

S.G. Palsule

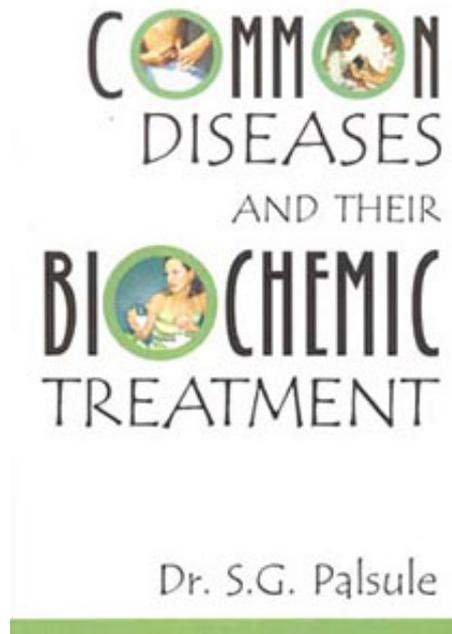
Common Diseases and their Biochemic Treatment

Reading excerpt

[Common Diseases and their Biochemic Treatment](#)

of [S.G. Palsule](#)

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Narayana Verlag GmbH, Blumenplatz 2, D-79400 Kandern, Germany

Tel. +49 7626 9749 700

Email info@narayana-verlag.com

<http://www.narayana-verlag.com>



vertigo with inclination to fall on the right side call for this remedy. The taste is bitter and the tongue is yellow coated.

Nat. Phos : Vertigo due to worms, loss of appetite, acidity etc. needs this remedy.

Mag. Phos : Cures vertigo due to optical defects. Sudden attacks of vertigo with fainting need Mag. Phos.

Potency : 3x to 30x.

Suggestions : Find out the exact cause of the trouble. Bowels should be kept clear. Cultivate regular habits. Consult E.N.T. specialist if the cause is due to ear or nose.

VOMITING

Vomiting is the ejection of the stomach-contents by way of the mouth. It is usually accompanied by nausea and slight head-ache. In one sense, it is a defence reaction of the body which seeks to get rid of food that may disagree with it or which it is not ready to assimilate.

Local causes : Errors of diet such as excess of food, alcoholic drinks, infected and irritating food, taking of poisons etc. are the causes of vomiting. In cases of poisoning, vomited material should be examined.

Acute gastritis, cancer and simple ulcer are usually accompanied by vomiting. In chronic gastritis of alcoholic origin, mucus is vomited chiefly in the morning.

Acute dilatation of the stomach after operation or in pneumonia, causes vomiting.

Brain conditions : Hysteria : In this disease, digestible articles like milk will cause vomiting while indigestible things like cheese may be retained. It has no connection with the quantity or quality of food.

Migraine or bilious head-ache : In this trouble, the patient awakens with a head-ache and vomits only bile indicating that the vomiting is urgent or that the stomach is empty. Tumour, meningitis, abscess, Meniere's disease are the causes of vomiting. The vomiting in such cases occurs without relation to food, it is urgent and projectile. There may not be nausea. The vomiting may be excited by simple change of posture. Vertigo is a chief symptom in these cases. Locomotor ataxia and glaucoma cause vomiting.

Vomiting due to visceral irritation occurs in various abdominal disorders such as peritonitis, pancreatitis, intestinal, biliary or renal colic, appendicitis, strangulated hernia, intestinal obstruction, intestinal new growths, pregnancy, uterine and ovarian disorders, pharyngeal irritation etc.

Toxic Causes : Uraemia and jaundice and onset of some of the acute specific fevers, hyperthyroidism, pernicious anaemia, pregnancy, toxemia are the causes.

Vomiting of blood : Is due to chronic gastritis and cancer. In both these conditions, it is slight and protracted. Large bloody vomiting occurs in ulcer of the stomach and duodenum, atrophic cirrhosis of liver, splenic anaemia, purpura, chronic nephritis, after taking chemical irritants, gastrostaxis (in young jaemic women, due to capillary oozing).

Biochemic treatment

Ferr. Phos : Is suitable for vomiting of undigested food sometimes with sour fluids and vomiting of bright red blood.

Kali Mur : Cures vomiting of thick white phlegm and vomiting of dark, clotted and viscid blood.

Kali Phos : Vomiting of dark substance like coffee grounds, nervous vomiting, vomiting due to morbid disease needs this remedy.

Nat. Phos : Cures vomiting due to worms, vomiting of curdy masses and sour or acid vomiting.

Nat. Sulph : Vomiting of bile or bilious matter with headache, constipation etc. call for this remedy.

Cal. Phos : Is useful in vomiting by infants, vomiting from non-assimilation of the food, periodically at a certain hour of night. Vomiting due to cold drinks; vomiting of teething children with rickets, marasmus etc. need this Phos.

Potency : 3x to 30x for above medicines.

Suggestions : Remove the causative factors such as overeating, constipation etc. Try to regularise the bowels. Physical and mental rest is all important. In cases of bloody vomiting, an ice bag should be placed over the stomach. Try to stop the haemorrhage.

WHITLOW

Whitlow or felon is a painful abscess at the tip of fingers. It usually starts as a small puncture, wound and infection at the base of the side of a finger nail. It may result from an injury or tearing off a hang-nail. The causative organism is usually staphylococcus. The infection may spread to palm and at times towards fore-arm. This causes swelling, redness and pain. The removal of pus is essential.

Biochemic treatment

Medicines under the chapter "Abscess" on page no. 19 are useful for whitlow.

Suggestions : Soaking of the finger in hot water mixed with little salt is useful in the early stage. Hot packs and poultice give relief.

WHOOPING COUGH

Whooping cough or pertussis is an acute specific infection characterised by paroxysmal attacks of coughing followed by a noisy inspiration and usually vomiting.

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