A.U. Ramakrishnan

Cancer - My Homeopathic Method

Sample text

Cancer - My Homeopathic Method

from A.U. Ramakrishnan

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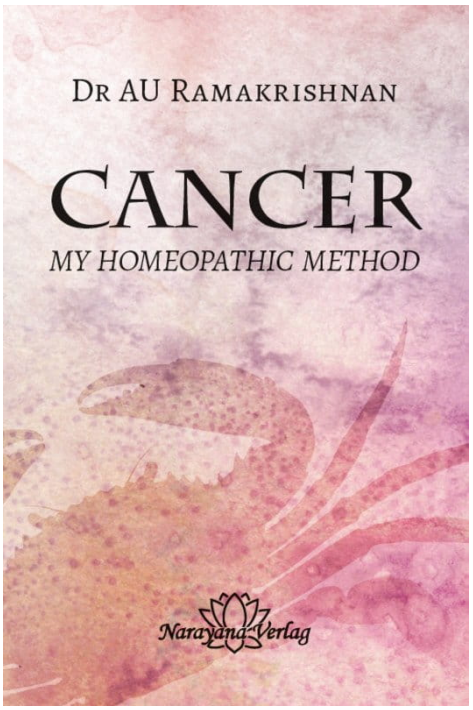

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Contents

Preamble 7
Introduction 9
My Bird's Eye View 10
Acknowledgement 12
A Brief Introduction to Homeopathy 13
Directions for Homeopaths 15

Part 1 17
Frequently Cured Types of Cancer –
Main Remedies and Cured Cases 19
Bladder 20
Bone 23
Brain 27
Breast 32
Cervix 41
Children's Cancers 44
Colon/Rectal 51
Gallbladder 57
Larynx and Vocal Cords 59
Leukaemia 63
Liver 68
Lung 71
Lymphoma 75
Melanoma 79
Mouth 82
Oesophagus 85
Ovary 87
Pancreas 96
Parotid 99
Prostate 102
Rare/Thymoma 107
Rectum (see Colon) 109
Skin 110
Stomach 113
Thyroid 116
Uterus 118

Part 2 121
Palliation for Situations Beyond Cure 122
Bone 124
Breast 126
Colon/Rectal 128
Leukaemia 133
Liver 134
Lung 136
Mouth 138
Oesophagus 141
Ovary 144
Pancreas 146
Prostate 148
Rectum (see Colon) 151
Stomach 152
Uterus 155

Part 3 159
Gentling the End of Life 160
Spindle Cell Carcinoma 161
Lung Cancer 162
Squamous Cell Carcinoma Head and Neck 163
Most Frequently Used Remedies 164
Cancer Nosodes 164
The Cancer-Specifics 166
The Organ-Specifics 167
Remedies for Palliation for the End of Life 174
Directions for Plussing 176
Homeopathy with Conventional Medicine 178
Prevention and Recurrence 180
Statistics 181
Frequently Asked Questions with Answers 183
Conclusion and the Future 190

Appendix 191
About the Author 192
Remedy Index 196
General Index 199

Prostate

Conium, Lycopodium, Sabal serrulata, Thuja.

Prostate Cancer

CASE 59

A male, 49 years, came for homeopathic treatment of prostate cancer in **January 2005,** immediately following surgery to remove the organ. His Gleason score was 7 ng/ml, PSA was elevated though there were no symptoms, even on physical exam. Pathology: Adenocarcinoma and carcinoma. History of alcoholism and smoking though now sober 20+ years. Sleep is always excellent as is appetite. Loves fish, milk and hot drinks. Temper was boisterous, angry and biased until religion calmed him down, now nicknamed "Prozac Sam" for his calmness and optimism. Loves heights, fears snakes.

Prescription

- *Thuja* 200C Plussing odd numbered weeks for 12 weeks
- *Carcinosin* 200C Plussing even numbered weeks for 12 weeks

Recovering well from the surgery, PSA 2.0 ng/ml, urination is improving but some dribbling and impotence. *Selenium* 30C added to prescription at eight weeks, Split Dose weekly.

Had been taking *Lycopodium* on his own which he preferred to *Selenium*. Still impotent even with allopathic prescriptions. Sinuses are stuffed; discomfort under scrotum. Ejaculates without erection, which is very painful.

Prescription

- *Thuja* 1M Plussing odd numbered weeks for 12 weeks
- *Carcinosin* 200C Plussing even numbered weeks for 12 weeks
- *Selenium* 30C Split Dose one day per week

Four weeks into this prescription, PSA dropped to below 1 ng/ml. Sexual function improving very slightly. Some dribbling with erec-

tions which are still only partial. After eight weeks PSA is down to 0, but he is still impatient about impotence. Switched the *Selenium* to *Lycopodium* 30C, Split Dose weekly.

Says there is now some action from the *Lycopodium*, but not back to normal. Thinks he is completely well in all other areas, but his sitting position is still compromised.

