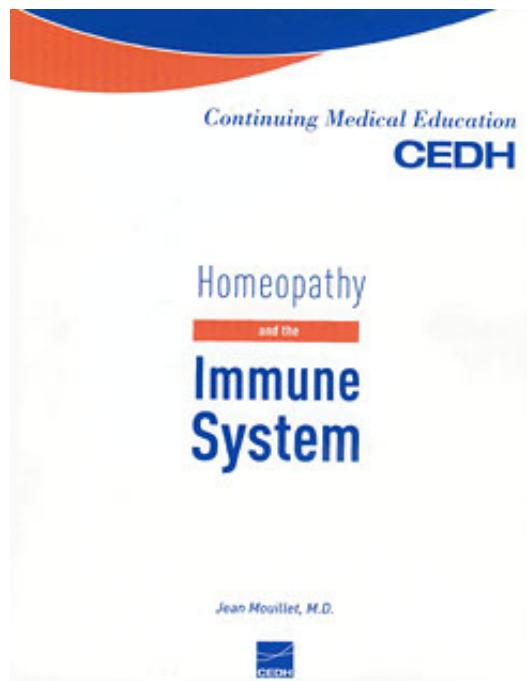


# Jean Mouillet

## Homeopathy and the immune system

### Reading excerpt

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of Jean Mouillet  
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## Sycotic reactional mode

Described by Hahnemann, the Sycotic reactional mode is characterized by a slowing down and halting of the exchanges between interstitial tissues and poorly working macrophages with fluid retention and sensitivity to dampness (aggravation) leading to chronic inflammations and benign tumor productions.

We are faced with a pathological reactional mode, responding to a mixed immune system disruption:

- On the one hand the effectiveness of the innate immunity is reduced, particularly for immune-related lymphatic elements, triggering subacute affections, lingering at first then progressing into chronic pathologies.
- On the other hand we find disrupted cell-mediated immunity mechanisms, observed in:
  - Its sensitivity to viruses and bacteria.
  - but also to the environment itself with airborne or chemical pollution, frequent or long-term use of medications, especially steroids with their molecules acting on bodily fluids and the immune system, leading to suprainfection and recurrence.

### ***Pathologies encountered are a good example of these conflicts***

- ENT-related allergic pathologies with suprainfection. These affections are recurrent and linger on; they are triggered or aggravated by dampness (spasmodic rhinitis, sinusitis, secretion of the Eustachian tube).
- Often these pathologies are associated to asthma episodes during cold winter season, sometimes with Type III hypersensitivity, with cytotoxic immune complexes promoting the inflammatory reaction and releasing histamines.
- Various types of dermatitis: oozing or cracked eczema, fungal eczema, dyshidrotic eczema and contact eczema (metals).

The evolution of the pathology starts with tissue build-ups (any type of tissues), secretions of the skin and mucous membranes progressing slowly to sclerosis associated to a reactional depression.

sion. Some patients will have some Psoric-like symptoms, showing the body's attempts at eliminating.

Just like we did for the reactional modes, we will now look at terrain medicines with their complementary local action medicines.



### Terrain medicines

They are listed in a similar manner than for the reactional modes, with progressive aggravation, and prescribed in medium or high dilutions, 9 C or 15 C, in weekly or bimonthly doses.

**Natrum sulphuricum** • Core medicine of this reactional mode, presents some similarities with *Natrum muriaticum* and *Sulphur*, with a noticeable aggravation by dampness, which is the factor triggering and promoting these disorders.

These disorders are characterized by hydration disorders with irritating eliminations (*Sulphur*):

- Yellowish skin, with oozing dermatitis or large patches of flaking eczema associated to pruritis aggravated when getting undressed, these affections are periodical, occurring mostly in the spring time; we can also find benign skin growth such as warts or condylomas.
- Chronic and irritating secretions of the mucous membranes.
- For respiratory mucosa the pathologies are quite diversified, in the acute stage we have a clear spasmodic rhinitis associated to thick and salty posterior discharge; and in the chronic stage the nasal discharge is greenish yellow with major nasal obstruction especially at night. There can also be productive asthma aggravated in the early morning hours.
- For digestive mucosa the spasmodic nature of the elimination is translated into an imperious, watery or yellowish morning diarrhea, associated to flatulence and colic. The liver area is also painful and congested.

**Silicea** • Already seen in its tuberculinic aspect, immune system capacities are becoming more and more limited, progressing slowly to the Sycotic reactional mode. Heightened physical and mental weak-

ness, hypersensitivity to damp cold. Infectious episodes are becoming longer and harder to treat.

- Thuja occidentalis*** • Other core medicine of Sycosis, presenting like *Natrum sulphuricum* a great sensitivity to dampness with aggravation of the secretions, neuralgia, joint pain and psychological state.
- Irritating, chronic, greenish, thick and foul-smelling secretions regardless of location. Disorders presented are chronic, recurrent ENT infections, associated to nasal polyps, throbbing pain in the cheekbones due to sinus inflammation.
  - It is possible to see asthma in adults, coexisting with chronic mucopurulent ENT or urogenital secretions.
  - Cold skin with disseminated brownish spots; body sweats with a strong and foul odor (leek soup), pedunculated or clustered warts and condylomas that bleed easily.
  - We can find digestive disorders, liver insufficiency, rancid eructation after eating fatty foods, lingering constipation with some episodes of morning diarrhea with stomach rumbling.
  - Reactional depression with obsessive ideas and cancer phobia.
  - Enlarged tonsils, adenoids and cervical lymph nodes.

***Causticum*** • Is a medicine of the Sycotic reactional mode progressing towards sclerosis, with an inversion of its modalities: improvement in humid weather and hot air, aggravation by dry cold. Sensations are linked to its components, sensation of intense burning pain, like quick lime. Symptoms of the mucous membranes show the inflammation:

- Respiratory mucosa with recurrent rhinitis, rhinopharyngitis with secretions of the Eustachian tube; chronic hoarseness, especially in the morning with a need to warm up the voice, associated to a sensation of raw larynx, repeated tracheo-bronchitis with painful dry cough related to dry mucous membranes and often bladder/bowel incontinence.
- Digestive mucous membranes with dryness, burning sensation, acrid vomiting and eructation tasting like food, abdominal bloating and constipation.
- The skin is dirty and pale, with flat, large, uneven warts bleeding easily, mostly located under the nails, on the nose, eyebrows and eyelids. We can also see chronic, dry and flaky eczema.

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