

Varma / Valavan

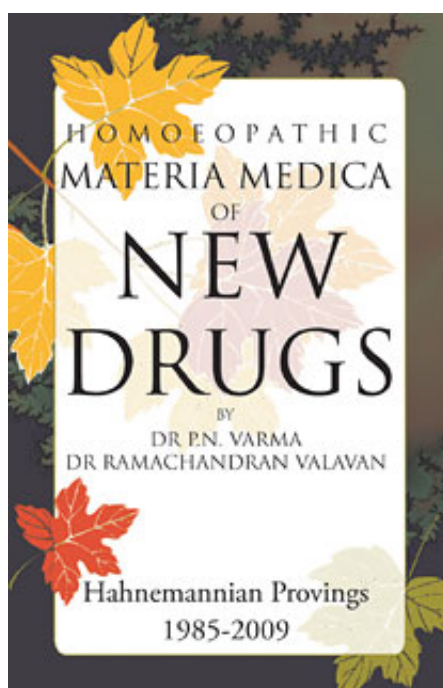
Homoeopathic Materia Medica of New Drugs

Reading excerpt

[Homoeopathic Materia Medica of New Drugs](#)

of [Varma / Valavan](#)

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CALYPTE ANNA

Synonym/Other Name: Anna's Hummingbird.

Authority and Source: Cynthia A. Shepard.

Proving Details: Proving was conducted with 30C potency of the remedy.

Mind: Indecisive, forgetful. Spelling and writing problems, missing letters.

Problems with neatness. Spelling mistakes. Foggy in the head. Sexually aroused. Very confused. Feeling tired and depressed. Very irritable. Flat, dull and remote. Emotionally, mentally and physically exhausted. Feelings of deep sadness. Indifference. Wants to meet people and communicate some of the feelings. Depression. Very sensitive to sound.

Vertigo: Vertigo with headache. Dizziness.

Head: Itching of the face and scalp. Head feels disconnected from the rest of the body, as if lighter than the body. Feels as if the head is moving slightly. Itching at the top of the head. Achy behind eyes. Head feels heavy while lying in bed, as if weighed down into the pillow and held down by pressure on the upper side of neck. Slight, dull ache at the back of the head. Headache, slight dizziness, followed by sharp, shooting, like a lash; worse sunlight, even when it's neither direct light nor increased brightness. Pressure above eyes. Dull ache over the top of the head. Head pain accompanied by right sided neck pain. Throbbing pain, right side, while lying on the right side; better by keeping a cold pillow. Headache across right temple, throbbing. Pain at the back of head the where the skull and spine meet; accompanied by an outward pressure and crawling sensation in ears.

Eyes: Before going to sleep eyes are sore and tired, rolling around in sockets; could not move them around without pain; better by closing them. Eyelids feel heavy while reading. Puffy right eye. Twinges of tension around and above the right eye. Eyes feel dry; lasted twenty minutes. Stinging of the eye; better by closing.

Ears: Earache; pain radiates up from left neck to left ear which feels plugged and stopped up. Pressure as if will burst and push outwards. Congestion and itching in the right ear. Crawling sensation in left ear.

Face: Tingling feeling of the right upper lip. Sensation as if right side of face is drooping down. Droopy right eye. Cold sore on lips, near corner; feels hot. Perspiration on face. Painful pimples on forehead and neck.

Nose: Congestion and pressure in the right nostril; later dripping with a clear fluid, have to blow the nose. Nasal congestion in left sinus cavity.

Mouth: Tingling in the upper right corner of the lip. Dry mouth on waking, better by a drink of water. Swollen tongue.

Throat: Tingling sensation on the left side of jaw, goes to the right side, with a dry, short cough. Burning sensation in left side of throat while over-exerting/walking fast. Soreness.

Stomach: No appetite. Gurgling and rumbling. Nausea. Increased thirst. Craving for sugar, coffee and oranges.

Abdomen: Abdominal cramps accompany hunger. Retulence with pains, better bending over. Colicky, griping pains in lower abdomen. Tingling sensation in anus and buttocks. Colicky, cramping pains across ovaries and uterus. Lower abdominal cramping after urination.

