

# S.K. Sharma

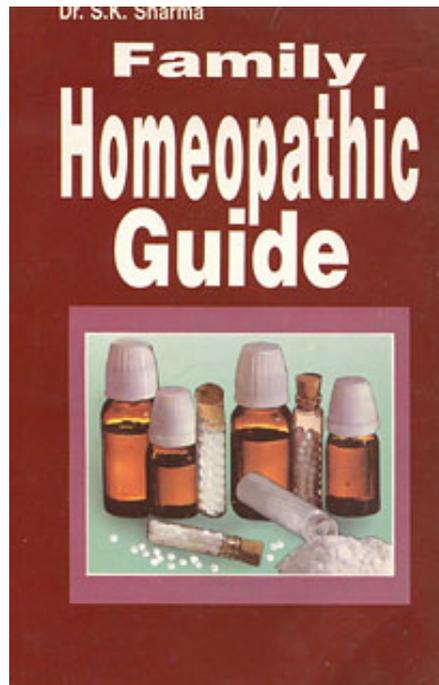
## Family Homeopathic Guide

Reading excerpt

[Family Homeopathic Guide](#)

of [S.K. Sharma](#)

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## CHAPTER IX

### DISEASES OF MOUTH/FACE TOOTH ACHE/PAIN

#### (Including infections of gums)

**Causes:** Teeth, if cleaned regularly, rinsed properly after each meal, too hot or too cold food and drinks avoided; avoiding smoking, betel-chewing, Tobacco. Chewing and meat-diet, can remain healthy during one's life-time but if dental care is not done regularly, they may pain. Pain is generally caused by exposure of teeth to air or contact, caries in teeth, broken teeth, removal of enamel, formation of abscess, dental extraction. Due to loose and spongy gums, teeth loosen and give way and then mastication becomes a problem. So, to keep the teeth healthy, keep your eating hygiene, digestion and dental care on priority basis and do not neglect dental hygiene. Due to space crunch it is not possible to give details on each dental problem but, at the same time, following list of medicines with corresponding symptoms will meet basic requirement of readers. Surgical method should be resorted to when all oral methods of treatments problem, surgical means must be availed of, if necessity and situation warrant. Pain in teeth is the main agony of a patient, hence following medicines with their individual symptoms will suffice to treat Odontalgia and allied problems.

#### **Pain in the teeth (Odontalgia)**

Whenever there is excruciating or intolerable pain; apply plantage-Q over affected tooth and if there is cavity, drop some (2-3) drops on a piece of cotton and insert into the dental cavity and let the saliva trickle out for some time. In case of pain, due to a cavity apply Kreosote-Q, as pointed above. Some maintain that half portion of each of the above named medicines be mixed (in equal

quantity) and then applied as above. For pain, internally take 8-10 tabs of Mag Phos-6X in hot water (2-4 times or even at an interval of 10-20 minutes, if the condition so demands).

**Staphy-6,30**

< from Cold, teeth turn black

**Arnica-Q or 6**

Pain after tooth extraction (as a Consequence of extraction)

**Spig-6**

< From cold in any form; pain radiates to head and ear on the painful side. Suitable particularly for the left-sided pain.

**Bry-30**

< From cigarette smoking. Teeth are felt to be elongated (long) and raised up < from hot things.

**Mag Phos-6x**

Toothache from 10-11 a.m. to 4-5 p.m.

**Silicea-30**

If gums inflame and pus-formation or abscess in the gums.

**Antim C-6**

Pain < from eating/drinking anything citrus.

**Merc Sol-30**

Pain due to Carious teeth in pregnant women. Pain and pus in gums.

**Kreos-Q, 6**

Especially useful for pain due to carious teeth and also when teeth start decaying.

**Carbo Veg-6**

Excessive bleeding from gums. Teeth separate away from the gums. Pain < by hot, cold or saltish things.

**Calc Fluor-6x**

Teeth dirty and shabby; deficiency of calcium, weak and crumbling teeth. Give 5 tabs in hot water 3-4 times to abate pain.

### **Nepal Sulph, 3X to 200**

Pain at root of the teeth; Pus formation or abscess < from cold. First give 3X to drain out pus and to mature abscess. Afterwards give a dose of 200 (once a day) for 2-3 days to help the wound to heal.

### **Sepia**

Pain < 6 to 12 p.m. and also from lying down.

