

Peter Fraser

Using Mappa Mundi in Homoeopathy

Reading excerpt

[Using Mappa Mundi in Homoeopathy](#)

of [Peter Fraser](#)

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**USING MAPPA MUNDI
IN HOMŒOPATHY**



PETER FRASER
USING MAPS & SYSTEMS IN HOMŒOPATHY

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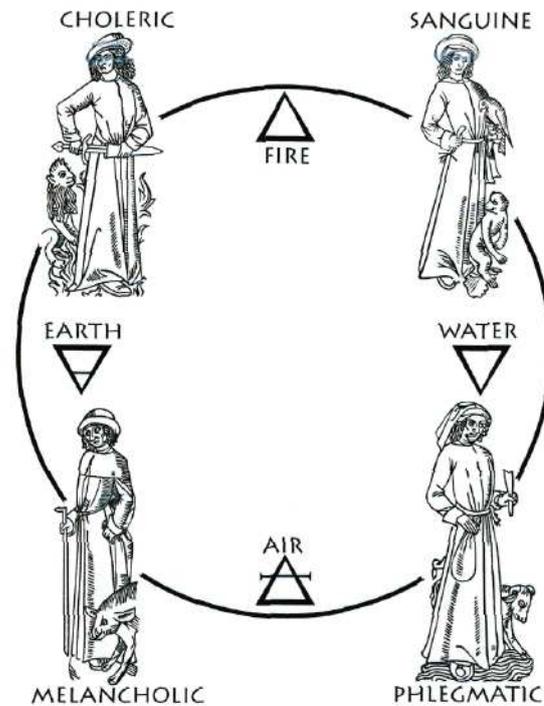
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EMOTIONS



The pattern of the emotions on the Circle follows in much the same way. There is a passivity on the right hand side with activity on left. There is expansion in the top half and contraction and introversion in the bottom half.

The Phlegmatic region is therefore an area where emotions are received and rarely returned or expressed. It is a place where emotions can stagnate and it is the state that is often found in people who are ready to move on but find themselves stuck in an emotional state that is not entirely suitable. Water

represents the emotional state of flux and movement but without direction. Unsure of how to react, emotions will often be expressed in tears and weeping.

In the Sanguine region emotions are expansive they are easily expressed and often worn on the sleeve. They take the form of passions. They are not entirely appropriate and will often be excessive but they are always heartfelt and part of an effort to communicate and understand. Fire is at the summit of the Circle and here emotion strives for perfection. It should be balanced and appropriate; giving and receiving in equal measure. However as this is not often possible it usually involves an element of disappointment.

In the Choleric region emotion is something that is to be expressed rather than received. It must have purpose and effect. This can take the form of care and concern but it is often expressed as anger. The Earth point is the place where emotion is understood only through its physical dimension and its effects.

In the Melancholic region emotion is restricted and often denied. It is seen as something that is unnecessary and that gets in the way and so it is avoided until all that is left is sadness. Finally there is the base point of Air which is cold and emotionless and so which is an open place where the whole cycle can begin again.

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