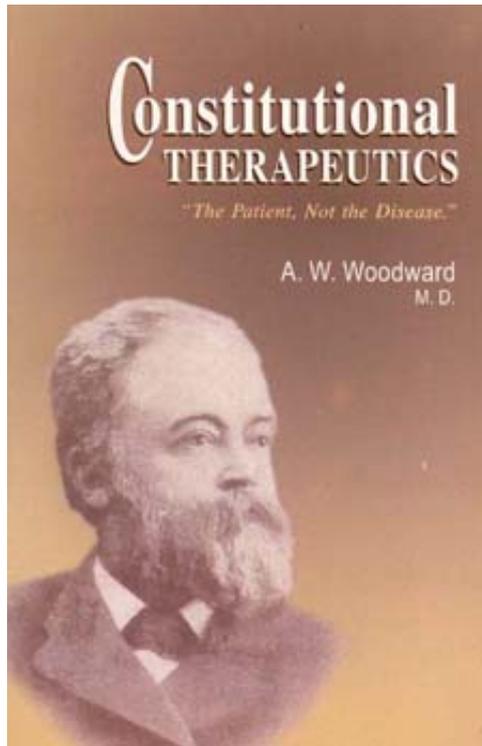


# A.W. Woodward Constitutional Therapeutics

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# LYCOPODIUM CLAVATUM.

## PHYSIOLOGICAL EFFECTS.

*A new experiment.*

In good health, pulse, 65. At 7 A. M., took five grains of the 6x trituration of Lycopodium in water. Immediately there was an *offensive taste followed by eructations. Repeated sneezing and stoppage of the nostrils.*

The stomach seemed full and uncomfortable and the mouth tasted offensively.

The breath smelled as of old catarrh and there were eructations with a sinking sensation of the stomach.

The appetite for breakfast was better than usual and after eating eructations followed.

Rumbling and distention of the bowels with pinching pains and much flatus.

Repeated cough with fullness in the throat and husky voice. The flatulent condition of the stomach and bowels continued during the forenoon.

Later there was *no desire for the usual urination.*

Keen appetite for dinner followed by increased flatulence and pinching pains in the abdomen.

*Obscured vision;* obliged to rub the eyes to recognize friends across the street.

*Mental inertia* and difficulty in the use of words. \* \* \*

(The following experiments are to be found in *Yeid d ver horn. Aertz Oest, 1857.*)

HUBERT A. tried the fifth trituration of Lycopodium in repeated doses on himself and four others. He had *vertigo and headache with a bitter taste and roughness in the throat.* In the afternoon he had headache with pain in the abdomen and *difficulty of breathing,* which was relieved by lying on his side. His stomach

at this time was sensitive to the touch and seemed swollen. On the second day he had vertigo again and *after-wards lassitude*, with burning in the eyes and dim sight; his tongue was white, with enlarged follicles. He suffered from considerable nausea and trembling of the limbs. His pulse at this time increased. On the fifth day, during the night, he was very restless and passed much offensive flatus, with pain about the navel; afterwards there was a yellowish, watery stool and *frequent desire to urinate, the urine passing in drops with much burning*. \* \* \*

ELIZABETH A. took the same doses. Menstruation appeared on time, but *was preceded by pain in the stomach* (unusual). At night her sleep was uneasy. Next morning *she had headache*, with nausea and water brash, and also *palpitation of the heart and increased pulse*. On the third day there was salivation with nausea and pain about the umbilicus; also pressure on the chest. She slept well. Next day she suffered from confusion and vertigo. She had flushes of heat all over, with a bitter taste and nausea, attended by *great prostration*. \* \* \*

A child, one year of age, took repeated doses of the same. *His face became bloated and yellow*; he had repeated attacks of *head with great lassitude*; he was very restless when asleep and *his breathing was quickened*. There was burning heat of the forehead and a whitish tongue with yellowish diarrhoea, repeated six times. There was *increased urination* and also increased action of the heart and pulse. He seemed weak and could not hold up his head. He cried when put on his feet and appeared afraid. He trembled and wanted to be carried. \* \* \*

T. HEROLD, 15 years old, had never menstruated. She took the same in repeated doses. Soon *she suffered from pains from the navel to the epigastric region, chest and heart, with sensitiveness to pressure*. Her sleep at night was heavy and she awoke with pain in the stomach. On the second day her mouth was sticky and there was much saliva. She suffered from much headache, heaviness of the head, pain in the stomach and tickling in the feet. *Her sleep at night was heavy and comatose*. She had a bitter taste

in her throat, salivation and contraction of the abdomen. The pain in the abdomen rose to the chest and oppressed the heart. There was heaviness in the left side of the forehead. The pain in the abdomen was increased by bending backward,- and soon after diarrhoea followed. There was obstruction of the nose as from suppressed catarrh, with sticking pains in the region of the spleen. There was frequent rising of heat, and finally fluent, watery discharges from the nose. The pains about the navel returned, with much rumbling in the bowels, attended by *much languor*. \* \* \*

