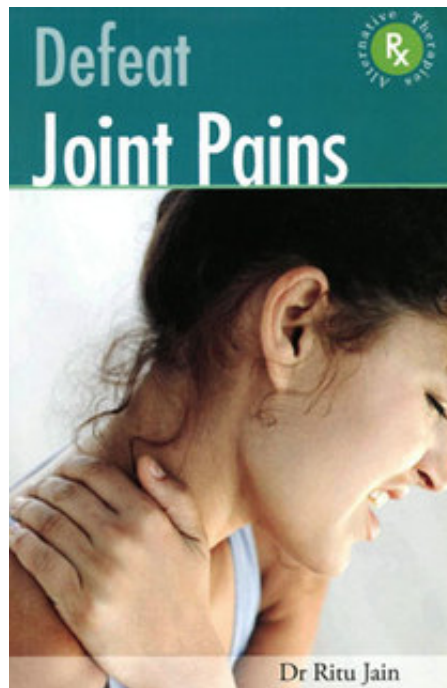


Ritu Jain

Defeat Joint Pains with Homoeopathy

Reading excerpt
[Defeat Joint Pains with Homoeopathy](#)
of [Ritu Jain](#)

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Belladonna 30

4 pills three times daily for one month

Symptoms

- + It is a good remedy in acute and chronic rheumatism of an inflammatory nature
- + Joints swollen, red and shining
- + Shooting, tearing, aching, throbbing or bruise-like pain
- + *Pain comes suddenly and disappears suddenly*
- + Symptoms prefer the right side
- + Shifting rheumatic pains means pain changes position from one joint to another
- + Patient is extremely sensitive to touch or jar
- + Shooting pain along limbs
- + Jerking limbs
- + Involuntary limping
- + Pain with redness of eyes and face
- + *Cold extremities*
- + Oppressive, tearing pain in shoulders
- + Paralytic twitching of arms with red swelling of hands and arms
- + Paralytic feeling and weakness of whole left arm

Symptoms Worse

- In the afternoon, after 3 p.m.
- At night, especially after midnight
- Touching the affected part
- Jar
- Noise
- Draught of air
- Lying down
- Cold
- Uncovering head
- Sudden changes from warm to cold weather
- In hot weather
- Hot sun
- While looking at bright, shining object
- While drinking

- + Tearing in middle joint of right index finger or in proximal joint of left middle finger
- + Unsteady while walking
- + Cutting stitches in outer muscles of right thigh, just above the knee, only when sitting
- + Pain in thighs and legs as if carries
- + When rising from bed, legs unable to carry the body weight and he sinks to the ground
- + Stitches in hip joint, as if beaten

The following symptoms generally accompany the above symptoms ...

- + Sudden and violent onset of disease which also disappears suddenly.
Pains come on suddenly and disappear suddenly
- + For inflammatory condition with heat, redness, throbbing and burning
- + Complaints from cold, dry wind, especially from exposure of head to cold wind or getting head wet
- + *Great children remedy*
- + Redness of toes, eyes and of inflamed part
- + Oversensitive to pain worse from slight touch, (worse from pressure of cloth, bed covering) slight movement and least jar
- + Right sided remedy—Symptoms occur largely on the right side
- + Great thirst for cold water but *anxiety or fear of drinking*

Symptoms Better

- Walking in open air
- When standing up after sitting
- While leaning the head against something
- Sitting erect
- Warm application (except in headache)
- Wrapping up
- In a warm room

- + Throat feels constricted, difficult in deglutition. Tonsils enlarged
- + Retention of urine, *frequent and profuse urination*
- + Menses too early, too profuse and very offensive and hot
- + Ticking, short, dry cough, worse at night
- + Glands *swollen, tender, red. Boils*
- + Alternate redness and paleness of skin

Cinchona Officinalis 30

4 pills three times daily for one month

Symptoms

- + It is more useful in chronic cases of gout and rheumatism
- + *Pain in limbs and joints*, as if sprained, *worse with slight touch* and better by hard pressure
- + Joint swollen and very sensitive with dread of open air
- + Drawing and tearing pain in every joint
- + Tendency of limbs to go to sleep
- + Weakness of joints worse in the morning and when sitting
- + Paralytic jerking and tearing in long bones, worse with touch
- + Pain in thigh bone as if periosteum had been scraped with a dull knife

Symptoms Worse
• Slightest touch
• After eating
• At night
• Drafts of air
• Every other day
• Prolonged exertion
• Motion
• Loss of vital fluids
• Bending over
• From walking which makes the person dizzy
• From fruits and milk
• From perspiration

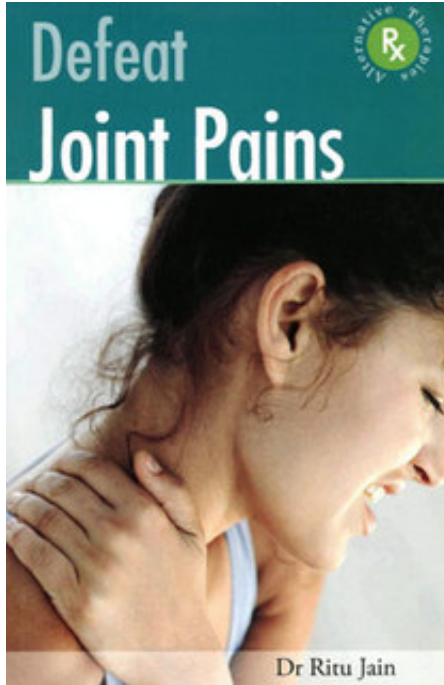
- + Sensation as if string around limb
- + Great debility, trembling and numb sensation
- + Knees give away while walking, worse while ascending stairs
- + Hot swelling of right knee with pain extending to thigh and leg
- + Aversion to exercise and sensitive to touch
- + Chronic synovitis of the knee
- + In case of chronic gout when it is in monoarticular form and also during intervals between attacks
- + One hand icy cold and other hand warm

Symptoms Better

- | |
|---|
| <ul style="list-style-type: none"> • Bending double • Hard pressure • Warmth • Open air • Loose clothing • Lying down |
|---|

The following symptoms generally accompany the above symptoms...

- + Ailments from loss of vital fluids, especially haemorrhages, excessive lactation, diarrhoea
- + Symptoms with *marked periodicity*, return every other day, or regularly in season at same time
- + Rapid general weakness with tendency of sweating from least exertion as well as sleep
- + Patient is disobedient, depressed and ready to offend others
- + Excessive *sensitivity to light, touch* but relief from hard pressure on painful part
- + Throbbing headache, as if the skull would burst
- + Excessive flatulence of stomach and bowels, belching gives no relief. Abdomen swollen like a drum with gas - frothy, watery, undigested stool; *painless diarrhoea* + Passive haemorrhage from all outlets of the body with dark clotted blood



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