

Torako Yui

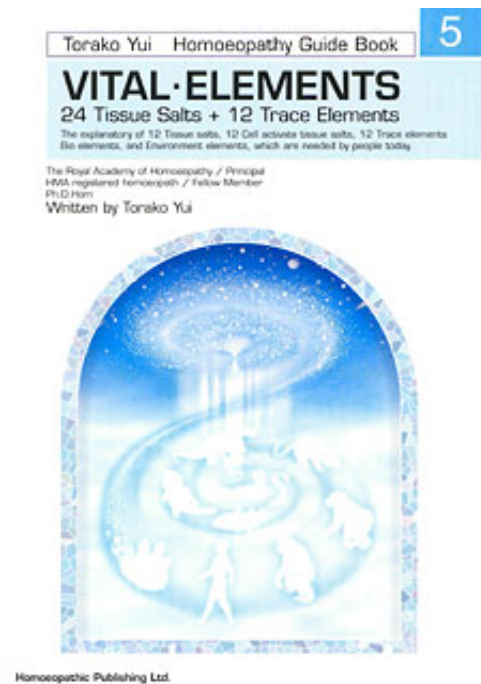
HL Series - Vital Elements Homoeopathy Guide Book - Vol 5

Reading excerpt

[HL Series - Vital Elements Homoeopathy Guide Book - Vol 5](#)

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Introduction

Homoeopathy uses remedies such as vital tissue salts, cell activation salts, essential trace elements, and environment elements in order to combat the deterioration of the foods we eat in modern society (which is causing a chronic lack of minerals and leading to mineral imbalances as a result), as well as problems that stem from our intake of the wrong amounts of essential trace elements, heavy metal poisoning (which is caused by dental fillings and the environment), and problems of fluorine and chlorine.

In this book, I explain 12 vital tissue salt remedies together with 12 cell activation tissue salt remedies that support them and stimulate cell activity, as well as other remedies based on 12 trace elements, 13 bio elements, and environment elements. (Note)

Note: Institute of Homoeopathy Co. offers the groundbreaking 'Vital Elements kit', containing 12 vital tissue salts, 12 cell activation salts, and 12 trace element remedies - the first of its kind in the world.

Remedies based on vital tissue salts, cell activation salts, and trace elements heighten absorption when the body is lacking in nutrition (inorganic salts, bio trace elements), and stimulate excretion when it has too much. Homoeopathic remedies are there to give the body information and make it aware of having an imbalance. The body's natural healing ability then tries to regain the original balance. If there is a lack of something, its absorption is increased, and there is too much of something, the body stimulates its excretion. This is how the mechanism of the body works. The result is that the living body gets activated and the metabolism improves.

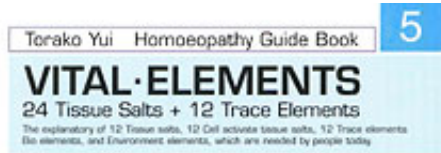
The first of the major factors causing an imbalance in these salts and trace elements is the existence of negative emotions, such as distress, sadness, feeling of denial, anger, jealousy, tension and anxiety. In modern-day society, we are all so busy; we never have the time to talk with each other and resolve our differences. Our relationships are becoming more complicated. If we continue in this vein, without solving the tension or anger in our relationships, we will deplete the tissue salts and essential trace elements in our bodies. The particular element, which is lacking, determines our personality. For example, when we are lacking in potassium, we become nervous and irritable, we

lose our presence of mind and become stubborn. In the same way, when we became irritable, lose our presence of mind and become nervous, we use up our potassium.

Modern people are using up the energy, which they need to live at a rate five times faster than in the past. We need to train ourselves to live our lives in a more relaxed and calm manner.

A second reason for the imbalance in vital tissue salts and essential trace elements is believed to be the effect of artificial factors such as a poor environment, drugs, preservatives and hormone drugs. At the top of the list are heavy metals used in dental fillings or in antiseptics used for vaccination, which accumulate in the body and are believed to cause a variety of problems for both mind and body. There are countless people who are suffering without knowing the reason why. Environmental element remedies (note) are becoming increasingly important for people whose personalities have been changed due to the effects of heavy metals. The proper use of these remedies will enable us to live our lives with vitality as our true selves. (Note: Environmental element remedies can be purchased from Homoeopathy Japan Co.)

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