### **Gums—Abscess or wound**

Due to infection in mouth and unhealthy state of mouth, especially when hygienic methods are not practised, gums get infected and as a result thereof there may be formation of pus and abscess on root of the teeth. Gums ooze out pus and blood; breath foul smelling. If teeth and gums are not healthy, general health, particularly entire alimentary system gets disturbed and other serious diseases appear. Use following medicines, according to indications.

### **Merc Dul Vivus 3X or 6X**

Give 300-500 mgs in powder form to lessen pain in gums.

### **Hepar Sulph-6X**

In order to subside pain, to remove pus infection, healing of wounds give 5-6 tabs 3-4 times. When pus and wounds subside give a dose of 200 once only.

### **Silicea-6X, or 200**

This medicine dries up pus and heals the wound. If teeth become loose due to wounds, it will strengthen them and also remove looseness. Cold always < symptoms. Hot things suit and are liked also by patient.

Some persons suggest rinsing of mouth with water, containing Pot. permanganate. Borax (Purified) be mixed with honey and then gums should be massaged with it.

## **Pyorrhoea**

It is a common infection of mouth consequent upon chronicity of pus and abscess formation at the root of teeth or in gums, though (in this stage) there is no pain but gums start bleeding and pus also is emitted by mouth, in addition to bad breath (offensive in nature). Teeth loosen in their sockets, impede mastication process, and blood and pus mix up with all eaten food and drinks, creating indigestion

and intestinal infections. Due to multiple complications and problems, one may have to go in for total extraction of teeth. This situation could be avoided if one adheres regularly to proper hygiene of mouth. Using tooth brush often causes wounds to gums, with resultant bleeding. Pyorrhoea can be easily averted if one uses alum powder+edible salt (equal parts) in mustard oil and massages gums and teeth with their mixture. About Hepar Sulph, Silicea, Calc. Fl., Mercurius Viras we have already discussed. Additional medicines, recommended for treatment of pyorrhoea, are given below.

### **Calend-Q**

Gargle with calendula lotion—by mixing one part of mother tincture with water.

#### **Neuralgia of Teeth (Fluoric Acid-30)**

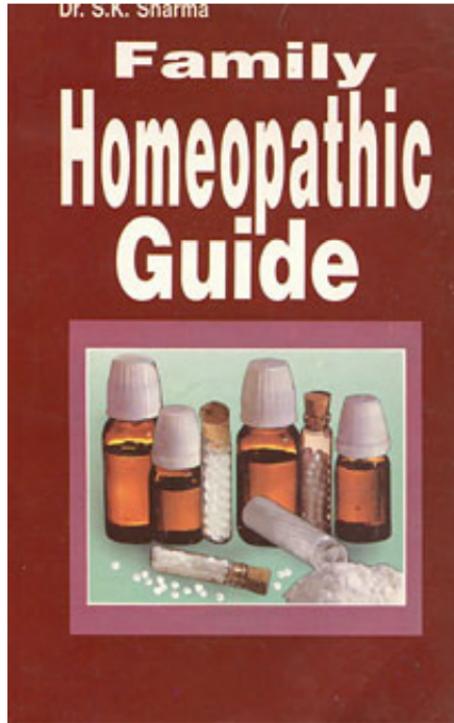
This is useful for neuralgic pain of teeth and gums, especially when pain engulfs entire jaw(s), temples, cheeks and forehead. This type of pain originates from nei ves and has no connection with other causes, mentioned earlier. Try other medicines, according to indications, as described under 'Odontalgia' (or toothache).

## **Face**

### **Pimples on Face (Acne)**

Pimples on face, especially on and around nose, cheeks or chin or lips appear during age of puberty, when young ones enter threshold of youth (change of life). This is a natural development and no undue worry is called for. It is necessary to point out that such pimples or eruptions, often having pus and blood, should never be pricked or broken because, the serum which thus comes out will spread over to other unaffected portions. This way area of infection is spread wide. It is better to use a towel, wetted with hot water, massaging the face 2-3 times during morning and at bed-time. Wipe out all the black pores of pimples. Do not apply any face powder, cream, lotion, or any irritant which may precipitate further growth of acne. Frankly speaking there is no permanent cure for acne in homeopathy also. The skin should neither be too greasy or too dry. Steam application (excepting eyes) to face will open up black pores and give freshness to face. If pimples are frequently picked, black spots may form on cheeks and leave even scars.

Avoid using soaps. If necessary use only one brand of soap. Do not allow dust and dirt to settle on face, often wash face with



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