

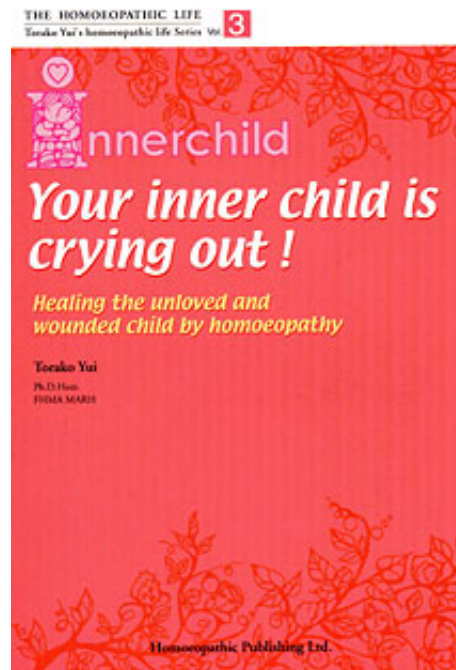
Torako Yui

HL Series - Your inner child is crying out - Vol 3

Reading excerpt

[HL Series - Your inner child is crying out - Vol 3](#)
of [Torako Yui](#)

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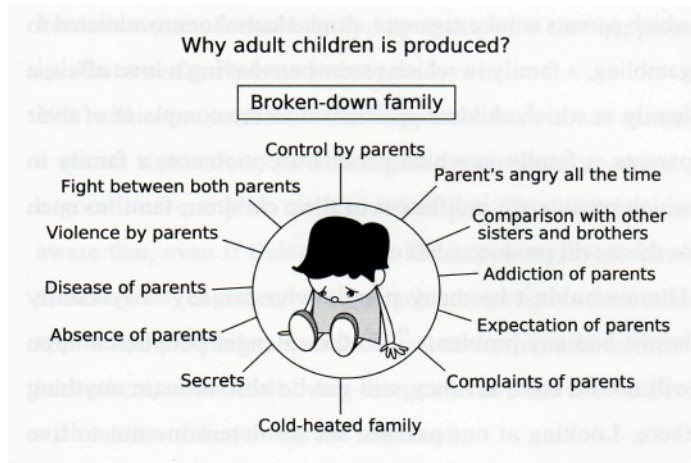
Awareness that can be earned only through pain

I believe, in this present time, many families are on the verge of a breakdown. In a world where many unnatural things are infesting the environment, food, nutrition, medical treatment, vaccination, child-birth or excessive information, the family alone cannot escape it. Where the environment is unnatural, human beings are also unnatural, that way families too will become unnatural and will be ruined.

However, ultimately, all are a necessary process for us to recur back into nature. Had we not experienced the nightmare of unnaturalness, then we wouldn't have wanted to return back to nature either. In this sense, the modern medical treatment of today is also necessary, and it may be the case that even the family breakdown also serves as a necessary process of pain in order for us to realize what is truly important. Therefore, it can be said that the children being born to such a family are given a huge opportunity for their learning.

Nonetheless, it is needless to say that, as a child, you cannot help suffer, grieve and fall into self-denial. You may even become unable to understand the meaning or the happiness of living life. You may, in the end, become adult children or fall into illness and suffer.

In that agony, in a situation where you have no other choice



than saving yourself at any cost, you will become aware that you actually haven't lived your own life until now, but lived in compliance with the sense of value of your parents. Then, when you become able to get over your parents, you will also be able to live your true self without wearing a mask.

A family in which parents are fighting all the time, a family in which parents are always becoming angry, a cold-hearted family, a family in which hypocrisy and covering up lies prevail, a family in which children are always compared with their brothers and sisters, a family in which children must fulfil the expectations of their parents, a family in which children have to look after their parents, a family in which parents are very dominant, a family in which parents are busy and hardly at home, a family that holds secrets, a family in

which parents smoke cigarette, drink alcohol or are addicted to gambling, a family in which parents are having a love affair, a family in which children must listen to the complaint of their parents, a family in which parents use violence, a family in which parents are indifferent to their children; families such as those will produce adult children.