Prescription

- *Thuja* 1M Plussing odd numbered weeks for 8 weeks
- *Carcinosin* 1M Plussing even numbered weeks for 8 weeks
- *Lycopodium* 30C Split Dose one day per week

Went on holiday and did the best he could with the Plussing. Groin area seems more sensitive – sensations are coming back. Erections are more frequent, easier to obtain and maintain.

Prescription

- *Thuja* 10M Plussing odd numbered weeks for 6 months
- *Carcinosin* 1M Plussing even numbered weeks for 6 months
- *Lycopodium* 30C Split Dose weekly

At the start of this prescription, still complaining of sexual issues and supplementing with the allopathic prescriptions. Still has some tenderness in his groin but gave up his inflatable cushion. PSA insignificant, way below one. Now one year since beginning the homeopathy he is pleased with the cancer situation but very discouraged in the sexual realm. If aroused, there is dribbling, can still orgasm without erection. Orgasms more intense than before surgery.

- *Natrum sulphuricum* 6X Dry Doses twice daily added after 16 weeks.
- At 20 weeks *Lycopodium* is adjusted to 200C Split Dose one day in alternate weeks.

He is happy again, no incontinence or spring allergies. Still using prescriptions for impotence.

Prescription

- *Lycopodium* 200C Split Dose weekly for 4 weeks
- *Natrum sulphuricum* 6X Dry Doses twice daily

PSA repeated and still lower than 1.

Prescription

- *Lycopodium* 1M Split Dose one day per alternate weeks for 12 weeks
- *Natrum sulphuricum* 6X Dry Doses twice daily

All continues well.

Prescription

- *Carcinosin* 1M Split Dose one day per alternate weeks for 8 weeks
- *Natrum sulphuricum* 6X Dry Doses twice daily

PSA continues below 1, still uses a little of the allopathic drugs but can now perform sexually whenever he wants.

Prescription

- *Lycopodium* 1M Split Dose one day per alternate week for 8 weeks, followed by,
- *Carcinosin* 1M Split Dose one day per alternate week for 8 weeks
- Repeat the above for another 16 weeks
- *Natrum sulphuricum* 6X Dry Doses twice daily

During the above regimen his physical exam was all normal, PSA still below 1.

Treatment ended. He reports perfect health in 2014, nine years since the diagnosis.

CASE 60

Male 63 years, reported **January 1996** with MRI showing secondaries in the brain. He was recommended to have radiation which scared him so he came for homeopathy. In 1994 he had surgery for diagnosed prostate cancer Stage 2. He had two confirming symptoms for the remedy selection:

He had intolerable headache with extreme restlessness and had to keep rolling his head in the pillow; incontinence of urine, worse sitting,

better standing, for the last five years. This began before the surgery and continued after the surgery even though he recovered from all other prostate problems. These symptoms pointed strongly toward the medicine selected.

Prescription

- *Zincum sulphuricum* 200C Plussing weeks 1 & 3
- *Carcinosin* 200C Plussing weeks 2 & 4

After one month he reported both headache and incontinence were more than 50 % improved.

- Weeks 5-8 continued same prescription.

Brain MRI showed distinct reduction in size of lesion.

Months 2-4 continued the same remedies alternating in Plussing Doses.

After four months MRI showed entire deposit cleared and he reported being 90 % symptom-free.

Plussing continued for a full year, then switched to Split Doses alternating monthly for an additional year. In 2014 he remains cancer-free.

Adenocarcinoma Prostate

CASE 61

Male, 67 years, reported **January 2005** after receiving a diagnosis of adenocarcinoma of the prostate. His PSA was 12.7 ng/ml, Gleason Grade ¾. CT scan showed the growth and retention of urine in the bladder. He complained of frequent urination, high cholesterol, coronary artery disease with anxiety and depression.

Prescription

- *Aurum arsenicum* 200C Plussing odd numbered weeks
- *Carcinosin* 200C Plussing even numbered weeks

In 6 months the *Aurum arsenicum* was raised to 1M.

Remedy Index

A

Aconitum **167**, **174**-175
Aethusa cynapium 27, **167**
Aloe socotrina 51, 54-55, 109, 131-132, 167
Aloe vera **179**
Apis 66-67, 122, **168**
Apocynum 122, **168**
Argentum nitricum 34-35, 37, 59, 61-62, 71-73, 85, 115, 129-130, 153, 168
Arnica 169, 178
Arsenicum album 39-40, 51, 79, 85, 91-92, 96, 110, 113, 115, 122, 134, 142, 146, 152, 158, 166, **168,** 170, **174-175**
Arsenicum bromatum 79, 110, **168**
Arsenicum iodatum **168**
Aurum arsenicum 105, **166**
Aurum metallicum 23, 75, 89, **174**-175
Aurum muriaticum 41, 82-83, 87-88, 90-95, 118, 138, 156-158, **168-169**
Aurum muriaticum natronatum 41, 87-88, 90-95, 118, 156-158, 169

