# Jeremy Sherr
# The Dynamics and Methodology of Homoeopathic Provings - Imperfect copy

## Reading excerpt

The Dynamics and Methodology of Homoeopathic Provings - Imperfect copy
of Jeremy Sherr
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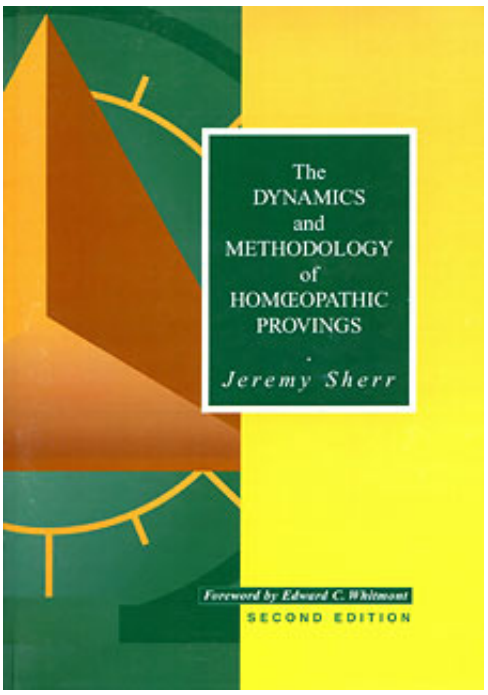


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*Excerpt from Jeremy Sherr:*
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# INTRODUCTION

It is our privilege to live in an age when homoeopathy is flourishing. During the recent growth of our beloved science, students and practitioners have shown a renewed interest in the theory and practice of provings. Many homoeopaths have approached me asking for advice on the methods involved, as there is little up-to-date material on the subject. Much of the classical information is scattered throughout the homoeopathic literature, and reliable contemporary sources are few. The most difficult areas in provings, such as extraction and collation of data, are not well documented, so that the homoeopath embarking upon the journey of a new proving will find that the map is obscure and contradictory.

Over the last few years I have conducted complete Hahnemannian provings of Scorpion, Hydrogen, Chocolate, Brassica, Germanium, Neon and Adamas. These have provided me with the opportunity to gain a wealth of experience, and thus I offer this work as a catalogue of my knowledge to date, with the aim that it will lead to a greater understanding of the subject and to more provings of quality. To this end I have researched most available sources and combined these with my own understanding gained from conducting provings.

These notes are neither final nor definitive. Rather they are a guide, an assimilation of ideas to be revised and added to. Our science is young and we all have much to learn. I therefore look forward to the comments and ideas of my colleagues.

Proving new remedies has been a joy and a wonderful learning experience for myself and my students. It is my hope that this book will stimulate the profession to new and better provings so that together we may all benefit from this wonderful homoeopathic process.



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# INTRODUCTION TO SECOND EDITION

Since the publication of the first edition of this book, I have been pleasantly surprised by the amazing growth in the quality and quantity of Homoeopathic provings. I now hear of new provings almost weekly, and have listed approx 370 new provings in the appendix, compared to 182 provings listed two years ago. Furthermore some of these are full Hahnemannian provings, i.e. they include the whole totality of symptoms, are closely supervised over a sufficient period, are double blind, non prejudiced and exacting.

I have received much positive feedback on this book, which seems to be fulfilling its purpose of motivating and guiding provings. Many homoeopaths are realizing that the experience of a dynamic proving is an indispensable and inspiring part of their education and growth.

The next challenge to the homoeopathic community is the publication of these provings. Most of the provings mentioned in the appendix are unavailable. Without publication our provings are invisible and useless. I have received many reports of successes with Hydrogen, Chocolate and Scorpion, which are well used due to their publications. However, I believe that we should now aim at collective publications in the tradition of Hahnemann, Allen and Herring, thus providing easy and affordable access to all our new remedies.

As the century and millennia turn, we are facing new and sometimes frightening changes in disease patterns. It is essential that the homoeopathic community meet these events with the confidence of an extensive and reliable Materia Medica. Let us face this challenge with the utmost quality, sincerity and diligence.

J. Y. S.



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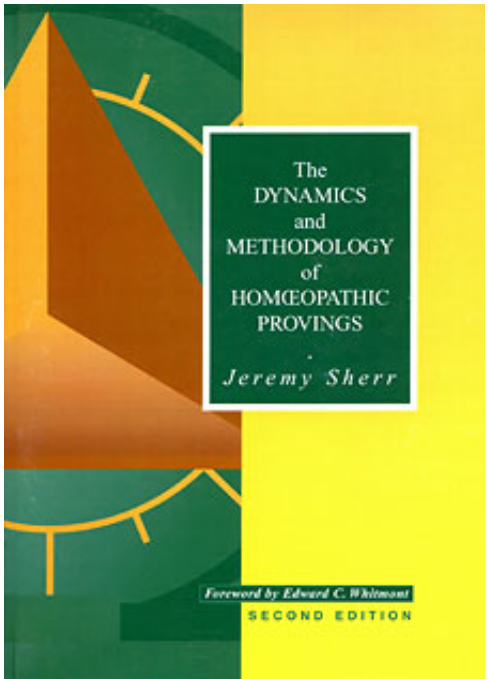


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