

Isaac Golden

Homoeopathic Body-System Prescribing

Reading excerpt

[Homoeopathic Body-System Prescribing](#)

of [Isaac Golden](#)

Publisher: Golden



<http://www.narayana-verlag.com/b6870>

In the [Narayana webshop](#) you can find all english books on homeopathy, alternative medicine and a healthy life.

Copying excerpts is not permitted.

Narayana Verlag GmbH, Blumenplatz 2, D-79400 Kandern, Germany

Tel. +49 7626 9749 700

Email info@narayana-verlag.com

<http://www.narayana-verlag.com>



11. THE HEART

PALPITATIONS

DEFINITION: Palpitations are heartbeats that are unusually rapid, strong or irregular enough to make a person aware of it which is usually when the heartbeats are over 120 per minute. The normal number of heartbeats per minute in the average adult varies from 60 to 80, with fluctuation occurring with exercise, injury, illness and emotional reactions.

CAUSES: Is the result of sympathetic stimulation, heart disorders or premature atrial contractions.

Sympathetic stimulation:

- excitement or nervousness - fright - strong exertion - taking certain medication. **Heart disorders:** •

tachycardia, heart rate is more than 100 beats/minute, body temperature is raised, toxic conditions exist or excessive sympathetic stimulation

paroxysmal atrial tachycardia, heart rate is between 100-150 beats/minute, excessive sympathetic stimulation or permeability of sodium and calcium ions into cardiac muscle cells is excessive.

ventricular tachycardia, where damage exists to ventricular muscle or the AV node (responsible for relaying the pacemakers electrical impulses which cause the heart to beat).

atrial flutter -atrial fibrillation -ventricular fibrillation. These occur when ectopic pacemakers initiate heart beats rather than the SA node (the pacemaker). This happens when the rhythm of the SA node is reduced or when conduction pathways between the SA node and other areas of the heart become blocked.

Premature atrial contractions:

Occasional shortened intervals between heartbeats due to excess smoking, lack of sleep, too much coffee, excess drinking of alcohol.

AV node blockage, due to inflammation of AV bundle, excessive vagal stimulation or ischaemia (reduced blood supply) or compression of AV bundle.

RUBRICS

CHEST	Palpitation, heart	873 R 0	Anxiety	874 L 95
	Ascending steps	874 R 25	Excitement, after	875 L 50
	After exertion	875 L 70	Lying, while	875 R 60
	After motion	876 L 50	Tumultuous, violent,	877 L 55

REMEDIES:

ACONITUM NAPELLUS: Tachycardia. Affections of heart with pain in left shoulder. Palpitation, with anxiety, fainting and tingling in fingers. Pulse full, hard, tense and bounding; sometimes intermits.

ARSENICUM ALBUM: Palpitation, pain, dyspnoea, faintness. Irritable heart in smokers and tobacco chewers. Pulse more rapid in morning. Dilatation. Cyanosis. Fatty degeneration- Angina pectoris, with pain in neck and occiput.

AURUM METALLICUM: Sensation as if the heart stopped beating for 2 or 3 seconds, immediately followed by a tumultuous rebound, with sinking at the epigastrium. Hypertrophy. High blood pressure. Valvular lesions of arterio-sclerotic nature.

CACTUS GRANDIFLORUS: Endocarditis with mitral insufficiency together with violent and rapid action. Heart weakness of arteriosclerosis. Tobacco heart. Violent palpitation; worse lying on left side, at approach of menses. Palpitation, with vertigo, dyspnoea, flatulence. Constriction; very acute pains and stitches in heart; pulse feeble, irregular, quick, without strength.

CALCAREA CARBONICA: Palpitation at night and after eating, have open air. Short of
Palpitation with feeling of breath on ascending;
coldness, with restless oppression of chest, after suppressed eruption. cardiac dyspnoea,
circulatory weakness after

CHININUM ARSENICUM: Palpitations. Sensation as if heart acute infections, early
stopped. Suffocative attacks, occurring in periodical paroxysms. Must myocardial degeneration.

DIGITALIS: Least movement causes violent palpitation, and sensation as if it would cease beating, if he moves. Sudden sensation as if heart stood still. Pulse weak, and quickened by least movement.

IODUM: Palpitation from least exertion. Tachycardia. Hyperthyroid.

LILIUM TIGRINUM: Sensation as if heart were grasped in a vice. Pulsations over whole body. Palpitation; irregular pulse; very rapid. Pain in the cardiac region, with feeling of a load on chest.

NATRUM MURIATICUM: Tachycardia. Sensation of coldness of heart. Heart and chest feel constricted. Fluttering, palpitation; intermittent pulse. Heart's pulsations shake body. Intermits on lying down.

PHOSPHORUS: Violent palpitation with anxiety, while lying on left side. Pulse rapid, small and soft. Feeling of warmth in heart.

SPIGELIA: Heart palpitation. Precocious pain and great aggravation from movement. Frequent attacks of palpitation, especially with foul odour from mouth. Pericarditis, with sticking pains, palpitation, dyspnoea.



Isaac Golden

[Homoeopathic Body-System Prescribing](#)

A Practical Workbook of Sector Remedies - 2nd Edition (2002)

420 pages, pb
publication 2002



order

More books on homeopathy, alternative medicine and a healthy life www.narayana-verlag.com