B

Bacillinum 110-111
Baryta carbonica 27
Baryta iodata 27, 82, 96, 117, **169**
Bellis perennis **169**, **178**
Berberis vulgaris 96
Bryonia 99

C

Cadmium sulphuratum 113, 146, 152-153, 169, **174-**175
Calcarea arsenicosa 27-28, 31, 44, 50, 72, 79
Calcarea carbonica 23, 28, 34, 123
Calcarea fluorica 39-41, 56, 72-73, 94-95
Calcarea phosphorica 95
Cantharis 20-21, **179**
Carbo vegetabilis 122, 126
Carcinosin* **164-165, 180**
Carduus marianus 57, 68-69, 127
Causticum 20, 22, 59-60, 79, 85, 113
Ceanothus americanus 63, 96, 98, 128-129, 147, 158, 169
Chelidonium 33, 47-48, 57-58, 68-70, 86, 95-96, 113, 124, 127, 129-131, 158, **169**, **174**-175
China 122
Cholesterinum 57-58, 68-69, 131
Colocynthis 123, 128-129
Condurango 113-115
Conium 20, 32-33, 35-36, 47-48, 75, 85, 92-93, 102, 130-131, 136, 141-142, 148-150, 166
Crotalus horridus **171**

E

Euphorbium 110, **170**, **175**

* *Carcinosin* is used so frequently that there is no need to list every reference to this remedy.

F
Ferrum phosphoricum 94

G
Graphites 85, 123

H
Hekla lava 23-26, 39, 63-66, 76-77, 108, 124, 133, 139, **170**
Hydrastis 68, 82, 96, 113, 154, **166**, 169-**170, 175**
Hypericum 30

I
Iodium 75, 99, 116-117, 169-**170**

K
Kali bichromicum 59, 71, 113, **171**
Kali carbonicum 24-25, 71, 79, 99, 134, 141, 143, 155-156, **171**
Kali iodatum **171**

L
Lachesis 27, 59, 71, 99, 109, 116, 118, 170-**171**
Lapis albus 32, 71, 126, **171**
Lilium tigrinum 41, 87, 118
Lycopodium 51-52, 64-65, 68, 71, 75-76, 79-80, 83-84, 102-104, 111-112, 115, 123, 134-135, 137, 143, 155-156, **171**

M
Magnesium phosphoricum **175**
Medorrhinum 39-40, 95, **171**
Mercurius solubilis 82

N
Naja 46
Natrum muriaticum 36-38, 87, 91, 93-94, 110-111
Natrum phosphoricum 92, 95
Natrum sulphuricum 25, 68, 95-97, 103-104, 115, 131, 136, 157
Nitricum acidum 109, **171**
Nux vomica 128, 175

O
Oophorinum 72, 88-89
Opium 167, 175
Ornithogalum 113, 153, **171**, 175
Oxalicum acidum 73-74

P
Phosphorus 27, 30-32, 49, 59-61, 86, 108, 165, 167, **172**, 179
Physostigma 107-108
Phytolacca 32, 41, 44-45, 48, 75, 82, 99-101, 116, 139, 141-142, **172**
Plumbum iodatum 27-31, 149, **172**, **175**
Plumbum metallicum 27, 172
Pulsatilla 32, 36-37, 41, 66, 76-77, 87, 119, **172**

R
Radium bromatum **172**
Rhus toxicodendron 170
Ruta graveolens 53

S
Sabal serrulata 55-56, 102, **172**
Sanguinaria 166-**167,** 172
Scirrhinum 35, 66-70, 73-74, 150, **165**-166

Scrophularia nodosa 32, 44, 46-47, 64-65, 75, 77-78, 99, 116, 138-139, **173**
Secale cornutum 157
Selenium 27, 102-103
Sepia 32, 35, 41, 43, 87-88, 118, **172**
Silicea 47, 85, 126, 138
Spongia 75, 78, 96, 99, 107-108, 116-117
Staphysagria 20, 34, 92-93
Strontium carbonicum 63, 124, 140, **173**
Sulphur 109-110, 115, 123
Symphytum 23-24, 38-39, 63, 66-67, 89, 107, 143, 147-148, 170, **173**

T

Terebinthina oleum 20-22, 81, 144-145, **173**
Thuja 20-21, 40, 42, 51, 55-56, 59, 75, 80-81, 85, 87, 99, 102-103, 109, 116, 118, 166
Tuberculinum 25-26, 66, 88-89, **173**

U

Urtica urens 179

V

Veratrum album 167
Viburnum prunifolium 87-88, 90, 118, 144-145

Z

Zincum sulphuricum 27, 44, 105

General Index

A

Abdominal cancer 164
Acute and chronic myelogenous leukaemias 164
Acute lymphocytic leukaemia 61
Acute myeloid leukaemia 59
Adenocarcinoma 17, 30-31, 47, 97-98, 101, 110, 115-116, 123-126, 131-132, 138-139, 147-148
  breast 30
  of the ascending colon 123
  of the bladder 17
  of the colon and rectum 124
  of the lung 132
  of the oesophagus 138
  of the ovary 139
  of the parotid gland 97
  of the rectum 125-126
  of the stomach 110, 148
  of the uterus 115-116
AIDS 164, 184
Angioma 163
Astrocytoma 26-27, 45, 163, 166
  of optic nerve 26

