Jan Scholten

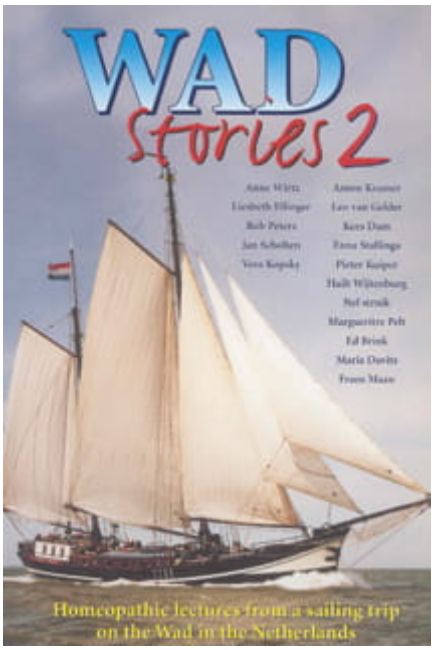
Wad Stories 2

Sample text

Wad Stories 2

from Jan Scholten

editor: Alonnissos Verlag



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Table of Contents

Introduction	**Jan Scholten**	**4 5**
Preface	**Pieter Kuiper**	
Naphtalinum	**Anne Wirtz**	**7**
Foot and mouth disease	**Liesbeth Ellinger**	**15**
Why can't I stop crying about the loss of my child	**Rob Peters**	**21**
Analysis adapted to the case, Humulus lupulus	**Jan Scholten**	**25**
The demanding partner, Lithium sulphuricum	**Vera Kopsky**	**33**
Toxoplasmose	**Anton Kramer**	**37**
Classical hysteria, Coffea	**Leo van Gelder**	**43**
Sweet mother's milk, Lac maternum	**Kees Dam**	**49**
The golden egg, Lecithinum	**Enna Stallinga**	**53**
The Treatment of Congenital		**61**
Psychological Patterns in Homeopathy	**Pieter Kuiper**	**67**
Sumbul	**Huib Wijtenburg**	
Three faces of Anacardium	**Nel struik**	**75**
Aqua curata	**Margueritre Pelt**	**85**
A case of Juglans regia	**Ed Brink**	**93**
Two points of view, Calcium iodatum	**Maria Davits**	**99**
A one-side case, Platinum	**Frans Maan**	**103**
Proving Glechoma	**Group**	**109**
Recipes	**Ewout Peters**	**122**
Adresses of the authors		**128**

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Excerpt from Jan Scholten: Wad Stories 2



Introduction

This book is a report of the lectures of a group of homeopaths on the Waddensea in the Netherlands in September 2001. It's the second trip of this kind. That's why the title is "Wadstories 2". We, the participants have the conviction that homeopathy can be a joy. Although homeopathy can lead to many hardships, difficult cases, dry study and frustration, sharing of our successes can lead to enthusiasm, understanding and the solution of hitherto unresolved cases. That's the goal of these trips.

What this book is:
- Stories of cases of experienced homeopaths.
- Sharing of ideas and experiences.
- Enjoyable homeopathic reading. This book is not as dry as most of the homeopathic literature.
- A report of an enjoying trip by a group of homeopaths. The trip was both enjoyable and learning. The enjoyable part we tried to convey in the form of photographs and recipes. The learning part is the major part of the lectures. We enjoined them. We hope you'll enjoy them too.
- Stories of cases that they were very enthusiastic about.
- Stories of cases that taught them something. The experiences were spectacular and made them worth telling about.
- Knowledge on the edge of the sphere of knowledge in homeopathy.
- A proving of a new remedy: Glechoma hederacea.

What this book **is not:**
- 100% reliable knowledge. Although the facts are reliable, the interpretation can be incorrect. The conclusion has to be confirmed by other homeopaths. But information can only be confirmed when it's published. That's why we did it.
- 100% precise analysis. The analysis of the cases is often a weak point. This is due to the fact that a normal analysis doesn't lead to a correct solution in a case of a little known remedy. So the analyze was done on a few keynotes, only one keynote, only one symptom, or symbolism, or whatever. But a poor analysis doesn't mean that the result is poor. On the contrary, a lucky guess can lead to a beautiful cure. Or said otherwise: the remedy doesn't care how it's found.
- 100% reliable proving. We enjoined doing the proving and got the feeling that we got an insight into the remedy. Some have prescribed Glechoma successfully later in their practice and thus con firmed the data of the proving partially.
- Very good English. The native language of the authors is Dutch and not English. But we try to share our experiences with as much homeopaths as possible. English is the best language for that. Most people will understand bad English better than perfect Dutch. Roger Savage reviewed the text and corrected the English.

