryllium mines were found to develop lung fibrosis. X-ray showed a snow fall appearance, looking like pulmonary sarcoidosis and an emphysematous lung. Low potency of this remedy helps to slow down the progress of this disease.

Naphthalinum produces symptoms of hay fever with dyspnoea and sighing respiration. It is useful in emphysema of the aged.

In practice, one will find many patients who are already on some treatment like broncho-dilators, antibiotics, antihistaminics, steroids, come for homoeopathic advise. Depending of the health status of each individual, you have to decide whether to allow them to continue their non-homoeopathic treatment if they happen to start the homoeopathic treatment.

Investigations

X-ray may be normal but sputum may contain a large number of eosinophils peripheral blood film will show marked eosinophilia. Simple spirometry or a Candle blowing test should be instituted.



CHRONIC BRONCHITIS

The patient complains of chronic cough, though there is no elevation in temperature. Ronchi and rales are heard over the chest. This condition is CHRONIC BRONCHITIS.

This is an insidious process, normally starting after the age of forty, in people who are susceptible to respiratory infections, they are usually of sycotic constitution, but in many cases this condition can start after pneumonia or influenza. The symptoms start as a cough over a period with mucoid expectoration. Sooner or later, emphysema develops and

breathlessness ensues. In summers, it is comparatively better, but with the return of damp, foggy and wet weather the symptoms return with acute bronchitis that supervenes. As time goes by, cough and sputum becomes more persistent, and may last the whole year. The patient becomes more breathless with emphysema; marked pulmonary hypertension results and right sided heart failure may supervene.

Management and Treatment

X-ray of chest may show a low, flat diaphragm and hyperlucent lung fields. There may also be emphysema. Ventilatory indices like the ratio of FEV₁/FEV of 70 per cent indicates airway obstruction. Hence, vital capacity is reduced.

Aim of treatment is to remove the cause of bronchitis as far as possible such as - air pollution and smoking. When the patient is on a long term treatment with chronic and intercurrent remedies, or constitutional remedies, maintain an ambient atmosphere and avoid overheated rooms, damp and foggy places, stuffy clothing, overfeeding, smoking and too much of alcohol.

Remedies that resemble the pathogenesis of chronic bronchitis are more sycotic in nature.

Pulsatilla nigricans, though chilly, prefers being outdoors. The discharges are thick, bland and yellowish-green. The symptoms always keep changing. Patient is thirstless.

Stannum iodatum has a persistent inclination to cough, excited by a tickling dry spot in the throat. Tracheal and bronchial irritation of chronic smokers. The cough is loud, hollow sounding, ending in expectoration. Low potency of 3X is more valuable in the chronic condition.

Mercurius solubilis cannot lie on the right side. There is cough with yellow, muco-purulent expectoration, in paroxysms of two; worse at night and from the warmth of the bed. Stitching pain in the right lobe of the lung radiating to the back.

Antimonium tartaricum has bronchial tubes which are loaded with mucous. The cough is rapid and short. Difficult breathing to the point of suffocation. Dyspnoea is relieved by eructation and by lying on the right side.

Natrium sulphuricum is typically a hydrogenoid and sycotic remedy. Worse in rainy season, in damp weather and from water in any form. Rattling in the chest in the early hours of the morning, between 3 to 4 am. Cough is accompanied by ropy, greenish expectoration.

Senega is an old mans remedy. Rattling in the chest. Chest oppressed on ascending. Difficulty in raising the mucous. Asthenic bronchitis in old people. This is an insidious process, normally starting after the age of forty, in people who are susceptible to respiratory infections, usually of sycotic constitution. However, in many cases it may even start after pneumonia or influenza. The symptoms start as cough over a period, with mucoid expectoration. Sooner or later, emphysema develops and breathlessness ensues. In summers, the patient is comparatively better, but with the return of winter, damp foggy and cold weather, the symptoms reappear with an acute attack of bronchitis. As time goes by, the cough and sputum become more persistent, and may last the whole year. The patient becomes more and more breathless with the emphysema. Marked pulmonary hypertension results and right sided heart failure may supervene.



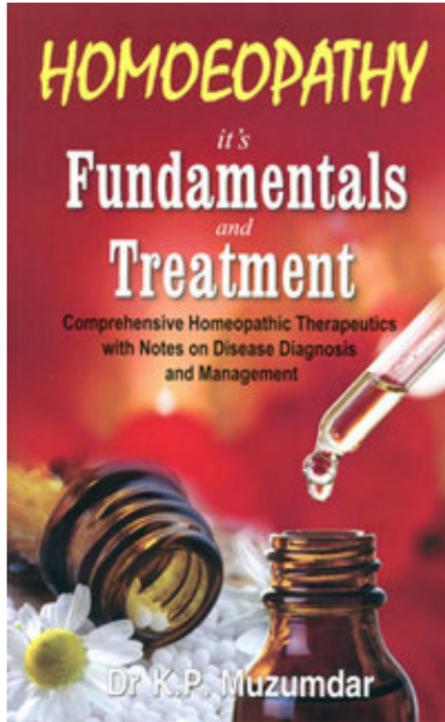
PULMONARY TUBERCULOSIS

A patient complains of persistent cough with expectoration, loss of weight and energy, and intermittent pyrexia with occasional frontal headache. Night sweats, loss of appetite with fullness of abdomen after a light meal are also present. The condition is PULMONARY TUBERCULOSIS.

The disease is mainly chronic in nature and its onset is insidious. In fact, in many cases of pulmonary tuberculosis there may be no symptoms and this condition is recognized only by radiography.

Management and Treatment

Homoeopathy recognizes tuberculosis as a diathesis. For the purpose of treatment, we understand that there are premonitory symptoms - 'pre-tubercular stage.' To establish a scrofulous state in a body



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