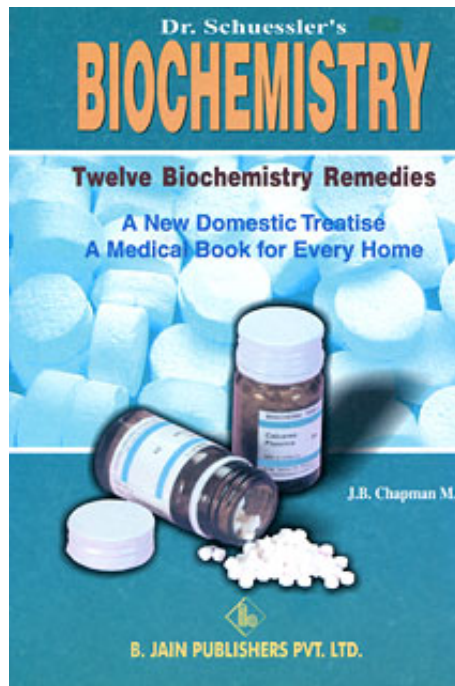


J. B. Chapman Dr. Schussler's Biochemistry

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PREFACE

RECOGNIZING the fact that Biochemistry is a system of medicine which is adapted to domestic purposes—owing to the use of non-poisonous remedies, the small number of remedies needed, and the rational theory upon which it is based—the author boldly launches this work on its mission to the people, firmly believing that those for whom it is intended will receive it in the same helpful spirit in which it is given.

In the past, a study of medical history will show, man has been groping along the wrong way. Strong drugs, poisons, nauseous chemicals—these were practically the only means employed to overcome disease. Sickness is now regarded as an unnatural condition—one at variance with the intentions of nature—in fact, nature itself is constantly battling against such conditions, and by studying nature we can discover the logical ways of overcoming disease.

Gradually it dawned upon the scientific world that within the body itself are to be found the most potent weapons in the battle against disease and that the natural constituents of the human body are effective remedies in this battle. It is upon this great truth that Dr. Med. W. H. Schuessler has built his system of Biochemistry.

Biochemistry has, since its inception, been received with gladness by the sick and suffering of both the old and new world. From the sultry jungles of India to the

fir-clad shores of Puget Sound, come reports of its curative powers.

In the present work I have endeavored to give a simple outline of Biochemistry; one adapted to the needs of the millions. My object has been to divest the subject of technical words and phrases which serve to distract and mystify the average reader. I have aimed to make the arrangement so complete that none may fail to recognize their diseases and adopt the proper course of treatment. Not forgetting the noble band of men and women who devote their lives and talents to the cause of suffering humanity; the physicians who are ever ready to answer duty's call—I have no desire to antagonize them in the publication of this work—on the contrary, it is by educating the people to a knowledge of the time when a physician is necessary, that his services are appreciated.

For those who are deprived of the services of a medical adviser, or who are unable to obtain one promptly in case of sickness, this volume is particularly intended.

Yours in sincerity,

J. B. CHAPMAN, M.D.

The Twelve Biochetnic Remedies

How They Act on the System — Their Chief Uses

CALCAREA FLUOR.

Calcarea Fluor, works with albumen to make elastic fiber. It is a constituent of the enamel of teeth, connective tissue, and the elastic fiber of all muscular tissue.

A deficiency of elastic fiber in muscular tissue causes a relaxation of the tissue, and is a primary condition in a large number of diseases.

It is indicated in all ailments which can be traced to a relaxed condition of the elastic fibers, including dilatation of the blood vessels, hemorrhoids, enlarged and varicose veins, hardened glands.

It is also indicated in disease affecting the covering of bones and the enamel of the teeth.

The symptoms of this remedy are all worse in damp weather, and are relieved by rubbing and fomentations.

CALCAREA PHOS.

Calcarea Phos. is a constituent of the bones, teeth, connective tissue, blood corpuscles, and the gastric juice. It unites with the organic substance albumen, giving solidity to the bones, building the teeth, and entering into all the important secretions of the body, such as the blood and gastric juice.

Bone is fifty-seven (57) per cent *Calcarea Phos.*, and without it no bone can be formed.

Calcarea Phos. uses albumen as a cement to build up bone structure. It enters largely into the formation of teeth, hence is a valuable remedy in childhood.

Calcarea Phos. is also found in the gastric juice, and plays an important part in assimilation and digestion. It is closely allied, in some respects, to *Magnesia Phos.*, and is frequently given in alternation with this remedy.

The sphere of *Calcarea Phos.* includes all bone diseases, whether inherited or due to defective nutrition. It is the remedy in anemia and chlorosis; convulsions and spasms in weak scrofulous subjects; in teething, when the teeth are slow to make their appearance or decay too rapidly. In convalescence after acute disease, and in chronic wasting diseases, it acts as a tonic, building up new blood corpuscles.

Deficient development of children and young people; emaciation. It aids the union of fractured bones. Cold, motion, change of weather, and getting wet, generally aggravates the symptoms. Relieved by rest, warmth, and by lying down.

CALCAREA SULPH.

Calcarea Sulph. is found in the epithelial (or skin) cells and in the blood, and acts as a preventive of cell disintegration and suppuration.

A deficiency of this salt allows suppuration to continue too long.

It is indicated in the third stage of all suppurative processes, including catarrhs, boils, carbuncles, ulcers,

abscesses, etc. It is also indicated in pimples and pustules of the face.

Silicea hastens the suppurative process, while *Calcarea Sulph.* closes up the process when the proper time comes.

All suppurations do not call for this salt, except in connection with some other, but the true indication is a thick, heavy, yellow pus or matter, and sometimes mixed or streaked with blood.

Calcarea Sulph. symptoms are aggravated by getting wet or by washing or working in water.

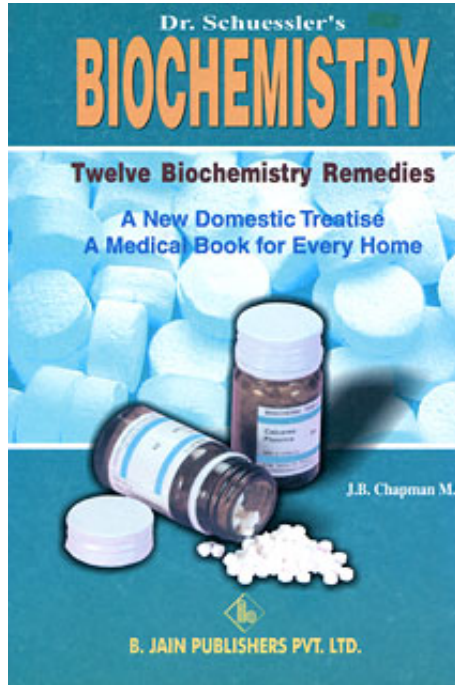
FERRUM PHOS.

Ferrum Phos. is the great remedy for inflammatory conditions. It is found in the blood, where it colors the corpuscles red and carries oxygen to all parts of the body. It gives strength or toughness to the circular walls of the blood vessels, especially the arteries.

Without a proper balance of *Ferrum Phos.* in the blood, health cannot be maintained. It colors the blood corpuscles red. A deficiency of this salt is the cause of all inflammatory conditions, colds, coughs, etc.

For all such conditions, whenever there is inflammation, under whatever name it may be known, *Ferrum Phos.* is the chief remedy.

It is indicated in all cases depending upon a relaxed condition of the muscular tissue, and in abnormal conditions of the corpuscles of the blood themselves. In all febrile disturbances and inflammations, at the commencement, before exudation has begun. The symp-



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