

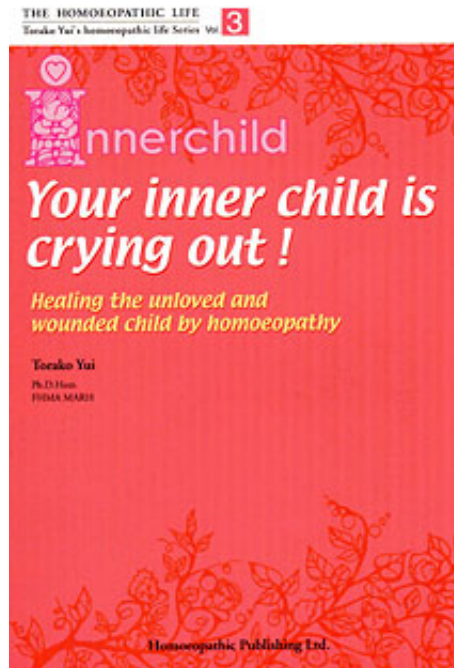
Torako Yui

HL Series - Your inner child is crying out - Vol 3

Reading excerpt

[HL Series - Your inner child is crying out - Vol 3](#)
of [Torako Yui](#)

Publisher: Homoeopathic Publishing



<http://www.narayana-verlag.com/b6366>

In the [Narayana webshop](#) you can find all english books on homeopathy, alternative medicine and a healthy life.

Copying excerpts is not permitted.

Narayana Verlag GmbH, Blumenplatz 2, D-79400 Kandern, Germany

Tel. +49 7626 9749 700

Email info@narayana-verlag.com

<http://www.narayana-verlag.com>



Your inner child is crying out!

Table of Contents

Recommendation 3

Chapter I

No one, except you yourself can be your own saviour

The stagnation of the mind manifests as an illness	14
What is homoeopathy?	16
Remedy is a mirror that reflects your own self	19
The reason why you are unable to live your own original life	23
Consciousness, the subconscious and the unconscious	24
Suppressed emotion hurts cells	27
Let the emotions surface that are buried in the subconscious	31
All causes reside within you	34

Chapter II

What are the Inner Child and Adult Children?

Everyone carries inner child within.....	38
What is the purpose of our being?.....	41
Fear of not being loved is the fear of death.....	44
Are you to be blamed for not being loved?.....	48
Issues that lie behind the emotion of anger	51
Inner child and childbirth	53

Chapter III

The first step is to recognize our Inner Child

Incident of similars that occurs to urge our awakening	56
The chance is when your emotion is disturbed	58
The main cause of autoimmunity	60
Illnesses are "notification"	62

Chapter IV

Criterion of value suppresses your emotion and your behaviour

The self that is shackled by the words of others	68
A lens called criterion of value	69
How much of the sense of value imprinted in you, can you throw away?	73
You cannot grow without mingling with others	75
Criticizing others is the same as criticizing yourself	77
In order to conclude your past into the past	79

Chapter V

The saga of Torako Yui

Me, an unwanted child	84
My pain and grief hidden intently	86
The mask worn in order to survive	88
The one who is not loved is a worthless human being	90
Remedy will bring to the surface the sealed past	94

Reunion with "a child self" residing within myself	96
Many wounded children are residing within us	100

Chapter VI

Consciousness and the Inner Child

Six consciousness	106
My reconciliation with my daughter through confessing my true feelings	118
Variations of the inner child	120
A case of parents' control being too dominant	123
Whenever you feel anger, take a deep breath first	125
Japanese people have a tendency to suppress their emotions	127
Your being here is more than enough.....	130

Chapter VII

Cases of Adult Children

Your soul has chosen your life.....	142
Adult Children: Case (i) Female, anxiety disorder, panic disorder	144
Adult Children: Case (ii) Male, progressive retinitis pigmentosa	158

Chapter VIII

Remedy for the Inner Child and it's case

Platina-Pride.....	164
Magnesium - Pacifism.....	166
Ignatia - Grief	167
Nat-mur: rock salt- Chronic grief.....	168
Cyclamen - Deep grief	170
Lac-caninum - Children who believe they are worthless	172
Saccharum - Ceaseless craving for love	173
Fluoric-acid - Children who didn't receive the attention of parents.....	175
Thymus gland/Lac-humanum - Incapable of leaving parents	180
Graphites - People who couldn't glow by being overshadowed by father.....	182
Sepia -Unable to show interest in their children.....	189
Syphilinum - Susceptible to having accident or injury	191
Flower Essence	193
The process of agony required for your awakening.....	194

Chapter IX

The method to cure the Inner Child

Securing a safe venue to allow your emotions to erupt out	200
Writing a letter to your inner child	201
Writing down in a diary how your emotions are being disturbed.....	205

Utilizing your daily human relationship.....207
 In order to solve your inner child209
 Case (iii) An experience from the cases of RAH in UK213
 Causes of diseases are brought in by suppression.....216
 Joining in the flow of your true self by overcoming
 the unbalanced belief system218

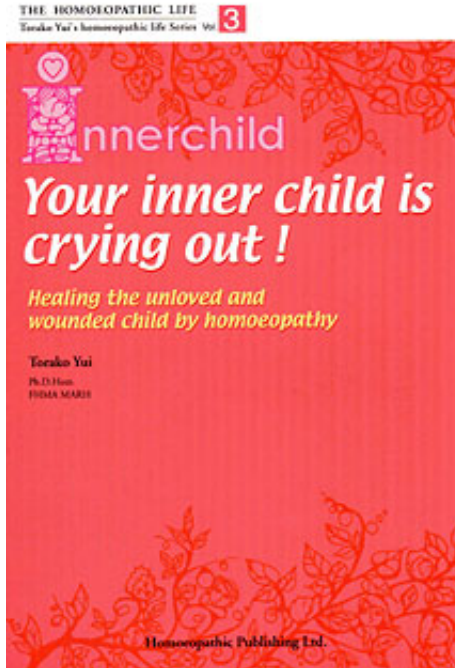
Chapter X

In order to earn true liberation and happiness

Awareness that can be earned only through pain.....222
 By accepting all things as they are, let' s move on.....225

Questions and Answers..... 228

In place of the postscript248
 Other Writings.....251
 Profile of author.....255



Torako Yui

[HL Series - Your inner child is crying out - Vol 3](#)

Healing the unloved and wounded child by homoeopathy

262 pages, pb
publication 2009



More books on homeopathy, alternative medicine and a healthy life www.narayana-verlag.com