

# Prafull Vijayakar

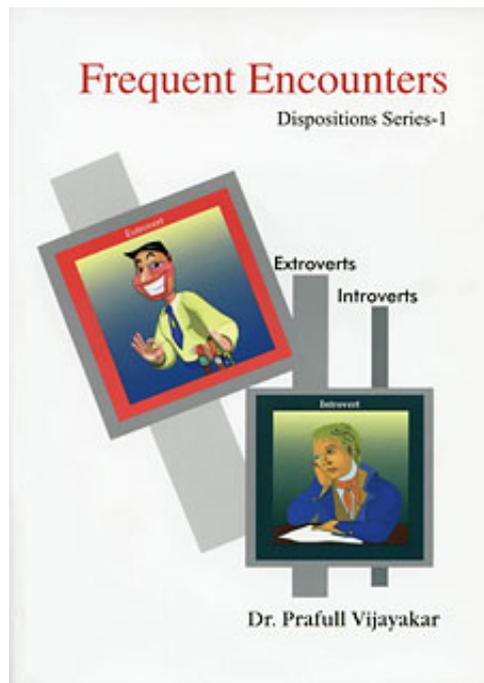
## Frequent Encounters-Dispositions Series 1

Reading excerpt

[Frequent Encounters-Dispositions Series 1](#)

of [Prafull Vijayakar](#)

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## BELLADONNA

The third type to talk loud is the Belladonna constitution.

Belladonna can be easily differentiated from other loud talkers because of the reddish or rather crimson hue on their face.

The red face of 'Belladonna' is different from the red face of Sulphur or Cina or Chamomilla or Aurum. The belladonna face is red because of congestion and hyperaemia. Excess blood is being pumped upwards to the head. Redness is associated with the throbbing of carotids or severe congestive headaches. If there is no headache, then it cannot be Belladonna. If a person has never suffered from a headache, he or she can never be a Belladonna constitution.

The red face of Belladonna can increase or decrease with anxiety, anger or any other emotion unlike Sulphur where the redness will not be altered by emotions.

'Sulphur's' redness is superficial redness of the skin and has nothing to do with the vascularity. It is the skin which is irritated and red and the capillaries are dilated enough to bring extra blood to the irritated skin. A chronic condition of capillary dilatation leading to redness of skin occurs in chronic alcoholics which simulates the 'Sulphur red discoloration'. This redness of the skin is more on the palms, soles, chest and occasionally the face; whereas the Belladonna redness is on the face predominantly. The eyes become red and blood shot.

'Cina' has redness only at the orifices like around the nostrils, eyes and mouth, when the cheeks are generally pale.

'*Chamomilla's*' redness is like Belladonna but localised. Belladonna's redness is general or in spots and more sudden and diffused whereas Chamomilla's redness of the face is markedly at the ears and cheeks.

Chamomilla constitutions get redness of the ear lobes and meatus. They get redness in the cheeks and that too one sided. A special affinity of Chamomilla's red discolouration is the margin of the lower lids of the eye. On the other hand, Belladonna has redness of the tip of the nose.

Here one should bear in mind that Chamomilla is not an extrovert, but rather angry and introverted whereas Belladonna is an extrovert when well, but angry and introverted when ill, the dispositions set them apart.

Belladonna constitutions are pleasant faced, good looking, attractive like Phosphorus, Carcinosis, Palladium, Chocolate and Hyoscyamus.

They are affectionate and loving. They may be flirtatious and coquettish. They laugh loudly because of all the power they have within them. Every symptom of Belladonna is sudden, violent, with fullness and throbbing, with power, whether it is-

- Headache
- Pain
- Congestion
- Talking
- Laughing
- Crying
- Jumping

Sudden, violent, bursting points to Belladonna. This much violence and thrust requires energy which it has to get from A.T.P. Lots of A.T.P. is being used up and lot has to be regenerated through the citric acid cycle (Krebs cycle), so obviously the raw material to produce energy will be required in excess thus Belladonna has a craving for lemons. She loves lemonade and lemonade is her saviour when she gets violent throbbing headaches. They are 'chilly' in spite of all the heat that their body produces.

Their hands, face and body is red hot yet they want to be covered and cannot bear draft of air or A.C.

## *Mini Drug Pictures*

### *Belladonna*

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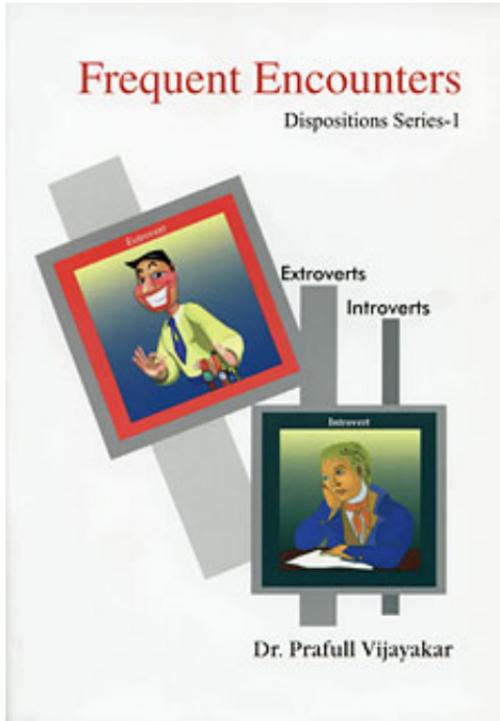
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Belladonna is thirstless despite so much heat in the body.



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