There wouldn't be many people who can say "My family hasn't had any problems." To the splendid people, children will not be born, for they will not be able to learn anything there. Looking at our parents, we all determine not to live like them. Parents serve as a negative example. Fortunately, because we have wicked parents, we can learn. However, children inherit the consciousness of their parents whom they detest. Therefore, one day they realize that they are doing the same thing to their children as their parents. After all, only after forgiving your wicked parents, accepting them entirely and loving them truly, you will be able to finally get over your parents. This may be extremely difficult. However, you must understand that no one actually becomes wicked parents by their own choice. You must be able to understand that your parents and everyone else have also been crying beneath their masks. In order to do this, you must first acknowledge your angry self, understand it and spit it out, after that then, you will be able to forgive your parents. You will also be able to forgive yourself and love yourself. In so doing, you will

become aware of what is truly important, what true happiness is, what true family is and what true love is.

You will come to realize that happiness isn't about earning a social status or to live in a grand apartment or to enter a good university or to have a banquet. You will become aware that, even if living a basic life in poverty, if all family members stay together, care for each other, respect each other, appreciate all things, wouldn't lie but are honest, wouldn't hurt others, treasure all living things and live life to its fullest; such matter-of-fact things are important.

Therefore inner child isn't about bad things only. The hardships of life aren't about bad things only. You will come to know it actually is the trial provided in order for you to earn true freedom. By becoming hurt, and by overcoming it, you will earn true confidence that cannot be hurt. The power to believe ourselves is simultaneously the power to believe others, which is after all the attribution of God that we all have originally inherited within.

By accepting all things as they are, let's move on

Please make endeavours to observe things objectively such as unnatural patterns of behaviour, emotion and thoughts which you had acquired. In order to do this, when you are becoming

In order to earn true liberation and happiness 225

angry then ask yourself its reason. As I have mentioned before, observe whether it is the inner child that was forced with the sense of value of the parents and is getting angry, or it is the inner child that was not loved by parents and therefore is becoming angry.

We are born inheriting not only the inner child but also the belief system and the memory of the emotional response of our parents and ancestors. But we can rewrite it. We may often inherit the unresolved problem of parents or ancestors. There are also problems that occur in order to cleanse the predisposition of our soul (karma). However, please do not take it too negatively. For solving these problems in themselves is a learning, the growth of our soul and the meaning of our life. In any case, all are the grateful things. Whatever happens, there is no need to fear. You only have to learn from it.

By having unpleasant experiences, you have surely grown. Fortunately, many pains ambush your life. Life consists of 25% of happiness, 25% of pain, 25% of grief and 25% of hardship, equally divided in total 100%. There may be a person whose hardship is 50% of the whole, and if you are the one, then please take it that God is favouring you. Human beings mustn't do only things that are enjoyable. Without painful things, you cannot grow stronger. Therefore, by accepting and forgiving yourself just as you are, and

unshackling the past, please move on.

As for myself, I am content with my life now. There have been many problems such as my mother was raped and even stabbed, I myself was beaten, and an unwanted child, almost aborted, tied up in a cowshed, developed ulcerative colitis and almost died, but, I am happy with all that now, and would like to say it loudly. I had chosen this life, and I for myself have lived this life. After all I wanted to live this life, and I am here now as I am today. This is an undoubted fact. An extraordinary life, a painful life and a hard life, are all good, aren't they? You yourself had chosen to be born on a stormy day in order for you to grow stronger and in order to earn true freedom and happiness, and In order to smile beneath the tranquillity of the sky after the storm.

Therefore, even if you have lived such a hard life, I want you to praise your soul that has endeavoured to live. You are all great. Having survived the hardship, and having managed very well. You have made it this far without committing suicide, therefore I applaud you. Needless to say, I want to applaud myself.

Questions and Answers

From the Seminar for Inner Child (July 28, 2007) at Tokyo Bigsite (healing fair)

Questioner A : I am now in the 8th week of pregnancy, and having heavy morning sickness. I also have fibroid, and feel insecure as to whether I really can be a mother or whether I can really have a healthy baby, and I can't feel happy at all. Although I am taking remedies from "Everyone's Set" , I appreciate it if you could recommend any other remedy for me.