On behalf of the authors
Jan Scholten



Preface

After the success of the first edition of WAD stories the Alonnissos Foundation presents you the version of the latest seminar of the first week in September 2001. The next trip will take place at the end of August 2002. And therefore we can speak of a growing tradition of a meeting of about 16 Dutch homeopaths on the clipper "Passaat". During 5 days it is an atmosphere of a holiday with enough wind, sun and rain to enjoy a sailing trip on the Wadden sea in the northern part of Holland. Every evening we spent on another island in the small picturesque ports. In between we 'worked' to listen to each story and presentation, be it during a sunny day, or hiding in the cabin on a rainy and stormy evening. The presentations were of such good quality, that there was no doubt to prepare a new and second edition of Wadstories.
Already in the beginning Anne Wirtz started with 3 nice cases of Naphtalinum. A few years ago such a remedy was virtually unknown. It was only in about 1999 that the British homeopath Tünde Barwulf presented a nice case of Naphtalinum in Amsterdam. And Anne Wirtz has simply brought this information into practice. This is what we aim at: an equal exchange of information and ideas in an open air.
Liesbeth Ellinger, one of the leading homeopathic veterinarians, adjusted to the actual European crisis of Foot-and-mouth disease. It was impressive to see and hear how she related about all the 'ins and outs' of this recent mass killing of animals and how she applied her experience to develop some curative remedies and practical political ideas. These are just some examples of what we will offer you. It is astonishing to see how fast homeopathy has developed in the last 2 decades. Of course George Vithoulkas has the honor to have started with the formula of a mixture of a holiday on a sunny Greek island and a seminar. Others followed, like lost Künzli on Spiekeroog and Vassilis Ghegas on Crete. And the Dutch they do it sailing.
The variety of ideas during the last years sometimes seems controversial, but fortunately homeopathy has offered many answers and approaches to the medical and psychological problems of our era. We as Dutch homeopaths feel privileged to have all these seminars and teachers 'next door' and play an active part in spreading our views and experiences in this edition.

The organization of Wadstories is done by Jan Scholten and Rob Peters. Rob and his wife Nienke take care of a warm and special atmosphere so that every participant feels part of one big family. The skills of their sons make this week even more special. Jeroen is a most reliable skipper of "De Passaat" and Ewout created magic in the kitchen. It was more than welcome to see that a two star restaurant can also exist on a clipper and surprise 16 homeopaths. Like in the first edition the recipes are found in the 2nd part of this book.

A special thanks goes to Roger Savage for his corrections of the translated text. The first edition was not irreproachable, but we hope to have done better now under his editorship. Jan Scholten, with his Alonissos Foundation, deserves a special honor in the coordination of publishing this book and taking care of all the photographs with his digital camera.

We hope that this book can further contribute to the flowering of homeopathy and you as reader may have a scent of the atmosphere of the seminar.

Bussum, Holland, July 2002.

Pieter Kuiper



Aqua Curata

The remedy we are sailing on

Margueritre Pelt

Case
A blonde, blue eyed, forty-six year old woman consulted me because she was fed up taking tranquilizers. She felt overactive and too impulsive without them, and also experienced a loss of concentration. Her psychiatrist could not go along with the diagnosis A.D.H.D., but was thinking that a mild form of manic depression troubled her.
Quite early in the consultation she started crying about her having no children, contrary to her wishes. For this she had consulted a gynecologist who found no reason for her infertility. She tried I.V.F, seven times. She had been married for ten years, but her husband was unfaithful to her and suddenly one day left her. She was always understanding his point of view and untrue to her own self.
She talked and talked relentlessly as I observed her restlessness and drive. She liked to run and skate and do all the things that keep a person skinny and fit. She was always in a hurry and quite impatient. She was open, friendly, and enthusiastic and had swinging moods.
She was an afterthought, born when her father was 48, and an unwanted child. Her father always grumbled and was a negative person. Her mother was warm and loving. Her greatest fear was to be left alone, to be forsaken. She was afraid people would leave her, for example that her boyfriend would stop their relationship. She claimed him so much, that now he wanted to leave her: a self-fulfilling fear. Jealousy is 'a green-eyed monster' she stated. She was always comparing herself to others and felt disqualified. This low self-esteem had been an issue in her psychotherapy, but she still didn't claim enough room for herself. Fortunately she was no quitter and went on and on.

Generals	
Temperature	cold, desire fresh air
Aversion	fat (2)
Desire	bread, salt, everything (1)
Thirst	thistles
Menses	cycle 14 to 21 days
Agg.	< p.m.s.
Headache	> open air
Face	eruption corner mouth

She had recurrent cystitis, low back pain and a spastic colon.
This seemed to me to be a clear-cut Pulsatilla case: forsaken feeling, jealousy, disturbed menstrual cycle and infertility, weeping during consultation, aversion fat, desire open air, thirstlessness are keynotes of this remedy.
Pulsatilla LM6 three days a week ameliorated her a little, Pulsatilla 200K given six weeks later was followed by one very good day, the day after the remedy. But after that she slid into a dip that went deeper and deeper into a depression. The repetition of Pulsatilla had no effect.