MARIA W., servant, took the same doses, which were followed by a *stupid feeling in the head and headache*, with *nausea*, and heavy sleep at night. Next day she had an offensive taste in her mouth and bad breath. There was much slime in the mouth and pressure in the stomach, with eructations and choking. At night she suffered from pressure in the stomach and *difficult breathing* when lying on her back. Next day there was frequent yawning, with *stiffness of the limbs*, and her eyes were agglutinated; colic pains about the navel caused her to bend over; she also had pressure about the heart, and choking in the throat causing her to swallow. She suffered from pain in the abdomen, which was increased by coughing, and there was much thirst at this time; great lassitude all over; pains in the hip and diarrhoea. These symptoms continued until the eighth day, when *the urine was burning hot and frequent*. The heart pains increased. \* \* \* \*

EMIL K. began his experiments with the 6x trituration. Soon after *he had a queer feeling in the stomach, followed by salivation*. Afterwards there was *drawing wider the sternum, with heat in the head and face*, followed by rigors and chills spreading all over; this occurred when entering the room from the outer air. There was increased saliva. His necktie seemed too tight, and the glands of the neck seemed swollen. *The night was very restless, and he was called to urinate at 2 A. M., with burning in the urethra*. Next morning there was an empty feeling in the stomach and increased saliva. The submaxillary gland was swollen and sore. His shoulder joints felt as if dislocated, and he suffered from great weakness in the arms, especially the right, with numbness when resting on the table. \* \* \*

JOHANN HUBNER took the same preparation in repeated doses. He experienced *a waving pain in the head, with heat of the face*; sleepiness and *drawing together in the epigastric region, causing him to lose his breath. Jerking in the arms continued at intervals all day*, with heat of the face, great lassitude and sleepiness. He had pinching pains in the stomach and headache, with great redness of the face. At r i A. M. *he was called to urinate copiously, and this was repeated seven or eight times*. In the evening he suffered from thirst, heat and sleepiness. \*  
\* \*

K.'s daughter, aged six years, took the 6x trituration. Soon *nausea, flushed face and irritability of mind* followed. At 3 p. M. *she had pains in her ear*, and afterwards in her forehead. Nausea and pains in the stomach made her cry; *severe pains in the ankles made her lame*. In the evening she felt sick and tired, and wanted to go to bed early. She experienced heat in the face and hands, and shooting pains in various parts, afterwards in the left side. There was frequent chilliness, with increased appetite and drawing pains in various parts. She would take no more medicine. \* \* \* \*

KATHARINE HERTZIG, set. 16 years, took the 30th dilution. It caused *heat and flushing of the face* after each dose. The sixth trituration caused *headache and heat, with vertigo; ringing in the ears* and chilliness from within, *with thirst*. There was frequent yawning and *a tired feeling in the feet*. She had flying stitches in the chest, with heat all over, followed by chills and languor. At 12 o'clock there was heat in the head and pain in the stomach, followed by prostration. *When urinating there was burning in the urethra*. The nausea then returned, with pain in the stomach and chilliness without heat. The burning in the urethra was increased next day. There was yawning and headache, with a flushed face. At 4 p. M. there was chilliness and great lassitude. \* \* \*

G. J. HILPERT, after repeated doses of the third trituration, experienced a *bitter taste which continued*. The pulse was regular and normal. In the afternoon he had *a slight headache, with pain*

*in the left lung* and stomach. The pulse was normal and the bowels costive. There was pain from the right hypochondrium to the region of the lungs, with quickened respiration. After another dose of 2x he was called to stool, followed by a headache and pain in the region of the spleen. The pulse became full and frequent, and *the urine showed some deposits*. The pain in the side continued until another movement of the bowels took place. He had a strong disposition to sleep. The pain in the bowels returned with cramps. Afterwards he had earache; in the evening *he was very low-spirited*, with headache. He had *drawing pains in the joints and also in the flexor muscles*,

H. HUNTSMANN, after two grains crude, had perspiration while in bed. After another dose *he felt pain in the stomach extending towards the chest, which felt too full* The hands and feet were cold and *the tendo-Achillis felt swollen*. After half an hour the tonsils and parotid glands were swollen, and this was followed by catarrhal fullness of the nose. After the 2x trituration no symptoms developed. Next day there was chilliness followed by a bloody discharge from the nose and pain in the stomach and abdomen, which increased. Later the pain extended to the left foot and was accompanied by earache with swelling in the ears and head ache, with full pulse and debility. The pain in the abdomen continued. *Sleep was disturbed by dreams*. Afterwards there was a copious stool.