Yui : Until now you only had to live for yourself, but from now on, you must bear a child and take to the task of mothering. Mothering is to love and raise the child as a mother. At night, you will be woken every 3 hours, if the child is a wicked one, then every hour. Immediately



after returning to your bed, you will be woken again, then opening the front of your pyjamas, you produce your breast, and must feed the baby, and then you start feeling nothing really matters anymore, but "suck the milk quickly, and go to sleep." In the beginning, the inexperienced mother can't understand what is happening, and may feel what a life! She herself wants to cry. In times such as this, the remedy set of "Kids Trauma" will be very helpful. Many good remedies are included in this.

As for the fibroid, your baby may help shrink that. For fibroid often develops as the substitute for a baby, and when you give birth, it often shrinks to a smaller size. I myself used to have a fibroid of about 4 cm in diameter, but after giving birth, I discovered it had disappeared. Therefore, I want to say; don't you worry! By the way, when internal toxins are accumulated in your body, you will have a tendency towards having bad morning sickness. Begin with the remedies of Nux-vomica and Sulphur to eliminate internal toxins. For the fibroid, I recommend Thuja and Sepia.

Then, in order to have a gentle natured baby, it is important to talk lovingly to the baby. Please avoid watching horror films. By watching that kind of film, if the level of adrenal gland rises, your blood pipe shrinks.

If this happens when you must provide a lot of blood to the unborn baby, then the unborn baby will be put in a state of apathy. You must never bring the baby into such a horrifying situation. Also, avoid watching the wicked pornography. During the pregnancy, it is important to keep yourself serene. As you just got married, I reckon you won't have much money yet but instead of lamenting the shortage, please be grateful for what you have. Please don't worry too much, thinking "I don't have this, I don't have that either. If I can't buy the pushchair, what shall I do...." but appreciate what you have. I think this is the best way to raise a child. Then please talk to the baby. "How are you? Are you growing smoothly? Mum will be eating something nice for you, sorry that mum sometimes eat weird chocolate." Casual talk like this will do.

Questioner B : Having taken the healing fair as an opportunity, I am currently taking the homoeopathic consultation at Tokyo head office in Hatsudai. I originally had bulimia and serious athlete's foot, and now it has been about eighteen months since I started having the consultation. The problem is that I and people around me as well, often become cystitis at this time of the year. I had this last year, and this year too. I 've just been to the toilet."

Yui : Do you remember any incident at which, even though

you were very angry, but endured it? You wanted to say something but swallowed it.

Questioner: Yes, I reckon so, a lot.

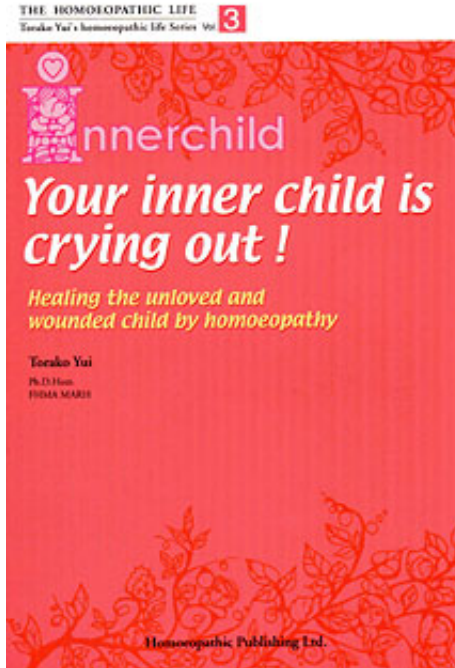
Yui : Can you remember one particular incident?

Questioner : Yes I do, but it was an incident that happened a long time ago.

Yui : I think that's the one. If you solve that, then your cystitis will be cured. You need more remedy for humiliation something like Staphysagria. If you acknowledge the fact that you have suppressed anger and are muddled with humiliation, and bring it into your consciousness, then you will become more at ease. Also, if you develop such a symptom at this time of the year, then it relates to a miasm as well. The miasm of this season is syphilitic miasm. This is because one of your ancestors had borne a child while being affected with syphilis. Therefore you also inherit a weakness in the urinary system and in the bladder system. Why don't you also work on it at the same time? Remedies of Staphysagria and Mercurius may work well. In general, we prescribe Cantharis or Apis for cystitis, but in your case, I think the deeper remedy will work better.

Questioner C (a child) : I am having problems at school. They are very friendly to me usually, but behind me....

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