

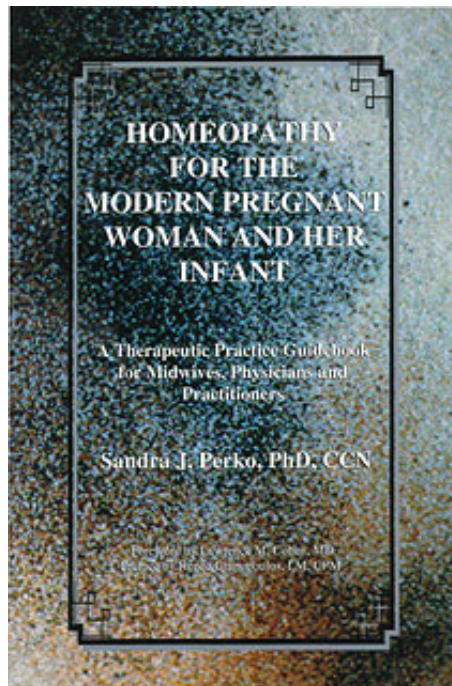
# Sandra Perko

## Homeopathy for the Modern Pregnant Woman and her Infant

Reading excerpt

[Homeopathy for the Modern Pregnant Woman and her Infant](#)  
of [Sandra Perko](#)

Publisher: Benchmark



<http://www.narayana-verlag.com/b2647>

In the [Narayana webshop](#) you can find all english books on homeopathy, alternative medicine and a healthy life.

Copying excerpts is not permitted.

Narayana Verlag GmbH, Blumenplatz 2, D-79400 Kandern, Germany

Tel. +49 7626 9749 700

Email [info@narayana-verlag.com](mailto:info@narayana-verlag.com)

<http://www.narayana-verlag.com>



**TENDENCY TO MISCARRY**  
**SECOND MONTH**

**DIFFERENTIAL**

**APIS MELLIFICA (Apis)**

See Tendency to Miscarry - Early Months, page 78.

**KALI CARBONICUM (Kali-c.)**

If the labor-like pains start in the back and pass down through the gluteal muscles or the thighs, Kali carbonicum will be the first remedy to consider. There may also be a cutting pain in the abdomen. The pains may come in "stitches." The **pain predominates**.

The hemorrhage has a constant oozing nature after a copious flow. There is violent *back pain*, which is relieved by sitting on something firm and by pressure.

**CIMICIFUGA (Cimic.)**

There are **violent** pains in the abdomen causing her to bend double. She may faint from the pain. There is usually an emotional element here, agitation, fear, hysteria, with rapid talking and change of subject. **See Tendency to Miscarry -Third Month, page 83**

**SEPIA (Sep.)**

See Tendency to Miscarry - Third Month, page 82

**TENDENCY TO MISCARRY**  
**THIRD MONTH**

**DIFFERENTIAL**

**SABINA (Sabin.)**

Sabina is one of the main remedies for the tendency to abort at the **third month** and should be seriously considered if there is a history of miscarriage. A major cause is placenta praevia. The pains start in the small of the back, the sacrum, and extend to the pubis. Violent pains may extend from the back directly through to the pubic area. Pain in the uterine region with a faint, sick sensation in the abdomen. Labor-like pain in the uterine region. The uterine pains may extend into the thighs. She gets relief by lying on her back.

**The hemorrhage predominates** with **profuse**, bright red or dark fluid blood which is **clotted**. Bright red, clotted flow which is **worse with every motion**. Any movement is followed by a flow of dark red, clotted blood. The blood may flow rapidly and alarmingly.

If Sabina is strongly indicated, an aborted fetus is likely to occur because Sabina has such profuse bleeding with numerous black, clotted pieces which look like liver. This remedy will not stop the miscarriage of an abnormal or nonviable fetus but rather will assist it.

**KEYNOTE:** The blood is fluid and **clots** together. The liquid blood will flow and then will come **a clot or clotted pieces like liver**. Pain at the time the clots or tissue passes.

**CAULOPHYLLUM (Caul.)**

Due to a weak uterus which lacks tone. She will have spasms of severe pain which seem to "fly in all directions." Habitual miscarriage due to uterine weakness. Needle-like pains in the cervix. The pain predominates.

### **SEPIA (Sep.)**

The Sepia woman tends to miscarry early due to a lack of tone and weakness of the cervix. This weakness will be reflected all throughout her body, i.e., poor circulation (cold hands and feet, etc.), hemorrhoids, varicose veins, weakness of the bladder (dribbling and inability to hold urine), constipation, etc. She may also have severe morning sickness which stimulates contractions. The **pain predominates**.

**KEYNOTE:** She barely feels the movements of the fetus.

### **SECALE CORNUTUM (Sec.)**

The Secale woman is weak and feeble, often anemic, and tends to abort at the third month. This will occur in women who have borne many children (Sep.). She has a weak pulse and often has a fear of death and a fearful countenance. She has labor-like pains in the uterine region, alternating with hemorrhage. She may experience tingling all over her body and is better by having her arms and legs rubbed.

**The hemorrhage predominates** with a copious, oozing, black smelly discharge. Very foul-smelling clots. Coagulated, fluid, profuse, watery blood which may also be bright red. The flow is worse from motion.

**KEYNOTE:** She will hold her fingers spread apart.

### **USTILAGO (Ust.)**

Early miscarriage due to a flabby condition of the uterus. There is a bearing-down pain in the uterine region as if everything would come out (Sep.). The **hemorrhage predominates**, with huge clots or large lumps of blood. The flow is either dark or bright red but almost always clotted. It is a passive flow, not profuse, and it ceases for a time and then begins again. It can be quite offensive smelling. **See**

**Miscarriage From Weakness or Incompetence of the Cervix, page 69.**

**KEYNOTE:** The blood appears in **long threads or long black strings.**

**CIMICIFUGA (Cimic.)**

The pain extends across her pelvis from hip to hip. **The pain predominates.** She has great morbid fear and is intolerant of the pain. It doubles her up. She may describe the pains as being like "electric shocks." In the ovarian region she may feel pain which shoots up and down her thighs. She may have chills and a prickling pain in her breasts, especially the left breast. The flow is profuse, dark and coagulated. **See Tendency to Miscarry - Second Month, page 80.**

**KEYNOTE: Pain across the pelvis from hip to hip.**

**MERCURIUS SOLUBILIS (Merc.)**

The symptoms tend to start at night. She may have stinging pains in the ovarian region. The flow is profuse with abdominal pains. Think of Mercurius where there exists hereditary syphilis manifestations or syphilis in the immediate family history, including that of both partners. This remedy is often indicated if miscarriage threatens at the *end* of the third month.

**CROCUS SATIVA (Croc.)**

Dark or black blood which is **slimy, stringy, and clotted** or where the clots hang together in strings. The blood may also be partly bright and offensive-smelling. The **hemorrhage predominates** and is greatly increased by the least movement.

