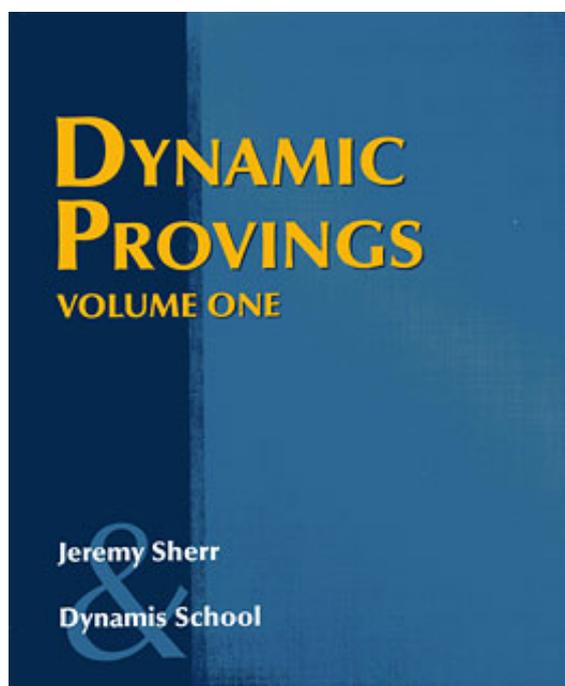


Jeremy Sherr Dynamic Provings Volume 1

Reading excerpt
[Dynamic Provings Volume 1](#)
of [Jeremy Sherr](#)
Publisher: Dynamis



<http://www.narayana-verlag.com/b4548>

In the [Narayana webshop](#) you can find all english books on homeopathy, alternative medicine and a healthy life.

Copying excerpts is not permitted.

Narayana Verlag GmbH, Blumenplatz 2, D-79400 Kandern, Germany

Tel. +49 7626 9749 700

Email info@narayana-verlag.com

<http://www.narayana-verlag.com>



Table of contents

Forward	9
Introduction	11
From the editor.....	17
Acknowledgments.....	19
Adamas	
DIAMOND	23
Androctonus amoreuxii hebraeus	
SCORPION	121
Brassica	
RAPE SEED OIL	159
Germanium	
THE ELEMENT.....	177
Haliaeetus leucocephalus	
AMERICAN BALD EAGLE	227
Iridium	
THE ELEMENT.....	339
Neon	
THE ELEMENT.....	389
List of proverbs	441

Introduction

This volume is the result of the collective efforts of Dynamis School students over the last eight years. I am proud, confident, and privileged to publish this compilation. Proud in the knowledge that these new medicines have been proven to the very highest standard in accordance with classical homeopathic guidelines. Privileged to have worked together with such a dedicated group of people who have volunteered their time, energy and health to this common project. Confident from the many clinical confirmations I am receiving daily from practitioners around the world.

With the great increase in the number of provings over the last few years, it has become increasingly apparent that the homeopathic world needs anthologies of provings rather than single booklets. We must resume the work of Hahnemann, Allen, Hering, and other great homeopaths who have published provings collectively. This is my first attempt at such a compilation. I hope to follow it with further collections of dynamic provings in the future.

To witness the conception, pregnancy, and birth of a new remedy is a truly miraculous process. During the proving, many facets of the remedy are revealed, often in a most unexpected manner. The multitude of stories then join into one as supervision, extraction, and meetings investigate this new expression of nature.

Yet the true coming together of the remedy lies in its editing and collating. In this phase, diverse stories amalgamate into a well-structured, meaningful totality—"as if one person."

This process of watching the newborn child of a proving evolve into its individual character is both a great adventure and hard work. Each proving has taken years of careful compilation to reach its present form. Continuous editing, arranging, collating, and re-editing are necessary to best highlight themes while remaining faithful to the source.

Bringing these provings to print completes long cycle of joy, work, and wonder. May they serve you well.

International cooperation

Four of the provings have been conducted more than one country or continent. Neon proved in Britain and California, Germanium in Britain and Norway, Eagle in California Britain, and Diamond in Britain and South Africa.

It has been both an enjoyable and confirming experience to cooperate and compare same proving in different locations with different provers, supervisors, and coordinators. In my recent publication of the 1997 Sec Edition of *The Dynamics and Methodolog Homeopathic Provings*, I have listed nearly four hundred recent provings. These create interesting opportunity for comparison. As provings become more organized internationally, I sure these efforts will be coordinated.