B

Basal cell carcinoma 107-108, 162, 164, 166
Bladder cancer 167, 175
Bladder carcinoma 163
Bone and blood cancers 164
Bone cancer 167, 175
Brain cancer 175
Brain tumours 163
Breast cancer 8, 31, 34, 37, 121, 175
Bronchogenic cancer 69

C

Caecum cancer 49
Cancer
  of lung and breast 165
  of the breast 167
  of the colon and rectum 161
  of the oral cavity 162
  of the prostate 166
  of the rectum 165
  of the spleen and pancreas 163
  of the stomach 164
  of the uterus, ovary, and cervix 163, 165
Cancerous ulcers 162-163
Cancers of the breast and parotid gland 166
Cancers of the breast, uterus, ovary, and cervix 166
Cancers of the oesophagus, larynx, lung and vocal cords 162
Carcinoma 16, 28-29, 48, 64, 78-79, 82, 95, 98, 107-108, 113, 129, 133, 145, 155, 163
Cerebral embolism 135
Cervical cancer 37-38, 175
Chronic myelogenous leukaemia 62
Chronic myeloid leukaemia 60
Colitis 48
Colon cancer 50, 165, 175

D
Depression 169
Dermatitis 73
Diabetes 51, 150
Diffuse intrinsic pontine glioma (DIPG) 23, 40, 44-46

E
Eczema 73
Endometrial cancer 86, 152
Endometriosis 83
Erysipelas 164
Ewing's sarcoma 19-21, 164
Ewing's tumour 119

F
Fibroids 29, 37, 163

G
Gallbladder cancer 53, 163
Gangrene 162, 164
Genital herpes 38
Glioblastoma multiforme 23-24, 44
Glioma 23, 25, 40, 44, 163, 166

H
Haemorrhage 149, 166
Hepatocellular carcinoma 64, 129
Herpes 32-33, 38, 87
Hodgkin's and Non-Hodgkin's lymphomas 166
Hodgkin's lymphoma 71, 73, 167, 175
Hypertension 39

I
Infiltrating ductal carcinoma 28-29

L
Larynx and vocal cord 175
Larynx cancer 56
Lesions in the brain 163
Leukaemia 59-62, 117, 128, 164, 167, 175
Lichen planus 107-108
Liver and gallbladder cancer 163
Liver cancer 175
Lung cancer 67, 131, 156, 165, 175
Lung metastasis 28

M
Malignancy in the pancreas 92
Malignant tumour at the head of the pancreas 141
Mediastinal cancer 175
Melanoma 75-76, 162, 176
Mouth sores 32
Multiple myeloma 19
Myasthenia gravis 103-104
Myeloma 19, 85, 164
Myelomonocytic leukaemia 128

N
Necrosis 162
Neuroblastoma 40, 42-43
Non-Hodgkin's lymphoma 71
Nystagmus 26-27

O
Oedema 39, 63, 66, 117-118, 160, 162
Oesophageal cancer 81, 136-137
Oesophagus 81-82, 136, 138, 176
Oral cavity 176
Oral cavity cancer 134
Osteoclastomas 164

Osteosarcoma 119
Ovarian cancer 31, 83, 85, 87, 151, 176

P

Pancreatic cancer 93, 141, 163, 176
Pancreatic pseudocysts 93
Papillary carcinoma prostate 145
Parotid tumour 96
Pericarditis 137
Pilocystic astrocytoma 45
Plantar fasciitis 68
Pleural effusion 75, 150, 162
Pleural metastasis of thymoma 103
Polio 83
Prostate cancer 98, 100, 143, 176

R

Rectal cancer 176
Reflux oesophagitis 72, 111-112

S

Sarcoma 19-21, 164, 167
Septicaemia 162
Skin cancer 108, 162, 176
Spindle cell carcinoma 155
Squamous and basal cell carcinomas 162
Squamous cell carcinoma 16, 48, 78-79, 82, 95, 133
  head and neck 157
  of the oesophagus 82
  of the parotid gland 95
  of the tongue 133
Stomach and colon cancer 165
Stomach cancer 111, 147-149, 176
Streptococcal infection 67

T

Testicular cancer 163
Throat cancer 163
Thymoma 103
Thyroid and parotid gland 176
Thyroid cancer 114
Thyroid nodules 164
Tuberculosis 21-22, 67, 73-74, 123, 167
Tumours in the liver 65

U

Ulcer 38-39, 48-49, 55, 58, 78-79, 107-108, 133
Uterine cancer 150, 176
Uterine tumours 163

V

Vocal cord cancer 55, 57

CANCER – MY HOMEOPATHIC METHOD
by Dr AU Ramakrishnan

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Do read it cover to cover

This book is a nice size, a bit bigger than A5, but not too thick to be overwhelming and not too slim to make you think there would not be much content.

