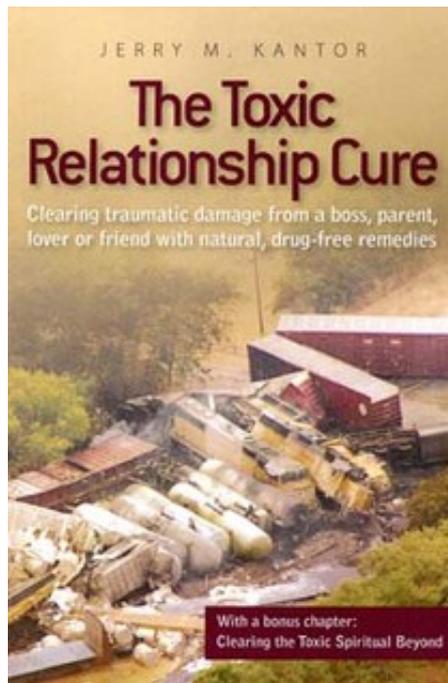


Jerry M. Kantor

The Toxic Relationship Cure

Reading excerpt
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of [Jerry M. Kantor](#)
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MARTIN'S STORY

"He is a hypocrite"

If there is one thing I cannot stand, it is hypocritical behavior. For example, I can't believe that someone would actually accuse an employee of abusing his sick leave, but then go off on junket after junket himself. But that is exactly what he does. He wants us to believe in teamwork, and I am all for that. But you can't talk that line while also undermining a colleague so that you yourself look good, which he does. I can't fathom it!

Maybe I am old-school, a traditionalist, but that doesn't mean I am a tight-ass. Still, what is right is right and what is wrong is wrong. Believe me, I am even harder on myself than I am on others! Maybe that is why my stomach is messed up. My digestion seems to take forever, and anything I eat turns to gas. Also, whenever I get anxious, which is often, given all the dishonesty out there, I feel it directly in my stomach. I've always had allergies and constantly want to clear my throat, but I can't blame any of that on my boss.

My wife says I startle easily, quarrel with my bread and butter, and, in regard to my newspaper and magazine archives, have begun to veer over the line between collecting and hoarding. But she would agree that I am a good husband and father, one who loves being at home with the family and celebrating the holidays."

ASSESSING THE DAMAGE

When a decidedly honest man such as Martin is compelled day in and day out to deal with a supervisor of lax moral fiber, the experience is toxic. With every transgression he sees, Martin's righteousness waxes while his tolerance wanes. At the same time, Martin's health, particularly that of his gastrointestinal tract, becomes compromised. An understanding of the remedy he needs, Kali Carbonicum, provides us with a window into Martin's situation.

Along with Causticum, or scorched potassium, the carbonate of potassium, Kali Carbonicum, likewise manifests a thematic, deep-seated concern for justice. As with Causticum, its subtext is protection of the family. Whereas Causticum's

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protectiveness reflects eminent danger, Kali Carbonicum's protectiveness reflects a less onerous sense of danger attached to deviating from tradition or a tried-and-true moral code.

The Kali Garb individual is someone inclined to see the world in black-and-white terms, but for whom the possibility that a situation is morally ambiguous, or touching on an ethically gray area, is a readily inflamed hot button. When the world's tendency to produce change fuels further ambiguity, someone like Martin campaigns to resist change. He seeks refuge in a stable domain of his own making, as in maintaining an extensive archive or in hoarding.

For reasons marvelous to contemplate but impossible to understand, the black-and-white mindset possesses an exact correlate in the body's ubiquitous mucous membranes. In the Kali Carbonicum remedy state, these reveal themselves to be disharmonized.

Lining numerous types of tissue, the mucous membranes are prominent in locations such as the sinuses, the gastrointestinal tract, and the endometrium (lining of the lower uterus). In an optimal situation, meaning a fluid, non-black-and-white state, moisture finding its way into the body's mucosal linings is processed away as quickly as its presence registers. In a non-optimal situation, such as when the mucous membranes are in a black-or-white state, the presence of moisture is not fluid, and therefore is not registered until excessively present. To expel the excess moisture, the mucous membranes resort to spasmodic action, and in consequence they are continually either too wet or too dry. Kali Carbonicum's fluctuating mucosal dampness and dryness promote the following symptoms: the experience of allergies, such as when a sneeze is prompted in the sinuses or phlegm needs to be hawked up, out of the throat; jitteriness in the gut that is experienced as anxiety in the stomach; and, when the blastocyst is unable to implant in an overly dry endometrium, a tendency to miscarry in the first trimester of pregnancy.

KALI CARBONICUM'S ESSENCE

Key Idea: Black-and-white mentality.

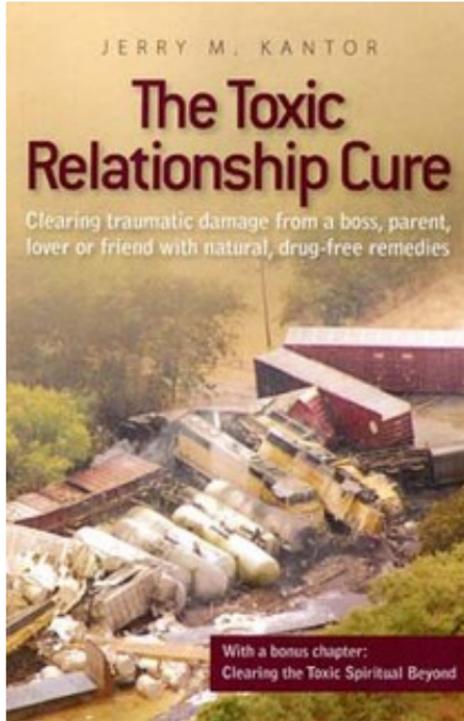
Weak Pole: Anxiety, self-criticism, conservatism. *Strong*

Pole: Intolerance, inflexibility, possessiveness. *Primary*

Terrain: Gastrointestinal tract, mucosal linings.

CLEARING THE WRECKAGE

What might Martin expect from a successful course of treatment? Deletion of the black-and-white mindset will render Martin more generally flexible, but also less critical of himself and others. His need to collect and hoard magazines and newspapers will wane. Though he may never approve of his supervisor's ethics, Martin will acquire a more philosophical attitude in regard to the boss's questionable behavior, perhaps coming to view lack of principle as less an intolerable happenstance and more an aspect of human nature. His anxiety will reduce and his digestion will become more effective. Martin is likely to become less afflicted by allergies. If Martin were a Martina, clearing of the wreckage due to a toxic encounter with injustice would reduce the likelihood of her miscarrying in the first trimester and thereby enhance Martina's fertility.



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Clearing traumatic damage from a boss, parent, lover or friend with natural, drug-free remedies

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