

George Vithoulkas

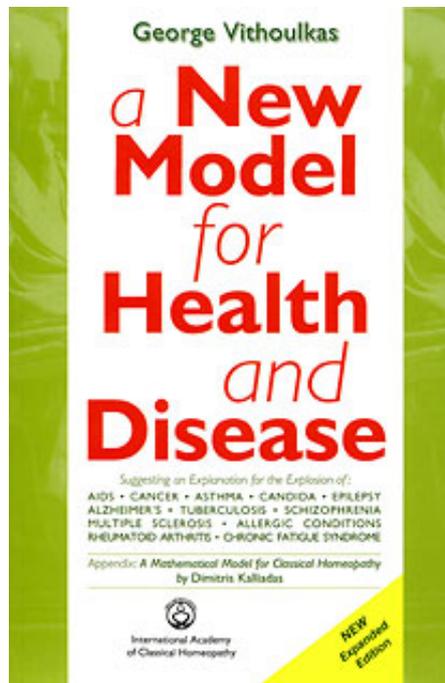
A new model for Health and Disease

Reading excerpt

[A new model for Health and Disease](#)

of [George Vithoulkas](#)

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FOREWORD

The book is written with a threefold objective in mind:

1. To show that established medicine has failed in its mission to prevent or cure disease. Instead, it is responsible for a degeneration of health of worldwide dimension due to the excessive use of powerful chemical drugs. Because of this practice, even effective alternative therapeutic systems will take years to reverse or correct the situation.
2. To present a new *Model* of health and disease as a new paradigm for the science of medicine. I hope that by enumerating the various natural laws that govern the phenomena of health and disease it will help to clarify those therapeutic modalities that offer optimal results.
3. To point out that such therapeutic systems exist and are available today, but are either suppressed or intentionally neglected by a large majority of the medical authorities in the world.

The book is primarily addressed to the medical practitioners of the world and the world's authorities, but it has been written in such a manner that a lay person can easily understand.

I must apologize if the reader perceives this book as being written in a polemic or prejudiced manner. I sense a rapidly approaching planetary catastrophe; the style of writing reflects the urgency I feel about this problem. This unfortunate condition has resulted from an unwise and excessive use of prescription and non-prescription drugs and has given rise (according to the author's estimation and research) to the AIDS epidemic, and will probably give rise to worse problems in the future.

It would be wrong if the book were received as only a critique on allopathic medicine. It is because I want the reader's attention focused on the negative aspects of modern medicine that I have stressed these points.

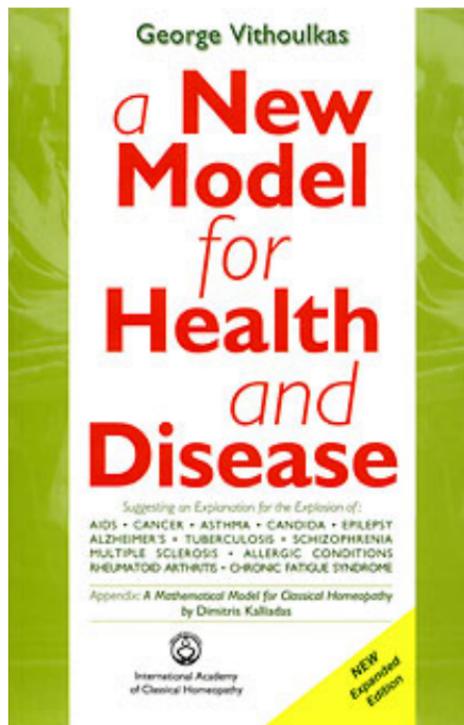
Research and inquiry into the deepest recesses of the human body and mind have revealed extremely interesting aspects about the makeup of the human being; unfortunately researchers have not perceived the underlying principles of medicine and health which have always existed as "eternal truths."

I hold special esteem for those dedicated and earnest scientists who have toiled in their laboratories trying to decode and understand the secrets of nature. I have unlimited admiration for them because they have passionately dedicated their lives to the attainment of their scientific goals. But this admiration does not prevent me from assessing that established medicine has followed the wrong course of action.

I hope to clearly show in the following pages that the basis of medical research and therapeutic application has been not only wrong but also disastrous for the health of mankind.

This book is presented as a hopeful message for a New Era of Medicine.

George Vithoukas
Alonissos, Greece
August 1987



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