

# Rajan Sankaran

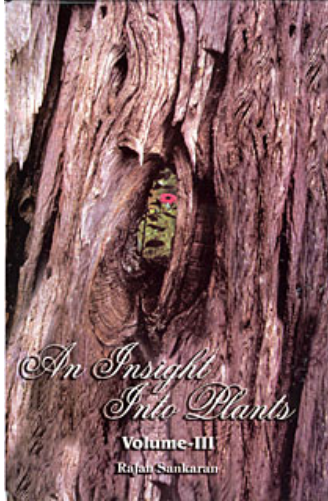
## An Insight into Plants Volume 3

Reading excerpt

[An Insight into Plants Volume 3](#)

of [Rajan Sankaran](#)

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## (Cashew / Poison Ivy family)

Also known as the cashew family, the Anacardiaceae includes the genera *Rhus* (sumac), *Anacardium*, and *Mangifera*. Plants such as *poison ivy*, *poison sumac*, and *poison oak* which cause contact allergies from their milky irritating juice are all in this family, but oddly enough so are the plants from which we get some delicious foods. Economically important species includes *Anacardium occidentale* (Cashew Nut), *Mangifera indica* (Mango) and *Pistacia Vera* (Pistachio Nut). This family also gives us the garden ornamental plant *Cotinus coggygria* (Smoke Tree).

### Summary Anacardiaceae:

Caught, Stiff, Tight, Tension, Stuck, Cramps, Pressing, Not allowed to move, Restricted.

Passive reactions Paralyzed, Immobile.

### Active reactions

Stuck, wants to move constantly, Motion ameliorates, Aggravation from sitting, Sedentary, the house, Pain on beginning to move, Restlessness.

### Compensation

Always on the move.

## MIASMS

Typhoid	<i>Rhus toxicodendron</i>
Malaria	<i>Rhus radicans</i>
Ringworm	<i>Rhus venenata</i>

Sycotic	Mangifera indica
Tubercular	
Cancer	Anacardium oriëntale
Leprosy	Comocladia dentata, Rhus glabra
Syphilitic	

### **Source Words of Anacardiaceae:**

Caught, catch, grasp, grab, hold, hold of, wedged, trap, get trapped in, clasped in a vice, seize, snare, ensnare, capture, stuck, get stuck, blocked, stuck fast, lodged, clutch, entrapped, anchored, clung, stiff, stiffness, rigid, tight, tightness, tension, taut, inelastic, jammed, like a starch, confming, ironclad, firm, inflexible, unbending, unbendable, unyielding, stretched, firm, constricted, pact, compact, stretching tightly, limitation, strain, sprain, freezes, cramp, cramped, pressure, restrict, limit, constrict, immobile, unmoving, paralyze, motionless, cannot move, lack of movement, stationary, at a halt, at a standstill, inactive, unfeeling, inert, static, breezeless, stock-still, still, stunned, as if dead, free, motion ameliorates, movable, freed, unchained, untied, liberated, unbound, boundless, release, limitless, uncontrolled, uninhibited, flowing, loose.

### **CASES:**

#### **RHUS RADICANS CASE**

*Italics are used to highlight the pertinent phrases of the case.*

#### **CASE OF AUTOIMMUNE HEPATITIS**

A forty-one year old woman first eonsulted me on 3/07/2002 for autoimmune hepatitis for which a liver transplant had been advised.

I asked her to teil me what her complaints were.

"I am feeling weak, giddy. I used to vomit when I had jaundice and stomach ache. I don't feel like eating."

D: What effect does this problem have on you?

P: Tension because of the liver transplant. I am worried because everyone says that the liver is damaged. I am worried about the ..

**Follow up in March 2003:**

She takes 200C, single dose, for some increased burning of her legs at night, which settles things down. She sends photos of her skin.

"If you saw my legs you'd be very impressed...there are still some microscopic spots that come up anywhere they choose, I can't see them, I can only feel them. I am sleeping much better again. The stiffness is a bit better."

**Follow up in April 2003:**

"Progress is continuing. I seem to be better in the warmth now, up to 60" F, I do not want it so cold any more. Fm much better if I'm out in the open air."

I ask her about the fear of accidents in the car: "I'm not so aware in cars, I'm calmer, I don't shout now and I tell my husband if there are red lights ahead. I don't have so much horror in me when we're in the car, but we don't drive so much these days. My legs look super, I go out in tights with a skirt now. My legs are 90% better.

Whatever hit me with that bug last year, I feel my immune system took a bashing, but I feel I'm really recovered now. I have succumbed to having domestic help three hours a fortnight, I've always coped, but I thought 'why shouldn't I?'"

**Follow up in May 2003:**

"My joints have been stiff again, and my

shoulder that I broke is very painful. My hands and fingers are painful... I can't bear old age! My skin is great and I haven't taken the remedy since March."

**Plan:** I advise her to take another dose of 200C.

**Follow up in July 2003:**

"I have been very well, very fit. My body loves the warmth this summer, although I've never loved heat. I have no stiffness at all, only some heaviness and aching in my right shoulder. My skin looks very nice, long may it last!"

I have found out that we have my remedy growing in our garden, it is blooming very nicely now. " She sends me a photo and dried flower of the plant.

**Follow up in October 2003:**

"My eczema is a thing of the past I hope. I am sleeping excellently, I go out for the count now. My joints have been very good, just some discomfort from my shoulder replacement. When I see folks of my era walking with sticks, I say a big prayer because we are so grateful we are still mobile.

My blood pressure has been a bit high, 192/88 and 183/97, but I told my general physician I don't want any of her horrible stuff."

**Plan:** I advised her to repeat Inula 200C.

**Follow up in November 2003:**

"My blood pressure was normal, my general physician says I don't have to go on any horrible drugs."

(Then she kept on recovering well. In between for some acute gastric problems, she was admitted to the hospital and was put on some antibiotics. But she recovered fast and her blood pressure has also been under control and skin was also completely all right.)

**Follow up in April 2004:**

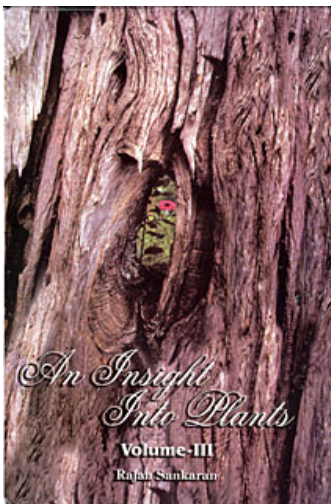
"My general physician sent me to a gynaecologist with a view to have a pessary but it wasn't any good, and he thinks I'm fit enough to have the operation, so it's booked for next month."

**Follow up in May 2004:**

She has been in hospital for a posterior pelvic floor repair for prolapse, under spinal anaesthesia. I advised her to repeat the remedy in 200C after the operation to aid her recovery: "I had a very easy passage, the operation went very well. I have no pain at all, and came home after four days. The prolapse has gone, and I feel fine and I have to restrain myself from doing too much! My skin has been perfect, I had to wear horrible white stockings in hospital, I thought my legs would hate them, but I didn't have a spot."

I ask about her joints: "All's well, I'm in good form."

**End of the case.**



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