W. OEHLER, after one grain, *had severe pains in the abdomen and loins and afterwards in the mastoid process*. On the third day he had cramp in the right hypochondrium which continued, and afterwards in the right iliac region. Still later he had cramp in left side. Next day he experienced *a spreading pain over the chest with oppressed respiration*, his pulse being regular. After the 2x trituration he felt *pain under the left scapula, extending to the head and neck*, and settling about the stomach and loins, with constriction in the throat. During the evening he had violent pain in the left chest, causing *sleeplessness* at night. After another dose next morning he had pain in the shoulders. At 3 P. M. there was a return of the former symptoms with headache. He suffered

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from *burning pain when urinating, his urine was of a dark color and erection was painful*. These urinary symptoms increased until the urine looked bloody. \* \* \*

F. REICHMANN, after one grain crude, suffered from *sleepiness*-In the afternoon he had *pain under the sternum* and in the left eye, *followed by dizziness*. Next day his right eye was swollen and also the right tonsil was painful, *with increased saliva*. On the third day, after another dose, he had pain in the eyes and afterwards in the region of the navel.

F. VULPIUS, after three grains crude, had *pain in the right breast and later headache*. During the evening he experienced pain in the ears. His pulse was 85. *He became constipated and had pain in the abdomen*. After another dose he had headache, but no other symptoms. After the 2x trituration *the offensive taste continued*. He suffered from *pain in the left lumbar region and headache*. \* \* \*

JOHANN BAUMGARTNER used five grain doses of the ix trituration; *coughing and bloody expectoration followed with nausea*, yet a craving appetite. On the second day there was fullness of the stomach with *transient heat of the skin on the legs*. On the third day he had pains in old wounds, neuralgic pains in the temples, constipation and sneezing followed by sweat and *increased urination*. After this he had *stitching pains in the glans penis and fullness in the spermatic cords, with decreased desire for coitus*. Later he was *very irritable* and had a ravenous appetite. Next day there was frequent sneezing and burning in the eyes, with heat in the extremities; bleeding of the gums and cutting pains in the loins. \* \* \*

J. GUNTER, after the 2x trituration, had *severe headache and twitching in the abdomen*. Another dose produced the same symptoms with pulsating between the stomach and the fourth ribs. He had no appetite but much thirst. His stomach was sour and his mouth bitter. He was sleepless at night on account of *pains in the abdomen and scrotum*. After a purgative, free

operation of the bowels followed. *The urine was very abundant, of an orange color and strong odor.* The same symptoms were repeated after another dose, with numbness of the hands and left thigh, attended by a slight eruption on the skin. The headache continued for one week, the pain in the chest for four days and the pain in the bowels for eight days.<sup>1</sup>

DR. SCHELLING, in good health, took eight drops of the tincture before meals. After supper he experienced *fullness in the stomach and chest*, with eructations and hiccough. Later he felt a burning in the throat and stomach, with much distention. He suffered from severe sneezing, followed by coughing and watery discharge from the nose. During the night he had colic at intervals, also *pains in the limbs* and occasional nausea. Next morning *he could not collect his thoughts*, his head felt heavy and he felt sleepy and dull. He had occasional tearing pains in the temporal region and occiput, with *chilly sensations all over* and sensitive skin. He had *sharp pains in the urethra when urinating*.

Dr. S., in good health, took ten drops of the tincture at 8 A. M. *Twitching pains in the abdomen followed as if diarrhoea -would come on.* He suffered from *pressing frontal headache* On the second day he had *violent pressive pains in the back* while sitting, chiefly about the dorsal vertebrae, attended by *pressure on the lower sternum, causing dyspnoea*. He also had an ill-defined toothache with frontal headache and drawing pains in the right side of the face and also in the shoulder and arm

H. HORN took two grains crude *Violent spasm of the stomach* followed. For several days he had a great appetite and increased saliva with *coryza* and *headache* (possibly owing to the fumes of chlorine and bromine) For several days *he was very drowsy\**

Five days later he took the second trituration. which caused *sinking at the stomach as from hunger*, and spasm of the stomach. Soon after there was *frequent yawning at intervals-* all day. *His complexion was changeable*. Next day he had no appetite and was costive. His eyes were painful and tearful and *his urine was*

<sup>1</sup> *Vierteljahrschrift, 10.*

*very cloudy.* After this he had frequent erections and pollutions with amorous dreams.<sup>1</sup>

A middle aged woman took the 18th dilution three times a day. After several days she experienced *dryness of the mouth* and aching pains in the bowels, with *cold shivers*. Also acute griping, chiefly in the left hypochondrium. *She was urged to urinate but was unable to do so*, and suffered from a constant bearing down sensation.<sup>2</sup>

