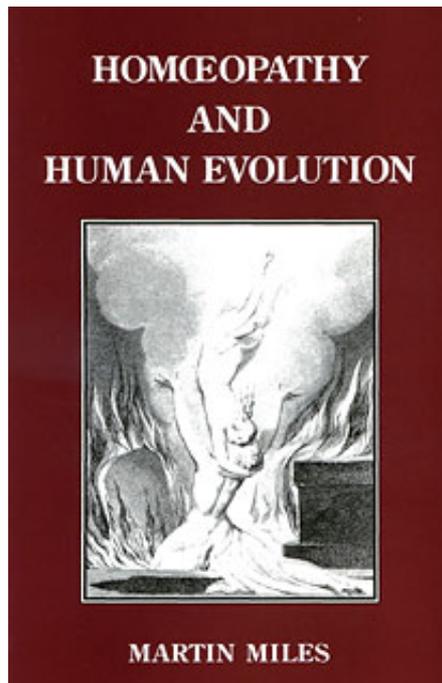


# Martin Miles

## Homeopathy and Human Evolution

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# THE NERVOUS SYSTEM

The nervous system can be divided into two areas: the central nervous system and the sympathetic nervous system. They relate in the Bible to the Tree of Life and the Tree of Knowledge.

The central nervous system relates to the brain and spinal column. These together with mind are what is being developed by man as he struggles for greater consciousness in all his present activities and future endeavours. The development of this area also develops the will. During meditational practices the brain is quietened, its habitual activity brought to a stop, whilst the spinal column and the pituitary gland are stimulated in order to receive information directly from the soul into consciousness. This process is usually precluded by the brain's activity, as a clear pool is defiled by stirring the mud on the bottom.

In the Tree of Life the central nervous system is represented by the central column, and the sympathetic system by the outer two pillars. The central column is the balance between the two extremes of the sympathetic system - light/dark, yin/yang, positive/negative, male/female, etc. - the development of humanity seeking the middle path of balance. The more a person prepares themselves consciously in the work of human evolution, the greater will be the spirit's contact with the central nervous system. The spinal column is an energy conductor, and when made available with full consciousness, the spirit will pass as a vehicle of light via the higher vehicles down the spine and through the body, ever increasing the alignment between body, mind and spirit. Energy is also passed between the central and sympathetic nervous systems in this way. The more a person is conscious in the present moment and not dwelling upon past or future, the

## The Nervous System

greater will be his development of the central nervous system, and the ability to align with and serve the spirit.

The central nervous system pertains to the higher mind and the capacity for creative thought. Human beings have not yet developed this capacity for the most part. However, it is for this reason that it is said ARSENICUM ALBUM as a constitutional homoeopathic type is representative of the most advanced of humanity so far in general production, for their mind is more developed than in any other. This is illustrated by their ability to think ahead, decide what they want, gather the necessary forces and take action. This may be done selfishly, but nonetheless it is done. The level of self-interest can be worked on later, the capacity is there in the Arsenicum type, while others, unable to decide, think or act for themselves are left complaining about the consequences. They are the prime movers who get results.

The sympathetic nervous system represents the unconscious or habitual nature. It incorporates the ductless glands and the seven major nerve ganglia, together with their spiritual qualities in what is known as the chakra system, the point where spirit meets matter. The sympathetic nervous system is the realm of personality and emotions relating to the small ego or petty self. Our emotional reactions and attitudes activate the ductless glands into passing chemical secretions into the blood; to which every cell in the body must at some time conform. This is the story of pathology, and the cancerous tumour the result.

Continued indulgence in negative habitual behaviour ensures the repeated secretion of the corrosive chemical counterpart into the bloodstream, resulting in disease, decay and corruption. Continued indulgence in an emotion together with chuntering brain activity will cut a groove of habit much like a gramophone record. The overall result is partly why it is possible to read the totality of an individual on the countenance. It is also much in the same way that we may know the homoeopathic remedy a patient requires as she walks into our consulting room.

Our unconscious reactions, attitudes and habitual negative thoughts run via the sympathetic nervous system. Living within this system there is little or no control over the personality behaviour. The sympathetic nervous system clouds the incoming spirit,

## Chapter 7

as the dark forest grows its canopy blotting out the light of the sun. This is what is experienced when embarrassment or the prickles of conscience are felt. It is what happens when the individual whose consciousness is firmly rooted in the personality feels 'under attack' from others and starts making excuses or blames others. How much better just to acknowledge the truth and build in the lesson, instead of repeating the habit and going round in the cycle of habitual unconscious behaviour.

Homoeopathy as a tool helps the person to cast off the chains of habit by stimulating some consciousness within him of what is going on. He clouds the waters of his mind with his own thoughts of unworthy things and the light of the spirit cannot penetrate. Homoeopathy will clear the pool, if but temporarily, allowing some receptivity; and the soul is then able to make some impressions upon the brain.

Habitual activity is imprinted on the vital body through the sympathetic nervous system. If of a negative nature this activity will weaken the power of the vital body both in itself and in its ability to build and maintain the physical vehicle. Notice how negative emotions will destroy energy, and joy and laughter create it; which is why the most important lessons in life are to enjoy it and to learn to love.

It is the polarity between these two systems, one representing the higher self, the other expressing the lower self, and the resulting 'antagonism' from the two states that serves to develop consciousness in man; who is not yet a conscious learner in the field of evolution. We are in our daily endeavours busy building the pathways between the two nervous systems, towards the development of consciousness and evolution. This work, as ever, lies in the ordinary mundane life and not in the great things of one's dreams not yet attained. For the rose to lift her lovely head, the roots must labour in the dark earth. It is consciousness in the present moment, or in other words, doing the job in hand whatever it may be that is required. It is not sufficient to say that you haven't chosen your present circumstances, for on some level you have — if unconsciously. The conscious use of choice will not only focus the individual on the present moment, but will bring into life a faculty which is always there but seldom used; that of free will.

## The Nervous System

We talk as homoeopaths about mental symptoms and their relative value in case assessment and symptom hierarchy. Those symptoms are however for the most part not of the mind but of the emotions, and for the purposes of greater understanding in homoeopathic prescribing should be realised as such. The Mind section of any repertory includes such entries as fear, anger, weeping, sadness, anxiety, grief, irritability, shock, jealousy, hysteria, pride, hate, love, etc.. These are all emotional states and are reactions that do not involve the power of thought. They involve the products or reactions of the sympathetic nervous system, the physical adjunct of the emotional body. Those symptoms that really are of the mind pertain to understanding, memory and intellectual capacity.

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HUMAN EVOLUTION**



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