Rectum: Constipation. Tingling sensation over buttocks and in the anus. Burning sensation in anus; worse relaxing anal muscles and clenching anal muscles inwards; better pushing anal muscles outwards, as if to have a bowel movement. Lots of gas, without cramping. Stool comes out in a rush. Soft, loose stool.

Urinary: Incontinence with cough, even just after urinating, worse standing up. Strong odour like cooked cabbage. Colour- darker, richer yellow and clear.

Female: Twinging pain across lower back, worse on left side, standing, moving around. Heavy pressure on labia; with a griping sensation. Cramping pains in lower abdomen. Thick, white gelatinous substance discharged from the vagina during stool. Sexually excited, not so intense. Higher sexual arousal. Menstrual cramps early in the morning.

Respiratory: Dry, wheezy cough. Breathing ragged. Short of breath. Heaviness in chest area. Wheezing in chest from exertion; cleared by forcing cough.

Back: Pain under left shoulder blade, sharp, worse by leaning on it, better by sitting straight in a chair. Aching pain in neck, right side.

Neck feels weak, as if unable to hold the head up. Achy soreness between shoulder blades, up to the neck. Twanging pain across lower back; worse left side, standing, moving around. Lower spine feels fragile, as if too weak to hold up body; better by hard pressure. Sharp pain radiating from left shoulder blade up to the left side of neck and down the left side of the body to hips while lying on the left side. Left arm tingly and numb as if pinched a nerve. Stiffness in back worse when standing, on the right side.

Chest: Chest feels congested. Heart palpitations. Painful nodules under both arms, between the armpit and breast; painful, tender, sore, dull ache, swollen; pain aggravated by touch.

Extremities: Shooting, throbbing sensation in left forearm, extending down into the fingers. Muscles in legs weak and shaky. Writing awkward, fingers not easy to control, shaky. Missing letters; problems with neatness of writing. Left foot sore to walk on, better by pressure. Hands swollen. Ankles tender to walk on. Itching in the legs, especially the right, in front of thighs. Knees feel heavy. Ankles sore and achy. Sharp pains under right knee cap while walking. Heaviness in knees. Hot feet, but no perspiration. Twitch of muscle at the top of the right arm. Stiffness in knees. Hands and feet are hot, damp and sweaty. Pain in right wrist and arm while writing. Rash under left arm, sore like scales. Skin eruption on and in between fingers; itchy; worse morning.

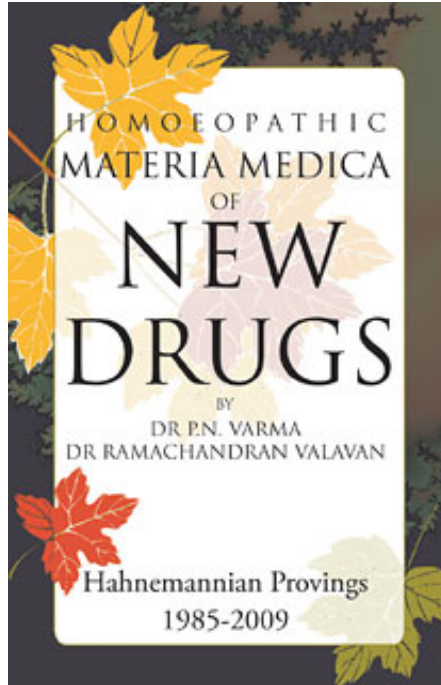
Sleep: Feeling tired and sleepy, needs to go to bed, even during the day.

Dreams: Dreams of old people, places, incidences, of a group of people; of being together with a lot of friends.

Fever: Fever at night, achy.

Perspiration: Spicy odour under arms. Profuse perspiration after intercourse. Hot and sweaty.

Generalities: Bones feel achy. Chilled and cold. Tingling sensation radiates from the back of throat to the inner ear. Temperature hot, with swollen hands. Feels sluggish and thick. Hands are cold; have to move around to keep warm. Stiffness and painful sensation in muscles. Hands, legs, ankles are painful to bend.



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