The cover is a muted pinky colour with a picture of a crab, the sign of Cancer in astrology.

This is the book to read if you have patients with cancer. I love it! I have great respect for Dr Ramakrishnan, having heard him speak about cancer many years ago and just a few years ago attended his course in Aberystwyth. I found him to be a lovely man – kind and helpful, humorous, knowledgeable of course, and quite happy for others to have a different view or way of prescribing. He often said, 'this is what I have found works'. He said to me once that if my experience taught me something then I should go with that, rather than follow someone else's experience.

If you buy this book do read it cover to cover because there are little gems of information to be found on every page from the Introduction through to the Conclusion. He is clear in what he says, with no ambiguity to leave you wondering if what is written could be taken this way or that; and, although his book raises questions for me, overall it provides more understanding and confidence about working with people who have cancer.

The layout of the book

The list of 'Contents' begins with a 'Preamble' which includes: 'Introduction', 'Bird's Eye View', 'Acknowledgement', 'A Brief Introduction to Homeopathy', and 'Directions for Homeopaths'.

Dr Ramakrishnan briefly refers to his father, who was also a doctor, his mentor, and inspired him to complete the conventional medical training. Afterwards Dr Ramakrishnan began his homeopathic training with Margery Blackie at the London Faculty of Homeopathy. His brother and sister also became homeopathic doctors and it was their deaths from cancer which focused his attention on cancer 40 years ago.

This book is based on his latest refinements in case-taking and record keeping. He acknowledges and credits the late Catherine R Coulter, co-author of his first book *A Homoeopathic Approach to Cancer* (2001), who guided him in developing structure and system in recording his results with cancer patients, and Melissa Fairbanks RSHom, for editing and clarifying much in this book. He is continually motivated by the encouraging results he sees among the 15,000 patients with cancer he has treated.

The 'Bird's Eye View' is by Eileen Isison, who has worked with and for Dr Ramakrishnan for 17 years. She sounds as if she knows her own mind and, before this book was begun, she went through her records:

> … to determine if my perception matched the facts in relation to success. I am aware of my biased view, believing that everyone with cancer should follow Dr Ramakrishnan's protocol because I think it is so brilliant. I was shocked, as the results were better than even I had imagined.

I think the fact that she did this checking to ensure she was not biased towards the book just from her respect for Dr Ramakrishnan, adds weight to the book.

In a clearly defined box there is a caution which says this book is NOT a self-care manual but is written for trained homeopaths. I was pleased to read this because, although I feel we do need to empower people, it does worry me when people try to treat themselves with homeopathy for serious pathology, because if things go awry it could be homeopathy which gets the bad press not the patient's lack of knowledge.

The two short sections 'A Brief Introduction to Homeopathy' and 'Directions for Homeopaths' go hand in hand. Do not assume that you know what will be covered in these pages; do read them, because Dr Ramakrishnan explains why he developed his method of frequent repetition of two remedies alternating weekly. Dr Ram is a classical homeopath, so why does he change the way he works with cancer patients? These two quotes make it clear to me: 'With cancer, if you treat the classical way, you can sit and watch hundreds of thousands of people die classically' and (the first two aphorisms in the *Organon*): 'The physician's high and only mission is to restore the sick to health, to cure, as it is termed. … The highest ideal of cure is rapid, gentle and permanent restoration of health … in the shortest, most reliable, and most harmless way …'. These 'rules' are the permission needed to adapt the prescribing to the urgency and severity of the condition.

Next are three sections, where we get to the cases:

Part 1: Frequently Cured Types of Cancer – Main Remedies and Cured Cases

This section begins with a list of Dr Ram's most frequently used and most strongly indicated remedies – for example, Bladder: *Causticum, Conium, Staphysagria, Terebinthina, Thuja.* Next are 98 pages containing short cases for 26 types of cancer Dr Ram has seen in his patients, from Bladder to Uterus and including children's cancers and a rare one – thymoma. What is incredible but a bit daunting for me is that he is confident to stay with remedies for four months even though some of the most disturbing symptoms do not appear to be changing. In the very first case, of a patient first seen in 2002, he stays with two remedies for four months, before sending the patient for a further sonograph which shows the mass has reduced. He continues the remedy for another four months with no significant changes but a further cystoscopy shows the mass to be greatly reduced to, by then, the size of a marble, surprising all the doctors. After another four months on the same remedies plus one more remedy, the patient is well, and still well and symptom-free in 2012.