It is also a great pleasure to publish the proving of Iridium, conducted by graduates of the Dynamis School in their own college Sheffield College of Classical Homeopathy This high-quality proving is clear and precise and will be of great benefit to homeopaths.

Methodology

All of these provings were conducted with the greatest care and scientific rigor, but without compromising the broad homeopathic perspective into the narrow constraints of allopathic thought.

The provings are all double blind. Neither the supervisors nor the provers knew the nature of the substance until the proving was over. Though I myself knew the substance of some of the remedies, I merely coordinated and organized the procedure and did not participate directly in the supervision process.

All provers' cases were taken prior to the proving, and each one recorded symptoms for one week before the proving began. Each prover was supervised daily by a professional homeopath—this being the most important component of a successful proving. Provers did not discuss symptoms while the remedy was acting. After the proving, meetings were held to verify, clarify and share experiences. Provers' and supervisors' notebooks were cross-referenced and compared with the help of other homeopaths. Each symptom was carefully examined and reaffirmed before being included. Doubtful symptoms were left out. Using this methodology, I have found the provings to be consistently accurate and reliable.

For a more complete accounting of the methodology used, please refer to my book, *The Dynamics and Methodology of Homeopathic Provings*.

Science and art

I have received many useful comments on my previous publications of *Androctonus*, *Chocolate*, and *Hydrogen*. Most have been appreciative, though naturally there have been some suggestions and criticisms. I have tried to incorporate some of these ideas, and I will take

this opportunity to address others. These comments arise in the main from two opposing points of view. One opinion states that provings should be triple-blind crossover trials which include only symptoms experienced by a number of provers. The other opinion is the frequent lamenting at the lack of "essences" or remedy pictures.

No proving can be, or ever will ever be, 100 percent complete or error-free. There are five billion individual expressions of susceptibility on our planet, and each would refract the nature of a remedy in a unique way. The search for scientific perfection by overzealous clinical rigor will only serve to suffocate a proving. On the other hand, laxity and compromise will lead to inaccuracy and mediocrity. I believe there is a dynamic harmony which can support science and embrace art.

Some homeopaths have commented that myprovings are over-extensive. I have rarely found a symptom that has not been potentially significant and useful. Thus, I would far rather produce a comprehensive and thorough proving than a partial one, the likes of which already overcrowd our materia medica. My provings do not contain more symptoms than Hahnemann brought forth from his wonderful polycrests.

Another comment made is that a symptom should be included only if experienced by more than one prover. In my opinion, this will only lead to a total loss of individuality in the remedy, while elevating the common and useless. The most characteristic symptoms of our materia medica were produced by single provers — the haughtiness of Platina, the isolation of Camphor, the sweet tooth of Sulphur. Naturally, the more provers who produce a symptom, the more common it is. Conversely, symptoms produced by one highly sensitive individual are stranger and thus more

valuable. There is a delicate, useful ratio between the common and characteristic which should be maintained.

The following are three reasons for not eliminating a single prover's strange, unique or uncertain symptom:

1. Symptoms produced by one prover show the unique genius of the remedy on the higher planes of susceptibility. This is precisely the reason that a low grade symptom in the repertory may on occasion be more indicative than black type symptom.

2. Only by clinical experience can the final verification be made. A symptom not included is lost forever and cannot be verified. Experience has repeatedly shown some of the strangest symptoms to be true.

3. Homeopaths prescribe on the meaningful totality of symptoms, and not on single symptoms (hopefully).

Essences

I have often been asked by colleagues why I do not publish essences or pictures of the provings. This would no doubt be convenient, but convenience always extracts its price. Any attempt at constricting a remedy into an easy formulation at this early stage would cast a shadow on the many possible facets waiting to be discovered. A parent does not choose the vocation and partner of their baby (these days!). The consequences of such an attitude would be stifling. I believe that every symptom expresses the whole remedy in its unique way. It is not for lack of ideas that I refrain from "essencing." I intend to express my opinion in a separate publication, but as yet, I have not succumbed to the sweet temptation of contaminating pure materia medica with my glossy thought virus.

