

# Isaac Golden

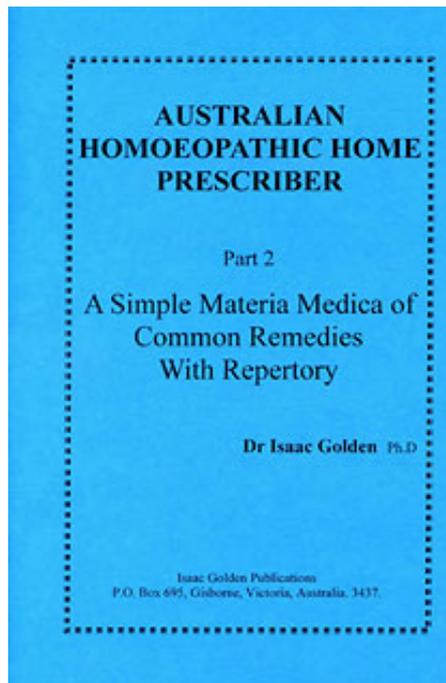
## Australian Homoeopathic Home Prescriber - Part 2

Reading excerpt

[Australian Homoeopathic Home Prescriber - Part 2](#)

of [Isaac Golden](#)

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Narayana Verlag GmbH, Blumenplatz 2, D-79400 Kandern, Germany

Tel. +49 7626 9749 700

Email [info@narayana-verlag.com](mailto:info@narayana-verlag.com)

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## **Arnica Montana 30c**

*Keywords:* **Physical trauma, bruising, concussion.**

*Appearance:* Generally strong robust people, with reddish face. Useful acutely in any type, especially following physical traumas.

*Symptoms:* Arnica types hate to be unwell, and don't want to be touched or consoled. This will vary for other types during simple trauma, where consolation may be sought.

It is the leading remedy for **physical trauma**, shock, concussion, too much exercise, childbirth and surgery. Dental extractions . Forgetful and absent minded, especially after concussion.

Feels **bruised aching**. The whole body is aching.

*Worse:* Touch. Sudden exertion. Damp, cold weather. Heat of the sun. *Better:* Rest.

## **Pulsatilla 30c**

*Keywords:* **Weepy, needs consolation. Love junkies. Indecisive. Ears. Yellow mucus.**

*Appearance:* Fair hair, blue eyes and fair or freckled face. Often slightly overweight. May be awkward and clumsy. Feminine.

*Symptoms:* Dependant on object of affection - usually their partner. Cannot make decisions easily. Mild, gentle, yielding disposition. Shy and easy hurt. Weep easily. **They like sympathy and consolation.** They need company. Symptoms and moods are changeable.

Menses may be late, or irregular. Thick yellowish irritating discharges.

**Catarrhal discharges are yellow**, sticky and usually bland. Nasal discharge are easier outdoors, and become blocked at night and in warm room. Ears blocked. There is may be lot of smell and taste.

Often has no thirst. Loves pastries, fat, ice, cream and rich foods, which all disagree, or may avoid

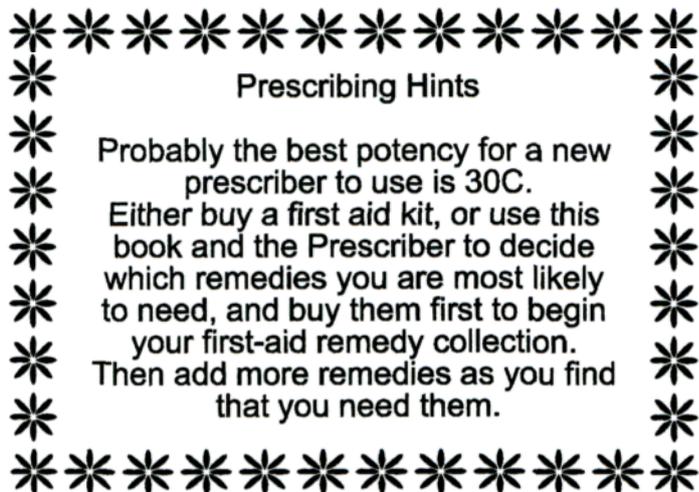
them completely. Cream in particular may upset.  
Prefers cool food and drink.

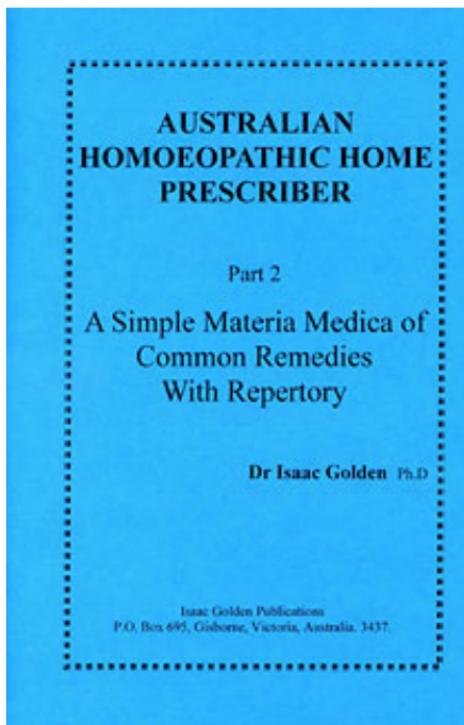
Often indicated for Measles and German Measles.

Many children suit Pulsatilla during their early years - clingy, weepy, want consolation if hurt or upset, cuddly, loving, happy if loved. The true Pulsatilla constitutional type will be like that as an adult.

*Worse:* Heat. Aggression from others. Loss of loved one. Being alone.

*Better:* Consolation and affection. Cool, open air, cold applications.





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A Simple Materia Medica of Common Remedies with Repertory

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