

# Prafull Vijayakar

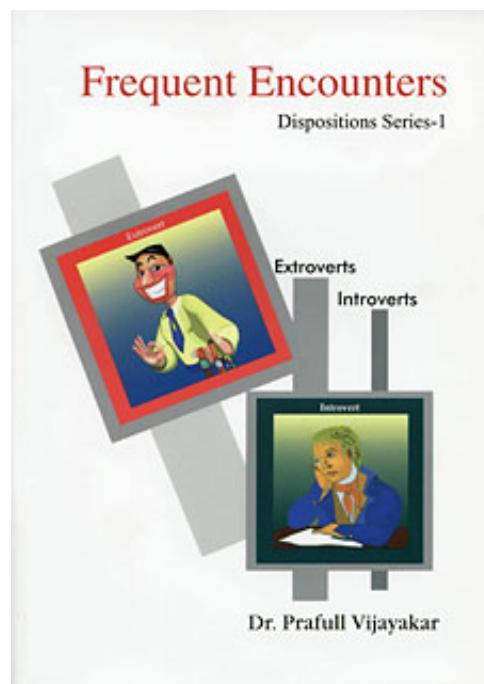
## Frequent Encounters-Dispositions Series 1

### Reading excerpt

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of [Prafull Vijayakar](#)

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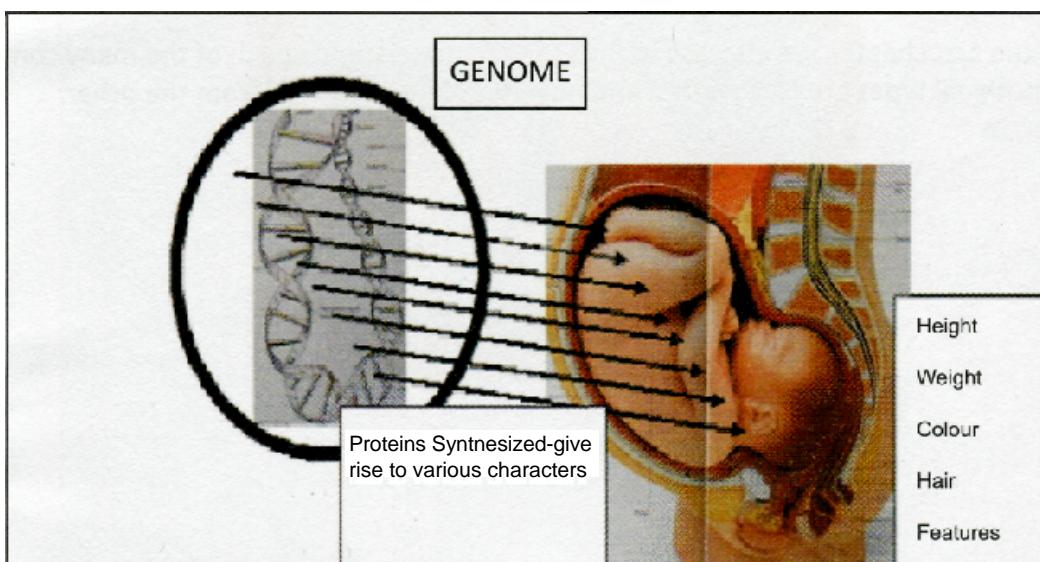
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# ***Introduction***

A human being develops from a single cell entity to a full grown adult. It is because this single cell contains all the information coded in the form of Genes, which is required for the construction of a human being; Genes determine our traits whether physical, general or mental. They are responsible for the Individualisation of a person. In our DNA, there are thousands of genes, out of which some are expressing, called as Dominant and some are non-expressing, called as Recessive.



Only if the Genes express a person gets his character. Non expression of genes will keep the traits as recessive. Thus Expression and non-Expression at the genetic level is very important for the formation and functioning of Man.

**SOME HUMAN BEINGS EXPRESS THEMSELVES SOME DON'T:** Even after birth some people are so made that they express their thoughts and emotions very easily. There are some who never express their thoughts or emotions and keep them closed. The former ones are extroverts and latter ones are introverts.

For all practical purposes, all the constitutional types in this world are divided into two major divisions- EXTROVERTS AND INTROVERTS. Some believe in a third category 'Ambiverts', which this author does not endorse only because the third category is more of an excuse for not understanding whether the individual is either extrovert or introvert.

## MEANING

- EXTROVERT means a lively, sociable person. (Oxford Dictionary)
- INTROVERT means a shy, introspective person. (Oxford Dictionary)

'EXTROVERTS' as a rule are very open and communicative people whereas 'INTROVERTS' are closed, difficult to open and non-communicative.

In the first chapter, we are essentially trying to understand which of the many constitutional types are Extroverted and how to differentiate one from the other.

## Frequent Encounters

Dispositions Series-1



Prafull Vijayakar

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Series 1](#)

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