Sequence and heading

The careful arrangement of sequence is according to my perception of the remedy's inner meanings. The unfolding of the sequence of themes is individual to each remedy. In some cases, I have arranged the symptoms according to my understanding of the inner structure of the remedy rather than the merely psychological. This sequence can never be perfect as linear structure of a page cannot faithfully reflect the spiral nature of a remedy's totality. I have included headings for different themes, especially in the larger sections of mind, dreams and generals to enable easier study and grasping of essential ideas. This arrangement can never be truly accurate and the fluid and all encompassing nature of symptoms. In some instances, where a symptom spanned more than one theme, I have included it under different headings in order to retain the fullness of expression.

The bigger picture

During a proving, strange and wonderful phenomena occur, events which defy conventional scientific reasoning but which are in total accordance with the broader wisdom of homeopathic perception. They are not reasc causes, or results—just synchronous phenomena which grace our efforts with awe. Proving like any other act of consciousness, echoes not only in the participating prover, but across the entire universe. Supervisors, families, spectators, politics, finance, literature, industry and nature all reflect the same dynamic as the proving. For example, in the year of the Diamond proving, South Africa finally converted to democracy under the powerful guidance of Nelson Mandela. During the year of the Neon proving, a new car by the name "Neon" was produced. Scorpion was proven (unintentionally) in 1983 when the planet

INTRODUCTION

Pluto entered the sign it rules—Scorpio. Plutonium was proven in 1995 when Pluto entered the sign of Sagittarius.

This information cannot be included in the proving text, but has occasionally been recorded as anecdotal information for those who have an interest.

The Sensitive Prover

It should come as no surprise that one sensitive prover is over-prominent in a particular proving or section. This prover acts as the hub of the remedy wheel, while all the others are spokes to support and confirm. Without knowing the substance of a remedy, she will bring out its inner nature in an amazing way. Some symptoms seem almost unbelievable initially, but clinical experience has verified many.

There are several types of sensitive provers. The first is specifically sensitive to the particular proving undertaken.

The second is sensitive to all remedies through inherent weakness. Kent talks of this type of patient as difficult to cure but wonderful for provings.

The third type is extremely sensitive to every proving, but nevertheless robust and healthy. Such a prover is a great gift to a proving, and provings are a great gift to them. I have had the good fortune to work with some provers of this nature, and for this I am grateful.

Symptom Codes

The first number listed is the number of the prover, the next is the potency of the remedy that they received, and the next is the time the symptom occurred, in digital time.

I have used the format of DD:HH:MM for days, hours and minutes, e.g., 02:04:30 is 2

days, 4 hours, 30 minutes after the proving began. These chronological times are not the same as the time of the day at which a symptom occurred. Those appear in the body of the text. The first day is counted as day 00.

Example: 07:11 :XX means that the symptom occurred on the 8th day (11 hours.) If the proving commenced at 7 a.m., the symptom would have occurred at 6 p.m.

The numbers 02, 6C, 11.-XX.-XX mean Prover #2 received a dose of 6C, the symptom occurring sometime during the 12th day after the start of the proving.

In Scorpion, only the prover numbers were used.

In the proving of Iridium, by the Sheffield College, they have used a prover letter, followed by the date, i.e., G/3 is prover G, on day three.

Generals

We have used the following sources to create the Generals section:

1. Truly general symptoms such as "sensation of heat" or "hunger aggravates."
2. Symptoms which have appeared in more than three sections of particulars, for instance stabbing pain in ear, throat and foot.

Repertory

In contrast to my previous publications, I have not published the repertorisation of these provings, though some have been fully or partially completed. This is because of limitations of my time and of the book's space. I have decided to leave this undertaking to the experts on the subject. Repertorisation is a complex and precise labor, which needs to bring into account the delicate harmony of the whole repertory. I hope that these provings will find their way into the repertories soon.

Invitation

In *Dynamic Proving: Volume Two*, I hope to publish the other provings which already have been completed by the Dynamis School. These are: Hydrogen, Chocolate, Helium, Yew tree, Olive, Plutonium, and Salmon (all common names), plus any additional provings completed by that time.

I invite any other individual or organization to submit their provings for this future volume.

