

S.K. Sharma

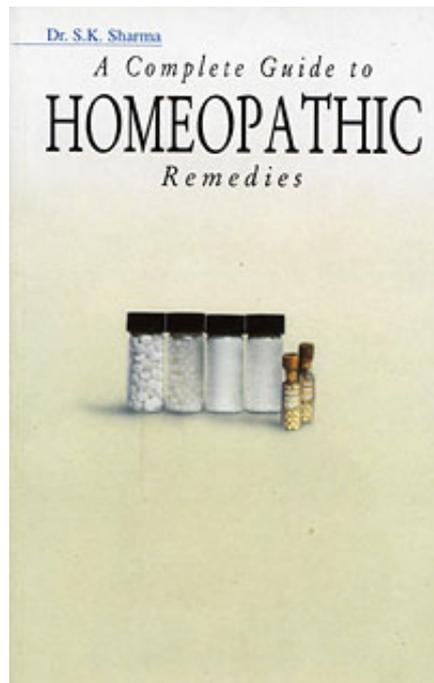
A Complete Guide to Homeopathic Remedies

Reading excerpt

[A Complete Guide to Homeopathic Remedies](#)

of [S.K. Sharma](#)

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To The Readers

There is no dearth of Homeopathic books which have equally enlightened and enriched knowledge of both the professional and general readers. Every author has tried to give out the best in him. Some of the books are replete with personal experiences of the physicians who were confronted with some tedious and intractable cases that demanded an extra amount of expertise from them and, in this way, treasure of our homeopathic knowledge stands greatly gained and enriched. Such cases are an enigma for the practitioners who had to put in hand labour and exert every nerve to discern a particular case. No doubt, authorities and legendary figures like Hahnemann, Clarke, Allen, Farrington, Boericke, George Royal, Boennighausen, Dunham, Dudgeon etc. have contributed their valuable contribution in building up voluminous and useful marvels of excellence which form core of basic homeopathic knowledge.

The main purpose behind writing this book is to enable a general reader to treat some of the cases at home, without much expense of time and money, thereby sparing him the agony and burden of medical expenses. In every home, medical bills make a dent to the extent of at least 25% of a household's total income which to my mind, is a substantial strain on the pocket of a common man. Moreover, certain common disorders can be treated successfully, even without consulting a physician, at a bare minimum expense.

I have deviated from normal practice by first giving the common symptoms which a remedy is capable of curing, followed by therapeutic indications, modalities, aggravations and ameliorations, drug relationships and antidotes, inimicals, Dosage etc. If you are aware of these facts, you do not have to go through details of each and every remedy. You have to adopt a selective approach, for instance you should carefully go through the complete picture of symptoms. If your malady doesn't cover the symptom, you wish look for, you need not go through rest of the details. It will save your time and energy.

It shouldn't be taken for granted that if the symptoms synchronise, you have hit a bull's eye. In certain cases, a few symptoms lie dormant or the patient himself conceals them, overtly or covertly, and creates, thus, a confused mess. Your ability will be in motivating the patient

to describe what and how he feels about his malady. Once you have arrived at a perfect conclusion, you can easily treat the patient.

It was not possible to give drug picture of all the remedies which exceeds even 1400 remedies. I know what problems are faced by a homeo practitioner, when he will be required to go through voluminous, and at times boring and arduous descriptions. Hence, he should concentrate his attention only on the details of remedies provided in this book. There are about 30-40 remedies which serve the requisite purpose of educating a common man.

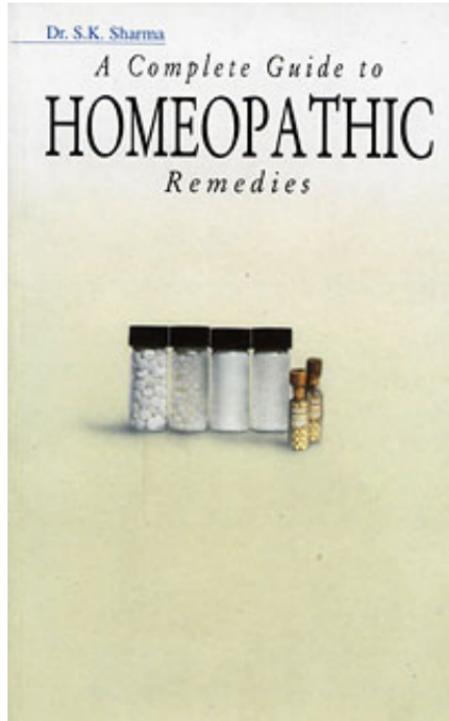
Certain remedies take much longer time to cast any effect or show any improvement. If one medicine doesn't or cannot show the desired result, you can change the potency or add another medicine that may be supplementary or complementary to the selected remedy. Herein lies the art of repetitorisation which implies that when there are multiple symptoms, you have to trace out a medicine which is found common in all the symptoms. This will be your key remedy which will meet most of the symptoms effectively but, when it fails to serve its purpose, the same should be assisted by other medicines which are neither inimical nor incompatible. This way you may falter once or twice, but ultimately your error and trial method will serve as your teacher and guide.

Modern homeopathic practitioners do not subscribe to the theory of cure through a single remedy. The reason behind this departure from the established practice being that neither the doctor nor the patient have time to wait for distant results. Some practitioners prescribe medicines for a leading and most disturbing symptom only. This situation has emanated from time and money crunch, hence neither party can be blamed. Hence, you can also take to the 'short route' if that could alleviate the instant problem quickly. What matters is an instant possible result and not what method is adopted to offset the problem.

It is suggested that entire book is read in one or two sittings and interesting and conspicuous points are distinctively marked with a distinct colour pen. Next time when you read the book, you feel to have gained a lot and some of the important points will become a part of your retentive memory which retains only those facts/events which interest you. Please carefully go through the following pages on General Information which will enrich and fortify your knowledge in the subject.

I am obliged to Shri Narender Kumar, the versatile Managing Director of Diamond Pocket Books, in motivating me to write a book for the benefit of the common man. This book is another addition to Diamond's Health Series.

Dr. S.K. Sharma



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