So I listened to her story more carefully.
She explained that people often are mistaken about her. She seems open and spontaneous, but she has a lot of pain and fears. She is afraid of everything. It is better now, but as a child she was scared of the dark, undertaking something, failing, not belonging too. She felt lonely, forsaken by her parents (too old), her siblings {older then she) and because she had no children of her own. She felt forsaken by her boyfriend who was in the process of leaving her. As a four-year-old she was left alone with her older brother who had Downs syndrome. He would throw her down the stairs, chase her with a knife and had lain in her bed where she had to play with his penis. This was probably the reason why she felt so bad about herself and thought she was incapable of doing anything right. She even had suicidal thoughts.
She had a problem receiving, receiving love from her boyfriend for example. And she had a problem making boundaries in her relationships.

Analysis
I got quite a different feeling, sensing her very low self-confidence, her hurt, grief, and her infinity, as if she had no boundaries.
An enormous ocean of tears and no boundaries.
An ocean =Aqua marina.
I quickly looked for my notes on Aqua marina and found a summary of the seminar Massimo Mangialavori gave at the S.H.O. in November 1995.
My patient confirmed the following symptoms:
o no self confidence
o sensation of being laughed at
o silent grief
o reserved (in her true feelings)
o restlessness
o bulimia (she has had anorexia)
o sexual problems
o sensitive
o contradiction of will (she was full of irresolution)
o repudiated relatives (synthesis)
o leucorrhoea
o cystitis
o desire farinaceous and salt
o desire sea
o amel: motion
o < riding in a car
o and the amelioration in fresh air was really a desire for wind which is a typical symptom of Aqua marina.

Reaction
After the remedy Aqua marina 200K she felt less depressive, less tired and grew softer. She could accept her boyfriend leaving her, and could keep seeing him without experiencing the pain she had before. She has been able to let go of pain and anger.



Comparing homeopathic literature
Wesselhoeft was the first to prove Aqua marina in 1871.
Allen and Clarke refer to this proving in their Materia Medica, According to Clarke: 'Aqua marina has been principally used for the effects of residence near the sea (such as biliousness, constipation and headache). Symptoms worth noting are:
O sensation of fishbone in throat
O neuralgic pain
O cold water was intolerable
0 sea-sickness

Picture
W, Boericke calls it a 'great blood purifier and vitalizer'. He emphasizes indications such as gastro-enteritis, tuberculosis and scrofulous affections of children. Weakness and lack of reaction, as well as lymphadenitis and goiter are indications. The remedy detoxifies cancer cases.

P. Sankaran proved Aqua marina more recently in 1978 in 30K potency. He was specific that the water be taken in the Bay of Biscay at a depth of 100 fathoms.
1 took his most important proving symptoms along with the ideas of Vermeulen and Murphy to make the following overview.

Mind
o Delusion being watched, or impression being spied upon
o Sensation as if all organs are swallowed
o Restlessness
o Tormented by lascivious thoughts which forced him to be religious
o Sluggish, unrefreshed, concentration difficult, does not want to work

Physical

Head	vacant feeling (d.d. Sulph.)
Face	cracks centre lower lip {d.d. Nat.m., Sep.)
Nose	coryza better tea
Throat	pain, swelling cervical glands and tonsils
	constant hawking and raising of phlegm tough and white like cotton
Stomach	appetite increased 11 a.m.
Urine	unable to pass urine in presence of others (dd Nat.m.)
Genitalia	weakness of sexual organ with intense sexual desire
Extremities	offensive perspiration of palms and feet

Besnier Boeck disease

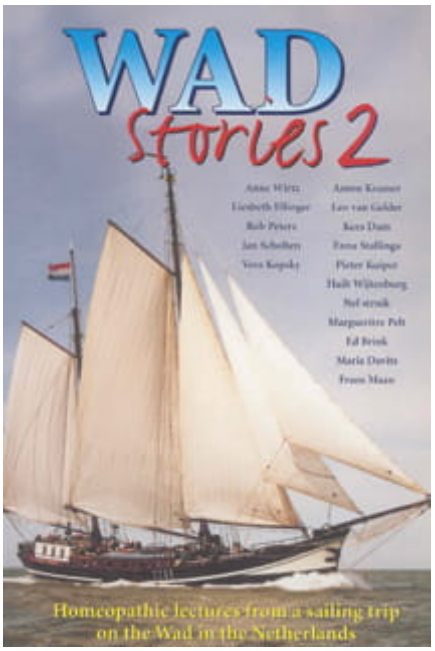
Generals
o Amel.: fast motion, riding in carriage, perspiration, cold drinks, cool open air, talking, company, salt, eating and rest
o Agg.: 2 to 4 p.m., pressure, hot weather, seaside, motion, salt, company, evening and afternoon o Morning weakness.

Jan Scholten

Wad Stories 2

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