I am interested in publishing full Hahnemannian provings of good standard. They should be accurate, well-supervised, preferably double-blind, covering the totality of symptoms and conducted over a reasonable period of time. They should be well-edited and submitted on disk. I cannot guarantee to publish every proving offered.

Hopefully, we will soon have an international organization for overseeing and publishing new provings.

Any clinical cases of Dynamis remedies would also be appreciated. I may use them in a future publication of cases and for clinical additions. Cases should show the clear action of a single remedy over a reasonable period of time. Definite cured symptoms should be underlined or recorded separately. Etiologies, which are absent in provings, are of particular importance. Please identify any information you would like or would not like to be included in the event of publication.

Acknowledgments

A proving, almost by definition, is a group effort. These provings owe their existence to students of the Dynamis School. They have supervised, proved, organized, edited, repertorised. It is a privilege to have journeyed with such a group, and I thank one and all for the love, work and dedication.

Many others have contributed their time, energy and support to these provings. I extend my thanks and appreciation to all. With so many people involved over many years I am bound to have made some omission, and to these, I offer apology as well as gratitude.

First and foremost thanks to Melanie K. Grimes. She has contributed the vast amount of energy, enthusiasm and talent to make this project possible. As well as chicken soup.

To Camilla Glantz for the many hours of editing, clarifying and sharing.

Special thanks to Roger and Claire Ash Wheeler, who have always extended loving support and generous financial aid.

To John Morgan from Helios and to Michael Quinn of Hahnemann who have contributed potent remedies, pharmaceutical integrity, and financial aid. The support of our pharmacies is essential to the progress of materia medica, and both John and Michael have always been ready to help.

To teachers and students of the School of Homeopathic Medicine, Darlington, now the Sheffield School of Homeopathy, for the privilege of publishing Iridium. To Berkley Wingfield Digby and his team in South Africa for their contribution to the Diamond proving

To the ECCH and, in particular, to Stephen Gordon for the goodwill and support.

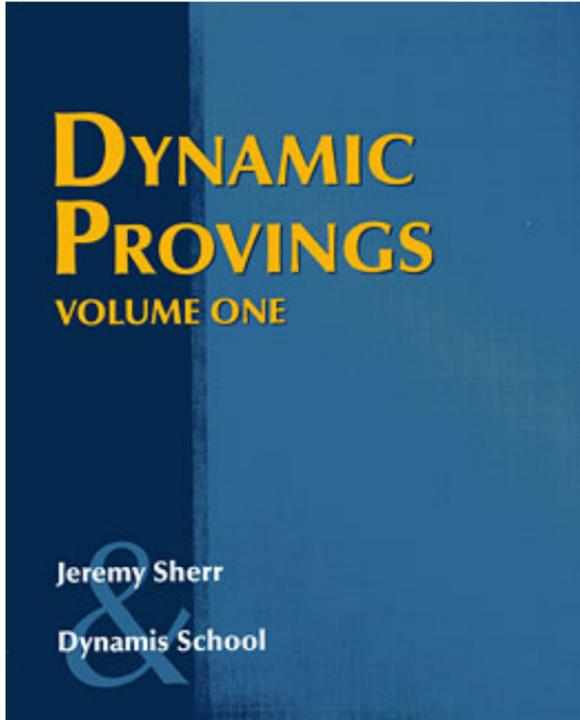
To the many homeopaths who have lent their time and expertise.

To Jayesh Shah for his forward and encouragement. To Becca Preston, Dee McLachlan, Sudhir Baldota, Roger van Zandvoort, and Frederick Schroyens for quality repertory. To Vega Rozenberg for friendship and genius. To Tina Quirk, Marie Doyle, Simon Taffler. To all those who have helped organize Dynamis provings internationally—Wenche, Inge, AG, Igor Andreas, and Harvey in Norway, Sweet Melissa, David, Beth, Sharon, and Willa in California. To Edward Whitmont for sushi and debate. To Terry Symonds for design. And to Judith for minding the shop.

Thanks to my many friends, teachers and innovators of the international homeopathic community. Their love and teachings fuel me on.

To Louis, Ella, and Tilly for being.

/ J. Sherr
March 1997



Jeremy Sherr

[Dynamic Provings Volume 1](#)

442 pages, pb
publication 1997



More books on homeopathy, alternative medicine and a healthy life www.narayana-verlag.com