How homeopaths like myself who are not medically qualified might persuade the medics to do further tests on the NHS is not covered in this book …

Part 2: Palliation for Situations Beyond Cure

Dr Ramakrishnan knows only too well some patients come to homeopathy when their condition is advanced and they have tried everything else and may have metastasised to a more difficult area to treat. Dr Ramakrishnan says homeopathy still has a lot to offer these people by reducing the worst symptoms which often enables patients to recover some strength, both physical and emotional, therefore helping them regain some quality of life. He mentions, briefly, ascites and oedema and the best remedies he finds will help. Adhesions are a later stage problem but, even there, Dr Ramakrishnan says homeopathy can help and that the best remedy he has found is *Graphites.* He reiterates the importance of continuing the plussing method, even if the patient is in hospital. He gives 28 cases of 14 different types.

Part 3: Gentling the End of Life

Dr Ramakrishnan says that homeopathy can provide relief in some of the major complaints

but also helps patients to only need smaller than usual doses of allopathic drugs, which means patients remain alert until the very end, when often they drift away in their sleep. 'Many families find this is an incredible gift'.

He does not write about remedies in this section as he says, 'there is no recipe'. We homeopaths need to change prescriptions as needed and he recommends lower potencies for quicker response. However, practical as ever, he suggests using the potency to hand and to choose a different potency for each change of remedy. He no longer uses the plussing method at this time; tablets may be given or added to water and sips taken or lips moistened. He includes three cases.

The few pages of 'Most Frequently Used Remedies' cover cancer nosodes, cancer specifics and organ-specific remedies – a very useful mini materia medica.

In 'Remedies for Palliation for the End of Life' he lists 11 remedies, again a mini materia medica, and a note at the end about which ones are most frequently used for pain control.

'Directions for Plussing' is exactly what it says.

Next is 'Homeopathy with Conventional Medicine'. I love Dr Ramakrishnan's solid stance on surgery and whether or not homeopathy should be used when a patient is having chemotherapy or radiotherapy – I am not going to hint which stance he takes but leave it for you to discover!

Then follows 'Prevention and Recurrence' and 'Statistics'.

'Frequently Asked Questions with Answers' is a good section because it answers many of the questions that popped into my head as I read the book. Questions include:

1. This all sounds very complicated, can you tell me how long a treatment will take and what liberties can be taken with the plussing?
2. Do you ever use the preparation from a patient's own tumour?
3. What about coffee, alcohol and diet?

… and many more. Some of his answers give me pause for thought as my experience, very minimal compared to his, has taught me differently; but that is one of the main things I really admire in Dr Ramakrishnan, the fact that he thinks it is fine for people to have different ways which work for them – a good teacher wants his students to think for themselves and not just learn from the master. In my opinion Dr Ramakrishnan is a great homeopath and teacher.

If you see people with cancer in your practice, I urge you to read, read and read again this book.

Amanda Bate RSHom

Remedy Index

A

Aconitum **167**, **174**-175
Aethusa cynapium 27, **167**
Aloe socotrina 51, 54-55, 109, 131-132, 167
Aloe vera **179**
Apis 66-67, 122, **168**
Apocynum 122, **168**
Argentum nitricum 34-35, 37, 59, 61-62, 71-73, 85, 115, 129-130, 153, 168
Arnica 169, 178
Arsenicum album 39-40, 51, 79, 85, 91-92, 96, 110, 113, 115, 122, 134, 142, 146, 152, 158, 166, **168,** 170, **174-175**
Arsenicum bromatum 79, 110, **168**
Arsenicum iodatum **168**
Aurum arsenicum 105, **166**
Aurum metallicum 23, 75, 89, **174**-175
Aurum muriaticum 41, 82-83, 87-88, 90-95, 118, 138, 156-158, **168-169**
Aurum muriaticum natronatum 41, 87-88, 90-95, 118, 156-158, 169

B

Bacillinum 110-111
Baryta carbonica 27
Baryta iodata 27, 82, 96, 117, **169**
Bellis perennis **169**, **178**
Berberis vulgaris 96
Bryonia 99

C

Cadmium sulphuratum 113, 146, 152-153, 169, **174-**175
Calcarea arsenicosa 27-28, 31, 44, 50, 72, 79
Calcarea carbonica 23, 28, 34, 123
Calcarea fluorica 39-41, 56, 72-73, 94-95
Calcarea phosphorica 95
Cantharis 20-21, **179**
Carbo vegetabilis 122, 126
Carcinosin* **164-165, 180**
Carduus marianus 57, 68-69, 127
Causticum 20, 22, 59-60, 79, 85, 113
Ceanothus americanus 63, 96, 98, 128-129, 147, 158, 169
Chelidonium 33, 47-48, 57-58, 68-70, 86, 95-96, 113, 124, 127, 129-131, 158, **169**, **174**-175
China 122
Cholesterinum 57-58, 68-69, 131
Colocynthis 123, 128-129
Condurango 113-115
Conium 20, 32-33, 35-36, 47-48, 75, 85, 92-93, 102, 130-131, 136, 141-142, 148-150, 166
Crotalus horridus **171**

E

Euphorbium 110, **170**, **175**

* *Carcinosin* is used so frequently that there is no need to list every reference to this remedy.

