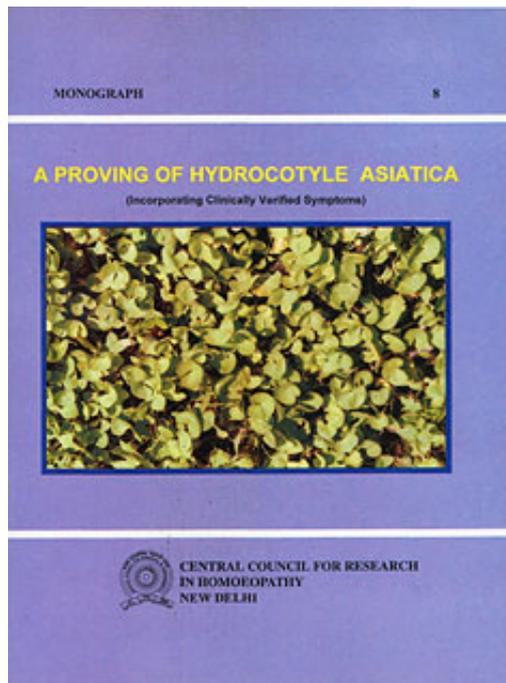


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A Proving of Hydrocotyle Asiatica

Reading excerpt
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Introduction

In the 200 years of existence of Homoeopathy since its discovery by Dr. S. Hahnemann in 1796, "proving" has been the unique method of ascertaining the positive effects of drugs. There has been no change in the basic concept of Drug Proving since the beginning but has become more refined, adopting the double blind controlled methods.

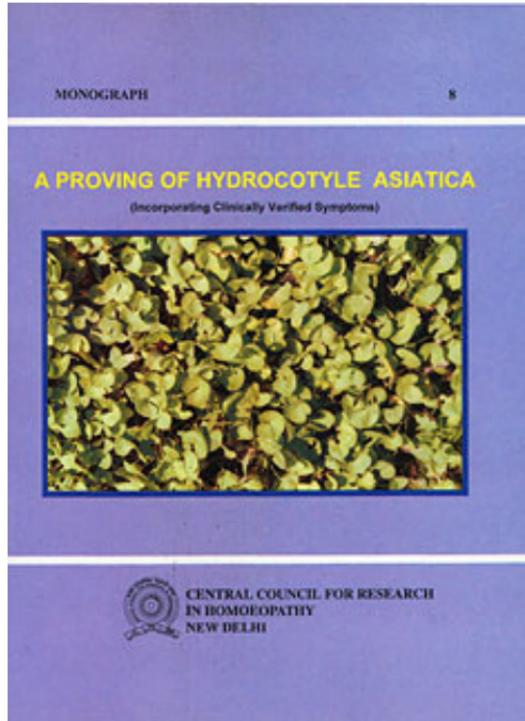
Drug proving which may be called as 'Human Pharmacology', is slowly getting momentum. New drugs are continuously being added into Materia Medica.

Once the symptomatology of a drug on the healthy person is understood it is easier to establish its therapeutic utility in the diseased state.

The Council has felt the need to prove indigenous drugs used empirically in Homoeopathy. The proving of *Hydrocotyle asiatica* is one of the achievement in this effort. *Hydrocotyle asiatica*, commonly known as Indian pennywort, is generally found all over India and in South Africa. For a long time it has been used by the Indian physicians as a remedy for various skin diseases, jaundice, syphilis, gonorrhoea and elephantiasis. Dr. Boileau first proved this drug and brought out its therapeutic properties.

The Council made a systematic and detailed proving of this plant using modern methodology i.e. Dysdale's double blind technique.

Symptoms thus gathered were subjected to clinical verification and data so collected is compiled in this monograph which incorporates the pharmacognostic and pharmacological studies as well.



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