

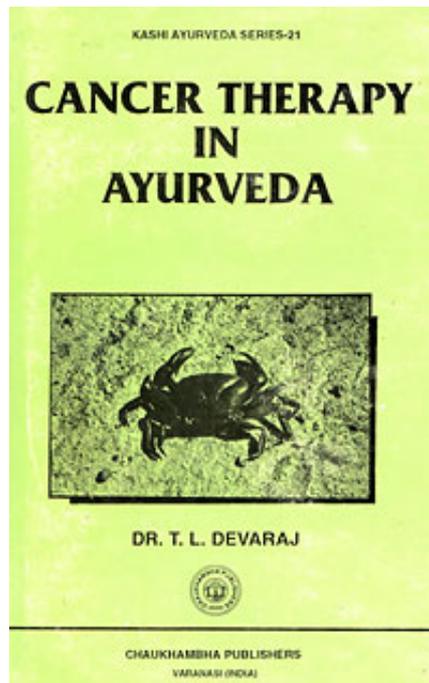
T.L. Devaraj Cancer Therapy in Ayurveda

Reading excerpt

[Cancer Therapy in Ayurveda](#)

of [T.L. Devaraj](#)

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CHAPTER I INTRODUCTION:

Cancer has attracted an attention of Scientists, Physicians and surgeons of the world . It is a challenge to the medical profession as it is not easy to cure it by several methods of treatment being followed by many systems of the medicines.

As it stands today, there is no permanent remedy for cancer of long-standing duration The individual who suffers from this disease only experience the pain and agony caused by it. It is the duty of every physician Whether Allopathic, Ayurvedic or Homeopathic system of medicine to find out the cause of the disease and to cure it permanently. I am one of the protagonists of Ayurvedic system of medicine.

In this Book I have tried to give a picture of the factors that are enumerated in Indian systems of medicines. Charaka samhita (c.s), Sushruta Samihita (s.s). Astanga Hridaya (A.M.), Rasa Chandanshu (R.C.) Rasa Tantra (R.T.), Rasendra sarasagraha (R.S.S), Indian Materia Medica by Dr. Nadakarni, Dravya guna vignana by P.V. Sharma, Cancer rogada Ayurvediya Nidana & Chikithseby Dr. R.K. Kuikami and Ayurvedic Treatment of cancer by Prabhakar Chaterjee. The Tumour will occur as result of improper treatment of granthis (glandular enlargement). The Arbuda is a later manifestation of granthi can occur in the following places (Charaka sutra 19/6&7)

1. Throat
2. Tongue
3. Gum
4. Mandible
5. Palate
6. Lips
7. Head
8. Nose
9. Alimentary Tract
10. Breast
11. Lungs
12. Stomach
13. Uterus
14. Penis
15. Scortum
16. Anus
17. Skin

INTRODUCTION:

In Ayurveda Arbudha is produced due to many causes, there are 6 types of granthis. In this book an earnest attempt is made to depict the causative factors for the disease, types and their treatment as told in samhitas and practised even today by ayurveda vaidyas. The photos of patients which are inserted in this book and photos of patients published in the week, a weekly of kerala and case records of patient published in Sachitra Ayurveda are included here. The Cancer patients who are rejected by Allopathic and other systems of Medicine, were treated successfully with pure Ayurveda treatment. This creates a confidence not only in the Cancer Patients but also the Doctors of other systems of Medicine who are in India or Abroad. The mortality and morbidity of Cancer patients are very high Prophylactic measures are, No smoking, No drinking ,and correct diet practices from the early age of life will sure to prevent Cancer disease. Most of the Cancer is due to diet or nutrition, 70 percent of Cancer are due to bad life styles and bad environment, like pollution, Beef steak and broiled fish may be the cause for Cancer, in addition to causes described in Ayurveda the bad dietary habits leading to :

Oesophageal :-

This is mainly due to excessive use of alcohol, and tobacco and use of irritant pungent foods will hasten the formation of Cancer in the oesophagus.

Stomach Cancer :-

Stomach Cancer is very common in South America, Japan, and other parts of Asia but low incidence of Cancer is seen in United States. Even though they use Beef and non vegetarian diet to a maximum including drinking of alcohol ; Cancer is possible due to formation of N-Nitroso compounds leading to Nitroamines, Irregular in take of food which will precipitates its growth.

CANCER THERAPY IN AYURVEDA

Colon - rectal Cancer :-

Animal proteins and fat are the main predisposing factors for the causation of rectal Cancers. Sometimes even the use of Alcohols will produce colon and rectum Cancers.

Liver Cancer :-

Liver Cancer is mainly due to hepatitis 'B' infection and it is very common in south east Asia and subsaharan African, The use of Food adulterated with aflatoxin may cause Cancer. The food grown with chemical fertilizers may also cause this disease.

Lung Cancer: -

The main cause for lung Cancer is smoking and it is also due to venereal disease, as Syphilis.

Breast Cancer and ovarian Cancer :-

Food that comes in the way of hormonal secretions can be a contributory factor to stimulate Breast Cancer. The ovarian Cancer is very common in western countries and united states. It is more common in more civilised type of people. Venereal diseases and fat may be the causative factors for production of Breast and ovarian Cancers.

Bladder Cancer: -

Bladder cancer is very common in poor class of people who are subjected to smoking, Coffee drinking and the use of artificial sweetener and some times alcohol.

Prostate Cancer :-

The use of high fats in the diet may cause prostate Cancer. Fresh vegetables and fruits grown without chemical fertilizers if used daily prevent the cause of Cancer disease in different parts of the body. The daily use of *Emblica officinalis* (Amalaki) which contains excessive vitamins 'C' and other foods containing Vitamin 'E' and carotenoids will retard the formation of Cancer The use of onion and garlic and Turmeric in the diet will, do-some

Brief History of Arbuda (Cancer)

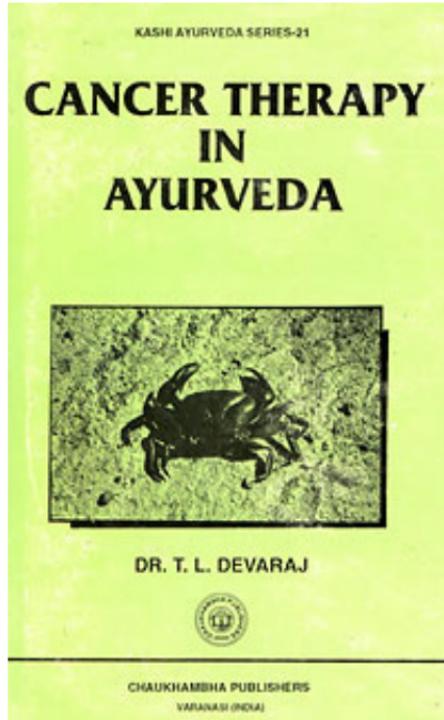
extent depress the growth and suppress the formation of cancer cells in the body . Phytoestrogens found in legumes will also retard the growth of cancer cells in the body.

The use of fresh vegetables and fruits and less saturated fats, and less salt, in the diet will prevent cancer formation and promote good health among people. The causative factors enumerated for production of several growth are to be prevented for the formation of granthis leading to Arbuda.

I hope this work will attract the attention of entire world with regards to effective treatment of cancer with Ayurveda Medicine.

BANGALORE
South India.
Sept.. 1998

Professor T L. DEVARAJ



T.L. Devaraj
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