F
Ferrum phosphoricum 94

G
Graphites 85, 123

H
Hekla lava 23-26, 39, 63-66, 76-77, 108, 124, 133, 139, **170**
Hydrastis 68, 82, 96, 113, 154, **166**, 169-**170, 175**
Hypericum 30

I
Iodium 75, 99, 116-117, 169-**170**

K
Kali bichromicum 59, 71, 113, **171**
Kali carbonicum 24-25, 71, 79, 99, 134, 141, 143, 155-156, **171**
Kali iodatum **171**

L
Lachesis 27, 59, 71, 99, 109, 116, 118, 170-**171**
Lapis albus 32, 71, 126, **171**
Lilium tigrinum 41, 87, 118
Lycopodium 51-52, 64-65, 68, 71, 75-76, 79-80, 83-84, 102-104, 111-112, 115, 123, 134-135, 137, 143, 155-156, **171**

M
Magnesium phosphoricum **175**
Medorrhinum 39-40, 95, **171**
Mercurius solubilis 82

N
Naja 46
Natrum muriaticum 36-38, 87, 91, 93-94, 110-111
Natrum phosphoricum 92, 95
Natrum sulphuricum 25, 68, 95-97, 103-104, 115, 131, 136, 157
Nitricum acidum 109, **171**
Nux vomica 128, 175

O
Oophorinum 72, 88-89
Opium 167, 175
Ornithogalum 113, 153, **171**, 175
Oxalicum acidum 73-74

P
Phosphorus 27, 30-32, 49, 59-61, 86, 108, 165, 167, **172**, 179
Physostigma 107-108
Phytolacca 32, 41, 44-45, 48, 75, 82, 99-101, 116, 139, 141-142, **172**
Plumbum iodatum 27-31, 149, **172**, **175**
Plumbum metallicum 27, 172
Pulsatilla 32, 36-37, 41, 66, 76-77, 87, 119, **172**

R
Radium bromatum **172**
Rhus toxicodendron 170
Ruta graveolens 53

S
Sabal serrulata 55-56, 102, **172**
Sanguinaria 166-**167,** 172
Scirrhinum 35, 66-70, 73-74, 150, **165**-166

Scrophularia nodosa 32, 44, 46-47, 64-65, 75, 77-78, 99, 116, 138-139, **173**
Secale cornutum 157
Selenium 27, 102-103
Sepia 32, 35, 41, 43, 87-88, 118, **172**
Silicea 47, 85, 126, 138
Spongia 75, 78, 96, 99, 107-108, 116-117
Staphysagria 20, 34, 92-93
Strontium carbonicum 63, 124, 140, **173**
Sulphur 109-110, 115, 123
Symphytum 23-24, 38-39, 63, 66-67, 89, 107, 143, 147-148, 170, **173**

T

Terebinthina oleum 20-22, 81, 144-145, **173**
Thuja 20-21, 40, 42, 51, 55-56, 59, 75, 80-81, 85, 87, 99, 102-103, 109, 116, 118, 166
Tuberculinum 25-26, 66, 88-89, **173**

U

Urtica urens 179

V

Veratrum album 167
Viburnum prunifolium 87-88, 90, 118, 144-145

Z

Zincum sulphuricum 27, 44, 105

General Index

A

Abdominal cancer 170
Acute and chronic myelogenous leukaemias 170
Acute lymphocytic leukaemia 65
Acute myeloid leukaemia 63
Adenocarcinoma 21, 34-35, 51, 101-102, 105, 113, 118-119, 128-131, 136-137, 143-144, 152-153
Adenocarcinoma breast 34
Adenocarcinoma of the ascending colon 128
Adenocarcinoma of the bladder 21
Adenocarcinoma of the colon and rectum 129
Adenocarcinoma of the lung 137
Adenocarcinoma of the oesophagus 143
Adenocarcinoma of the ovary 144
Adenocarcinoma of the parotid gland 101
Adenocarcinoma of the rectum 130-131
Adenocarcinoma of the stomach 113, 153
Adenocarcinoma of the uterus 118-119
AIDS 170, 190
Angioma 169
Astrocytoma 30-31, 49, 169, 172
Astrocytoma of optic nerve 30

B

Basal cell carcinoma 110-111, 168, 170, 172
Bladder cancer 173, 181
Bladder carcinoma 169
Bone and blood cancers 170
Bone cancer 173, 181
Brain cancer 181
Brain tumours 169
Breast cancer 10, 35, 38, 41, 126, 181
Bronchogenic cancer 73

C

Caecum cancer 53
Cancer of lung and breast 171
Cancer of the breast 173
Cancer of the colon and rectum 167
Cancer of the oral cavity 168
Cancer of the prostate 172
Cancer of the rectum 171
Cancer of the spleen and pancreas 169
Cancer of the stomach 170
Cancer of the uterus, ovary, and cervix 169, 171
Cancerous ulcers 168-169
Cancers of the breast and parotid gland 172
Cancers of the breast, uterus, ovary, and cervix 172
Cancers of the oesophagus, larynx, lung and vocal cords 168

