Constitution and Temperament

R. K. Mukerji

Publisher: B. Jain

http://www.narayana-verlag.com/b1212

In the Narayana webshop you can find all English books on homeopathy, alternative medicine and a healthy life.

Copying excerpts is not permitted.
Narayana Verlag GmbH, Blumenplatz 2, D-79400 Kandern, Germany
Tel. +49 7626 9749 700
Email info@narayana-verlag.com
http://www.narayana-verlag.com

Narayana Verlag
Some Ancient Morphological Classifications

It was Aristotle who first made physiognomy a branch of natural history, of medicine and of philosophy. 'It is good', he said, 'to have a method in order to group together all that belongs to each type,' and he described the particular signs of the individual, of diseases and of humours.

Galien first described human types as **Sanguin**, **Bilious**, **Phlegmatic** and **Nervous**. Most probably he was influenced by the oriental medicine—Arabic or Indian—because we find in our Ayurvedic system of medicine the same classification: Vayu, Pitta, and Kopf.

In modern times, it was Claude Sigaud of Lyon who studied these human types, basing himself on 'Man in function of the ambience.' His study of human morphology is known by the name of 'Morphologie de l'Ecole franchise'. His study was based on the observation of 20th century human beings and he has described these types 'in a language adapted to our modern conceptions'. It would be then better for us to give here a bird's eyeview of the type of Sigaud, without referring to the ancient masters: Aristotle, Hippocrates or Galien.

According to Sigaud, the human types are the following: **Respiratory**, **Digestive**, **Muscular** and **Cerebral**.

Before describing the types of Sigaud, let us describe the types of Galien in the shortest possible way which will help us to understand better the types of Sigaud.

**Sanguin**: This type has white skin with coloured taint; short stature with a short neck having tendency to plethora, congestions, obesity and all kinds of haemorrhages (The Carbonic type which we will describe later on).
Apollo: He has a graceful appearance, resistant but has a certain nervousness.

He attains equilibrium in life, if the circumstances are favourable to him for realising his powerful, creative and fecund imagination.

He has hyperfunction of the pineal gland and a slight hyperthyroidism. He may have also a hyperfunction of the pituitary.

He is hypogenital and hypersexual.

Venus: He finds equilibrium only in sympathy.

He is clearly thryrodian and hyperfeminine. In women of this type the ovaries are overactive.
I
The Three Calcic Constitutions

painful, that the reality is dry. He fails to get what he wants. Jefails.to
sequence he recoils himself within himself. He is introverted, I
the Scizoid Type of Kreschmer.

1 The Hand of the Phosphoric

The hand of phosphoric is long, elated and elegant, having
a tendency of becoming oval.

The incisures are deep; fine
Habitually plastic and supple.
The palm is tendinous.

The phalanges, specially the
top ones, are long and conic with
small cutaneous depressions,
generally called 'water-drops'.

The fingers are graceful and
less thick, glossy, slender with
fine, rosy and long nails having the
form of almond.

The Fluoric Type

The Fluoric type is essentially unstable and have an
irregular built. He wants balance. In his posture, in his
gestures, in his talks, everything in his life is irregular, without
coordination. Sometimes he attracts, sometimes he repels.
Sometimes he is brilliant, sometimes he is vulgar.

He is physically and mentally unstable.

The Static

His body built does not seem firm, it is undulated. He
cannot hold himself straight.

The Fluoric type can never take a correct posture because
of his deformed bones and laxity of ligaments and muscles.
He enters into your chamber and breaks down into the chair.
The physical aptitude of the fluoric is great, if he is guided. Exercise is extremely necessary for him; unfortunately, the fluoric has always a dislike of muscular effort. Short distance run race is very suitable to him.

His reactions are violent but not resolute.

The Psychic Dynamic

He is capricious, anxious, undecided, irregular and versatile. Very often, he desires to confuse others by his gestures. He has fits of fear without reason. He is intuitive, a good assimilate. He has depressing tendency.

He is irresolute, takes decision suddenly. He never thinks before any decision. He is intelligent but commits errors after errors, errors of speech, of movements, etc.

He has a great sense of inferiority feeling which leads him to a superiority complex. He wants to dominate, to become rich only to rule over others.

The fluoric type is afraid to remain alone. He feels the necessity of speaking, to exchange ideas, to agitate. He has the need of keeping himself busy to live his life, but he is afraid of death, of painful and miserable situations.

Orderliness is his enemy.

The Hand of the Fluoric

The hand of the fluoric is specially marked with the laxity of his ligaments, for which there is an exaggerated suppleness. A remarkable elasticity, specially of the thumb, which can be moved with extreme facility.

The veins of the hands are apparent.

The palm is soft with a loose skin over it.

The lines are generally numerous, superficial and fine.
R. K. Mukerji

Constitution and Temperament
and a chapter on Morphology of Hands

216 pages, pb

More books on homeopathy, alternative medicine and a healthy life [www.narayana-verlag.com](http://www.narayana-verlag.com)