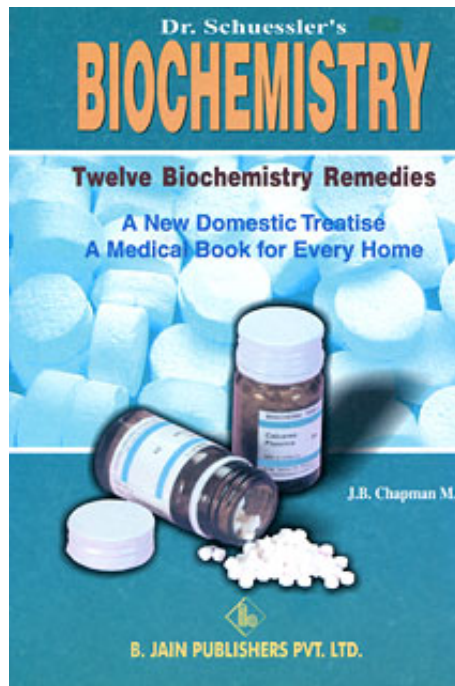


# J. B. Chapman Dr. Schussler's Biochemistry

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# The Twelve Biochemic Remedies

How "*They Act on the System—Their Chief Uses*

## CALCAREA FLUOR.

*Calcarea Fluor*, works with albumen to make elastic fiber. It is a constituent of the enamel of teeth, connective tissue, and the elastic fiber of all muscular tissue.

A deficiency of elastic fiber in muscular tissue causes a relaxation of the tissue, and is a primary condition in a large number of diseases.

It is indicated in all ailments which can be traced to a relaxed condition of the elastic fibers, including dilatation of the blood vessels, hemorrhoids, enlarged and varicose veins, hardened glands.

It is also indicated in disease affecting the covering of bones and the enamel of the teeth.

The symptoms of this remedy are all worse in damp weather, and are relieved by rubbing and fomentations.

## CALCAREA PHOS.

*Calcarea Phos.* is a constituent of the bones, teeth, connective tissue, blood corpuscles, and the gastric juice. It unites with the organic substance albumen, giving solidity to the bones, building the teeth, and entering into all the important secretions of the body, such as the blood and gastric juice.

Bone is fifty-seven (57) per cent *Calcareum Phos.*, and without it no bone can be formed.

*Calcareum Phos.* uses albumen as a cement to build up bone structure. It enters largely into the formation of teeth, hence is a valuable remedy in childhood.

*Calcareum Phos.* is also found in the gastric juice, and plays an important part in assimilation and digestion. It is closely allied, in some respects, to *Magnesium Phos.*, and is frequently given in alternation with this remedy. The sphere of *Calcareum Phos.* includes all bone diseases, whether inherited or due to defective nutrition. It is the remedy in anemia and chlorosis; convulsions and spasms in weak scrofulous subjects; in teething, when the teeth are slow to make their appearance or decay too rapidly. In convalescence after acute disease, and in chronic wasting diseases, it acts as a tonic, building up new blood corpuscles.

Deficient development of children and young people; emaciation. It aids the union of fractured bones. Cold, motion, change of weather, and getting wet, generally aggravates the symptoms. Relieved by rest, warmth, and by lying down.

#### CALCAREA SULPH.

*Calcareum Sulph.* is found in the epithelial (or skin) cells and in the blood, and acts as a preventive of cell disintegration and suppuration.

A deficiency of this salt allows suppuration to continue too long.

It is indicated in the third stage of all suppurative processes, including catarrhs, boils, carbuncles, ulcers,

abscesses, etc. It is also indicated in pimples and pustules of the face.

*Silicea* hastens the suppurative process, while *Calcarea Sulph.* closes up the process when the proper time comes.

All suppurations do not call for this salt, except in connection with some other, but the true indication is a thick, heavy, yellow pus or matter, and sometimes mixed or streaked with blood.

*Calcarea Sulph.* symptoms are aggravated by getting wet or by washing or working in water.

### FERRUM PHOS.

*Ferrum Phos.* is the great remedy for inflammatory conditions. It is found in the blood, where it colors the corpuscles red and carries oxygen to all parts of the body. It gives strength or toughness to the circular walls of the blood vessels, especially the arteries.

Without a proper balance of *Ferrum Phos.* in the blood, health cannot be maintained. It colors the blood corpuscles red. A deficiency of this salt is the cause of all inflammatory conditions, colds, coughs, etc.

For all such conditions, whenever there is inflammation, under whatever name it may be known, *Ferrum Phos.* is the chief remedy.

It is indicated in all cases depending upon a relaxed condition of the muscular tissue, and in abnormal conditions of the corpuscles of the blood themselves. In all febrile disturbances and inflammations, at the commencement, before exudation has begun. The symp-

toms of these disturbances are: flushed face, fever, quick, full pulse, hot, dry skin, thirst, pain and redness of the parts.

In anemia it is excellent for its tonic action.

*Ferrum Phos.* symptoms are always aggravated by motion and relieved by cold.

#### KALI MUR.

*Kali Mur.* unites with albumen, forming fibrin, which is found in every tissue of the body, with the exception of the bones. A deficiency of this salt with a consequent release of albumen, causes a discharge or exudation of a thick, white, sticky character from the mucous membranes, and a white or gray coating of the tongue.

The chief indication for this remedy is the white or gray exudation, coating of the tongue or mucous lining of throat or tonsils. It is indicated in glandular swellings, discharges or expectoration of a thick, white, fibrinous consistency, white or gray exudations.

Excellent in catarrhal conditions with the above symptoms. It is the chief remedy in spasmodic croup, diarrhea and bronchitis, to control plastic exudation. It should be given in alternation with *Ferrum Phos.* in coughs, catarrh of the Eustachian tubes, skin eruptions with small vesicles containing whitish-yellow contents, and ulcerations with swelling and white exudations. Leucorrhoea with above colored discharges.

Symptoms are generally worse from motion; stomach and abdominal symptoms are aggravated after taking rich and fatty foods.



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