Carcinoma 20, 32-33, 52, 68, 82-83, 86, 99, 102, 110-111, 116, 134, 138, 150, 161, 169
Cerebral embolism 140
Cervical cancer 41-42, 181
Chronic myelogenous leukaemia 66
Chronic myeloid leukaemia 64
Colitis 52
Colon cancer 54, 171, 181

D
Depression 175
Dermatitis 77
Diabetes 55, 155
Diffuse intrinsic pontine glioma (DIPG) 27, 44, 48-50

E
Eczema 77
Endometrial cancer 90, 157
Endometriosis 87
Erysipelas 170
Ewing's sarcoma 23-25, 170
Ewing's tumour 124

F
Fibroids 33, 41, 169

G
Gallbladder cancer 57, 169
Gangrene 168, 170
Genital herpes 42
Glioblastoma multiforme 27-28, 48
Glioma 27, 29, 44, 48, 169, 172

H
Haemorrhage 154, 172
Hepatocellular carcinoma 68, 134
Herpes 36-37, 42, 91
Hodgkin's and Non-Hodgkin's lymphomas 172
Hodgkin's lymphoma 75, 77, 173, 181
Hypertension 43

I
Infiltrating ductal carcinoma 32-33

L
Larynx and vocal cord 181
Larynx cancer 60
Lesions in the brain 169
Leukaemia 63-66, 122, 133, 170, 173, 181
Lichen planus 110-111
Liver and gallbladder cancer 169
Liver cancer 181
Lung cancer 71, 136, 162, 171, 181
Lung metastasis 32

M
Malignancy in the pancreas 96
Malignant tumour at the head of the pancreas 146
Mediastinal cancer 181
Melanoma 79-80, 168, 182
Mouth sores 36
Multiple myeloma 23
Myasthenia gravis 107-108
Myeloma 23, 89, 170
Myelomonocytic leukaemia 133

N
Necrosis 168
Neuroblastoma 44, 46-47
Non-Hodgkin's lymphoma 75

Nystagmus 30-31

O

Oedema 43, 67, 70, 122-123, 166, 168
Oesophageal cancer 85, 141-142
Oesophagus 85-86, 141, 143, 182
Oral cavity 182
Oral cavity cancer 139
Osteoclastomas 170
Osteosarcoma 124
Ovarian cancer 35, 87, 89, 91, 156, 182

P

Pancreatic cancer 97, 146, 169, 182
Pancreatic pseudocysts 97
Papillary carcinoma prostate 150
Parotid tumour 100
Pericarditis 142
Pilocystic astrocytoma 49
Plantar fasciitis 72
Pleural effusion 79, 155, 168
Pleural metastasis of thymoma 107
Polio 87
Prostate cancer 102, 104, 148, 182

R

Rectal cancer 182
Reflux oesophagitis 76, 114-115

S

Sarcoma 23-25, 170, 173
Septicaemia 168
Skin cancer 111, 168, 182
Spindle cell carcinoma 161
Squamous and basal cell carcinomas 168
Squamous cell carcinoma 20, 52, 82-83, 86, 99, 138
Squamous cell carcinoma head and neck 163
Squamous cell carcinoma of the oesophagus 86
Squamous cell carcinoma of the parotid gland 99
Squamous cell carcinoma of the tongue 138
Stomach and colon cancer 171
Stomach cancer 114, 152-154, 182
Streptococcal infection 71

T

Testicular cancer 169
Throat cancer 169
Thymoma 107
Thyroid and parotid gland 182
Thyroid cancer 117
Thyroid nodules 170
Tuberculosis 25-26, 71, 77-78, 128, 173
Tumours in the liver 69

U

Ulcer 42-43, 52-53, 59, 62, 82-83, 110-111, 138
Uterine cancer 155, 182
Uterine tumours 169

V

Vocal cord cancer 59, 61

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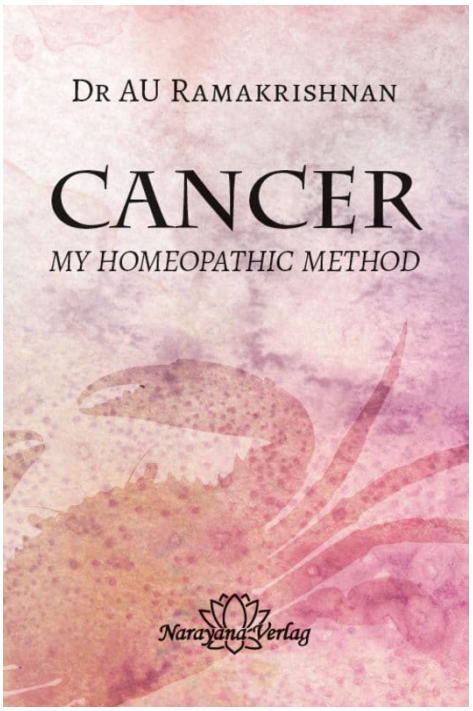

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