E. MARTIN took one grain crude. Soon *aching and contraction in the stomach* followed, which was relieved by urging to stool and discharge of flatus. In a quarter of an hour *headache* followed with eructations, *twitching of the eyelids*, tension in the scalp, burning eructations, shooting pains in the right groin and remarkable confusion of the head but not of the mind, which was *relieved by sneezing*. Afterwards he had *cutting in the left chest* and hypochondrium with vertigo. Severe aching in the chest and epigastrium followed with lassitude and a cold in the head. His pulse was normal. \* \* \* The next day he experienced-tension and pain in the *prostate gland and urethra*, with increased sexual desires. \* \* \*<sup>3</sup>

DR C. BLAUFUSS took one grain crude. *His mouth filled with saliva* and he had a sour taste all day. On the second day he took two grains and the same symptoms were repeated. One week after he took the 2x trituration, causing *itching in the inguinal region and scrotum*, followed by a rush of blood to the head and *painful micturition* with dribbling of the urine. The urine was of a deep brown color and contained mucus. There were *frequent erections at night and an emission with dreams*. Next day the same symptoms continued.<sup>3</sup>

#### ANALYSIS.

Of twenty-four provings of Lycopodium sixteen agree in presenting a common sequence involving Digestive, Cutaneous and

<sup>1</sup> *Brit. Jour. Homoeopathy, vol. xvii., page 194.*

<sup>2</sup> *Brit. Jour. Homoeopathy, vol. xxiv., page 516.*

<sup>3</sup> *Brit. Jour. Homoeopathy, vol. xvii., page 200.*

Respiratory functions seriatim. Of this number eleven show Spinal symptoms next in order, while eight give a uniform sequence, as follows: *Digestive, Cutaneous, Respiratory, Spinal* and *Renal* phenomena.

This exhibit is noteworthy, not only as showing a remarkable uniformity of action, but as showing the fact that the physiological action of the dynamized drug dose does not differ from the effects of crude doses. Again, it demonstrates the fact that the living body does not require material doses to produce a recognizable impression on its well being.

Lycopodium is a complementary remedy to Pulsatilla.

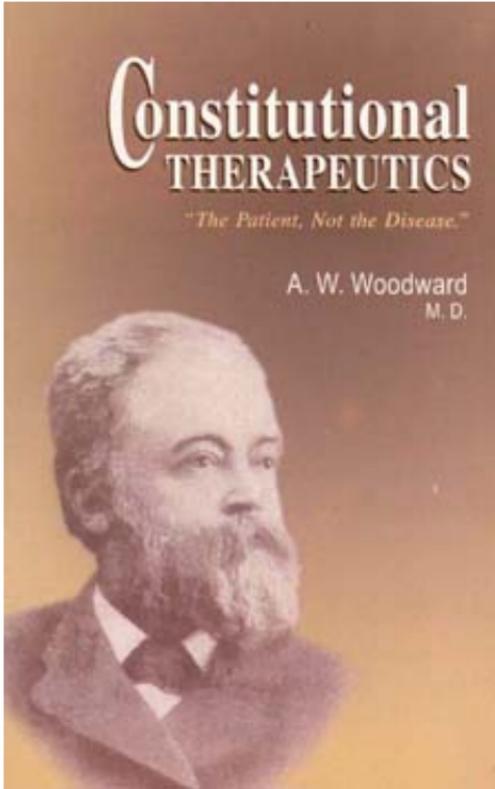
### THERAPEUTICS.

DISEASES OF THE DIGESTIVE ORGANS.—*Gastralgia, Dyspepsia, Enteralgia, Hepatic Disorders, Enteric Fevers, etc.*

Lycopodium by this rule will be indicated in primary affections arising from errors of diet. The leading indications outside of local symptoms will be disorders of the cutaneous functions, disposition to headaches, flushings, sweats, eruptions of various kinds or excessive sensibility to external influences. Nearly as prominent will be dyspnoea or catarrhal conditions of the respiratory organs or cardiac disorder.

Attending there will also be observed marked disturbance of the spinal functions, indicated by backache, lassitude and signs of paralysis, especially affecting the intestines. Besides, there will be observed frequent or scant urination or urine of morbid character.

*Dyspepsia*.—MRS. L., aged fifty-eight years, has been troubled for the past three years with dyspepsia, characterized by an accumulation of gas in the stomach, giving rise to a distended, full feeling; the gas seemed to be generated immediately after breakfast and dinner, followed by almost constant eructations of tasteless gas, resulting in an exhausted condition of the whole system; urine profuse and light-colored. Prescribed *Lycopodium* 3, three drops before retiring at night and twenty minutes before



A.W. Woodward

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